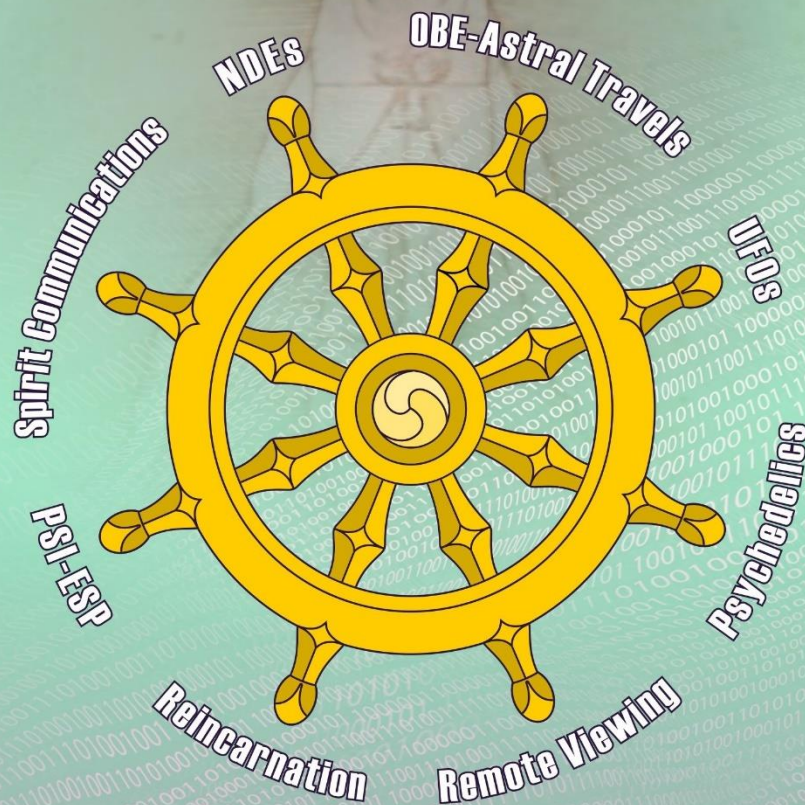


The Mind of GOD

*A Spiritual-Virtual Reality Model of Consciousness &
The Contact Modalities*



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The Mind of GOD: A Spiritual-Virtual Reality Model of Consciousness & The Contact Modalities

Reinerio (Rey) Hernandez, JD, MCP ¹

All of creation must either perish or constantly evolve. There is no other alternative... The need to evolve is upon us once more. Indicators abound that time is running out on modern Homo Sapiens. Nature is losing patience with our unsustainable practices. The clarion call is unmistakable: Human beings must evolve or perish — we must swiftly evolve to the next level by eradicating pervasive ignorance concerning who we really are and why we are here or face the extreme likelihood of mass death and destruction, if not extinction all together... Humankind's next phase of evolution will be more an evolution in thought, knowledge, spirituality, and consciousness than one involving our biology or physiology. It will likely be an evolution in consciousness triggered by research involving a dramatic change in perceptions, values, beliefs, and attitudes and a profound resultant shift in human behavior. As a consequence of this shift, the "every man for himself" paradigm fueled by greed will be supplanted by the "all for one and one for all" paradigm fueled by a new spirit of altruism and unity.²

I. Introduction

It is time for humanity to wake up and begin to understand that we are multidimensional eternal spiritual beings living a temporary physical reality and that if humanity does not change how we treat each other and planet Earth, we are heading towards a path of self-destruction. We, as a global society, must change once we understand that the nature of our Greater Reality is based on loving one another because "all is one" within the Universal Mind of GOD, what Dr. Edgar Mitchell would have termed "The Quantum Hologram". We must learn to become loving spiritual beings, probably the world's most difficult task, or we as a species will perish. This is not a fatalistic position because quantum physics has informed us that we live in a reality of infinite choices. We can make small steady improvements to our lives and humanity can then begin to change. There is still hope for humanity to change and time for us to reverse this tendency towards self-destruction.

¹ I graduated with honors from Rutgers College, was a Master's Candidate at Cornell University and was a Ph.D. Candidate at the University of California at Berkeley where I was the recipient of a National Science Foundation Ph.D. Fellowship. At UC Berkeley, I completed all of my required Ph.D. coursework and passed all of my written and oral exams. I also defended my Ph.D. dissertation prospectus and began to write my Ph.D. dissertation. Unfortunately, while writing my dissertation, my first wife had a brain aneurysm and had brain surgery which left her disabled. With two minor children, and my wife's retired mother and teenage sister to support, I was forced to withdraw my Ph.D. candidacy to work two full-time jobs to sustain my family.

² Mitchell, Edgar. (1971). "The Intersection of Science and Religion" was originally published, with the permission of Dr. Mitchell, on the Dr. Edgar Mitchell FREE Foundation website which no longer exists. This short article is being published in our new book, A Greater Reality.

Our 4 Volume book, titled “*A GREATER REALITY: The New Paradigm of Nonlocal Consciousness, the Paranormal & the Contact Modalities*”, aims to articulate a new paradigm that seeks to integrate the findings of consciousness research and the phenomenology of extraordinary experiences, what we at the Consciousness and Contact Research Institute (CCRI) call the Contact Modalities. CCRI is an academic research institute committed to an integrative approach to the entire spectrum of psychophysical anomalies. In the future, we hope to undertake a comprehensive academic statistical research study, in multiple languages, administered on a worldwide scale, to Experiencers of the Contact Modalities. We hold that it is the Experiencers of the Contact Modalities that may provide humanity with clues to the question of "What is Consciousness"-- a question that has been addressed by the academic fields of Philosophy, Neuroscience, Psychiatry, Psychology, theoretical physics, Theology, and by humanity at large since the dawn of human existence. In their contact experiences via the Contact Modalities, these individuals have had experiences that can be considered multidimensional, and interdimensional, where they experienced a manipulation of spacetime and where they have had a diverse array of contact experiences with Higher Forms of Intelligence. Another term I use interchangeably with Higher Forms of Intelligence is the term Non-Human Intelligence-- which can be defined as all higher forms of intelligence that are not physical human beings living in our 4D physical reality. The terms “physical reality” and “multidimensional realms” will be detailed and explained later in this document.³

Examples of Non-Human Intelligence can be as follows: deceased human beings, spiritual beings and guides, demons, extraterrestrials, arch angels, fairies, and thousands of different physical and non-physical forms of Higher Forms of Intelligence seen by humanity over the ages. These experiences involve contact with a cornucopia of an infinite community of conscious sentient beings and I will argue that all of this Non-Human Intelligence can be seen as extensions of the Universal Mind of GOD instead of the hypothesis that these are “physical beings who visit us from physical planets”. The overwhelming number of these physical contact experiences on our Earthly plane with tens of thousands of different types of physical “beings” interact with humans for at most a few seconds to a few minutes. Yet, the majority of Experiencers and researchers of the paranormal Contact Modalities, perceive these experiences as physical experiences instead of conscious-based experiences. This issue will also be discussed at length later in this document.

The majority of authors of our book view these Higher Forms of Intelligence as one consciousness-based phenomenon and not necessarily as many diverse physical-based phenomena. Later in this chapter, I argue that we are living in a multidimensional spiritual and virtual reality, a reality that Dr. Edgar Mitchell termed the “Quantum Hologram”, and that human consciousness can travel within this “Greater Reality”. Not only can human consciousness travel within this “Greater Reality”, but the consciousness of a vast array of Non-Human Intelligence can also travel within this Greater Reality. The human consciousness of Experiencers of the Contact Modalities has been brought by Higher Forms of Intelligence to other realms of realities

³ I understand that Physicist Dr. Albert Einstein introduced the concept of “spacetime”. According to Einstein, spacetime is our three-dimensional space (length, width & height) but when we add “Time” we have a fourth dimension. Nevertheless, my use of the terms 3D and 4D have a separate use and definition in my model of Consciousness. This will be detailed later in this book.

and received consistent and similar messages of Unity, Oneness, Spirituality, and the need for humanity to change. Thus, the academic researchers of CCRI have concluded that only by understanding the Experiencers of the Contact Modalities can one begin to fully understand the nature of our Greater Reality. One can then properly begin to address the question of "What is Consciousness" and how humanity can begin a process of changing humanity's self-destructive behavior.

In the Fall of 2013, I introduced the term "Contact Modalities".⁴ This term is now used by many researchers instead of the term "paranormal" because many major academic researchers, including the many Ph.D. academics and medical doctors within CCRI, have long suspected that all of what we call the "paranormal" is ONE phenomenon. The term paranormal does not provide a consciousness-based explanation of the phenomenon while the term Contact Modalities suggests that all of these contact experiences should be viewed and researched as one integrated phenomenon under the rubric of consciousness. The CCRI researchers view that "**Consciousness is Primary and that our physical world is a manifestation of consciousness and not our physical reality**". This hypothesis will be articulated and defined throughout this document and throughout our 4 volume book series.

The term "**Contact Modalities**" is defined as "*all of the diverse ways that humans are 'piercing the veil' of our physical reality and having perceived contact with consciousness-based Higher Forms of Intelligence*". The evidence for various types of extraordinary experiences suggests that humans may be in contact with higher forms of intelligence. Examples of the Contact Modalities are as follows: Near-Death Experiences (NDEs), Out of Body Experiences (OBEs), Conscious Aerial Phenomena (CAP), commonly called UFOs,, contact experiences with perceived deceased humans, commonly called Ghosts or Spirits, contact experiences via Hallucinogenic Journeys (via entheogenic drugs such as DMT or Psilocybin), contact experiences via Remote Viewing or other forms of Clairvoyance, contact experiences via Channeling or Mediumship, contact via the many forms of Post Death Communications, contact experiences via Lucid Dreams, contact via perceived Poltergeists experiences or spiritual attachments, and many other types of "paranormal" contact experiences with tens of thousands of diverse forms of Non-Human Intelligence.

Before we continue, I want to clarify my use of the term UFOs or Unidentified Flying Objects. This is not a very appropriate term for this phenomenon. First of all, these perceived physical objects do not "fly". Secondly, even though these objects are perceived as "physical", they might not necessarily be physical objects, instead, they might be a consciousness-based phenomenon. Finally, in the late 1940s and 1950s, this term became associated with "Flying Saucers". Our Dr. Edgar Mitchell FREE UFO Contact Experiencer Research Study, published in

⁴ In the Fall of 2013, I introduced the term "**Contact Modalities**" when I published an article in the Dr. Edgar Mitchell FREE Foundation website, *Experiencer.Org*, titled "*The Quantum Hologram Theory of Consciousness and the Contact Modalities*." I wrote this paper shortly after I had an OBE where I was shown the relationship between Consciousness and the Contact Modalities. Please note that the FREE Foundation website no longer exists and is replaced by the CCRI website, *AGreaterReality.Com*. I continued to use this term in two peer-reviewed academic articles published in the *Journal of Conscientiology* and in the *Journal of Scientific Exploration* and in my co-edited book, published in May of 2018, titled "*Beyond UFOs: The Science of Consciousness and Contact with Non-Human Intelligence*". I continue using this term in my new book, "*A Greater Reality*". Since 2013, my understanding of the term the Contact Modalities and my hypothesis on the question, "What is Consciousness", has undergone a profound evolution which is now being presented in this book.

2018 our 820 page academic book “*Beyond UFOs: The Science of Consciousness and Contact with Non-Human Intelligence*” (Hernandez, Klimo & Schild, 2018) demonstrated that very few of the 4,300 participants for our 3 surveys actually saw a “flying saucer”. More recently, US military intelligence has used the term UAP, or Unidentified Aerial Phenomenon, instead of the term UFO. While UAP is a better term, this term ignores the consciousness-based aspects of the phenomenon. I will argue throughout this book that the UAP/UFO phenomenon is a consciousness-based phenomenon. Thus, instead of the term UAP or UFO, terms that do not define or explain the phenomenon as one that is consciousness-based, my preferred term is **CAP or Consciousness Aerial Phenomenon**. This term is much more explanatory of the true nature of the phenomenon. Therefore, throughout my article, I will use the term **CAP-UFO (Consciousness Aerial Phenomenon)** to signify what is commonly called the UFO Phenomenon. Later in this chapter, I will detail my arguments for the use of this new term CAP-UFO, Consciousness Aerial Phenomenon, and that what is commonly referred to as UFOs are actually a consciousness-based phenomenon.

After the publication of the book “*Beyond UFOs*” in 2018, the FREE Foundation was replaced by the Consciousness and Contact Research Institute, or CCRI, in 2019. The 25 members of CCRI include academics in the fields of Astrophysics, Philosophy, Psychiatry, Psychology, Neuroscience, Sociology, Quantum Biology, Information Sciences, Theology, and Parapsychology. The five co-authors of our 4-volume book are as follows: Dr. Rudy Schild, who is a retired Harvard University Astrophysicist, Dr. Jeffrey Long, a Medical Doctor and noted NDE researcher, Dr. Michael Grosso, a retired professor of Philosophy, Dr. Jon Klimo, a retired professor of Psychology and yours truly, Reinerio (Rey) Hernandez, Ph.D. Candidate at UC Berkeley and researcher of the relationship between Consciousness and the Contact Modalities.⁵

The academics and medical doctors of CCRI argue that "Mind" and consciousness are fundamental, non-local, and that matter, energy, and information are ultimately grounded in one mind and consciousness. In this book, we introduce the post-materialist hypothesis that “Consciousness is Primary” -- the philosophical position that the only thing that exists is consciousness and that our physical reality is derived from consciousness. (Schwartz, Woollacott, & Schwartz, 2020) We hypothesize that all of the Contact Modalities are interrelated via a manipulation of spacetime, involving a spiritual virtual reality and by definition might be multidimensional, interdimensional, in nature.⁶ We argue that there is a range of states of consciousness, the Contact Modalities, where we, as humans, can access both non-physical and physical realms, where we interact with perceived Non-Human Intelligence via our ordinary senses within this "Greater Reality". Numerous theories might explain this greater reality but our book argues that we are living inside a “Spiritual Virtual Reality”. I will define and explain the details of our spiritual virtual reality later in this document. We argue that our perceived physical experiences, via our 5 senses, are actually "Maya", an illusion that is a "*magic show, an illusion where things appear to be present but are not what they seem*". (Lochtefeld, 2002). This concept

⁵ Please refer to the website for “*A Greater Reality*” where you can read more about the many authors in our book. Our website is: AGreaterReality.Com

⁶ The terms multidimensional and interdimensional will be defined and discussed later in this document.

of “Maya” and illusion will be detailed and clarified later in the section titled “*Is Consciousness Primary-- A Brief History of Idealism*”. Why is our material reality an illusion? The answer is that our true reality, and our personal consciousness, are part of a larger living system inside a "Greater Reality"-- part of a larger consciousness system. For all of these reasons, we assert that the Contact Modalities need to be studied as **ONE PHENOMENON**-- as manifestations of a single greater source of mind and consciousness.

Our book, *A Greater Reality*, is comprised of 4 volumes (4 separate books). Volumes 1 & 2 will be our theoretical volumes and will feature articles by more than 45 Ph.D. academics, medical doctors, and researchers who have focused on researching the connection between Consciousness and the Contact Modalities. Volumes 3 & 4 will feature articles written by more than 75 Experiencers of the Contact Modalities who each have had many diverse contact experiences with different Contact Modalities.

It is important to note that while all of the authors in this book share the same common foundational principles on the topic of consciousness, we do have differences of opinion on the details of the nature of our Greater Reality. Nevertheless, we all share the thesis that all of the Contact Modalities are interrelated and need to be studied as ONE integrated phenomenon under consciousness. I will be presenting examples of some of the diverse contact experiences of these major Contact Experiencers in the section titled “*Commonalities of the Contact Modalities*”.

What follows is a brief description of the theoretical sections of our book and the thematic topics and chapter titles of the articles in each section. I will also present a short biography of each author. I will begin with our Prologue, which was written by Dr. Jeffrey Kripal.

a. Prologue

Dr. Jeffrey Kripal wrote the *Prologue* for our book. Dr. Kripal is the Associate Dean of the School of Humanities and holds the J. Newton Rayzor Chair in Philosophy and Religious Thought at Rice University, where he chaired the Department of Religion for eight years and helped create the GEM Program, a doctoral concentration in the study of Gnosticism, Esotericism, and Mysticism that is the largest program of its kind in the world. Dr. Kripal has written numerous books on the topic of Consciousness, the Paranormal, and many of the topics discussed in our book. A detailed biographical description of Dr. Kripal and all of the authors of our book can be found at the CCRI’s website, **AGreaterReality.Com**

b. Example of an Experiencer of the Contact Modalities

After my Introduction, titled *The Mind of GOD: A Spiritual-Virtual Reality Model of Consciousness & The Contact Modalities*, I then present our next section titled “*Example of an Experiencer of the Contact Modalities*”. This section presents an article written by Dr. Melinda Greer, a medical doctor and one of the major experiencers of the Contact Modalities, who has had most of the experiences associated with the Contact Modalities. She is just an example of the more than 75 articles written by Experiencers of the Contact Modalities that will appear in the two Experiencer volumes of our book, Volumes 3 and 4. Dr. Melinda Greer recently retired as a

pediatrician at a Native American Tribal Hospital in a low-income county in the state of Oklahoma. How can such a person who has healed thousands of children throughout her career be a major Experiencer of the Contact Modalities and still function as a full-time medical doctor? As you will soon find out, our Experiencer volumes contain chapters from many medical doctors and other professionals. This phenomenon does not discriminate because there are Experiencers from many different countries, professions, races, ethnicities, religions, and diverse economic classes.

I met Melinda several years ago when I, and our documentary film crew, spent two days in Oklahoma interviewing her and filming the locations of her many experiences.⁷ She is an intelligent and articulate person, which would be expected of someone who has passed all of the rigors of admission to medical school, residency, and being board certified in her profession. Melinda, however, was much more thoughtful and insightful than most of the medical doctors I have met-- she is truly an intellectual and a blessed individual.

I consider Melinda to be one of the world's major contact experiencers, together with my friends Alberto Fernandez, a retired DEA Federal Agent, and a beautiful elderly lady, Ruth Ann Friend. I will be discussing details of their experiences later in this document. Melinda has seen more than 12 up-close CAP-UFOs, some were so large that they consumed the entire sky. Several of these sightings were also witnessed by her husband. She has had two Near-Death Experiences, her second one being extremely profound and powerful. Her second NDE occurred 9 years ago while she was working as a medical doctor.

She describes how all of her memories of her past experiences were uploaded to some type of information storage device. I describe it as an upload to the Universal Mind of GOD, the source of the Akashic Records, which stores all information of every individual human consciousness. Melinda would describe it a bit differently. She has told me that she does not know where the "information" of her life went but she stated that the data went to "My Group" -- she joined a group of like souls who instantaneously communicated with each other telepathically. These were non-corporeal higher forms of conscious intelligence. She informed me that she felt *"as if a burden was suddenly lifted which allowed me to be free of my human physical existence and its memories and associations."* Finally, she stated that she could speculate that her information *"went to the Akashic Records of the vast sea of consciousness that I suspect underlies all of reality"*.

The following is a summary of just some of Dr. Greer's experiences via the Contact Modalities written in her own words:

⁷ Kevin Layne, Helene Layne, and I have spent 5 years interviewing more than 30 academic professors and medical doctors as well as more than 70 Experiencers of the Contact Modalities for our science-based documentary tentatively titled *"A Greater Reality: One Man's Journey of Discovery"*. We hope to finish our documentary by the late Fall of 2022. Information about our documentary, and a short documentary trailer, can be viewed on CCRI's website, AGreaterReality.Com

UFO Contact Experiences:

- 1) Huge Manta Ray-shaped CAP-UFO experience x 2 in 1984 near Wewoka Lake in Oklahoma. Jesse (her husband) was also involved. The second encounter with this same UFO was a few weeks later, and I suspect that there was more to it than either of us can recall.
- 2) Black Strange Shaped CAP-UFO near Oklahoma City in my third or fourth year of medical school. Involved missing time and possible “screen memory” of hot air balloons.
- 3) Lots of Black Triangle CAP-UFO sightings between 2001 and 2012 in the Ouachita Mountains of SE Oklahoma. My husband Jesse was with me on one occasion when one flew over us while we were driving East of Talihina, OK.
- 4) Silver CAP-UFO - looked like a huge drop of mercury flying in the sky. I was heading back to work after a lunch break and had an interactive encounter with this UFO for about 10 minutes. When I glanced away from it for a few seconds, it disappeared.

Missing Time:

During medical school with a friend. We went for a drive to the Wewoka Lake area and I showed her where Jesse and I used to live and where we had seen the CAP-UFO. On our return, we had an episode of missing time and ended up many miles from where I last recalled being. We had been near Earlsboro, OK and suddenly we were facing another direction and were North of Seminole, OK. Cassandra was not familiar with the area and did not seem to realize what had happened. She could not understand why I was so upset. Also, the above CAP-UFO sighting #2 was followed by MANY hours of missing time.

Bigfoot Sighting and Encounters:

- 1) Late August 2001: Saw two bipedal upright large hair-covered beings while traveling North on the Indian Nation Turnpike near McAlester, OK. Head to toe golden/blond shiny hair. They were striding rapidly across a pasture after stepping over a 5-strand bobbed wire fence. It was over 100 degrees and midafternoon.
- 2) Early September 2002: Stranded alone on an isolated mountain ridge in the SE Oklahoma Ouachita Mountains on a road known as K-trail. While awaiting rescue by the Sheriff's Deputies, had an up-close encounter in the dark with a huge smelly stealthy dark bipedal creature. This encounter lasted several hours.
- 3) ~ 2006 or 2007. Encountered a tall and thin (? adolescent) hairy hominid that was peeking into our truck as I returned from a walk along Goats Bluff Road near our home. Very unusual gait that I don't think a human could duplicate and it was an incredibly fast runner.

Invisible visitors:

These occurred when I was working in Alaska to some degree, but the major visitations occurred when I was living in a rented Apartment in 2012. I say they were invisible, but frankly, I never opened my eyes as I was terrified. I would hear them and feel them bumping the bed and poking me. My heart would be pounding and I'd be sweating with terror, yet I would somehow manage to eventually "fall asleep". See OOB below. Also, I had a lamp at that apt. which you turned on with touch. It would turn on and off and interact with me. It did the same after we moved into our new home and Jesse, my husband, was a witness as the lamp turned itself off and on numerous times in response to yes/no questions. We were both across the room from it. On another occasion, Jesse and I were talking when a male disembodied voice speaking another language spoke an entire sentence right next to us.

Out of Body Experiences:

On one occasion after being touched and poked at the apartment while trying to sleep, I told them "I need to sleep. I give up. If you are here to teach me something beneficial, then do it. Otherwise go away and let me sleep!". My conscious self was immediately sucked out of my head and I was flowing with a bunch of glowing particles of light in a swirling motion. I was then returned to my body and then the process was repeated to enforce the "teaching". After this episode, I was not so fearful of these visitors.

Near Death Experiences: (Both of these are discussed in my book chapter).

- 1) NDE or NDE-like experience as a child ~ 5 years old after a cat bite became quite infected.
- 2) NDE 2013 as an adult. My article in Volume 1 of *A Greater Reality* details this 2013 NDE.

Ghosts:

- 1) I saw what appeared to be a sick, obese, male "patient" heading toward an elevator at the hospital where I worked, then he disappeared. I spoke to him briefly, before his disappearance, telling him that it was a staff elevator and I'd have to use my badge to let him access it. Other people in the area obviously could not see him and looked at me like I was crazy.
- 2) I came out of the ICU and spoke to a person with long dark hair and wearing a red top as I walked to her. When I heard no answer, I glanced back and there was no one there. A matter of seconds elapsed. No way anyone could have left the area.
- 3) Floating apparition with blond hair and in hot pink filmy attire and no visible legs. Went from left to right and THROUGH a door ~ 5 feet in front of me as I was entering the Nursery area at the hospital where I work.

4) I moved out of the way of what I thought was a nurse coming from my left side and going behind me in an area of the nursery that was quite crowded. I scooted my chair up and asked “her” if she could get by. I glanced over my shoulder and no one was there.

5) The above were actual visible “ghosts”. I’ve had a lot of experiences with sudden odors, especially tobacco smoke. This usually is in my home (the couple that built the home both smoked and he is deceased). It is as if someone is actually blowing smoke in my face and I often start coughing. It can even trigger my asthma. Also, a lot of noises at night that cannot be explained. Happens both at home and in the call room at the hospital. Occasionally in hotels.

Shamanistic Experience:

Occurred in Peru as a part of a ritualistic experience with Huachuma (a hallucinogenic cactus). Was able to see another realm of existence for many hours afterward. Saw something during the altered state that was then seen a few days later in real life.

Mystical/Transformative Experiences:

1) Experience on an Island in the Bahamas as discussed in the book chapter.

2) “Seeing” connections between things. Possibly seeing spectrums of light that humans usually cannot see.

3) Numerous “teaching dreams” over my lifetime. Some involved futuristic settings. In many of them, I was other persons, and often male instead of female. When I would wake up afterward, I would recall memories from that life. I might recall siblings, parents, aunts, uncles, and numerous other persons with a lifetime of memories of our interactions. It was really weird to awaken as a female child when you had memories of having just been an adult male. Once, I was an alien being.....that was the weirdest of these “teaching dreams” and the one I recall the most vividly as it was so shocking.

Non-human Intelligence:

1) This experience occurred at Horsethief Springs-- it was bizarre and still freaks me out to this day to think about it.

2) Unseen guides as a child that helped me to learn how to interact as a human and kept me safe. “They” often answered my questions by placing entire concepts into my mind, rather than speaking to me.

As one can see, Dr. Melinda Greer has had experiences with almost all of the Contact Modalities. Dr. Greer is not alone-- Volumes 3 and 4 of our book, *A Greater Reality*, have articles from more than 75 experiences of the Contact Modalities, each with experiences similar to Melinda’s. Most have had experiences with at least 3 of the Contact Modalities. How do we begin to understand the complex dynamics and the worldview implications of thousands, if not millions

of individuals, similar to those of Dr. Melinda Greer-- individuals who each have had many experiences via the diverse Contact Modalities during their lives? Yet, almost each one of them has decided to stay quiet all of their lives about these experiences. This book will seek to address the fundamental question of what is consciousness and what is the nature of all of the Contact Modalities by comparing and contrasting the diverse experiences of the many Contact Modalities.

Our book, *A Greater Reality*, seeks to document and provide various hypotheses, as to why so many Experiencers of the Contact Modalities are having such a vast array of contact experiences. How does one try to explain the experiences of Dr. Melinda Greer? Our theoretical sections, Volumes 1 and 2 of our books, introduce the various Contact Modalities and detail various theoretical constructs as to the nature of these Contact Modalities. What each section of our book has in common are the following: 1) that Consciousness is Fundamental and that our physical world is a manifestation of consciousness and not our physical reality and 2) that all of the Contact Modalities need to be viewed and studied as ONE integrated phenomenon.

c. The Primacy of Consciousness & the Contact Modalities

Our first theoretical section, titled “*The Primacy of Consciousness and the Contact Modalities*”, contains 8 academic articles, and starts with an atomic explosion, an article by Dr. Michael Grosso titled “*Contact with Transcendent Mind*”. This is one of the most important articles in our book and was written by one of the 5 co-editors of our book, Dr. Michael Grosso. Michael received his Ph.D. in Philosophy from Columbia University and was a professor of philosophy for more than 30 years. He is also a CAP-UFO Contact Experiencer and has experienced various “paranormal” phenomena. He details some of his experiences in this article. Michael has also written numerous books, many on the topic of consciousness and the “paranormal”. I was first introduced to Dr. Grosso’s writings via Dr. Kenneth Ring’s book “*The Omega Project: Near-Death Experiences, UFO Encounters, and Mind at Large.*” (Ring, 1992) and by reading his book titled “*Experiencing the Next World Now.*” (Grosso, 2004) Years later I was introduced to him by Dr. Ring and we have become very close friends. Dr. Grosso lays out the theoretical philosophical framework for our book. Similar to the article by Dr. Larry Dossey, Dr. Grosso details his theory that consciousness is primary by arguing the concept of a Transcendent Mind, the Mind of GOD, which premediates all of our Greater Reality.

Our second article, titled “*Consciousness: What is it?*”, is an article written by a group of the most important consciousness researchers in the world. Dr. Larry Dossey is a medical doctor who has written numerous books and articles on the topic of consciousness. Dr. Dossey is joined by Dr. Bruce Greyson, a professor at the University of Virginia School of Medicine and one of the early academic researchers on NDEs. The other co-authors are Dr. Peter Sturrock, an Emeritus Professor of Physics at Stanford University, and Dr. Jim Tucker, also a professor at the University of Virginia School of Medicine, and probably the most important academic that has continued the academic research on Reincarnation initiated by Dr. Ian Stevenson, the ex-chair of the Department of Psychiatry at the University of Virginia School of Medicine. The article is written for the non-academic audience and is an introduction to the concept that “Consciousness is

Primary”. What a way to introduce the topic of the primacy of consciousness-- an article written by 4 heavyweights in this field!

Our third article is a transcript of an interview titled “***Interview with Dr. Eben Alexander by Dr. Jeffrey Mishlove.***” Dr. Jeffrey Mishlove, one of the leading academic researchers on consciousness, interviews Dr. Eben Alexander, an ex-Professor of Neurosurgery at the Harvard University School of Medicine for more than 15 years. Dr. Alexander is also a leading consciousness scholar in his own right but unlike Dr. Mishlove, Eben had a profound NDE that transformed his life. Dr. Alexander has written 3 books on NDEs and Consciousness and his first book, *Proof of Heaven: A Neurosurgeon’s Journey into the Afterlife*, was a New York Times best seller for many years. (Alexander, 2008) I wish to express that the views of Dr. Alexander most closely resemble my world view of what is consciousness more than any other researcher in this book. His vision and explanations reflect the spiritual aspects of our multidimensional virtual reality that is embraced by the One Mind of GOD. As you will soon find out, I also argue that we live in a spiritual virtual reality that is filled with a community of conscious sentient beings who stress the importance of the need for humanity to change and also that humanity must learn to LOVE one another. This is the “Golden Rule” we must follow, but this is the most difficult task for humanity to master. It is with deep honor and respect that I present this extremely important interview and with the permission of both Dr. Mishlove and Dr. Alexander, I present it now as a gift to humanity. Dr. Mishlove is, in my opinion, one of the most important scholars in the field of consciousness research. His Ph.D., from my alma mater, the University of California at Berkeley, was later transformed into one of his books titled *The Roots of Consciousness: The Classic Encyclopedia of Consciousness Studies*. (Mishlove, 1997)

Our next article, titled “***An Information-Based Theory of Consciousness and the Contact Modalities***”, was written by Tom Campbell, who worked for over 40 years as a physicist for many engineering research companies. Tom was also the leading scientist for the famed OBE researcher Robert Monroe at the Monroe Institute. Having more than 50 years of controlled OBE and Astral Traveling Experiences, Tom was able to undertake controlled physics experiments while his consciousness was out of his body, and based upon these controlled physics experiments, he eventually developed a theory that we are living inside a virtual and spiritual reality. This virtual reality hypothesis was published in his seminal work, *My Big Toe: A Trilogy Unifying Philosophy, Physics, and Metaphysics*. (Campbell, 2003) Tom’s article is one of the most important articles in our book and is a must-read for everyone. It is a bit complicated to understand but it is worthwhile. I also adhere to the thesis of a virtual and spiritual reality but one that is primarily spiritual with its apex being the Mind of GOD. It was the NDE academic research and NDE testimonies that lead me to the hypothesis of a spiritual virtual reality. I will elaborate on this thesis toward the end of this essay.

The following article is yet another seminal article titled “***The One Mind of Consciousness***” written by medical doctor Larry Dossey, who has written hundreds of articles on the primacy of consciousness and that we are living inside a Universal Mind. Dr. Larry Dossey is a licensed Medical Doctor and is the author of thirteen books and is best known for his book *One Mind: How Our Individual Mind Is Part of a Greater Consciousness and Why It Matters*. (Dossey, 2012) Dr. Dossey is the former Executive Editor of the peer-reviewed

journal *Alternative Therapies in Health and Medicine*. He is currently Executive Editor of the peer-reviewed journal *Explore: The Journal of Science Healing*. This distinguished physician, deeply rooted in the scientific tradition, has become an international advocate for the role of the mind in health and the role of spirituality in healthcare. Bringing the experience of a practicing internist and the soul of a poet and mystic to the discourse, Dr. Larry Dossey offers a multidimensional consciousness-based insight into the nature of our reality and the future of medicine.

Giorgio Piacenza is a friend, a major contact experiencer, an Integral Theorist, and Philosopher. His article incorporates Integral Theory to the thesis that Consciousness is Primary. Giorgio's article is titled "***Integral Theory of Consciousness and the Contact Modalities***". In his chapter, Giorgio applies philosopher Ken Wilber's integral theory to the topic of the relationship of consciousness with the Contact Modalities. Between 1999-2002, Giorgio became a civilian advisor to the newly founded OIFAA, the Peruvian Air Force's Office of Investigations of Anomalous Aerial Phenomena. From 2013 to 2015 he offered his assistance to the Peruvian Air Force and its new Department of Investigations of Anomalous Aerial Phenomena. Giorgio Piacenza was a member of the Dr. Edgar Mitchell FREE Foundation Research Committee and is currently an advisor to the Consciousness and Contact Research Institute (CCRI). Giorgio has written many articles on the topics of consciousness studies, Ufology, UFO Disclosure, and the Contact Modalities.

The next article is from William Treurniet, titled "***An Extraterrestrial Cosmology of Consciousness***". Mr. Treurniet wrote about the channeling session with a friend who channeled a Non-Human Intelligence. This article is fascinating because this Zeta race details most of the concepts articulated by the academics in our section titled "*The Primacy of Consciousness*". Mr. Treurniet directed and performed scientific research for many years at the Communications Research Centre, a laboratory of the Government of Canada. Many of his articles were published in academic journals, such as the *Journal of the Audio Engineering Society* and the *Journal of the Acoustical Society of America*. He co-authored several books with the medium, Paul Hamden, that documented interviews with "ET beings" called Zetas. William and Paul's books include *The Zeta Interviews*, *A Primer of the Zeta Race*, and *Extraterrestrial Cosmology and Technology*. Mr. Treurniet also published the book, *Signs of a Multidimensional Reality*, which is a compilation of research on various paranormal phenomena.

The section on the Primacy of Consciousness and the Contact Modalities concludes with an article titled "***Dr. Jeffrey Mishlove Interviews Rey Hernandez.***" This article is an interview by Dr. Mishlove where I describe my initial contact experiences and how I became interested in researching the relationship between Consciousness and the Contact Modalities. I graduated with honors from Rutgers College, was a Master's Candidate at Cornell University and I was a Ph.D. Candidate at the University of California at Berkeley where I was the recipient of a National Science Foundation Ph.D. Fellowship, which is one of the most prestigious academic fellowships in the United States. I also was a professor for six years at the New School for Social Research and the City University of New York. I am currently the Director of the *Consciousness and Contact Research Institute, or CCRI*, an academic research institute comprised of more than 25 Ph.D. academics, medical doctors, and researchers whose mission is to explore a new paradigm

that seeks to integrate the findings of consciousness research and the phenomenology of extraordinary experiences.

I was previously one of the 4 co-founders of *The Dr. Edgar Mitchell FREE Foundation*, comprised of 15 Ph.D. academics and lay researchers, who for 5 years, conducted the world's first and only comprehensive worldwide academic statistical research study on almost 4,300 UFO contact experiencers who resided in more than 100 countries. Besides the English language, the same research study was also conducted in multiple languages. Much of FREE's research data contradicts much of what is circulating in mainstream materialist Ufology. Why, because the necessary academic statistical work was never previously completed. I and two other retired academic professors, Dr. Rudy Schild and Dr. Jon Klimo were the co-editors of the historic 820-page academic book titled "***BEYOND UFOS: The Science of Consciousness and Contact with Non-Human Intelligence.***" (Hernandez, Klimo & Schild, 2018) I have also published in several peer-reviewed academic journals including the *Journal of Consientiology* and the *Journal of the Society for Scientific Exploration*.

d. Non-Local Consciousness, Telepathy, and the Quantum Hologram

The second section of our book, titled *Non-Local Consciousness, Telepathy, and the Quantum Hologram*, is a tribute to the theories developed by my friend, the late Dr. Edgar Mitchell, and to Dr. Larry Dossey. This section starts with the magnum opus article written by Dr. Edgar Mitchell, titled "***The Quantum Hologram and the Nature of Consciousness***", co-written with Robert Staretz. This article was previously published in the *Journal of Cosmology*, the *Astrophysics Journal* edited by Harvard Astrophysicist Dr. Rudy Schild, who permitted us to re-publish Edgar's article. I must admit that I had to read Edgar's article several times-- it is not an easy read but it is probably the most important article in our book. In this article, Edgar presents a new model of information processing in nature that he called the Quantum Hologram which he believes describes the basis for how humans interact with consciousness and the Mind of GOD.

Dr. Mitchell argues that the Quantum Hologram is nature's built-in information storage and retrieval mechanism where humans can retrieve information from Zero Point Energy Fields (commonly known as the Akashic Records). His article promotes the Quantum Hologram as a theory of how the Universal Mind can learn, self-correct, and evolve as a self-organizing interconnected holistic system. In essence, Edgar presents a radical vision of what is Consciousness. If you are only able to read one article from our book, this would be it.

Our second article in this section is written by Dr. Glen Rein. Glen received his Ph.D. in Biochemistry from the University of London and went on to conduct biomedical research for 25 years at prestigious academic institutions including Stanford and Harvard Medical Schools. His academic career culminated with two publications in the prestigious journal *Nature* and an assistant professorship at the Mount Sinai School of Medicine. Dr. Rein's article is titled "***Perception, Resonance, and Communications with Conscious Intelligence-- the Legacy of Edgar Mitchell***". His article details how Edgar's theoretical paper on the Quantum Hologram and Consciousness might explain how humans are able to communicate with Non-Human Intelligence

via the Contact Modalities. Dr. Rein addresses the question “**How Can Our Normal 4D Reality Communicate with 5D Reality?**” Dr. Rein is the author of the book *Quantum Biology: Healing with Subtle Energy* and is the author or co-author of four patents, 25 papers on bio-electromagnetics, and over 40 academic articles in biochemistry, neuroscience, and pharmacology. Dr. Rein has also published theoretical articles on the quantum nature of consciousness and the mind.

After a 45-year career at the Harvard-Smithsonian Center for Astrophysics at Harvard University, and over 300 peer-reviewed academic publications, Dr. Rudy Schild has been recognized as one of the leading proponents of MECOS, an alternative to black hole theory, and is one of the world’s most renowned astrophysicists. Rudy’s article, titled “**Consciousness, the Brain, the Soul, and God: A Computer Model of Consciousness & the Contact Modalities**”, continues the work of the late Dr. Edgar Mitchell’s theory of consciousness and the Quantum Hologram. Rudy’s hypothesis is that MECOs are information storage devices, might be nature’s hard drive, that they might be the source of what is commonly called “The Akashic Records”, even the “Neurons of Cosmic Intelligence”. His model might explain how our experiences via the Contact Modalities might be non-local, outside of the brain, as described by many of the Contact Modalities experiencers. Rudy’s article is a must-read for everyone interested in understanding the complex nature of consciousness and our Greater Reality.

Rudy is also the Editor in Chief of the *Journal of Cosmology* which has published many academic articles on the relationship between Consciousness and the Contact Modalities. Rudy was also one of the four co-founders of the Dr. Edgar Mitchell FREE Foundation (FREE), co-editor of FREE’s book “*Beyond UFOs: The Science of Consciousness and the Contact Modalities*”, (Hernandez, Klimo & Schild, 2018), and is one of the five co-editors of the book “*A Greater Reality*”. Rudy is also a very dear friend and one of my mentors.

Giorgio Piacenza is a philosopher and an integral theorist who has a strong foundation in Ken Wilber’s Integral Theory. Mr. Piacenza’s paper is titled “**The Quantum Hologram Theory of Consciousness Reconciles the Physical and Psychic Nature of the UFO Phenomenon and is Compatible with Dr. Jacques F. Vallée’s Consciousness Hypothesis**”. Giorgio’s paper applies integral theory to Dr. Edgar Mitchell’s theory on the Quantum Hologram and Consciousness and further applies this to the CAP-UFO phenomenon. Giorgio Piacenza was a member of the Dr. Edgar Mitchell FREE Foundation and is currently one of many advisors to the Consciousness and Contact Research Institute (CCRI). Giorgio has published many academic articles on the topics of consciousness studies, Ufology, Disclosure, and the Contact Modalities.

The last article in this section, titled “**The Quantum Hologram: Discovering the Nature of Reality**” was written by Dr. Joe Lewels. In this article, Dr. Lewels provides a summary of Michael Talbot’s book, *The Holographic Universe: The Revolutionary Theory of Reality*, which analyzed the holographic theories of famed theoretical physicist Dr. David Bohm and Dr. Karl Pribram, a pioneer neurophysiologist at Stanford University. (Talbot, 2011) Dr. Bohm and Dr. Pribram worked closely together to develop a model of Consciousness and the nature of our reality which involved our reality as a Quantum Hologram. All of the articles in this section support the theory

of Dr. Edgar Mitchell that nature works as a Quantum Hologram, an information storage device that can learn, self-correct, and evolve as a self-organizing interconnected holistic system.

e. Near-Death Experiences & Survival of Human Consciousness

In my opinion, the Near-Death Experience phenomenon is the most important Contact Modality for many reasons. First of all, it provides the best information as to the complex nature of our multidimensional reality. The NDE usually begins with an individual that has died, or almost to the point of death. The first experience for many NDE Experiencers, but not all, is that their consciousness leaves their physical body. Many see their dead body underneath them while their consciousness is floating on top of their body. From this position, many then travel via a perceived tunnel or an intermediary transportation portal. They then enter a location with immense bright light and are embraced with much LOVE and the light eventually recedes. Many then see other perceived human-looking beings or even deceased family members who greet them. All communication is telepathic, mind to mind.

The Near-Death Experience provides examples of how the human soul, human consciousness, interacts with other higher forms of conscious intelligence such as perceived family members and a grand intelligence that almost everyone perceives to be GOD. There are also thousands of documented cases where these individuals are shown their past life via a panoramic view. This is called a “Life Review”. It is important to note that in this Life Review the individual reviews major experiences of their life-- the good, the bad, and the ugly. You are the judge of your experiences and not this perceived GOD. These experiences serve as teaching lessons, not lessons to decide if you go to hell or heaven. This experience is relived simultaneously in your consciousness and in the consciousness of the person you affected.

In many cases, individuals are not only shown visions of the past but are also shown visions of their future. In the final section of this chapter, I will argue that a Life Review demonstrates that the Mind of God is an information storage device, similar to a hard drive, that stores an infinite amount of information not only about our individuated units of consciousness, our souls, but all reality, past, present, and future.

Finally, many NDE experiencers talk about “merging with the light” or “merging with GOD”. In other words, they become part of GOD. When our human physical bodies die, our human consciousness return to our source, to our creator, to a perceived Grand Intelligence, the Mind of GOD. During this transition, many NDE experiencers state that they have infinite knowledge and infinite wisdom. All the secrets of knowledge are revealed-- there are no unanswered questions. Upon return to their physical body, they state that even though they know they received this universal knowledge, the information has been wiped away, like the deletion of a hard drive.

The NDE Experiencer is also taught important lessons. The most important lesson is that we as humans, need to learn how to love each other. The NDE literature has revealed that loving others is the most important lesson to be achieved in our human life. All communications with perceived deceased relatives, with other intelligence perceived to be angels, and with Source, with

the Mind of GOD, are telepathic. All thoughts and communication are instantaneous. If you think of a particular location, you are there at that location. The majority of NDE experiencers are then told “you must return, you have remaining lessons”. Almost all of these individuals do not want to return to their physical bodies-- they consider that “Heaven”, the place they went to during their NDE, was their home and not their life on planet Earth. One last important feature of an NDE is that these experiences are obviously outside spacetime. It is important to note that all of the Contact Modalities involve a manipulation of spacetime under the rubric of consciousness. This is one of the many commonalities of the Contact Modalities.

For many NDE Experiencers, the time their consciousness was out of their bodies did not coincide with the perceived time they were dead. My father, for example, had open heart surgery that lasted a few hours. Yet he told me that during his NDE he was in this other realm for approximately 20-30 years. I asked him “why 20-30 years”? His response was “*that was how long it took God to show me all the good things I have done and all of the bad things I have done in my life*”. My father also told me that he met a large “Energy Being” that he knew was “GOD”. He stated that GOD was not judgmental. He told me that he was the one that felt ashamed after reliving and viewing his experiences and that he was the one that judged his life and not GOD. He also told me that hell does not exist. I asked him why. He responded that hell was on Earth and that his “heavenly” experience was pure love, that GOD was pure love. What my father told me was very common among NDE Experiencers.

During their Near-Death Experience, many, but not the majority of NDE Experiencers, are shown the topic of reincarnation. They are shown their past lives, how our consciousness merges with this infinite intelligence and that everything is connected because we are all part, or sub-units, of the Mind of GOD. What the NDE experience has shown us is that all of humanity is a part of GOD. We remain part of GOD before we are born, after we are born and become individuated units of consciousness, and later when our human physical body dies, and our human consciousness returns and merges with GOD. We remain individuated units of consciousness, as eternal spiritual beings and always remain integrated with GOD. Thus, we always remain One with GOD. Most NDE Experiencers, and also most of the ancient mystical traditions, share the phrase “We are all ONE”. This view of reality is called Idealism. I will clarify this view of reality later in this document.

I rarely tell this story but it is important how I became a spiritual person. Before March of 2012, when I and my wife saw an Energy Being in our living room that miraculously healed our dog, I was an atheist and a materialist. I was not interested in religion, spirituality, GOD, or topics associated with consciousness. All of this changed by late December of 2012 when I had a series of NDE-related experiences that gave me spirituality. Let me detail the sequencing of these experiences. In late August of 2012, I called down my first CAP-UFO in front of my house and a small football stadium-sized light object appeared 15 minutes later that appeared less than 30 feet from me on top of my next-door neighbor’s house. This event lasted almost one hour and was witnessed by my then 10-year-old daughter and 3 adult witnesses. I will discuss the details later in the section where I discuss my hypothesis that CAPs-UFOs are holographic projections of an intelligence from a multidimensional reality. This hypothesis will be expanded later in this book.

The following day after this event, I saw my first YouTube video on NDEs. It was jaw-dropping and I spent all night on the internet and YouTube learning about NDEs. I then ordered 10 used books on NDEs. At the same time, I learned about consciousness research and ordered 10 books on this topic as well. After quickly consuming these 20 books in a few weeks, I then ordered 20 more books.

This pattern repeated itself every few weeks until the end of December 2012. At first, I was reading NDE and Consciousness-related books 4 hours per day and, over the next 4 months, until late December, the time reading these books increased from 4 hours per day to 10 hours per day. By the end of December, I had read more than 200 books on these topics. I became an NDE and Consciousness mini-expert. During the month of December 2012, I was not doing any work for my full-time job, I was not shaving, not showering, not brushing my teeth and my wife was ready to divorce me and insisted “*You are not well. You need to go to a psychiatrist. They have pills that will straighten you out.*” Remember, this was coming from a woman that was playing with little people throughout much of her childhood, had called many more CAP-UFOs than I have, and had seen more “physical beings” than I have. How ironic. My response was “*Wait until I finish this last book*”.

For 3 days in a row, on Friday, December 21st, 2012, Saturday, December 22nd, and Sunday, December 23rd, the very first three individuals I ever mentioned NDEs to, all of them had an NDE experience! What are the probabilities of this occurring? I would have better odds of winning the upcoming \$200 million mega lottery. After many similar “paranormal” experiences, I have learned that these were not merely “synchronicities” but instead are orchestrated events by the Mind of GOD. Let me very briefly detail these experiences.

On Friday, December 21, 2012, my daughter had a low-grade fever for two days. My wife always brought her to our pediatrician but for some reason, she was not available. When I entered the pediatrician's office with my then 10-year-old daughter, Dr. Claudia Herrera, our pediatrician, informed me that she had good news-- my daughter did not have a temperature and that she could not detect any soreness or irritation in her ears, nose, and throat. All of a sudden, a robotic voice came out of me and communicated with the doctor where I stated “*Excuse me, doctor, I just finished reading over 200 books on Near Death Experiences, and many were written by medical doctors such as yourself, and it is a phenomenon you should know about*”.

I was completely shocked by this voice coming out of me. I thought “*I have another person inside of me. I am going crazy and I must have some kind of split personality disorder. Once I go home, I am going to call the Psychiatrist that my wife told me about*”. I then saw the pediatrician's eyeballs popping out and I did not want her to think I was crazy. I then stated, “*Excuse me, doctor, I apologize. I do not know why I said that*”. She responded “***There is no need to apologize. How did you know I had one?***” In front of my daughter, over the next 15 minutes, she then proceeded to tell both of us the details of her own NDE which occurred when she was also 10 years old in Colombia. A similar event occurred the following day, on Saturday night and once again on Sunday with my father, who had the most complex and detailed NDE experience than any book I have ever read.

That Sunday night, while I was returning from my parent's home after my father first told me about his profound NDE, I looked up at the sky and saw a few stars. For the first time in my life, I spoke with GOD and with the intelligence that had been interacting with me, who I consider being "Modern Angels". I then told GOD: "***I want to thank you because in 4 months you have transformed an atheist materialist into someone who does not believe, but KNOWS that I am an eternal spiritual being living a temporary reality and I have this knowledge more than any Catholic priest in Miami, and for this, I want to THANK YOU.***" I still agree with this statement. It was this series of NDE-related experiences, which occurred 3 days in a row, that lead to this profound spiritual transformation. For this reason, the NDE phenomenon is the icing on the cake, the crème de la crème, of all the Contact Modalities.

Unlike the field of Ufology, a field that has almost no academic research in the field, the NDE literature is littered with hundreds of academic books and hundreds of peer-reviewed academic publications on the topic of NDEs. There are also thousands of NDE books written by NDE Experiencers. Thus, if you want to learn more about NDEs, there is much to read. The NDE research field, after many years of trying to receive academic recognition, is now increasingly considered by many to be a legitimate academic research arena. In 1975, with the publication of Dr. Raymond Moody's book, *Life after Life*, the NDE field became known to humanity which resulted in an explosion of NDE publications. (Moody, 1975) Even though many of the early pioneers of NDE academic researchers are now in their late 70s and even in their 80s, individuals like Dr. Raymond Moody, Dr. Kenneth Ring, Dr. Bruce Greyson, Dr. Pim Von Lommel, Dr. Edward Kelly, Dr. Peter Fenwick, among many others, most of these individuals have retired and are no longer engaged in active NDE research. Fortunately, there are some young researchers, such as Dr. Sam Parnia and Dr. Jeffrey Long, but both are still in their mid-60s. Thus, there is a great need for new NDE researchers to enter the field.

This section, titled "**Near-Death Experiences & Survival of Human Consciousness**", begins with an article by Ph.D. Philosopher, Dr. Sharon Hewitt Rawlett, who is a youngster compared to others in this field. Her article is titled "***Beyond Death: The Best Evidence for the Survival of Human Consciousness***". Sharon's article won one of the runner-up prizes from the Robert Bigelow Institute for Consciousness Studies essay contest on the survival of human consciousness.⁸ Her article is divided into two parts. The first part of her essay presents "*evidence from the perspective of observers who are still on this side of death but who have experienced something that appears to point to the continued consciousness of someone whose body is no longer alive.*"

Dr. Hewitt Rawlett discusses the Contact Modalities such as apparitions of the dead, lucid dreams of the departed, mediumship, and poltergeists. The second half of her article discusses evidence from the perspective of "*observers who have themselves experienced dying and remember maintaining consciousness afterward.*" The second half of her article explores Near Death Experiences, memories of Past Lives, and memories of in-between lives, memories before

⁸ The Bigelow Institute for Consciousness Studies (BICS) recently held a contest for the best essay on the survival of consciousness. Four of our authors won prizes for this contest. Dr. Jeffrey Mishlove, one of our authors, won the grand prize of \$500,000 as the top award winner. All 29 articles are available for free at the BICS website: https://www.bigelowinstitute.org/contest_winners3.php

one reincarnates or is born into our physical reality. Her article is a wealth of knowledge and in my opinion, is the best article I have read on the survival of human consciousness.

Our next article was written by one of the pioneers of NDE research, Dr. Bruce Greyson. His article is titled “*Cosmological Implications of Near-Death Experiences*”, an article that provides a wonderful and important overview of the mind-brain problem resulting from the NDE academic research.⁹ Dr. Greyson argues against the materialist position that consciousness begins and ends with the Brain. Instead, he argues for the Post-Materialist thesis that Consciousness is Primary, which is an Idealist worldview. For many years, Dr. Greyson was a professor of Psychiatry at the Division of Perceptual Studies at the University of Virginia School of Medicine. He co-founded the International Association for Near-Death Studies (IANDS), an organization to support and promote research on NDEs and for 27 years he was the Editor of the *Journal of Near-Death Studies*, the only scholarly journal dedicated to near-death research. Dr. Greyson is the co-author of *Irreducible Mind: Toward a Psychology for the 21st Century* (Kelly, et.al, 2007) and the co-editor of *The Handbook of Near-Death Experiences: Thirty Years of Investigations*. (Greyson, 2009) His latest book is titled *After: A Doctor Explores What Near-Death Experiences Reveal About Life and Beyond*. (Greyson, 2021)

The next two articles are interviews that I did with two of the leading NDE researchers in the world. For the first interview, I traveled to Houma, LA to interview my friend, and co-editor of our book, Dr. Jeffrey Long, an MD Oncologist. Over the last 25 years, Dr. Long has undertaken an extensive statistical research study of both NDE and OBE Contact Experiencers. From this interview, I wrote this article titled “*Interview with Dr. Jeffrey Long by Rey Hernandez*”.

Dr. Long has written two important books on the NDE phenomenon-- *God and the Afterlife: The Groundbreaking Evidence for God and Near-Death Experience* (Long, 2016) and his first book, *Evidence of the Afterlife: Evidence from Near Death Experiences* (Long, 2011). In my opinion, Jeffrey’s website, *nderf.org*, is the best resource for researching NDEs. His site contains thousands of NDE testimonies and numerous articles on NDEs. You can spend years reading all of the information on NDEs from this website.

I have a funny story to tell about my first meeting with Jeffrey. Dr. Kenneth Ring, a retired professor of Psychology who began to research the NDE phenomenon in the late 1970s did a historic research study where he compared CAP-UFO and NDE contact experiencers which resulted in his book “*The Omega Project: Near-Death Experiences, UFO Encounters, and Mind at Large*”, (Ring, 1992). Dr. Ring informed me that if I was going to interview Dr. Raymond Moody and Dr. Jeffrey Long, I should not mention to them my book “*Beyond UFOs*” because the majority of NDE academic researchers believed that the field of Ufology was academically bankrupt and they did not consider the field of Ufology a valid academic field. I certainly understood and agreed with Dr. Ring’s assessment. Thus, when I interviewed Dr. Long, I read questions that we had asked in our extensive CAP-UFO Contactee survey from our book “*Beyond*

⁹ This article was previously published in the Journal of Cosmology and was authorized for publication in our book by Dr. Rudy Schild, Editor of the Journal of Cosmology.

UFOs”. I did not show Dr. Long the cover of the book. After half an hour of asking him questions, I turned around my book so he could see the title of my book, “*Beyond UFOs*”. I then told him that all of the questions I was asking him came from the survey questions from our book. He was completely shocked. He told me that he thought I was asking him NDE-related questions. He never realized the similarities between the NDE and CAP-UFO contact phenomenon.

It was at this point that he realized the commonalities between NDE and CAP-UFO contact experiencers. He then asked me if he could join the CCRI academic research group and our friendship blossomed from this point. I also pulled off the same trick with Dr. Raymond Moody, LOL. Dr. Long changed to the point that he is now one of the 5 co-editors of our book, *A Greater Reality*. Both interviews reflect that Dr. Long and Dr. Moody agree with the statements that Consciousness is Primary and that all of the Contact Modalities need to be researched as ONE unified phenomenon under Consciousness.

The next article in the section is co-written by Dr. Raul Valverde and Chet Swanson and is titled “*Data Mining Analysis for Validation of Quantum Matrix Type Ontology for Contact Experiences via Near Death Experiences*”. This article proposes cluster data mining for pattern recognition and classification of perceived objects in Near-Death Experience (NDE) stories for the validation of Quantum Matrix Type Ontology. This methodology includes data from NDE experiences and experiences from all of the Contact Modalities. Their model is based on the Quantum Hologram Theory of Physics and Consciousness. Dr. Valverde has a Doctorate in Information Systems from the University of Southern Queensland, a Ph.D. in Psychology in Transpersonal Psychology from UNEM and SEP Mexico, an MEng in Electrical Engineering from Concordia University, an MSc in Finance from the University West of England, and a BSc in Management Mathematics from the State University of New York. Raul is a senior lecturer of technology management at Concordia University and a research professor in psychology and information technology at the University of Quebec. He has published academic articles on the topics of Consciousness, Transpersonal Psychology, Spiritual Science, and Information Technology. Chet Swanson has a Master in Behavior Analysis from Northern Illinois University and a BS from Shimer College in Natural Sciences. He is an Experiencer and independent researcher. He has experienced NDEs, OBEs, Shamanic Hallucinogenic contact, Remote Viewing contact, CAP-UFOs, and other types of contact experiences. He has published on the topics of Consciousness, NDEs, Hologram Theory of Consciousness, Alternate States of Consciousness, and Non-Human Intelligence.

The last article for this section was my interview with the “Father of NDE Research”, Dr. Raymond Moody, which took place at his home in Alabama. Raymond has a Ph.D. in Philosophy and was a Professor of Philosophy for many years. He later became an MD Psychiatrist. As was previously discussed, Dr. Moody was the first to bring the term NDE to the forefront of humanity with the 1975 publication of his book *Life After Life*. (Moody, 1975) It was when Raymond was completing his residency at the University of Virginia School of Medicine that he first met Dr. Bruce Greyson who was a professor at the medical school. Dr. Greyson began to discuss Raymond’s 1975 book and these initial conversations lead Dr. Greyson on his NDE research path.

In this interview, Dr. Moody reveals information that he has never previously discussed in many of his prior interviews. Specifically, he discusses topics such as CAPs-UFOs, Astral Travelling, OBEs, sightings of the deceased, and many other Contact Modalities. He also agrees with my position that all the Contact Modalities need to be researched as one integrated phenomenon under the rubric of Consciousness. He also holds the hypothesis that Consciousness is Primary and he informed me that he understood this as a young boy. The title of the last article is “*Interview with Dr. Raymond Moody by Rey Hernandez*”.

f. Out of Body Experiences, Remote Viewing, and Consciousness

The phenomenon of Out of Body Experiences (OBE), Astral Travel, Remote Viewing, and the term Clairvoyance are very similar phenomena but yet there are subtle differences. What all of them have in common is that your human consciousness leaves your physical body and your physical reality. In an OBE, you might see your body underneath you but you are still viewing and sensing your physical reality, your Earthly plane. You might first see your body underneath you. Your consciousness might then travel to other rooms in your house. Your consciousness might then leave your house and go roam your neighborhood or even other cities, countries, or other Earthly physical realities. The point is that you are seeing and perceiving your Earthly reality underneath your "consciousness body". In an OBE, you are always interacting with your Earthly reality and view it as if you are floating above the physical objects you are seeing.

Astral Travel experiences, however, are very different. In an Astral Travel Experience, your consciousness leaves your physical reality, and you are not “floating” above your physical reality. Instead, your consciousness leaves your Earthly plane and moves into higher realms within our multidimensional reality-- you are no longer interacting with a perceived Earthly plane but you are now in higher astral realms. Unlike an OBE, the Astral Travel Experiences are much more complex and richer and are as diverse as NDE experiences. I will discuss the details and differences between OBEs, Astral Travels, and Remote Viewing when I discuss Charts #2 and #3 later in this document. The Astral Travel phenomenon is now commonly grouped with the OBE phenomenon but you must understand that there are major differences.

The term Out of Body Experiences (OBEs) was made popular by Robert Monroe, who started the Robert Monroe Institute in the early 1970s in the State of Virginia in the United States. Mr. Monroe’s 1971 book titled *Journeys Out of the Body* is credited with popularizing the term "out-of-body experience" (OBE). (Monroe, 1971) Mr. Monroe was having both OBE experiences, where his consciousness was interacting with our Earthly plane but he was also having major Astral Travel experiences. It is unfortunate that both of these experiences are grouped as one phenomenon when in fact they are distinct phenomena. One of the best websites about OBEs can be found at the Monroe Institute’s website: monroeinstitute.org. Monroe uses the term OBEs to incorporate both OBE travel in an Earthly and also Astral Travel in higher dimensional planes. Later in this book, I will provide more detailed explanations and provide examples of each of these two different experiences.

This section begins with an article by Julia Sellers titled “*A Literature Review of Out of Body Experiences and a Case Study*”. Julia has published extensively on the OBE phenomena. In this article, Ms. Sellers reviews much of the academic literature that has been written about the OBE and Astral Travel phenomenon. Julia is an OBE Experiencer and has researched a close family member who has had extensive OBEs and Astral Travel experiences. I consider Julia one of the world’s leading researchers on the OBE phenomenon.

The Astral Travel phenomenon has not been researched as extensively as the OBE phenomenon. I find the phenomenon of Astral Travel to be one of the most important Contact Modalities, yet we know so little about this complex phenomenon. As previously stated, you can think of Astral Traveling as your human consciousness traveling to higher dimensions-- higher dimensions than the 4D Earth-like reality where OBEs take place. Your human consciousness is no longer interacting above your body, floating inside your home, traveling above telephone wires in your neighborhood, or traveling to other cities or even countries. Instead, your human consciousness jumps outside of this Earthly plane into higher dimensions. Charts #2 and #3, to be presented later in this book, will discuss the differences of these two phenomena. Someone experiencing Astral Travel can explore an extensive hierarchy of dimensions, or spiritual realms, that are filled with an almost infinite number of higher forms of intelligence. Many of the Astral Travel experiencers interact with higher forms of intelligence and all interactions take place telepathically, mind to mind communication. Volume 3 of our book will have many articles by major Astral Travel Experiencers-- Marilyn Hughes, Preston Dennett, Lynn Miller, and so many others.

There are numerous similarities between NDEs, Astral Travel, and CAP-UFO Contact Experiences. One of many commonalities is that in each of these Contact Modalities, you think of something, for example wanting to see your deceased mother, and instantaneously, your deceased mother appears and you begin interacting with her. This has happened in NDEs, Astral Travels, and even on Earth when you want to see a recently deceased relative and they appear to you in physical form. One of the Experiencer articles in Volume 3 is an article by Preston Dennett, a major Astral Traveler, who thinks of his mother, and she instantaneously appears to him in this Astral realm and they begin to communicate with each other. You think of a person or an experience, and in many cases, this person or this experience appears in this multidimensional reality. Another example of requesting something and then that object appears to you, is the phenomenon called HICE, Human Initiated Contact Experience. You go outdoors and you telepathically request to see a CAP-UFO. Within 10-15 minutes the CAP-UFO appears. I have tried this 5 times and I was successful 4 times. The last time this occurred was in February of 2018, at the home of Mike Murburg, a Princeton graduate and a fellow Florida attorney. 4 witnesses saw a silver-colored cylinder-shaped CAP-UFO. These are all examples of your human consciousness interacting with our Greater Realty where you are manifesting a person, an object, or an experience. This is just one of many examples of the numerous commonalities of the Contact Modalities and why they need to be studied as ONE integrated phenomenon under Consciousness.

Our second article in this section is written by one of the founders of remote viewing, Stephan A. Schwartz, who is also one of the world’s leading authorities on the primacy of

consciousness. His co-edited book, titled “*Is Consciousness Primary?*” is a must-read for one to begin to understand what is meant by the term “Consciousness is Primary”. (Schwartz, et al., 2020) This 562-page book contains chapters from many of the authors of our book, *A Greater Reality*.

Stephan A. Schwartz’s article is titled “*Through Time and Space: The Evidence for Remote Viewing*”. This article is an exhaustive academic article that discusses the history of remote viewing which was formally developed in 1972 at the Stanford Research Institute and how he developed in 1969 a similar earlier procedure that he termed “Distant Viewing Protocol” based on his research on nonlocal perception, which Stephan defines as “*the ability of an individual to acquire information that should not be accessible because of shielding by space, time, or both*”. I consider Stephan’s article the best overview academic article on Remote Viewing. Stephan A. Schwartz also has a website with hundreds of his articles on the topic of consciousness, nonlocality, and remote viewing: <https://www.schwartzreport.net/schwartz-report-archives/>

g. Lucid Dreams and Consciousness

Our next section deals with a Contact Modality that is rarely discussed and because of this, it is little understood. Daniel Rekshan has written a brief overview of what is commonly called Lucid Dreams. His article is titled “*Lucid Dreams as a Contact Modality: A Literature Review.*” The Lucid Dream is very similar to Astral Traveling because it also involves your individuated consciousness transcending the bounds of spacetime. His chapter explores the similarity of dreams with the other contact modalities. Daniel concludes that dreams are similar to psychedelic journeys, visitation of spirits or ETs, and other exotic states of consciousness and that dreams appear to have non-local psi characteristics associated with telepathy and precognition.

h. Ghosts/Spirits and Spiritual Transformation

This section starts with a bang-- an article from the world’s leading academic researcher on the survival of the human consciousness, Dr. Gary Schwartz. Gary’s article is titled “*How do scientists (and ideally, the rest of us) change our minds? The example of survival of consciousness research*”. This academic paper presents a summary of his more than 30 years of academic research on the survival of consciousness via his work on mediumship communication with deceased humans. Dr. Gary Schwartz is a former professor at Harvard and Yale Universities and he is now a senior professor at the University of Arizona where he is the Director of the Laboratory for Advances in Consciousness & Health. Dr. Schwartz has published more than 450 scientific papers, including six in the prestigious journal *Science*. He co-edited eleven academic books and authored twelve others. The latter include *The Sacred Promise*, *The G.O.D. Experiments*, *The Afterlife Experiments*, *The Truth About Mediumship*, *The Living Energy Universe*, and *Greater Reality Living* (co-authored with Dr. Pitstick). Gary’s Website can be found at: <https://www.thesoulphonefoundation.org/meet-dr-gary-schwartz/>

Our next article was written by a person that I consider one of the world’s leading experts on the topic of ghosts, poltergeist activities, a phenomenon known as parasitic attachments, and other aspects of the paranormal. Paul Eno, while not an academic, has probably more knowledge of

these complex phenomena than most others researching this field. Paul first started his interest in this arena while in seminary school studying to be a Catholic priest. A senior priest, who was the exorcist for the region, brought him to his first exorcism. This experience destroyed his worldview, and perked his interest in the paranormal, including the afterlife. This experience was comparable to the 1972 movie “*The Exorcist*”. This initial experience stimulated more than 50 years of field research in this area. Paul’s article is titled “***Ghosts, Poltergeist, Parasites, Parallel Worlds and GOD***”.

Dr. Eric Ouellet is a Professor of Defense Studies at the Royal Military College of Canada, and the Canadian Forces College (Canada's Joint Staff and War College). He has a Ph.D. in Sociology from York University (Toronto, Canada), and is the liaison officer for Canada with the Parapsychological Association. Eric is interested in the social dimension of psi effects, and how the PSI concept and the CAP-UFO phenomenon could be used in sociological research. Eric’s article is titled “***The Marian Apparitions at El-Zeitoun, Egypt, 1968-1971: Miracles and UAPs from a perspective combining parapsychology and sociology***”. There are hundreds of documented cases of Marian apparitions throughout the world and many have taken these experiences as signs of angelic communications.

Our next article is authored by my late friend, Apollo 14 Astronaut, Dr. Edgar Mitchell. After returning from the moon in 1971, Edgar founded the Institute of Noetic Sciences, located in Petaluma, California. He has authored one of the most important books in this field, but very few even know of his classic book titled *Psychic Exploration: A Challenge for Science, Understanding the Nature and Power of Consciousness* (Mitchell, 1974), and *The Way of the Explorer* (Mitchell, 1996) as well as dozens of articles in both professional and popular periodicals. He devoted the last 40 years of his life to studying the science and physics associated with human consciousness and the Contact Modalities including the topics of PSI, Consciousness, CAPs-UFOs, Near Death Experiences, the Afterlife, and paranormal phenomena, in his search for common ground between science and spirituality.

I quoted Edgar to begin this chapter, and in this quote, Edgar writes about the need for humanity to become more spiritual and loving and the need for humans to protect our planet. If these items are not initiated and completed, Edgar argues that humanity will head towards a path of self-extinction. This short 2-page article is titled “***The Intersection of Science, Religion & Spirituality***”.

The final chapter in this section is written by Reverend Michael Carter. Rev. Carter is a dear personal friend. He is an ordained Interfaith Minister and has a Master of Divinity Degree from the Union Theological Seminary in New York City. A long-time CAP-UFO contact experimenter, he lectures extensively on the topic of Religion/Spirituality and the paranormal Contact Modalities. He has written numerous books on the topic of spirituality and his latest book, *Initiation: The Spiritual Transformation of the Experimenter, A Guide for Contact Experiencers* was published in August of 2021. (Carter, 2021) Michael’s article is titled “***The Spiritual Transformation of the UAP Contact Experimenter: An Analysis of the FREE Research Data***”.

i. Entheogenic Research & Contact with Conscious Intelligence

This next section discusses entheogenic research, also more commonly called hallucinogenic research, which is research on individuals that have hallucinogenic experiences which include the drug DMT, the active chemical of the Amazonian brew called Ayahuasca, from the ingestion of Psilocybin, the active ingredient in what is commonly called “magic mushrooms”, and from the drug LSD, once common in the 1950s and 1960s. These are just 3 of many different hallucinogenic drugs.

Many academic and medical researchers around the world have received permission from their governments to study the possible medicinal use of DMT, Psilocybin, LSD, and other hallucinogens. At many of the major research universities and medical schools all over the world, academics have finally received permission to research these and other natural entheogens to determine if these drugs can be used for medical purposes, especially for psychological and psychiatric health needs. What researchers all over the world have discovered is that humans who ingest DMT, Psilocybin, or LSD have experienced very similar experiences to Astral Travel or NDE type of experiences.

To begin this section, we have included an article by a long-time professor at one of the major schools of medicine in the world. Dr. Roland Griffiths is a Professor in the Departments of Psychiatry and Neurosciences at the John Hopkins University School of Medicine, and founding Director of the John Hopkins Center on Psychedelic and Consciousness Research. He is the author of over 400 academic articles and book chapters and he is also a consultant to the US National Institute of Health.

Since 1999, Dr. Griffiths has conducted a series of controlled experiments on various psychedelics. Dr. Griffiths numerous outcomes such as mystical-type effects, entity and God-encounter experiences, and alleged positive changes in mental health, including decreases in depression and anxiety, decreases in substance abuse, and reductions in death anxiety. Dr. Griffith's article is titled “*Survey of subjective God encounter experiences: Comparisons among naturally occurring experiences and those occasioned by the classic psychedelics psilocybin, LSD, ayahuasca, or DMT*”.

Our second article on Entheogenic Research and Contact is also written by an academic. Dr. Christopher Timmerman received a Ph.D. in Neuroscience, and is now a Post-Doctoral Research Fellow, at the Imperial College London, Division of Brain Sciences, at the Centre for Psychedelic Research, where he led the first neuroimaging research on the effects of the potent psychedelic DMT on the human brain and consciousness, as well as its potential clinical applications. Dr. Timmerman’s article is titled “*DMT Models the Near-Death Experience*” which describes the similarities between the DMT and NDE Experiences. He discusses that both experiences involve contact with very similar types of Higher Forms of Intelligence and that DMT induces very similar types of interdimensional experiences similar to the NDE.

j. CAP-UFO (Consciousness Aerial Phenomenon) and Consciousness

This section contains 12 articles on the topic of what are commonly called UAPs or UFOs. I will argue throughout this book that the UAP/UFO phenomenon is a consciousness-based phenomenon. Thus, instead of the term UAP or UFO, terms that do not define nor explain the phenomenon as one that is consciousness-based, my preferred term is **CAP or Consciousness Aerial Phenomenon**. This term is much more explanatory of the true nature of the phenomenon. Therefore, throughout my book, I will use the term **CAP-UFO (Consciousness Aerial Phenomenon)** to signify what is commonly called the UFO Phenomenon.

The first article is titled “*Chapter One: The FREE UFO Experienter Research Study*” from my co-edited book titled “*Beyond UFOs: The Science of Consciousness and Contact with Non-Human Intelligence*”. (Hernandez, Klimo & Schild, 2018) This chapter is approximately 100 pages in length and contains a formal academic analysis of the world’s first and only comprehensive, academic, worldwide, statistical research study on CAP-UFO Contact Experiencers conducted by the academics and researchers of the Dr. Edgar Mitchell FREE Foundation. To take our 3 surveys, the respondent needed to have seen a CAP-UFO and also needed to have had some type of contact with a Non-Human Intelligence. Over 4,350 Experiencers from over 100 countries participated in our 3 surveys over the 5-year period between 2013 to 2018.

Chapter One is an analysis of the FREE Foundation’s two quantitative data surveys. The co-writers of this article were me, Dr. Jon Klimo, and Dr. Rudy Schild. Dr. Edgar Mitchell had passed away by the time we began to write our book. The data findings from our research study completely contradict much of what has been circulating in the field of materialist Ufology. Why? Because no one ever attempted to undertake a comprehensive statistical worldwide research study on CAP-UFO Contact Experiencers-- in essence the required research was never undertaken before our massive 5-year academic research study. As of today, very few Ufology researchers have even bothered themselves to read our book yet we are one of the very few “academic” books in this field. The numerous research findings will be detailed in Chapter One, which includes the following findings:

1. While initially, 37% of the CAP-UFO Contact Experiencers viewed their experiences as negative, over time, only 4% viewed their experiences as negative. More than 25 questions were used to derive this finding.

2. Only one-third of the survey participants had what is commonly called an “abduction”, which can be defined as taking and transporting the individual or their consciousness, usually their consciousness, to another location. Of the 32% who stated they had an “abduction experience”, over 80% of these individuals now call themselves “Contactees” instead of abductees. Why? Because after many years they determined that their contact experiences were highly positive and transformative.

3. We asked over 70 questions on how these individuals changed from their contact experiences and depending on the question, between 75-90% of these individuals underwent a profound transformation for the positive. For example, these individuals became more spiritual, more loving, more ecologically friendly, did not fear death, became less materialistic, etc.

4. The CAP-UFO Contact Experience is primarily not a physical experience but a psyche/paranormal consciousness-based experience involving most of the Contact Modalities.

5. The CAP-UFO Contact Experience involves a manipulation of spacetime and over 50% of survey participants were brought to other multidimensional realities, where most were taught constructive lessons, mostly involving spirituality.

6. 50% of the CAP-UFO Contact Experiencers reported a miraculous medical healing by Non-Human Intelligence on either themselves or a member of their immediate family. This was how my family's initial contact experiences began, with a miraculous medical healing of our paralyzed dog by an Energy Being that appeared in my living room to both myself and my wife on March 4, 2012.

7. The overwhelming majority of CAP-UFO Contact Experiencers underwent a spiritual transformation, and received spiritual lessons from Non-Human Intelligence, including being given lessons on what is GOD, the Afterlife, Reincarnation, and a large percentage of these individuals were told of the importance for humans to learn to love each other and to protect our planet from ecological destruction and nuclear war. This is almost the exact information given to Near Death Experiencers.

Our second article is an article that Brad Steiger submitted for publication for my first book, *Beyond UFOs*. Brad, who is now deceased, published more than 175 books during a 60-year publishing career on the topics of the paranormal and the Contact Modalities. He was the world's greatest authority on what is commonly called the "Paranormal" -- what we at CCRI call the Contact Modalities. Mr. Steiger's article is titled "***The FREE Experiencer Study is a Paradigm Shifting Moment and Opens the Potential Avenues for Future Research***".

Our next article was written by Dr. Charles Emmons. Dr. Emmons has a Ph.D. in Sociology from the University of Illinois, Chicago, and was a Professor of Sociology at Gettysburg College for 46 years. His research is mainly in the area of the sociology/anthropology of science, religion, and the paranormal. He has written numerous books on the topic of consciousness, the paranormal, and Ufology. His article is titled "***Methodologies for the Mysterious: UFOs and Consciousness***".

The following article was written by my dear friend, mentor, and fellow co-editor of both *Beyond UFOs* and *A Greater Reality*, Dr. Jon Klimo. Dr. Klimo received his Ph.D. in Psychology from Brown University and for the last 45 years, he was a professor in the clinical program of The American Schools of Professional Psychology, Argosy University, and Rutgers University. He has chaired approximately 250 academic doctoral dissertations over his career and of these, approximately 75 have completely or primarily involved topics of parapsychology, the

paranormal, consciousness studies, spiritual/transpersonal studies, "new paradigm" science, including the area of Ufology. Jon has written numerous books and peer-reviewed academic articles. Dr. Klimo's article is titled "***Interdimensional Realities & the Contact Modalities***". His article argues that the CAP-UFO-related contact phenomenon is consciousness-based.

Dr. Joseph Burkes is also a dear friend and he is a major CAP-UFO Contact Experiencer. Dr. Burkes is a retired board-certified internal medicine physician, a life-long volunteer peace and social justice activist, and a researcher with both the Consciousness & Contact Research Institute (CCRI) and previously with the Dr. Edgar Mitchell FREE Foundation, FREE. Joseph's thesis in his article, which I also share, is that the UFO contact phenomenon is consciousness-based and that what we experience via our 5 senses during our CAP-UFO contact experiences are actually "Holographic Projections" from CAP-UFO-related Non-Human Intelligence. I came to this same conclusion back in August of 2012 when I "called down" my first large CAP-UFO. Almost 5 years ago I shared my hypothesis to Dr. Burkes-- that CAP-UFOs and CAP-UFO intelligence are holographic projections and that these experiences are virtual experiences that are consciousness-based. To my surprise, Joseph agreed with most of my views. I then asked him to write an article presenting this thesis for my upcoming book. His article is a must-read for anyone interested in the topic of CAP-UFO contact or anyone that is a CAP-UFO Contact Experiencer. Joseph's article is titled "***Report from the Contact Underground: Human Initiated Contact, the Consciousness Connection, and the Virtual Experience***".

Our next author is anonymous because this individual is from mainland China. I believe that this author will be a very important figure for transmitting the connection between Consciousness and the Contact Modalities to future generations in Asia. This author articulates that the topic of CAP-UFOs, consciousness research, and spirituality are discredited by China's ruling elites, mainly due to political reasons. This article provides an overview of these topics in mainland China, topics that are rarely discussed both inside and outside of China. We are informed that Chinese Ufologists have limited access to information, tend to remain low profile, and have limited ability to promote conferences on consciousness, spirituality, the Contact Modalities, and CAP-UFOs due to the position of the Chinese government that gatherings on these topics are considered an "unauthorized" gathering. All public events must be pre-approved by the local police and they are not approving any social events or conferences relating to Ufology, Consciousness, the paranormal, or spirituality. This important chapter is titled "***Chinese Contact Experiencers Awaken to the Paranormal Contact Modalities***".

Our next article in the field of Ufology is written by a long-time Ufologist, Brent Raynes. Brent has written three books: *Visitors from Hidden Realms* (2004), *On the Edge of Reality* (2009), and most recently *John A. Keel: The Man, The Myths, and the Ongoing Mysteries* (2019). Brent began researching CAP-UFOs, in 1969 at the age of 14. Like many, Brent started as a materialist "Nuts & Bolts" Ufologist but after meeting John A. Keel, Brent was introduced to the paranormal aspects of Ufology which he has focused on over the last 40 years. Since 1985, Brent has been editing Alternate Perceptions magazine (apmagazine.info) with author and psychologist Dr. Gregory Little. Brent's article is based on his new book on the research of Ufologist John A. Keel and is titled "***John Keel and his Theory of UAPs & the Paranormal***".

Our next article in the Ufology section was written by Dr. Massimo Teodorani, an Astrophysicist, who received his Ph.D. in Stellar Physics at the University of Bologna, Italy. As a researcher at the Astronomical Observatories of Bologna and Naples, and later at the INAF Radiotelescope of Medicina, he has been involved in research on many types of explosive stellar phenomena. Among his varied research interests, there is active involvement in the study of anomalous aerial phenomena. Dr. Teodorani has published several informative articles on quantum physics, atomic, and nuclear physics, astronomy, astrophysics, bio-astronomy, physics of anomalous atmospheric phenomena, human consciousness, and aerospace subjects. In addition to many technical papers in all of the above-mentioned subjects, he is the author of 24 bestselling books, which have been translated into multiple languages.

Dr. Teodorani's article states:

this is a speculative discussion about what is possibly hidden behind the so-called 'UFO phenomenon' based on some aspects of quantum mechanics. I hypothesize that quantum vacuum, spacetime, and consciousness coexist in the act of creation of reality, as we know it, and that UFO phenomena are the manifestation of an intelligence that is inherent to the Universe itself, maybe as the result of a supernatural information technology born in some other planet or dimension. I expect that this intelligence is able to manipulate non-locally the quantum vacuum in order to create new matter and energy and to build up a databank of all that has happened in the history of all the intelligent beings in the Universe.

Dr. Teodorani's article is titled "***Out of the Blind Eye: In Search for a New Science***". I agree with Dr. Teodorani's hypothesis.

Mary Rodwell is a dear friend and was one of the 4 Co-Founders of the Dr. Edgar Mitchell FREE Foundation and served on its Research Committee. Besides being a dear friend, Mary was also my primary therapist while I was undergoing profound paranormal contact experiences between 2012 and 2016. She was a "Godsend" and settled many of my early anxieties even though she freaked me out many times, LOL. Mary's article is titled "***Awakening to a Greater Reality: Is there a Unification Theory of the 'Paranormal' Contact Modalities?***" She is currently a member of the CCRI, Consciousness and Contact Research Committee. Mary was trained in the UK as a former Registered Nurse (RN), a State Certified Midwife, health educator, Counselor (a licensed therapist in the UK), and Clinical Hypnotherapist. She has published numerous articles from her research of more than 3,000 cases of individuals that have had CAP-UFO related contact with Non-Human Intelligence through her role as founder and principal of the Australian Close Encounter Resource Network (ACERN). She is the author of two books: *Awakening, How Extraterrestrial Contact can transform your life*, and *The New Human: Awakening to Our Cosmic Heritage*. She is featured in numerous documentaries: *My Mum Talks to Aliens, Paranormal Files, Animal X, Australian Skies 2, ET Contact, They Are Here, Orenda, and Force of Consciousness*. Mary has participated in various university debate forums at Oxford University (UK) and Australian National University (Australia). She is a Producer of Award-winning documentaries including *Expressions of ET Contact a Visual Blueprint; Expressions of*

ET Contact a communication and healing Blueprint; and others. Mary has lectured both nationally and internationally. Her website is: <https://www.acern.com.au/>

Dr. Michael Grosso, one of the 5 co-editors of our book, *A Greater Reality*, and a dear friend and mentor got his Ph.D. in Philosophy and also studied classical Greek at Columbia University. He has taught philosophy and humanities at New Jersey City University, City University of New York, and elsewhere. Dr. Grosso's article is titled "*The New Story: UFOs, Psychological Research, and Religion*". His main focus has been on the Philosophy of Mind, with an emphasis on paranormal, creative, and mystical states of consciousness. Michael has authored numerous books, the latest being *Smile of the Universe: Miracles in an Age of Disbelief*. (Grosso, 2020) Of the numerous books that Michael has written, my favorite is *Experiencing the Next World Now*. (Grosso, 2004)

Michael was for many years engaged with the academics associated with the Division of Perceptual Studies at the University of Virginia where he has contributed chapters for their books titled *Irreducible Mind: Toward a Psychology for the 21st Century* and *Beyond Physicalism: Toward Reconciliation of Science and Spirituality*. Michael is no longer affiliated with any academic institutions. He is an independent scholar, researcher, and artist, into the interface between painting and the paranormal. His website is: <http://consciousnessunbound.blogspot.com/p/about-author.html>

Yet another friend is Dr. John Alexander. John's article is titled "*Phenomena Without Borders: Consciousness, UFOs, the Paranormal and the Contact Modalities*". Dr. Alexander was a former U.S. Army colonel who served in key positions in US military intelligence and conducted research on non-lethal weapons. Dr. Alexander developed a deep interest in Near Death Experiences and then completed his Ph.D. dissertation under the supervision of one of the pioneers of NDEs, Dr. Elisabeth Kübler-Ross. He went on to become the president of the International Association for Near-Death Studies (IANDS) and helped to create the Children's Hospice International. John had engaged in research on all aspects relating to Consciousness, the paranormal, and the psychic phenomena. He and his wife have traveled the world and have spent weeks at a time with many local shamans learning about the consciousness and paranormal aspects of their work. Dr. Alexander has held leadership positions with the International Remote Viewers Association and the Society for Scientific Exploration. He has also worked part-time for the National Institute for Discovery Science (NIDS), a private research organization dedicated to exploring the connection between the CAP-UFO phenomenon, Consciousness studies, and Paranormal. His books include the following: *UFOs: Myths, Conspiracies, and Realities* (Alexander, 2011) and *Reality Denied: Firsthand Experiences with Things that Can't Happen – But Did*. (Alexander, 2017)

The last article in the CAP-UFO section is an interview I conducted with George Knapp, an American television investigative journalist, news anchor, and talk radio host. He has been a longtime news anchor at KLAS-TV in Las Vegas, Nevada. As a host on *Coast to Coast AM*, a syndicated radio show, George has millions of listeners worldwide. He is known for his work investigating CAP-UFO reports and also the paranormal which are a frequent topic of the *Coast-to-Coast* radio show. George has been recognized with Edward R. Murrow Awards, Peabody

Awards, and dozens of Pacific Southwest Regional Emmy Awards. George was the co-author, with Dr. Colm Kellerher, of *Hunt for the Skinwalker: Science Confronts the Unexplained at a Remote Ranch in Utah*. (Kellerher and Knapp 2005).

k. Conclusionary Articles

The next section includes 4 articles that serve as a summary of the various topics we have discussed in our book. Again, the articles stress two important concepts: 1) Consciousness is Primary and that our physical world is a manifestation of consciousness and not our physical reality; and 2) that all of the Contact Modalities need to be researched as ONE integrated consciousness-based phenomenon.

The first article in this section is written by my friend since the formation of the Dr. Edgar Mitchell Free Foundation, my colleague, Dennis Briefer. Besides being a major contact experiencer, Dennis is also an Engineer/Physicist and is a Founder and Executive of LVLS LLC, an instrument company that holds 24 US patents mostly related to measuring instruments and additional related international patents. Dennis was the former Chair of the Board of the Dr. John Mack Institute. Dennis was also a Board Member of the Dr. Edgar Mitchell FREE Foundation and is currently a member of the Consciousness and Contact Research Institute, CCRI. He is a lifetime member of MUFON and a charter member of New England UFO Research, NEUFOR. For over 30 years, Dennis has been investigating new energy devices, including Cold Fusion and Zero Point Energy applications. Dennis's article is titled "***The Nature of A Greater Reality and the Contact Modalities***".

Our second article was written by a large group of Ph.D. academics and is titled "***Arguments for a Post-Materialist Science on Consciousness***". I previously provided the bio for Dr. Gary Schwartz, one of this article's authors. One of the other academics is Dr. Mario Beauregard, Ph.D., who is a neuroscientist affiliated with the Department of Psychology, University of Arizona. He received his doctorate in neuroscience from the University of Montreal. He has also undergone post-doctoral fellowships at the University of Texas Medical School (Houston) and the Montreal Neurological Institute at McGill University. Dr. Beauregard is the author of more than 100 peer-reviewed publications (articles, essays, book chapters) in neuroscience, psychology, and psychiatry. Because of his research into the neuroscience of consciousness, Dr. Beauregard has published the following books: *The Spiritual Brain: A Neuroscientist's Case for the Existence of the Soul* (2008); *Brain Wars: The Scientific Battle Over the Existence of the Mind and the Proof that Will Change the Way We Live Our Lives* (2013); *Expanding Science* (2020) and *Expanding Reality: The Emergence of Postmaterialist Science* (2021). In these books, Dr. Beauregard demonstrates that Mind and consciousness are much more than the activity of nerve cells in our brains.

The next article was written by Stephan A. Schwartz, one of the world's leading Consciousness researchers. For 50 years, Stephan A. Schwartz has been studying the nature of consciousness, particularly that aspect independent of space and time. Schwartz is part of the small group that founded modern Remote Viewing research. Stephan's article is titled "***Kuhn and the Emerging Paradigm of Consciousness***". Mr. Schwartz's article applied the theoretical

construct of Dr. Thomas Kuhn's thesis from his book "*The Structure of Scientific Revolutions*" (Kuhn, 1962) and discusses how the paradigm of materialism is slowly withering away and is being replaced by the thesis that Consciousness, particularly nonlocal non-physiological consciousness, is becoming mainstream. Stephan is a Distinguished Consulting Faculty of Saybrook University, and a BIAL fellow. He is an award-winning author of both fiction and non-fiction, columnist for the journal *Explore*, and editor of the daily web publication *Schwartzreport.net* in both of which he covers trends that are affecting the future. He also writes regularly for *The Huffington Post*. His other academic and research appointments include Senior Samuelli Fellow for Brain, Mind, and Healing of the Samuelli Institute; founder and Research Director of the Mobius Laboratory; Director of Research of the Rhine Research Center; and Senior Fellow of The Philosophical Research Society. Stephan's website is: <https://stephanaschwartz.com/>

I know quite a few Experiencers of the Contact Modalities that were given powerful psychotropic medications where you are barely able to have a reasonable conversation with them because they are so heavily drugged up. One time I had a psychological evaluation where I was advised to take medication for my "psychological problems". I was diagnosed as a schizophrenic because I admitted to the Psychiatrist that I was communicating with non-physical intelligence, I was seeing dead people, I was seeing "Shadow Beings" and "Energy Beings", I was calling CAP-UFOs which appeared within 15 minutes of calling them, and I was being transported to multidimensional realities. Yet at the same time, I received the highest evaluation in my job as an IRS Estate Tax Attorney in the US Department of Treasury since my experiences began in 2012. My personnel evaluations were always rated "OUTSTANDING"! Thus, I was not only a fully functioning attorney for the US Dept of Treasury, but for the last 20 years, I received the highest evaluation from my supervisors, an "Outstanding" rating. Nevertheless, I was prescribed powerful psychotropic drugs which I then refused to take. I decided that I was not crazy and my experiences were very real. I was not psychotic because my family members were having similar experiences at the same time. **How can an entire family be psychotic at the same time?**

It took me several years to accept these experiences and realize that they were not abnormal and that I was not having psychotic episodes. Nevertheless, it would have helped if I had sought therapy from an understanding professional. I could not talk to my wife about my experiences, even though she was having them as well. Her interpretation was that these were angelic experiences with a religious Catholic God, with Jesus Christ, and the Virgin Mary that she referred to as "La Virgen de Guadalupe". I also could not discuss these experiences with my daughter who was a young child at the height of my experiences and later as a teenager she simply was not interested in these topics. For all of these reasons, I consider Dr. Klimo's article extremely important. I certainly hope that these professionals-- Psychologists, Psychiatrists, and other mental health professionals-- begin to understand that these experiences are very real and "normal" and that Experiencers of the Contact Modalities are not "crazy".

Why is this misdiagnosis occurring? First, individuals do not publicly talk about these experiences. Why would you publicly discuss your paranormal experiences when the general public, including the professionals in the fields of psychiatry and psychology, believe that you might be crazy? But yet, this is how this perception will change, by folks speaking out and telling

others of your experiences. You will be surprised by the high percentage of individuals who have had similar experiences because these experiences are common and are part of our Greater Reality. The problem is that these individuals just do not talk about their experiences. We must encourage these Experiencers to “come out of the closet” -- to publicly acknowledge their experiences. By doing so, they will be educating others and establishing the new paradigm that these experiences are very real and very natural.

Because these practitioners are sold on the materialistic views of Cognitive Neuroscience, a view that Consciousness is based solely on our physical brain and our 5 senses, any type of paranormal experience is assumed to be a psychiatric ailment of our Brain that needs medication and therapy-- “*Give them a pill and they will shut up*”. Dr. Klimo makes a post-materialist consciousness-based explanation that all of the experiences via the paranormal Contact Modalities are very real and the views of at these practitioners must change.

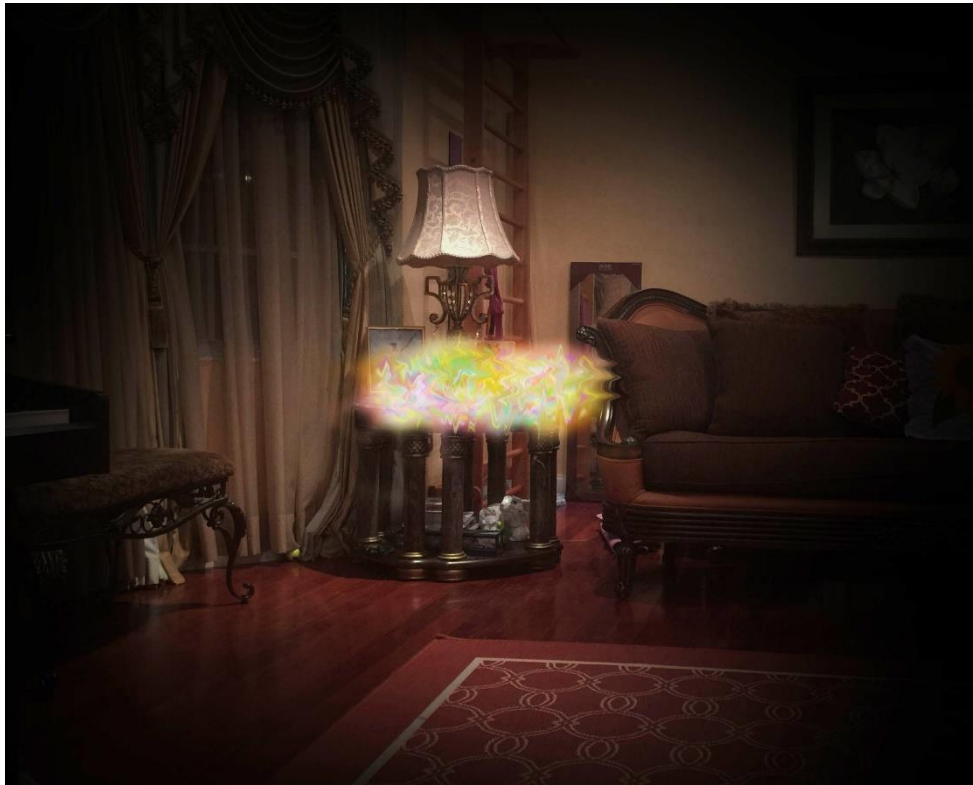
II. Personal Journey

Since March 4, 2012, my life has been a series of orchestrated “Paranormal” events. Unless you are a major contact experiencer of the Contact Modalities, you will simply not be able to understand. The term synchronicity is not an appropriate term to describe my experiences, many involving a manipulation of spacetime. Before March 4, 2012, I was an overeducated materialist atheist who did not have any interest in the topics of consciousness and what I now call the Contact Modalities. I graduated from Rutgers College with high honors and later I was a straight A student at both Cornell University and at the University of California at Berkeley during the 1980s where I was a Ph.D. Candidate in City and Regional Planning and received the National Science Foundation Ph.D. Fellowship. Several years later I worked as an Associate Professor for seven years at the New School for Social Research and the City University of New York. For the last 23 years, I have been working as an Estate Tax Attorney with the US Department of Treasury. Thus, for the first 55 years of my life, I had no knowledge nor interest in the topics of consciousness studies, the PSI phenomenon, quantum physics, parapsychology, or any topic associated with the paranormal and contact with Non-Human Intelligence.

All of this changed on March 4, 2012, when my wife and I had a joint experience with what I now call an "Energy Being" in my living room that miraculously healed our paralyzed Jack Russel Terrier, a family member named "Nena", that we were going to euthanize later that afternoon. Before this date, Nena was very ill and like many other 15-year-old dogs, she was taking various medications to keep her alive. The night before, she became completely paralyzed and we called our family vet, Dr. Phil Cruz, who told us that Nena probably had a cerebral hemorrhage, a stroke. We made arrangements with Dr. Cruz, to euthanize her the next day. My wife, who was a devout Roman Catholic, began praying all night. As a good atheist, I ignored her prayers but was deeply saddened by Nena's life-ending illness and her upcoming death the following day.

The next morning, on March 4th, my wife and I had an encounter with an Energy Being in our living room, which made my wife and dog disappear right in front of me. We checked out our dog at 6 am and she was still totally paralyzed. My wife then carried Nena downstairs to see if she could go to the bathroom and I went back to sleep. My wife then began screaming, “Rey, come here, Rey come here”. I dismissed her calls. It was 6 am and I thought she saw a little bug. She then went upstairs and pulled me out of bed. She told me I needed to go see something.

Reluctantly I followed her down the stairs. As she got to the living room floor, she and our dog disappeared. I then saw this Energy Being floating in the corner of our living room. I appeared to have tunnel vision-- I could only see in the middle and all around me was dark and not visible. This intelligence appeared in the shape of a rectangle, approximately 4 feet off the ground. It had no hard edges because it was pure energy. It had multiple colors that were fluctuating like a desert mirage. It was put into an altered state of consciousness. I did not care that my wife and dog disappeared. I looked at the Energy Being and waved my hand at it and said to myself “This is what she got me up for, for this nonsense? I am going back to sleep.” I then turned around, walked upstairs, went to my bed, and I was immediately put to sleep.



When I woke up almost one hour later, I now had my full consciousness back and I ran down the stairs. Both my wife and Nena reappeared in the living room. Nena was running around the living room-- she had a miraculous medical healing! My wife then began to shout in Spanish, "Los Angeles La Curaron, Los Angeles La Curaron " which translates to "The Angels Cured Her, The Angels Cured Her". This initial experience shook me to my core-- I felt like an atomic bomb had exploded in my brain. This initial experience eventually awakened me to the fact that I am living in a Greater Reality-- a more complex reality that I was not previously aware of and just did not understand. For the next 6 months, I tried to understand why I had acted this way during my encounter with this "Energy Being". How and why did this "being" control my thoughts? How was our dog miraculously healed? How could my wife and dog disappear right in front of me? Where did they disappear to for more than one hour? Did my wife call down this Energy Being and did it respond to her prayers? Was this intelligence an "Angel" disguised as an Energy Being? I spent all of my nights on the internet and YouTube searching for answers but I could not find any. A few months after this experience, my wife would pray outside the house and large CAP-UFOs would appear to her. She would tell me that "My angels came to see me in a large craft with stain glass colors just like our church". It was then I realized that this experience was possibly related to CAP-UFOs. It was not until I called down my first CAP-UFO, almost 6 months later, that I began to understand that this intelligence tapped into my conscious thoughts and controlled my thoughts. It was during this first initial experience that I realized that the CAP-UFO I had called down was a "Holographic Projection". I will detail this hypothesis later in this chapter.

Over the next 4 years, I began to have numerous "paranormal" experiences, which I now call experiences via the Contact Modalities. I was having OBEs, successfully "calling down" many large and up-close CAP-UFOs, most were large light configurations, and only one time a

large oblong silver object, size of two school buses, appeared to me. The first CAP-UFO I called down was in late August of 2012, 6 months after this initial experience in my living room. The CAP-UFO was like a little football stadium, at least 100 meters tall and 600 meters in length and it appeared only 10 meters on top of myself, my then 10-year-old daughter, and 3 adult friends. It was not a physical object but it appeared as hundreds of moving oblong streaks of light and white plasma energy configurations moving inside this "object". This experience, which lasted almost one hour, will be detailed later in this document. Below is a graphic rendition of the object I saw.



Both my wife and I began to have premonitions and other PSI experiences. Shortly after our living room experience with that Energy Being, my wife began to tell me that she knows I have a tumor on my lower back and even pointed to it. I ignored her for weeks until she became a constant nag. I asked her how do you know this and she responded, "I just know it". When I went to my medical doctor, he touched my lower back and ordered X-rays, and a large tumor was discovered in my lower back. I had it removed and thankfully it was benign. My wife then told me that we could not take a long road trip because our car was going to "explode". Again, after weeks of nagging me, I took the car to our mechanic who told me "Thank GOD you did not take that trip because your engine would have exploded." I was also seeing what is commonly called "Shadow People". One time I was on a Skype call with two volunteers of the FREE Foundation and one volunteer who lives in Massachusetts began to scream, "Rey, what is that?" What I noticed on the Skype video screen was a shadow being, a humanoid being, appearing like a large dark shadow, appeared to walk behind me and went right through my large glass door. This being went right through the door. I began to laugh and told her, "Don't worry, that was just a Shadow Being."

For the first few years after seeing that large CAP-UFO in August of 2012, I began to know when someone near me had a major experience via the Contact Modalities. This would happen at the supermarket, at the barbershop, at the Miami County Courthouse, walking in the street, or even when a locksmith was changing my front door lock, and in almost every type of

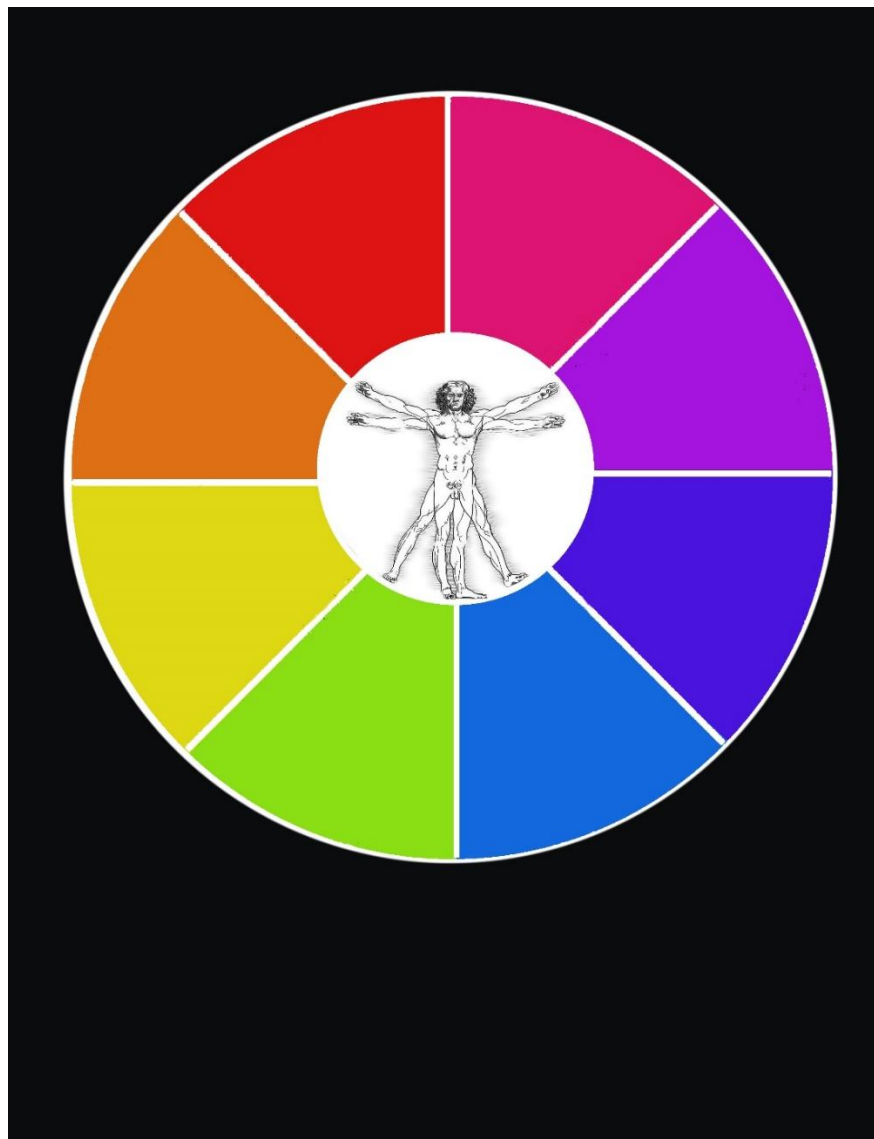
setting. I would either look at them and I would have this knowledge of their experiences. When I would start a conversation with them about a paranormal topic, I eventually was told that they had an experience with one of the Contact Modalities. With my locksmith, he eventually told me that he has seen “ghosts” his entire life. He also told me that he, his brother and sister, and other friends, as youngsters, saw a white unicorn on a local farm near their home. I started to smile and he became upset. Right in front of me, he called his brother who argued with him. His brother told him that he was busy and that he did not want to tell the unicorn story again. Within one minute I had his brother telling me about their unicorn experience. I stated, “Maybe someone put a fake horn on the horse”. The brother and the locksmith responded no way because the horse got close to them and they all were able to touch its horn. All of the horses were either brown or black but this particular horse was pure white.

This was just one example of the more than one hundred individuals that I suspected had a “paranormal” experience and they wound up telling me their “weird” paranormal experience. This knowingness still continues to this day. At first, it was quite unsettling and disturbing but now I just laugh at it and enjoy their stories. The last experiences occurred this year (2022) within 2 months of each other involving 2 of the barbers when I went to get a haircut and the next one occurred with the two phlebotomists when I had my blood taken out. I started with one lady but it wound up that BOTH had paranormal experiences. The first one told me about her NDE and she later began to see deceased spirits. After the older lady heard the story of her younger colleague, the older lady then told me that her husband had an NDE and she also told me that she physically saw her deceased mother a few days after her death. This knowingness and these conversations at first occurred on a weekly basis but now they occur every 3 or 4 months. At first, I thought I was going crazy. My wife was also having similar experiences at the same time-- most were precognitive experiences. I thought I was going insane but who do you turn to for help in these situations?

It was during one of these major experiences, which occurred in early May of 2013, 15 months after I had my initial experience with the Energy Being in my living room, that I had, for a lack of a better term, an “Astral Travel” experience while driving my car. While I was driving my car in the middle of a traffic jam at 8:30 in the morning in Miami, Florida, I was literally brought to another dimension. I know, this sounds crazy to a non-Experiencer, but thousands of Experiencers of the Contact Modalities are having similar experiences. I was brought, outside of spacetime, to a "Greater Reality", to another multidimensional realm, where I was given information on the relationship between "Consciousness and the Contact Modalities". I was then returned to my car, with no time elapsed, where I was still in the middle of a traffic jam heading to work. It was at this time that I was convinced I was having mental problems but I was convinced that these experiences were as physical and even more real than our physical Earthly experiences. How can this be? Why was this happening to me?

During this Astral Travel experience, I appeared to be inside a very large cartwheel, hundreds of meters in height and width, which had approximately 8 spokes. I was inside the fulcrum; the very center of this cartwheel and I was looking outward. Suddenly, different videos began to appear inside each of the different sections of the spoke. I now understand that inside each spoke was a video of a different Contact Modality! I had a panoramic vision of this image,

an image that is difficult to describe because I saw the image with a 360-degree view as if I had eyes all around me. I then received “information”, because it was not a voice, but a straight transmission of information into my consciousness. The information conveyed informed me that all the paranormal contact experiences are being viewed by humanity as separate and distinct phenomena, but in fact, they are one phenomenon because what humans are calling “consciousness” is what unifies them. I was specifically informed that “consciousness” is the “glue” that unifies them. I was instructed that consciousness is “the fabric of our reality”. My consciousness, and not my physical body, was taken into another reality, very similar to an Astral Travel Experience or a Near-Death Experience (NDE), where I was fully conscious. I was receiving instantaneous information, what is commonly called a “telepathic download”, where I was able to identify and understand that all of what I now call the Contact Modalities were ONE phenomenon. While this experience was occurring, I had no idea what was occurring and I was not processing or understanding this information, I was merely receiving the information. The perceived time duration of the experience was approximately 20-25 minutes yet I was returned to my car with no time elapsed.



I was given very specific instructions: "*You need to inform humanity of the relationship between us, the spirit world, and consciousness*". While this was happening, I had zero understanding of the significance of the information I was receiving. It was only a few days later that I began to understand its significance after I spoke with Mary Rodwell, Dr. Rudy Schild, and Dr. Edgar Mitchell, all within 50 hours of this experience. Previous to this experience I had never met any of these three individuals.

While I was driving to work that day, I was listening to an NPR (National Public Radio) interview of a man who was attending film school in Miami and who was making a documentary on the "art fat" from his liposuction-- he was making and filming his art fat sculptures. I was fascinated with this interview. When I was brought back to my car from this other dimension, I was still listening to this radio interview on the "art fat" documentary. It appeared that no time had elapsed because I was "taken out of my physical reality" and immediately returned to my car in a fraction of a second. Needless to say, I believed that the experience lasted approximately 20 minutes but I now understand that this experience involved a manipulation of spacetime. I was taken "outside" of both space and time. I was in total shock from this experience but by this time, 15 months after my initial experience with that Energy Being in my living room, I was accustomed to having many of these unusual types of "paranormal" experiences.

When I arrived at my office in the federal building in downtown Miami I simply could not work because I was reliving this Astral Travel experience that I had just personally witnessed. After not accomplishing much in my office, I decided to return home early that afternoon. Later that evening I reviewed my emails and I noted an email from Mary Rodwell, a major CAP-UFO researcher from Australia. Her email read "*Dear Rey: I am sorry that I am responding to your email 6 months late but the email that you sent 6 months ago just appeared on my computer today*". On October of 2012, I had sent a similar email to approximately 10 well-known researchers of the paranormal and CAP-UFOs begging for help to enable me to understand what was happening to me-- I thought I was going crazy. Mary Rodwell had never responded to my email but 2 other researchers did. I thought I was going insane and I had no one to talk to about my experiences. For my wife, these experiences were all "Angelic Encounters" and she was not having the diverse experiences I was having. I then replied to Mary's email, and she immediately responded. A few hours later we spoke via Skype. During the Skype call, I told her what happened to me today and what had occurred over the last 6 months since I had sent her this initial email. We spoke until one am which was one pm in Australia. We then agreed to resume our discussions at a later date.

The next day, at 9:30 in the morning, 25 hours after my travel to another multi-dimensional reality, I received a phone call that went as follows: "**Hello, is this Rey Hernandez?**" I responded, "**Who is this?**" This man then responded, "**Dr. Rudy Schild**". I then responded, "**Who**" (I had no idea who this man was). He then stated, "**My name is Dr. Rudy Schild and I am a retired Research Astronomer for over 45 years at the Harvard-Smithsonian Center for Astrophysics**". He then informed me that Mary Rodwell had provided him with my telephone number. He told me that he had worked with the late Harvard Professor of Psychiatry at the Harvard School of Medicine, Dr. John Mack, for many years and that he has been working with

many CAP-UFO Contact Experiencers. He was specifically interested in interviewing Experiencers who had received “downloads” of advanced physics, science, cosmology, and topics related to consciousness. I then told him what happened to me. He informed me that the information I received during this experience was Dr. Edgar Mitchell’s Quantum Hologram Theory of Consciousness-- Edgar’s theory of Non-locality and Consciousness. It was Rudy who encouraged me to call Dr. Mitchell and he provided me with his telephone number. After a 90-minute conversation, Rudy informed me that he would volunteer to assist me as a "scientific advisor" in the mission I was given by this "cosmic intelligence". We then agreed to keep each other informed. When we hung up our phone call. I was convinced that this man was mentally ill. I now understand that Rudy was not crazy but that he was "crazy like a fox"-- a man who clearly understood the complexities of this consciousness-based phenomenon. I had much to learn and Rudy would become one of my mentors.

That same day after my conversation with Dr. Rudy Schild, after much hesitation, I called Dr. Edgar Mitchell later that afternoon. Edgar informed me that he had just finished a lengthy conversation with Dr. Rudy Schild and that I was the main topic of conversation. He then invited me to his home the following day at 10 am at his home in Lake Worth, Florida, which was only 90 minutes north of Miami, Florida where I lived. I accepted his offer and 50 hours after my multi-dimensional Astral Travel experience, I arrived at the home of Dr. Mitchell at 10 in the morning. I was greeted by a huge German Shepard who was rolling a bowling ball with his nose all around the yard. I did not leave the car but thankfully Edgar saw me through his window and brought his pet inside the house. I was at his home until 4 pm and we spoke about numerous topics, including the details of my experiences. He also told me about some of his experiences, including his own Samadhi experience while he was returning from the moon. He told me that he received information that ***“We are all interconnected, we are all one, that every particle in our body and the universe came from the same source.”*** He stated that he suddenly received information about universal knowledge but that as soon as the information arrived, it quickly left. This experience is very similar to so many other experiencers of NDEs, OBEs, and CAP-UFO contact experiences. During this initial meeting, Edgar told me that he also was cured of two cancers by long-distance psychic healers. He also told me that he founded the Institute of Noetic Sciences (IONS) in 1972 to understand the Samadhi experience he had returning from the Moon in 1971 when he received “information” which he described as follows:

I knew that life in the universe was not just an accident based on random processes. This knowledge came to me directly-- noetically. It was not a matter of discursive reasoning or logical abstraction. It was an experiential cognition... Clearly, the universe had meaning and direction. It was not perceptible by the sensory organs, but it was there nevertheless-- an unseen dimension behind the visible creation that gives it an intelligent design and that gives life purpose. (Mitchell & White, eds., 1974)

I was told by Edgar that he and Rudy had discussed my experience and that **“You were given a very important mandate”**. He told me that he and Rudy will volunteer to be my scientific advisors for the task I was given. He told me that he also has a large group of Ph.D. physicists, a group called Quantrek, and that these academics can also assist me. He said, **“You need to undertake what your guide’s told you to do”**. I responded, **“Edgar, I have no idea**

what happened to me and I certainly have no idea what I am supposed to do”. He responded, **“Don’t worry, it will come to you-- it always works that way”.**

Again, I had no idea what this man was talking about. While driving home that day, I thought that both Edgar and Rudy were crazy. Needless to say, they were crazy like a fox-- these were two of the most brilliant men I have ever met. Both had researched the broad spectrum of academic literature on “What is Consciousness” and they also had spoken with hundreds of Experiencers of the Contact Modalities-- they clearly understood the emotional difficulties I was processing. They also understood the importance of the message I was given by the Universal Mind.

Thus, within 50 hours after my multi-dimensional Astral Travel experience, I was brought to the other 3 future co-founders of what later came to be called “The Dr. Edgar Mitchell FREE Foundation”. It was at the home of Dr. Edgar Mitchell where the Dr. Edgar Mitchell FREE Foundation was formed with Edgar's suggestion that I was "given a mandate". Dr. Mitchell was a member of the Apollo 14 NASA crew and was the 6th man to walk on the moon. He lived only 90 miles to the north of me, in Lake Worth, Florida. I later visited Dr. Mitchell at his home more than 20 times before his passing in February of 2016. I even visited him at his hospital 2 days before he passed away. I called Dr. Rudy Schild from the hospital. Rudy was a good friend of Edgar and I asked Rudy to say his “goodbyes” to Edgar because he was in very bad shape. Edgar spoke briefly with Rudy and they had a pleasant but limited conversation because of Edgar’s condition. Before I left, we briefly spoke about NDEs and that he needed to have faith in GOD. Edgar told me "Yes I know Rey, I know". It was at this point that I realized that Edgar was a deeply spiritual man, much more spiritual and knowledgeable than I could ever hope to be. May GOD bless his soul.

Was it a coincidence that within 50 hours of my Astral Travel experience I was presented to three individuals who later agreed to be the 3 co-founders of the FREE Foundation?¹⁰ Or, was this a preplanned event by the Universal Mind of GOD? I believe that it is the latter because of the many synchronicities, or my preferred term, preplanned events, that occurred during my 4-year time period, between 2012 to 2016, of non-stop “paranormal” experiences via the Contact Modalities.

Over 3 years, between May of 2013 and the untimely death of Dr. Mitchell in February 2016, I had regular conversations with Edgar and I was at his home numerous times. IMO, Edgar should be recognized not only as the 6th man to walk on the moon, but more importantly, he was the founder of the Institute of Noetic Sciences (IONS). IONS is the world's leading academic research organization dedicated to researching the relationship between consciousness and the PSI phenomenon. I consider Edgar to be one of the most important authorities on not only the topic of “What is Consciousness” but also on the interrelationship of all of the Contact Modalities. This was Edgar's legacy.

¹⁰ The details of being introduced to the 3 other co-founders of FREE within a 50-hour timeframe have been fully documented via video testimony from both Mary Rodwell and Dr. Rudy Schild, two of the three surviving FREE Co-Founders.

I also have had hundreds of conversations with my friend, Dr. Rudy Schild, a retired research astronomer for over 45 years at the Harvard Smithsonian Center for Astrophysics. Rudy has also researched the topics of consciousness and our multidimensional reality for many years. Rudy was also a dear friend of Edgar. In 2012, Edgar invited Rudy to give a lecture and introduced him at a lecture sponsored by the South Florida Science Museum. Rudy's lecture was titled "*The Modern Miracles and Consciousness*" -- the same topic as my 2013 Astral Travel download.¹¹ Was it a coincidence that one year later I had my Astral Travel experience where I was given information on the same topic that Rudy had lectured on one year prior? NO! There are no coincidences-- only orchestrated events by our Universal Mind.

On a Saturday morning, only a few days after my Astral Travel experience and after visiting Edgar Mitchell at his home, I woke up with information about what I was supposed to do. I woke up with a detailed outline for a comprehensive academic statistical research study on CAP-UFO Contact Experiencers. I was informed that there was lots of data on NDE Experiencers and there was lots of literature on OBE and mediumship and the topic of ghosts/spirit communications, but there was almost no statistical academic research data on the CAP-UFO Contact Phenomenon. I then typed out the information I woke up with which resulted in a 7-page memo with details on the information I was given about this comprehensive academic research study. I sent an email to Edgar Mitchell, Rudy Schild, and Mary Rodwell. All three were very excited and gave me the green light to move forward with this initiative. Edgar, Rudy, and Mary then began to notify other researchers and academics to see who else might be interested in working with us in this research study. By mid-August of 2013, 3 months after my Astral Travel Experience, we had the first Skype meeting of the Dr. Edgar Mitchell Research Committee where many academics and researchers participated. If I recall correctly, more than 15 individuals participated in this Skype call. Over the next 4 years, we continue to add additional academics and researchers

Yet another member of the FREE Foundation research committee is my good friend, Dr. Jon Klimo. Jon is a Ph.D. graduate from Brown University and a retired professor of psychology for more than 45 years. Dr. Klimo dedicated much of his life to studying the topics of consciousness and the paranormal. While Rudy became the Director of the FREE Foundation, Jon and I became the co-chairs of FREE's Research Committee. After our research was completed, Jon wrote Chapter Two for our book *Beyond UFOs*, which was a 200-page analysis of the qualitative data from the FREE UFO Experiencer Research Study.

By mid-August of 2012, 3 months after my Astral Travel experience, The Dr. Edgar Mitchell FREE Foundation was established and we had the first group conference call via Skype which initially included the following individuals: myself, Dr. Edgar Mitchell, Dr. Rudy Schild, Mary Rodwell, Dr. Jon Klimo, Dr. Leo Sprinkle, and UFO researchers Kathleen Marden, Barbara Lamb, Dennis Briefer, Denise Stoner, and paranormal researcher Rosemary Ellen Guiley and a few other researchers. Over the next few years, we added more than 10 additional Ph.D. academics and researchers to our group.

¹¹ The following is the YouTube video of Rudy's presentation and the introduction by Dr. Edgar Mitchell. Rudy's PowerPoint presentation was titled "*The Modern Miracles and Consciousness*": <https://www.youtube.com/watch?v=BHa3hu6Ma5g>

I asked Edgar, Rudy, Jon, Dr. Leo Sprinkle, and the many academics who they introduced me to, the same question:

"I would like to read a book or even academic articles that describe the relationship between what is Consciousness, the nature of our reality, and the unified "Contact Modalities"-- which argue that all of these "paranormal" experiences need to be studied and researched as ONE phenomenon instead of separate and distinct phenomena."

Edgar, Rudy, and Jon introduced me to other academics and researchers-- individuals such as Dr. Dean Radin, Dr. Charles Tart, Dr. Stanley Krippner, Dr. Jeffrey Mishlove, Dr. Kenneth Ring, Dr. Gary Schwartz, Stephan A. Schwartz, Dr. Larry Dossey, Dr. Michael Grosso, Dr. Jeffrey Kripal, Dr. Russel Targ, Dr. John Alexander, Dr. Glen Rein, Dr. Raymond Moody, Dr. Jeffrey Long and many others, all individuals who had an interest in the topic of Consciousness and the Contact Modalities. All of these individuals informed me that they agreed with this hypothesis but that no one has ever written a comprehensive book or academic article on the topic that "Consciousness is Primary and that the Contact Modalities need to be researched as ONE phenomenon". I found all of their responses quite surprising because all of these researchers were agreeing on the same unified concept of the relationship between the paranormal and consciousness but no one had attempted to put this thesis into an academic article or book. Almost all of them had alluded to this argument in many of their writings but they had never articulated a thesis elaborating on the details of this connection.

Edgar informed me that in 1974 he co-edited a book with John White, titled "*Psychic Exploration: A Challenge for Science*", which was very similar to the lessons I learned during my OBE matrix journey. (Mitchell & White, eds., 1974) He told me that his book intended to introduce the topic of "What is Consciousness" to the fields of PSI, Parapsychology, and Spirituality. His book had many chapters on various topics such as the PSI phenomena (Telepathy, Clairvoyance, Precognition, Retrocognition, Psychokinesis, etc.), in addition to the topics of OBEs, "Man-Plant Communications", "Apparitions, Hauntings, and Poltergeists", Paraphysics, Energy Healing, "Psychic Phenomenon and Mystical Experiences" and various altered states of consciousness. Edgar did tell me that his book did not discuss the topics of CAP-UFOs contact or the NDE phenomenon because there was little to no academic research on either of these two phenomena at the time of the book's publication. Thus, back in 1974, Edgar wrote a book that discussed almost all of the Contact Modalities. The book alluded that they might be interrelated but it did not provide a detailed analysis of "how" they might be interrelated and what was the role of consciousness.

Thus, was it a coincidence that within 50 hours after I was brought to a multi-dimensional reality, I was introduced to Dr. Rudy Schild, who one year earlier was lecturing on the very same topics I learned during my journey to this multidimensional reality? Was it also a coincidence that I was also introduced to Dr. Edgar Mitchell less than 50 hours after this experience and that Edgar had published a 700-page book on these same topics back in 1974? Was it a coincidence that Mary Rodwell, a researcher in Australia who had been researching the varied paranormal aspects

of Ufology and also believed in my hypothesis and that my email to her was held up in cyberspace for 6 months until the actual date of my OBE experience? Was it a coincidence that Mary communicated with Rudy on the same day as my experience and my communication with her? Was it a coincidence that Rudy then called me and later provided me with Edgar's phone number and encouraged me to call him? NO! There are no coincidences-- these were orchestrated events by the Universal Mind of GOD. Edgar certainly was a pioneer in the relationship between Consciousness and the Contact Modalities and he had an understanding that all "paranormal" and PSI experiences were somehow interconnected via consciousness. In many ways, this 4 volume book series is an extension of Edgar's pioneering work which he began in the early 1970s.

Dr. Mitchell introduced me to Dr. Dean Radin, the lead scientist at IONS, the Institute of Noetic Sciences. Dean has written about the connection between Consciousness and the PSI phenomenon but he did not explore the additional Contact Modalities. In a separate conversation after I was invited to lecture at IONS, Dean told me that he agreed with my hypothesis, that all of the Contact Modalities should be studied as ONE phenomenon, but because the PSI phenomenon was such a large and complex phenomenon, he and IONS decided to focus primarily on PSI.

Dr. Jon Klimo knew many of the parapsychologists, especially those living in California. In early 2014, Jon introduced me to Dr. Charles Tart, one of the founders of the field of transpersonal psychology. Dr. Tart wrote about altered states of consciousness and OBEs but went no further in connecting the dots. In an email correspondence, he informed me that he never incorporated the topic of CAP-UFOs into his discussion on altered states of consciousness and rarely mentioned the topic of Near-Death Experiences and many of the other Contact Modalities.

Dr. Mitchell and Dr. Klimo also knew Dr. Jeffrey Mishlove. Dr. Mishlove has interviewed hundreds of researchers on the topic of Consciousness and the various Contact Modalities. He also received his Ph.D. in the field of "Parapsychology" at my alma mater UC Berkeley with his dissertation topic on the "Roots of Consciousness". He, Dr. Edgar Mitchell, and Dr. Jeffrey Kripal, the author of the Prologue to this book, are in my opinion, the most important researchers that have studied the relationship between Consciousness and the Contact Modalities. But, to the best of my knowledge, Dr. Mishlove has never written an article or book arguing that the Contact Modalities are ONE phenomenon and need to be researched as ONE because consciousness is primary. He has alluded to this argument in many of his recorded interviews and even in his book "The Roots of Consciousness" (Mishlove, 1997). Jeffrey, nevertheless, never dedicated an entire book or academic article dedicated solely to the relationship between Consciousness and the Contact Modalities.¹² I was surprised because he had told me on many occasions that he agreed with my hypothesis.¹³

¹² Dr. Jeffrey Mishlove has a YouTube site that contains hundreds of interviews over a 50-year period with many of his guests on the topics of Consciousness, Parapsychology, and the Contact Modalities. His YouTube site can be found at:
<https://www.youtube.com/channel/UCFk448YbGITLznzplK7jwNcw>

¹³ Dr. Jeffrey Mishlove was recently awarded the \$500,000 grand prize for the Robert Bigelow Award for the best essay on the "Survival of Human Consciousness". Jeffrey's article can be found on the Bigelow Institute for Consciousness Studies website:
https://www.bigelowinstitute.org/contest_winners3.php

Almost all of these Ph.D. academics agree with the argument that all of the Contact Modalities should be researched as ONE phenomenon because of the hypothesis that “Consciousness is Primary” yet no one has written a comprehensive article or book on this relationship. After interviewing or corresponding with over 50 of these scholars and researchers between 2013 to 2017, I soon realized that what I sought out did not exist. In 2014, I wrote an article that was embedded in the FREE Foundation website, Experiencer.Org, titled “*The Quantum Hologram Theory of Consciousness and the Contact Modalities*”. It was a short article, approximately 20 pages in length, but I attempted to present the information I was given during my OBE experience which is now the thesis of this book-- that Consciousness is Primary and that the Contact Modalities need to be studied as ONE integrated phenomenon under Consciousness.

Thus, it was at this point, in late 2014, when I began to toy with the idea of developing a book that would present to humanity the full scale of this thesis via both the writings of Ph.D. academics, medical doctors, lay researchers but also via the writings from “Experiencers” of the Contact Modalities, such as myself, who were having many of these diverse experiences via the Contact Modalities.

Many major Experiencers of the Contact Modalities were not having just one type of contact, but they were having more than 3 or 4 different types of experiences via the Contact Modalities. Each of these individuals was having NDEs, OBEs, seeing CAP-UFOs, seeing discarnate spirits, etc. How could it be possible that this information was never presented to humanity, especially by academic researchers? I soon realized that it was these major experiencers of the Contact Modalities, many who appear in Vols 3 and 4 of our book, *A Greater Reality*, that will make the argument that all of the Contact Modalities should be researched as ONE phenomenon because of the hypothesis that “Consciousness is Primary”. These individuals know this because they were having these diverse experiences. It was at this point that I realized that the major “Experiencers” of the Contact Modalities had the key to understanding what is Consciousness, what is the nature of our Greater Reality, and not the academic researchers.

I delved into this arena by reading countless articles in the fields of Consciousness Studies, Parapsychology, the PSI Phenomenon, and academic articles on what I now call the Contact Modalities-- articles on OBEs, CAP-UFO, NDEs, the "Afterlife", Remote Viewing, Hallucinogens, Channeling, etc. What I noticed is that each of the writings in these fields did not overlap with each other, except for a few exceptions, such as the writings of Dr. Edgar Mitchell, Dr. Kenneth Ring, Dr. Michael Grosso, and Dr. Jeffrey Kripal, Dr. Jon Klimo and a few others.

Let me provide a few examples. In 2017 I gave a lecture in Miami Florida to what is considered the largest OBE research organization in the world-- The International Academy of Consciousness. The group has its headquarters in Brazil and Portugal. Many other well-known parapsychologists gave presentations at this conference. I found it incredible that the majority of the researchers of this organization did not fully understand that the OBE phenomenon might be interrelated with the other Contact Modalities and that the OBE phenomenon might be part of one integrated phenomenon. Most were interested solely in OBEs, Astral Travel, Remote Viewing, and ESP research but the relationship of OBEs to the other Contact Modalities was never discussed. In separate discussions with the organization’s hierarchy, I asked them about NDEs,

CAP-UFOs, communication with discarnate spirits, and even entheogenic journeys and all told me that these topics have “nothing to do with the OBE Phenomenon”. They did not fully appreciate nor held the view that they were possibly ONE phenomenon under consciousness.

After I published my book *"Beyond UFOs"* in 2018, I was invited to speak at several major CAP-UFO Conferences in the US, and in other countries. I quickly found out that the majority of these so-called “UFO experts” were “nuts and bolts” materialists and most were clueless about the topic of consciousness research. Yet, the majority of individuals who attended these conferences were UFO contact experiencers who attended these events looking for answers to their experiences. I began to ask these so-called “Ufology experts” who were also lecturing at the same conference, the following question: ***"Do you believe that Consciousness is Primary and that all of the paranormal needs to be researched as one phenomenon?"*** Their response was quite uniform: ***"What do UFOs have to do with NDEs, OBEs, Remote Viewing, Ghosts/Spirits, etc.-- the paranormal has nothing to do with UFOs"*** Many clearly understood that many CAP-UFO Contactees were having diverse types of paranormal experiences but most of these CAP-UFO lecturers were pure materialists and have minimal interest in the topic of the paranormal and even less interest in the topic of Consciousness research. For these individuals, CAP-UFOs have absolutely nothing to do with the Contact Modalities, yet half of the individuals that attend their CAP-UFO Conferences are major experiencers of the Contact Modalities. How ironic?

Several years ago, I attended the International Association for Near-Death Studies (IANDS) national conference in Orlando, Florida, and also had an opportunity to speak with the IANDS president and with many members of the IANDS executive committee on the topics of Consciousness and the Contact Modalities. Most of the IANDS leadership were familiar with some consciousness research but almost all of them told me the same statements-- ***"What do NDEs have to do with UFOs, OBEs, Remote Viewing, Ghosts/Spirits, etc.?"*** ***"There is no relationship"***. While many understood that many NDE experiencers floated out of their body and saw their dead body underneath them, and many later saw discarnate spirits when they returned to their physical reality, they were not interested in these topics nor were they interested in research into Astral Travel or in OBE research. They certainly were not interested in the CAP-UFO phenomenon-- to them, the field of CAP-UFOs was a discredited taboo topic.

I was told that ***"these UFO folks are all just a bunch of crazy and foolish individuals"***. Again, how ironic-- an NDE Experiencer believing that having seen a UFO is crazy and foolish! Many did not even know that many NDE experiencers, after their NDE, began having an array of “paranormal” experiences, including seeing CAP-UFOs. I informed them that I have spoken with many NDE experiencers who saw many deceased spirits after their NDE and that many also had OBEs. The person that invited me to the conference and lectured at the conference was Tony Woody, a retired US Navy pilot, who had a major NDE, had an OBE, and had also had seen a CAP-UFO while he was stationed at a US military base at the 65th Air Base Wing, a US military Air Force base at Lajes Field, Terciera Island, Azores, Portugal. Tony informed me that many of the pilots and members of air traffic control saw the CAP-UFO. A few days after this event, Tony stated that US intelligence agents, dressed in civilian suits, interrogated all of the witnesses to the CAP-UFO incident. Tony had a major NDE experience and spoke at

the IANDS NDE conference, yet the conference organizers want nothing to do with the topic of CAP-UFOs. Again, how ironic!

The three major experiencers I highlight later in this book also had NDEs followed by a vast array of paranormal experiences via the Contact Modalities. While many of the IANDS hierarchy acknowledged that they were aware of this information, most in the IANDS leadership refused to accept what I was telling them and only a few showed interest or knowledge about consciousness studies research and the role of the Contact Modalities. I learned several years later that Dr. Yvonne Kason, a retired MD physician who had 5 NDEs, was at one time a board member of IANDS.¹⁴ She has also seen many deceased spirits after her NDEs and she also had many OBEs and even a CAP-UFO-related experience. She informed me that she left IANDS and formed her organization to discuss a diverse array of spiritually transformative experiences. Her website is: **spiritualawakeningsinternational.org**

Volume 3 and 4 of our book, *A Greater Reality*, details the experiences of numerous individuals who had NDEs and then later in their life had a vast array of experiences involving the Contact Modalities, including OBEs, seeing deceased spirits, and even CAP-UFO-related contact experiences. Our book *Beyond UFOs* also details this extensive relationship between CAP-UFO contact and the vast array of diverse paranormal experiences, including NDEs. The data is there to hypothesize that the Contact Modalities need to be viewed as one integrated phenomenon but the leadership of these separate organizations has their head buried in the sand and refuse to peep out of their self-imposed holes and open themselves to this Greater Reality and to the vast literature that demonstrates this relationship.

I even went to several major conferences focused on Consciousness research, where many Ph.D. academics, mainly psychologists, philosophers, and a few physicists, presented erudite lectures on the nature of Consciousness and the "hard problem" of Consciousness. Again, none of these speakers referenced any of the Contact Modalities-- no one touched upon the relationship between what is Consciousness and the Contact Modalities. After spending several days listening to these so-called "authorities" in the field of consciousness research, I concluded that these individuals had a very narrow perspective on the topic of "what is consciousness". Some spoke to the hypothesis that "consciousness is primary" but almost no one discussed topics associated with the paranormal or the Contact Modalities. These individuals were grounded in Logic and in the "Philosophy of the Mind" arguments but they were clueless about the experiences of the Contact Modalities. In my opinion, these individuals were just as clueless as the speakers and conference organizers in the events I attended in the fields of Ufology, NDEs, and OBEs.

It was at the last of these so-called "consciousness conferences" that I realized again that the Experiencers of the Contact Modalities-- individuals that have had NDEs, OBEs, Astral Traveling, Remote Viewers, CAP-UFO related Contact Experiencers, etc.-- have a better understanding of what might be consciousness, the nature of our reality, than these academics who were merely playing mental "Philosophy of the Mind" exercises to explore what might be the

¹⁴ The following is from the IANDS website mentioning that Dr. Kason was a Board Member of IANDS: <https://iands.org/1442-iands-board-member-yvonne-kason-md-on-coast-to-coast-am-radio.html>

nature of consciousness. I am an Experiencer and I have spoken with hundreds of other major Experiencers of the Contact Modalities. These individuals have “lived and experienced” Consciousness unlike many of the academics and researchers who have spoken at these conferences. There is a major difference between personally knowing something and believing in it.

For example, ask Dr. Eben Alexander, a medical doctor who was a professor of Neurosurgery at several major medical schools before his NDE, what was his definition of consciousness. He would have responded that consciousness begins and ends with the Brain-- that consciousness begins and ends with the 5 senses orchestrated by our brain. Now ask Dr. Alexander, about his Near-Death Experience, and his response would be quite different. He now has a profound understanding of what is the nature of our reality and that consciousness is indeed primary. This is not a belief but I would argue that Eben “KNOWS” that Consciousness is Primary. Why? Because he is a major NDE Experiencer and it was his NDE experience that opened up his knowledge as to the nature of our reality and not the “Philosophy of the Mind” approach. Pure mental “logic games” can only take you so far. Having an NDE and meeting “GOD”, our Universal Mind, brings you to the finish line of trying to understand “What is Consciousness”.

In summary, I was shocked and disappointed to learn that the leaders in the fields of Consciousness Studies, Ufology, Near Death Experiences, and Out of Body Experiences were so close-minded and ignorant of the consciousness-based argument that all of the Contact Modalities are ONE unified phenomenon under Consciousness. Hopefully, my new book, **A Greater Reality**, will open up this new paradigm to individuals in these fields.



III. Kundalini Awakening of Humanity

Humanity is undergoing a Kundalini awakening where we are obtaining knowledge that we are living in a Greater Reality-- in a Virtual and Spiritual Reality. The term Kundalini is a Sanskrit word mentioned in the Upanishads from possibly the 9th-7th centuries BCE, that signifies a divine force that awakens one to the understanding that you are an eternal spiritual being having a perceived temporary physical experience and not a physical being having a spiritual experience. In Hinduism, Kundalini is a Sanskrit term that signifies a form of divine feminine energy, or *Shakti*, an energy in the body, when cultivated and awakened through tantric practice, is believed to lead to spiritual liberation. (Anodea, 2004)

I argue in this chapter, and throughout our book, that this Kundalini awakening is an orchestrated event by the Universal Mind of GOD, or if you prefer, a non-religious GOD, within a virtual construct of consciousness, which serves to wake us up to our larger consciousness system, our Greater Reality. A large percentage of humanity has been blessed with the ability to pierce the veil of our multidimensional reality and is having contact with perceived higher forms of intelligence via the Contact Modalities. A friend of the late Dr. Edgar Mitchell, Mr. John White, articulates this view when he stated:

The kundalini experience, then, considered from the viewpoint of individual transformation, is said to be a path to enlightenment. But if a large number of enlightened people were to appear in society at the same time, the result could well transform society itself. So, the kundalini experience, in its broadest aspect, is evolutionary-- a path for the advancement of the entire human race to a higher state. (White, 1998)

I am not unique with the hypothesis that humanity is undergoing a Kundalini awakening and that this awakening is being orchestrated by the Mind of GOD. My friends, Dr. Edgar Mitchell, Dr. Rudy Schild, Dr. Kenneth Ring, Dr. Jon Klimo, and Dr. Michael Grosso have written about this concept, and more importantly, have mentored me on this topic, either directly, or indirectly through their writings. Dr. Ring, in his two books, *Heading Toward Omega* (Ring, 1984) and *The Omega Project* (Ring, 1992), discusses why he used the term OMEGA by stating that Omega is the twenty-fourth and final letter of the Greek alphabet-- "*Omega, then, represents an end, as death itself seems to be the end of life.*" But Ring also stated that Omega also stands as an endpoint for human evolution-- "*The ultimate destination toward which humanity is inexorably bound*". Ring and his colleague Dr. Michael Grosso, a co-editor of this book, argue that this **Kundalini awakening of humanity is an experience of higher consciousness where humans are receiving a noetic spiritual understanding of our Greater Reality and that this new noetic spiritual awareness could significantly transform humanity and our planet.** (Ring 1984, 1992)

a. Why Now?

Before the year 1970, the majority of humanity was not aware of the various Contact Modalities. Except for individuals that have seen perceived ghosts/spirits and what is commonly called communications from the "spirit world", most of the other Contact Modalities were not known to most of humanity. The topic of the "spirit world" was discussed for thousands of years, reaching its height in the Spiritualist and Spiritism movements of the late 1800s in the US and Europe. Previous to these two movements, almost all ancient schools of thought, philosophy, religion, and indigenous traditions, incorporated the topic of the deceased and the afterlife as main topics within their intellectual and oral traditions. (Doyle, 1926)

It was only after 1970 that humanity became aware of the many Contact Modalities, which before this time, were not widely discussed on a global scale. The awakening of humanity to the extraordinary contact experiences of NDEs, OBEs, and UAPs/UFOs began to be disseminated on a worldwide basis, in multiple languages, within 5 years of each other. The younger generation should understand that these concepts became known on a worldwide basis before the commercialization of internet service in the year 1989 and the explosion of cable TV networks. Today, you can post something on the internet and YouTube and it can circulate immediately all over the world. This was not the case in 1970. In the 1970s, most information circulated via radio, TV, books, or magazines. Many also do now know that during the early 1970s there were only 3 major TV stations in the US (CBS, NBC, and ABC) and all major TV stations around the world only had a few TV stations and these TV stations were highly selective in what information they conveyed. Now, with cable services, there are hundreds of cable stations that provide information. Thus, before 1980, there were very limited options to communicate information.

Before 1970, the themes and discussions of the various Contact Modalities were rarely discussed in major media outlets. All of this changed during the 5 years between 1970 and 1975. Before 1970, only a very small group of individuals were participating in CAP/UFO research organizations-- the vast majority of humanity was not aware of the term CAP/UFOs, Aliens, ETs, beings from other planets, or galaxies, and beings from other dimensions or realities. The TV series Star Trek presented physical beings and also non-physical beings from other physical planets and multidimensional realities. In 1970, the Star Trek TV series was syndicated to over 60 international markets and translated into many languages. In subsequent years, many Star Trek movies became international hits and they appeared in most major language markets. Today, most of humanity is aware of the term CAP/UFOs, Aliens, and ETs, and this phenomenon is widely discussed on the internet, YouTube, cable TV shows, and hundreds of movies. Since 1970, the CAP/UFO phenomenon has been translated into the major languages of the world. Many of these UFO-related movies, such as Close Encounters of the Third Kind, ET the Extraterrestrial, Aliens, Contact, Men in Black, the various Star Wars and Star Trek movies, and hundreds of other similar movies are now household names. All of these movies exploded into the public consciousness after the year 1970. It was because of these efforts that the concepts of CAUFOs, ETs, and Aliens became common household names.

The term Near-Death Experiences, or NDEs, was coined by Dr. Raymond Moody, who was a Ph.D. professor in philosophy and an MD Psychiatrist. The NDE term was first discussed in his 1975 classic book titled "*Life After Life*", a book that became a New York Times bestseller and was eventually translated to most major languages of the world. (Moody, 1975) Dr. Moody's classic book documented many accounts of individuals who experienced clinical death and then returned to life with amazing stories of having journeyed out of their physical bodies into other multidimensional realities where they met deceased relatives, had a Life Review, and met a being that they perceived to be GOD. Moody discovered that many of these individuals shared many common features such as seeing their physical body while their consciousness was out of the body, the belief that they then traveled via a long tunnel where they arrived at another reality, the experience where they encountered deceased relatives and perceived angels/spirits. Many also even had communication with a being they identified as GOD or Source, and many had a Life Review, a visual and sensory reliving of their life. Dr. Moody's 1975 book, and many of his subsequent books on NDEs, were translated into many languages and established the term NDEs to much of humanity. (Moody, 1975)

Since his initial book, hundreds of NDE-related books have been published in most of the world's major languages. Hundreds of researchers, many of who are professors in medical schools, Ph.D. academics, and many medical doctors, have published hundreds of books based on their research on NDE Experiencers. Thousands of NDE Experiencers have also published books on their personal experiences, including a book by Dr. Eben Alexander, a professor of Neurosurgery at the Harvard Medical School, who detailed his personal NDE. (Alexander, 2012) One can also go to YouTube and one will be able to listen to thousands of NDE personal testimonies in multiple languages. One can reasonably argue that the concept of NDEs, similar to the term CAP/UFOs, is now known to much of humanity.

The term Out of Body Experiences began to be known on a worldwide basis with the publication of Robert Monroe's 1971 book *Journeys Out of the Body* which popularized the term "Out of Body Experiences". (Monroe, 1971) His book was eventually translated into multiple languages and became an international best seller. Monroe later published two additional books, *Far Journeys* and *Ultimate Journeys* which also became international best sellers. This trilogy of books discussed his OBEs, his Astral Travel Experiences, and his research on altered states of consciousness from his research work at the Robert Monroe Institute. (Monroe 1985, 1994) The movie "*Ghost*" from the year 1990 was viewed by millions all over the world and popularized the topic of OBEs and afterlife communications. Similar to the topics of CAP/UFOs, and NDEs, most of humanity is now knowledgeable of the term Out of Body Experiences.

Thus, between the five years between 1970 and 1975, three of the four major Contact Modalities (CAP/UFO, NDE, and OBE contact experiences) were introduced to humanity, in many different languages, to the point where they are household terms in major languages all around the world. All of these three experiences involved contact with a perceived higher form of intelligence that involved a manipulation of spacetime. The fourth major Contact Modality, the concept of ghosts/spirits, deceased humans, is the exception. The topics of ghosts/spirits and the afterlife has been discussed since the dawn of mankind and I thus consider this phenomenon the fourth major Contact Modality. Now, having been introduced to humanity more than 50 years

ago, these three terms (NDEs, UFOs, and OBEs) are household names and are widely discussed in thousands of books, TV shows, and movies, in multiple languages, and can be viewed and researched throughout the internet in most major languages.

Was it a coincidence that three of the four major Contact Modalities were coined and introduced to humanity, on a worldwide basis, in multiple languages, even before the internet was established, within five years of each other? The dates for this introduction were 1970 to 1975. My response to this question is "NO". This was not a coincidence? Even if you can attempt to quantify this question, what might be the probabilities of this happening within five years of each other? I argue that these were pre-planned events by our Universal Creator, the "GOD" intelligence seen in the NDE phenomenon, to awaken us to the fact that humanity must undergo fundamental changes. If one accepts the term "Consciousness is Primary", one would understand the concept that these are "orchestrated" events, events preplanned by a Universal Mind, at a time when humanity has reached a point of self-destruction.

Edgar Mitchell's eloquent statement on the top of page one of this chapter stated that humanity is at a crossroads, stating:

Indicators abound that time is running out on modern Homo Sapiens. Nature is losing patience with our unsustainable practices. The clarion call is unmistakable: Human beings must evolve or perish — we must swiftly evolve to the next level by eradicating pervasive ignorance concerning who we really are and why we are here or face the extreme likelihood of mass death and destruction, if not extinction altogether.¹⁵

This section of my essay will articulate just some of the reasons behind Edgar's prophetic vision that we are headed towards a path of self-destruction. We are at a crossroads where the human race needs to change or we will destroy ourselves from the following:

- A growing and accelerating tendency for self-imposed ecological destruction
- A growing possibility of self-destruction from nuclear proliferation and nuclear war
- A growing worldwide income inequality and economic exploitation that will lead to global class warfare
- A growing separation of humanity away from the concepts of universal spirituality and universal LOVE via the divisions imposed by organized religion, divisive cultural divisions, increasing nationalism, and increasing totalitarianism
- And many other factors, all of which will eventually lead humanity towards self-destruction and self-extinction

¹⁵ Mitchell, Edgar. (1971). "The Intersection of Science and Religion" was originally published, with the permission of Dr. Mitchell, on the Dr. Edgar Mitchell FREE Foundation website which no longer exists.

b. Reason # 1: Ecological Self-Destruction

There is no doubt that Humanity is heading toward a self-induced climate apocalypse. There is a reason why thousands of CAP-UFO contact experiencers have received information detailing how and why humanity must learn to stop destroying our planet and ourselves. Over the last 30 years, thousands of academic researchers have published a steady stream of peer-reviewed publications demonstrating that unless a major course correction is imminently implemented, some or possibly all of our precious planet Earth will be rendered uninhabitable as a result of severely altered weather events, extreme temperatures, a radical change to the Earth's atmosphere, and the potential inability to grow crops. (Kolbert, 2014)

To combat this new academic information, the world's ruling elites, including the barons of the oil, gas, and coal industries, and the Wall Street financial tycoons who have been making billions of dollars from these industries, have paid for public dis-information campaigns and have paid millions in political contributions to politicians all over the world, to discredit this academic environmental research. I will later argue in this section that the ruling financial elites are the ones who control politicians and the judiciary systems all over the world, who in turn are responsible for creating the necessary laws to prevent pending future environmental disasters. The result is that the needed changes to combat ecological self-destruction have been debunked and destroyed by financial interest holders. The few needed ecological changes that have been made are merely a few drops of the needed changes to avoid the coming environmental destruction of humanity.

For more than 30 years, a large team of academic Ph.D. scientists sanctioned by the United Nations, the Intergovernmental Panel on Climate Change, has warned humanity that humans were promoting a dangerous greenhouse effect and that if this danger was not curtailed, and if the world did not act collectively to slow Earth's global warming, there will be "profound consequences" for humanity and all animal and plant life on planet Earth. In August of 2021, this same organization issued a formal report, compiled by 234 academic Ph.D. scientific researchers, which relied upon more than 14,000 academic research studies from around the world, concluded that ***"there is no remaining scientific doubt that humans are fueling climate change."*** The report outlined ***"catastrophic impacts"*** if humanity does not immediately cut and reduce greenhouse gases. (Bradshaw 2021)

What are the possible outcomes from the continuance of uncontrolled and unregulated global warming? The answer is ecological disasters that could lead to the extinction of the human race. Let me repeat this again but in bold letter: ***"The answer is ecological disasters that could lead to the extinction of the human race"***. (Bradshaw 2021) Let's explore some of these potential apocalyptic ecological consequences. Global warming reduces the capacity of our oceans to absorb oxygen which in turn might be contributors to five previous mass extinction events in Earth's history. The increase in temperatures also damages the ozone layer which exposes humanity to harmful levels of UV radiation. As temperatures rise, the distributors of infectious diseases, such as mosquitoes and ticks, will rapidly increase. Also, severe weather events, such as severe droughts and severe rainfall or flooding will lead to food scarcity. Many food-growing plants also have a maximum temperature at which they can grow. In addition, increase heat leads to an increase in deaths. Recent climate research has revealed that by the year 2100,

approximately 74% of humanity will live in environments that will promote lethal heat illness compared to 30.6% in the year 2000. Yet another fact of uncontrolled global warming will be mass displacement. As a region becomes too hot to grow crops, as water becomes scarcer, as sea levels continue to rise, as extreme weather patterns become more likely, these factors will increase mass displacement and movements of millions if not billions of humanity's population. This, in turn, could result in social and economic instability which then promotes conflict and war as new groups move into new areas. (Bradshaw 2021)

Over the last 20 years, Glaciologists (Ph.D. academics who research glaciers) have documented a growing pattern of glacier deterioration due to increasing temperatures. This, in turn, will wither away many of the world's major glaciers, resulting in a rise in sea levels which will lead to many of the world's major cities being partially or completely underwater within the next 50 years. (Hugonnet, McNabb & Berthier, eds., 2021) For example, if the entire ice sheet of Greenland were to melt, the world's ocean would rise by more than 18 feet or 6 meters. Researchers have determined that when the Earth has been 6 degrees Celsius above our pre-industrial baseline, our sea levels will rise 20 meters, or 60 feet higher than today. The result will be uninhabitable cities all around the world within a short time period. This in turn will lead to massive forced migration, worldwide starvation, world wars over securing precious resources such as drinking water, and massive upheavals in humanity which might lead to a significant depopulation of humanity. Humanity is indeed at a time of crisis; an ecological crisis and humanity must quickly act to avoid the foreseeable self-induced ecological and economic catastrophe. (Hugonnet, McNabb & Berthier, eds., 2021)

Besides being very efficient at killing fellow human beings, humans have also caused the annihilation of 83% of all wild mammals and half of all plants. Marine mammals, for example, have plunged by 80% over the past century.¹⁶ Ron Milo, a professor at the Weizmann Institute of Science, who led the report of the Proceeding of the National Academy of Sciences, states as follows:

“It is definitely striking, our disproportionate place on Earth. “When I do a puzzle with my daughters, there is usually an elephant next to a giraffe next to a rhino. But if I was trying to give them a more realistic sense of the world, it would be a cow next to a cow next to a cow and then a chicken.”¹⁷

¹⁶ *The biomass distribution on Earth*. Proceeding of the National Academy of Sciences. May 21, 2018 115 (25) 6506-6511. <https://doi.org/10.1073/pnas.1711842115>

¹⁷ Ibid.

c. Reason # 2: Nuclear Self-Destruction

The second reason for the possible self-destruction of humanity is the proliferation of nuclear weapons. The examples established by the nuclear bombs thrown at the cities of Hiroshima and Nagasaki during World War II, almost 68 years ago, pale in comparison with the tens of thousands of nuclear weapons humanity currently possesses. Given the fact that humans have killed more than 100 million fellow humans in the previous century, we have demonstrated that we are the most barbaric and inhumane creatures living on planet Earth.¹⁸ Unlike a rifle which can pick off a human being at short distances, nuclear weapons are indiscriminate-- killing millions, if not billions, of humans, animal life, plant life, and any possible life form, in the area it is targeted. The consequences do not only involve the destruction of life, but the radioactive fallout will continue to randomly spread genetically damaging radioactive fallout on a global scale for numerous generations. The Chernobyl nuclear disaster in Ukraine is a classic case, a city that is uninhabitable for hundreds if not thousands of years. One single nuclear bomb detonated over New York City could kill millions of people and make the city uninhabitable for hundreds if not thousands of years. Imagine not one nuclear bomb but hundreds, or thousands of nuclear bombs thrown at the major cities around the world. The result would be the destruction of humanity. In addition, there will be a total disruption of the global climate which will cause widespread famine, cause massive migrations, and a total disruption of the economic, social, and political structures for much of humanity, which in turn would cause even more death than the initial nuclear bombs. The result will be self-imposed human annihilation.

The continuation of nuclear proliferation has also led to a strong possibility of nuclear war which also could lead to the extinction of humanity. There is even a specific word that has been used since I was in grade school-- mutually assured destruction, or MAD. Yes, it is MADness to continually promote nuclear weapons but humans are stubborn and are very effective war-like killers. When one considers the inducements from the military-industrial complex, especially during the time of this writing after Russia has invaded Ukraine, the proliferation of increased militarization, including increasing nuclear weapons worldwide, will lead to the increased probability of nuclear self-destruction.

What does MAD mean? This military strategy doctrine was a term developed during the Cold War that describes how two or more opposing sides would cause the complete annihilation of each other via nuclear attack. As we move into undetectable Intercontinental Ballistic Missiles (ICBMs), the weaponization of space via space-based nuclear bombs, and other similar "innovations", one country might be motivated to "strike first" to avoid the MAD scenario.

As I write this article there are a few scenarios that can cause a nuclear war. The first is Ukraine where the Russian dictator Putin recently invaded Ukraine. Russian spokespersons have repeatedly stated that if Ukraine continues to be supplied with western-based weapons, Russia might retaliate with nuclear weapons against western countries. This message has been

¹⁸ According to Matthew White's estimate on the page Worldwide Statistics of Casualties, Massacres, Disasters, and Atrocities., approximately 123 million people died in all wars of the 20th Century.

propagated by Russian media and Russian politicians on a weekly basis since the war began. The countries of Finland and Norway have recently applied to be NATO members and lose their neutrality because they also fear a Russian invasion. Russia has also threatened these two countries with the use of nuclear weapons should they join NATO. In addition, almost all European countries have publicly stated that they will increase their military expenditures, to try to preclude any future Russian invasion. US politicians have also proclaimed the need for increased military spending. What would happen if Ukraine's allies send their NATO warships to the port of Odesa to assist Ukraine in shipping their grain exports to feed the world and avoid worldwide starvation? Would this cause Russia to attack these NATO warships and in turn launch a massive nuclear attack from Russia?

China recently began to rattle its sword by threatening to invade Taiwan. For many years, since the Communist regime began in mainland China, China has been publicly stating that Taiwan is part of their territory and that they will soon reclaim Taiwan, either diplomatically or militarily. As of the first week of August of 2022, the week that US House of Representatives Nancy Pelosi visited Taiwan, China launched hundreds of its naval warships and fighter jets within a few miles of Taiwan. To protest the arrival of Ms. Pelosi to Taiwan, China has also launched hundreds of missiles near the coasts of Taiwan and Japan. What would happen if these hundreds of missiles were actually nuclear missiles launched toward Taiwan and Japan? What might happen if China invades Taiwan, where the US has a nearby military base on the island of Okinawa? The conclusion from all of these new developments is that humanity is currently on the brink of nuclear self-destruction.

Another example is that of India and Pakistan. The Taliban has recently defeated the US in Afghanistan. Pakistan, a country that shares much of the Taliban culture, is a nuclear power. What can happen if the Taliban takes over Pakistan, a country primarily ruled by a corrupt government and a country controlled by a small wealthy elite and its military? Pakistan has a huge arsenal of nuclear weapons. India, which is next door, sees Pakistan as its enemy. India is also stocked with hundreds of nuclear weapons. Both countries have had several wars and countless military skirmishes over the last 70 years. Might either of these countries launch a nuclear attack against each other if they see an opening for “winning” such a war?

Now when one adds the rogue nation of North Korea, a country that has been threatening to use nuclear weapons against South Korea and the US for many years, what would happen if the dictator of North Korea decides to use nuclear weapons? Over time, many more countries, such as Iran or Israel, countries with actual or potential nuclear arsenals, might be encouraged to use nuclear weapons to preserve their ruling elites and governments. Finally, some Asian countries that might be threatened by China's increasing nuclear arsenal, countries such as Japan, Singapore, Vietnam, Taiwan, and others, might be encouraged to build nuclear weapons to ensure political and economic hegemony in their geographic arena. This never-ending cycle of human war, death, and destruction will eventually lead to a nuclear scenario that will cause the extinction of humanity.

No wonder CAP-UFO-related intelligence has repeatedly warned us about the madness of maintaining nuclear weapons. Robert Hastings published a book in 2008 titled “*UFOs & Nukes: Extraordinary Encounters at Nuclear Weapons Sites*” which details hundreds of sightings of CAP-UFOs around nuclear facilities and even various cases where many interconnected nuclear silos simultaneously became armed for launch or completely turned off, after the sighting of a CAP-UFO on top of the nuclear launch facilities. This has occurred in both the United States and in Russia. His book provides meticulously detailed descriptions of these numerous CAP-UFO contact experiences around these nuclear sites. (Hastings, 2008)

d. Reason # 3: Increasing Economic, Social, and Political Inequality

The world is becoming increasingly polarized economically, socially, and politically. This polarization is not sustainable. The economic and social policies of global capitalism do not serve the interest of the working class but instead, serve the interest of the top one percent of global elites who own most capital investments around the world and who utilize the political apparatus of their respective countries to maintain this status quo. To illustrate the details, I will use examples from the United States but these examples can be utilized for most major countries around the world.

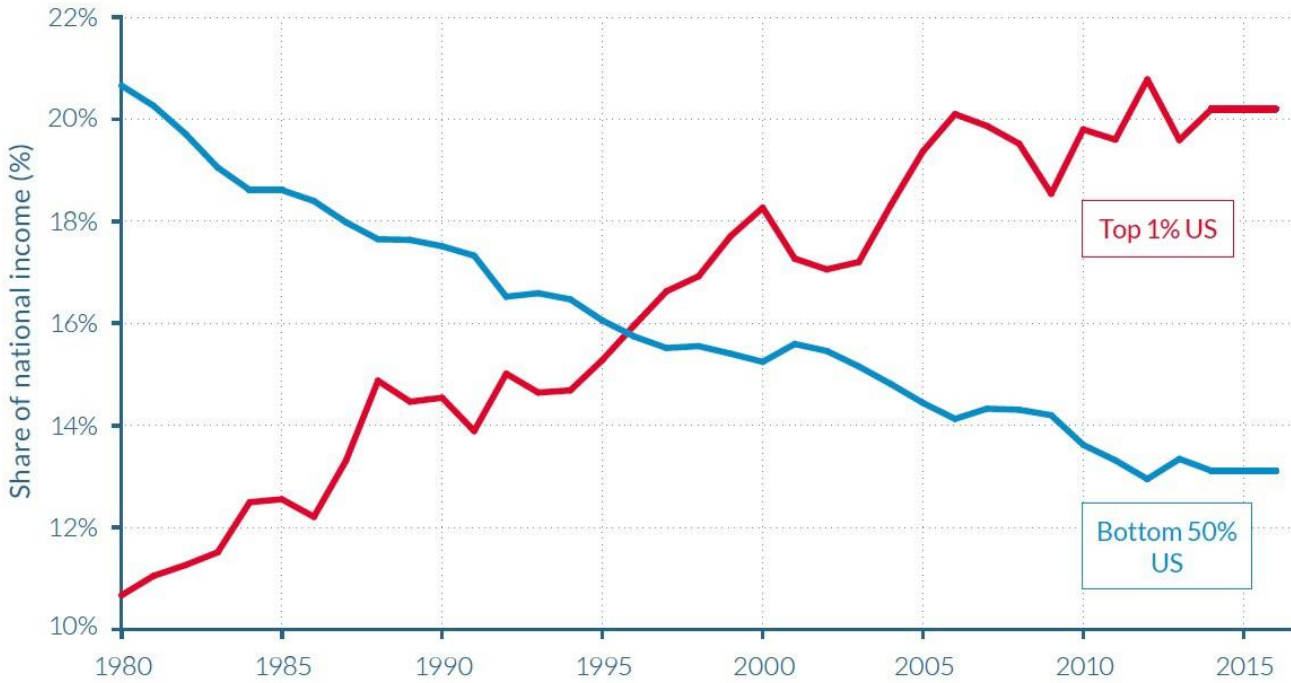
For millions of residents of the United States, the failures of US capitalism are evident. While a tiny elite of the US population enjoys enormous wealth and privilege, the vast majority of American society over the last 40 years has seen a decrease in their net income resulting in growing income inequality with the ruling elites. One of the main reasons for this growing inequality is the tax policies that benefit the very rich at the expense of the middle class and the poor.

While many, but not all, advanced economies of the world have universal health care and inexpensive or free prescription medicines, the US has tens of millions of US citizens that do not have health insurance or who are underinsured. While many advanced economies of the world are promoting innovative policies to reduce environmental pollution, the US is instead promoting policies that increase fossil fuel production and emissions that increase environmental pollution which negatively impacts the health of workers and the working poor. Finally, I argue that the failures of US capitalism to address the ever-growing increase in poverty in the US which leads to hunger, homelessness, unemployment, underemployment, lack of educational opportunities, and drug and alcohol dependency, continue with the unequal power structure of US capitalism. In contrast to the US economic policies, I argue that the democratic socialist policies of many Western European countries, especially the policies of the European Nordic countries such as Denmark, Finland, Iceland, Norway, and Sweden, have managed to correct many of the socio-economic problems that we face under a US capitalist system.

One of the major failures of US capitalism is the growing income inequality marked by the continued decline of the US middle class while at the same time promoting an ever-increasing number of millionaires and billionaires. The term “Economic Inequality” is measured by the distribution of income, which is how much money people are paid, and the distribution of wealth, which is the amount of wealth people own. (Adler, 2019)

**Top 1% vs. Bottom 50% national income shares in the US and Western Europe, 1980–2016:
Diverging income inequality trajectories**

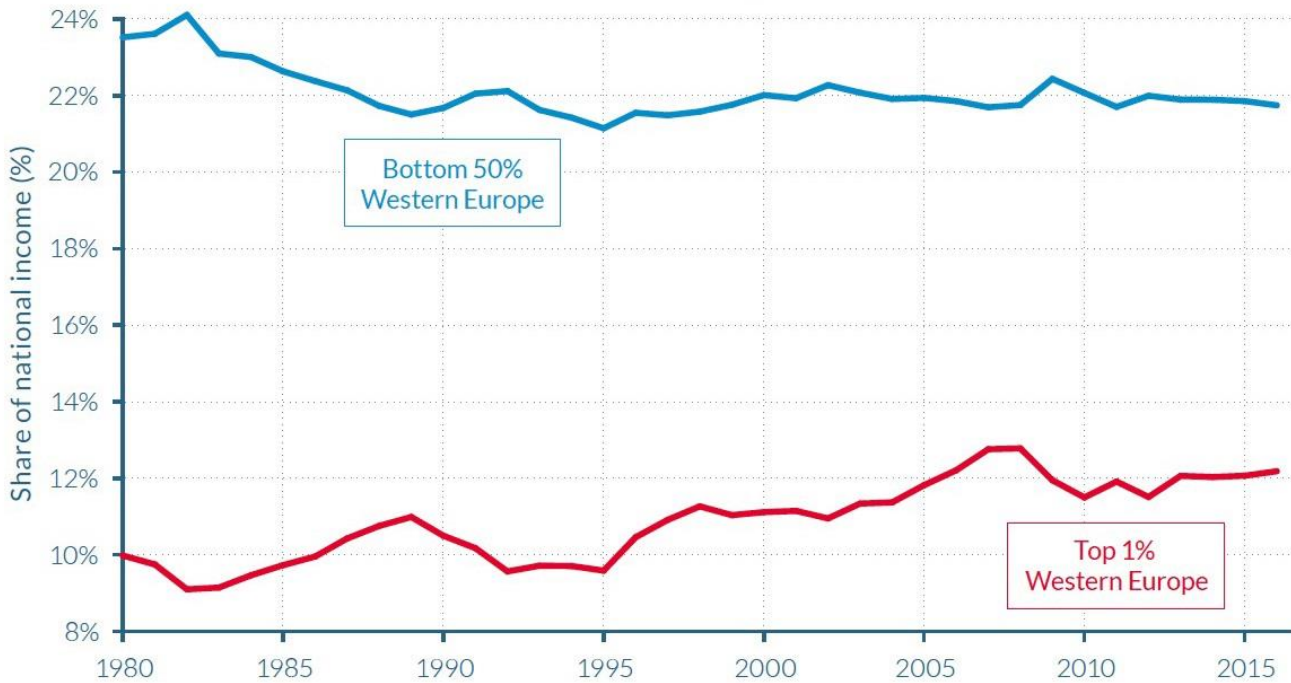
US



Source: WID.world (2017). See wir2018.wid.world for data series and notes.

In 2016, 12% of national income was received by the top 1% in Western Europe, compared to 20% in the United States. In 1980, 10% of national income was received by the top 1% in Western Europe, compared to 11% in the United States.

Western Europe



Source: WID.world (2017). See wir2018.wid.world for data series and notes.

In 2016, 22% of national income was received by the Bottom 50% in Western Europe.

The gap between the very rich and everyone else is wider now than at any time since the 1920s. According to NY Times reporter, Arnand Giridharadas, in his bestselling book “*Winners Take All: The Elite Charade of Changing the World*”, Giridharada has stated that “the average pretax income of the top tenth of Americans has doubled since 1980, that of the top 1 percent has more than tripled, and that of the top 0.001 percent has risen more than sevenfold— even as the average pretax income of the bottom half of Americans has stayed almost precisely the same”. (Giridharadas, 2019)

While the rich continue to get richer, today’s median household income, the middle of the middle-class income, is almost \$1,400 less than it was in 1999, after adjusting for inflation. (Giridharadas, 2019) In summary, since 1980, the US has had economic and social policies which have redistributed the US economic wealth to the top one percent of its population while the income of the middle class has continued to decline. This dramatic income inequality was primarily stimulated via Republican Party tax policies which reduced the taxes of wealthy corporations and individuals. It is important to note, however, that many Democratic party politicians, almost all of whom were millionaires themselves, also supported these policies that reduced the taxes of the rich and of wealthy corporations. The middle and poor working classes have to make up for the difference with increases in sales taxes, property taxes, highway tolls, and an increased reduction in social welfare policies-- tax policies that do not affect the millionaire and billionaire class of society but taxes that directly tax the middle and poor classes of US society.

I work as an IRS Estate and Gift Tax Attorney for the US Department of Treasury and my job is to audit Form 706 (US Estate Tax Returns) which is a form that the executors of the very wealthy have to file after the decedent dies. This form requires them to list all of the assets and debts of the decedent and then they have to pay a tax according to the amount of “Net Assets”. It would not come as a shock to you that while alive, these wealthy individuals pay major estate planning law firms, most with attorneys that are Certified Public Accountants (CPAs) and with Masters in Taxation (LLM) degrees to develop very sophisticated and legal instruments, all legal under the US Tax Code, so when they die, they pay as little or even no tax to the US government when they die. There are literally thousands of these legal “tax tricks” that they can use to undervalue their assets. I should know because I have been doing this work for many years. The same strategies apply to individuals and for major US corporations so they pay little to no tax. Do you know that many well-known billionaires, such as Jeff Bezos, Elon Musk, Michael Bloomberg, Warren Buffet, and so many others paid ZERO income taxes? Yet over the last 10 years, these individuals have seen their assets increase by hundreds of billions of dollars.¹⁹ This is why the ex-US President, Donald J. Trump, paid only \$750 dollars in US federal income taxes the year he won the US Presidency and paid ZERO income taxes in all of his previous 15 years. Yet he has boldly proclaimed that he is one of the richest persons known to humanity.²⁰

¹⁹ <https://thehill.com/policy/finance/557339-some-billionaires-had-years-where-they-paid-no-taxes-report/>

²⁰ <https://fortune.com/2020/09/27/trump-paid-no-income-taxes/>

The same example also applies to major US corporations. Did you know that at least 55 of the largest US corporations paid ZERO US federal corporate income taxes in their most recent tax returns? Yet, the majority of these corporations have enjoyed substantial pretax profits. The reason for this is the decades-long trend of corporate tax avoidance by the biggest U.S. corporations. The culprit for this has been the various tax breaks preserved or expanded by US politicians via the President Ronald Regan tax cuts (The Economic Recovery Tax Act of 1981), the two President George Bush tax cuts of 2001 (EGTRRA) and 2003 (JGTRRA), President Donald Trump's 2017 tax cuts and Jobs Act (TCJA) and the President Joseph Biden CARES Act tax cuts enacted in the spring of 2020.²¹ does

Yet, the poor working stiff who gets a weekly paycheck at Walmart, McDonald's, at any social service industry, or even any type of factory worker, does not have these corporate legal "tax tricks" to avoid paying taxes, similar to the tax strategies used by the ruling elites and major corporations. This is the condition of the US Tax Code which promotes a growing income inequality amount society. I should know-- I worked as a Tax Attorney with the US Dept of Treasury for almost 25 years.

In contrast, the majority of the European Nordic countries have high taxes on wealthy individuals and wealthy corporations. This increased tax on the wealthy has resulted in a major reduction of income inequality and in turn has allowed an increase in revenues to reduce poverty, increase education levels, provide for universal health insurance, and have a higher quality of life than that of the US.

The second failure of US capitalism is the failure to establish a universal health care program which has been established in most modern capitalist economies, especially in the European Nordic countries. Most modern capitalist economies, including most of Europe, many Asian countries such as Japan, South Korea, Singapore, China, Taiwan, and even our neighbors to our north, Canada, and south, Mexico, have adopted the policy that health care is a human right and not a privilege.

The US is the only industrialized country in the world that does not guarantee health care for all of its citizens and residents. The United States must join the rest of the industrialized world and guarantee health care to every man, woman, and child similar to most industrialized countries. The US Department of Health and Human Services in February of 2022 published a document titled "Demographic Variation in Health Insurance Coverage: United States, 2020", which stated that in 2020, 32 million Americans did not have any health insurance and that more than 30 million more are considered underinsured.²² In addition, even for the individuals that do have insurance, many are still burdened with high payments for their insurance, high medical bills, and high deductible expenses, and millions are unable to pay their medical bills and are forced to declare personal bankruptcy. Millions are not even able to pay for their prescriptions, even those

²¹ <https://itep.org/55-profitable-corporations-zero-corporate-tax/>

²² <https://pubmed.ncbi.nlm.nih.gov/35166656/>

that supposedly have health insurance.²³ How ironic that the most wealthy and powerful nation in the world cannot afford to pay for health insurance and pay necessary medical prescriptions but yet up north in Canada and in most of the major countries in Europe, everyone has both health insurance and their residents pay minimal to no costs for their medical prescription needs.

Meanwhile, the United States spent \$754 billion dollars on national defense in 2021 according to the US Office of Management and Budget. This amount was 11% of all US federal spending.²⁴ Estimates from some of the leading research think tanks in the US have estimated that a “single payer” universal health care system would actually reduce the over costs of health care in the US.²⁵ Why? Because the current US health care system is so inefficient. A recent academic study revealed that the United States healthcare system ranks 22nd out of 27 high-income nations when analyzed for its efficiency of turning dollars into extending lives.²⁶ In addition, even though the US has the most advanced health care system in the world, *“health care is a chronic source of uncertainty for those lucky enough to remain healthy-- and a nightmare for those who get sick”*. (Mass, 2010) The high cost of health care and prescription medicine is exacerbated in poor and rural communities that lack adequate medical coverage and for the working poor who cannot afford the current “Obama-Care Health Insurance Coverage”. (Sunkara, 2019)

In contrast, almost all advanced economies of the world have some form of universal health care policies. The Nordic countries of Europe and Canada have provided many different models where every one of its citizens has free or low-cost health care and prescription medicine. The US should proceed to copy and implement these policies which will better the needs of the US middle and working class. The Nordic countries have some of the best health coverage policies of all of the European countries according to various academic health experts. (Kvist, 2012)

The third major failure of US capitalism is the failure to address the ever-growing increase in poverty in the US which leads to hunger, homelessness, unemployment, underemployment, lack of educational opportunities, and drug and alcohol dependency. Today, more than 20% of children in the US live in poverty while over 43 million Americans are living in poverty. Alan Mas has discovered that at the end of 2009, “27 states had reduced health benefits for low-income children and families; 25 states are cutting aid to K-12 schools and other educational programs; 34 states have cut assistance to state colleges and universities; 26 states have instituted hiring freezes; 13 states have announced layoffs, and; 22 states have reduced state worker’s wages”. (Mass, 2010) During the recent reign of US President Donald Trump, all of these reductions in welfare

²³ <https://www.usnews.com/news/health-news/articles/2021-09-22/18-million-americans-cant-pay-for-needed-meds>

²⁴ <https://www.pgpf.org/budget-basics/budget-explainer-national-defense#:~:text=The%20United%20States%20spent%20%24754,four%20years%20before%20the%20pandemic.>

²⁵ <https://www.nytimes.com/interactive/2019/04/10/upshot/medicare-for-all-bernie-sanders-cost-estimates.html>

²⁶ <https://www.uclahealth.org/u-magazine/u-s-ranks-near-bottom-in-efficiency-of-healthcare-spending#:~:text=A%20new%20study%20by%20UCLA,dollars%20spent%20into%20extending%20lives.>

policies continue both at the federal and state levels. (Giridharadas, 2019) Meanwhile, as previously demonstrated, the US tax policies have promoted a redistribution of the US wealth into the hands of the wealthy elites of this country.

One needs to understand that the vast majority of the millions of jobs that were created over the last 20 years have been jobs in the service sector and that most of these jobs are below or near the minimum wage and that very few of these jobs have health benefits. (Giridharadas, 2019) The classic example used to illustrate this point is the average Walmart worker-- a worker who, even if working full-time, is considered to have poverty-level wages, especially for the average family of 2 or 3 children. (Giridharadas, 2019) Even though these full-time Walmart employees have some form of health insurance, it is one of the lowest health insurances provided by an employer where many major procedures are not covered, where they have high deductibles, and many prescriptions needs are not covered. Thus, Walmart employees are considered “underinsured”. (Giridharadas, 2019)

In contrast, many Nordic countries of Europe have significantly reduced their poverty rates because they have implemented a high minimum wage, they have established free college tuition, free universal daycare, and many other social programs that in the US are considered “liberal”, “socialist”, and even as “communist”. All of these programs have been demonstrated to reduce poverty and increase social mobility in their countries. (Giridharadas, 2019) Can one imagine if all community colleges and 4-year public colleges and universities in the US were free? This would provide significant incentives to pursue an education where one does not have to struggle to pay for one’s living expenses and pay for college. I have known dozens of students who were forced to work full-time jobs in order to pay for their community college expenses. Most never graduated community college. Given the trillions of dollars that the US has spent on its military budget, the funds needed for college education, and even universal health care, are the proverbial “drop in the bucket”. If many countries in Europe can afford these programs so can the US. This is just one of the many difficulties of trying to decrease poverty in the US and how many European countries were able to significantly reduce their societal poverty rates.

In summary, I have demonstrated that this policy of the “rich getting richer and the poor getting poorer and the ever-decreasing middle class” is not a sustainable model. This current model of the US capitalist social, political, and economic system does not serve the interests of the working and middle class of US society but instead serves the interest of the ever-increasing small elite who rules this country. It is quite obvious to any impartial observer that the rich are getting richer, the middle class continues to shrink, and the poor are getting poorer. Can this trend continue to increase for 10 more years, for 20 more years, for 30 or more years? If you think that Trump was very close to leading a coup of the US elections by promoting a violent storming of the US elections and violent protests of the US capital, what will happen in the future when over 80% of Republicans continue to view the US elections as fraudulent. The ruling elites have stimulated racial, cultural, and class tensions to try to blame the problems of their society on Blacks, Asians, and Muslims in the US in order to stimulate a Fascist Nazi tendency to completely control all of US political, economic and social society. How long can this tendency of growing inequalities last before we have an all-out Civil War in US society? I argue that it is

happening now and the US will not be able to prevent these Nazi tendencies, especially if one of the major political parties in US society continues to support this tendency.

To avoid economic, political, and social instability, it is apparent that the US ruling elites are promoting dictatorial and autocratic tendencies of “blaming others” and promoting dictatorial rule. Instead of highlighting the fact that the ruling elites are controlling more and more of economic, social, and political society, these elites have sought the strategies of fascist Nazi Germany. Donald Trump’s attempt to overthrow the US elections is just the tipping point toward autocratic rule. The middle and poor classes of US society are becoming aware of this growing income inequality. The ruling elites trying to once again engage in misinformation and disinformation and not awaken US society of this growing inequality by steering this country toward fascism. The result will be a Nazi form of capitalist society similar to Nazi Germany with the same autocratic tendencies as other dictatorships similar to communist China and Russia. These tendencies toward autocratic rule, in the long term, will not be sustainable. Is this our future? Is this where we are heading?

e. Reason # 4: Lack of Unity & Spirituality Promotes Division

Humanity is finally becoming awakened to the need that we need to change all of the political, economic, cultural, social, and religious institutions which continue to divide humanity and govern how we behave as humans. Instead of promoting war and hate, Experiencers of the Contact Modalities have universally received similar messages that we as humans must become much more spiritual and loving towards fellow humans. They have interacted with perceived higher forms of intelligence where they have received consistent and similar messages of Unity and Oneness, that humanity needs to become more ecological because we are destroying ourselves and our planet. We need to stop the growing inequalities of society and the increasing autocratic tendencies of humanity. The universal message is that humanity needs to unify, embrace and support each other, and change our behavior, or else we will perish as a species.

Academic research in the fields of NDE and UFO Contact Experiencers has provided the same information-- that NDE and CAP-UFO-related NHI are informing humanity of their concern with our current path of self-destruction and our need to become much more loving and spiritual. Experiencers of the Contact Modalities have also received information from NHI that we are destroying our planet and are inducing ecological self-destruction. NHI has also conveyed to humans their concern with nuclear proliferation.

I am friends with several of the leading pioneer researchers on NDEs-- Dr. Raymond Moody, Dr. Kenneth Ring, and Dr. Jeffrey Long. All three of these pioneers have told me that the most important message conveyed to NDE Experiencers when they are told that they “must return”, is not what religion we believe in, not how much money we can accumulate in our lifetimes, and not how famous we are.

Instead, the NDE Experiencer is told “you must learn to love”. Just open any NDE book from all of the major researchers in the field and you will be constantly reminded of this message. I recently interviewed Dr. Raymond Moody for my documentary, also titled “*A Greater Reality*”,

and Dr. Moody told me “*Rey, the most important lesson to be learned during an NDE is that ‘we must learn to love each other... But a day does not go by where I do not feel like strangling someone’*”. What he meant by this statement is that trying to love seems very simple, and it is the most important message we receive from GOD during the NDE, yet it is the most difficult task for humanity to master. I certainly can attest to this fact. My personal Life Review will be a lengthy one.

Jeffrey Long is one of the world’s leading researchers on NDEs and also one of the 5 co-editors of this book. Dr. Long has informed me that almost all of the major NDE researchers have stated that the most everlasting knowledge from the NDE experience is the feeling of “LOVE” they received from the intelligence they identified as GOD during their NDE. Dr. Long stated:

In the narrative accounts of people’s encounters with GOD during an NDE, the most overwhelming feeling and description of this being are one of love. GOD in near-death experiences is often described as enormous, unconditional, and total acceptance. (Long, 2016)

Similar to the research findings of the major NDE researchers, the academic research of the Dr. Edgar Mitchell FREE Foundation also determined that the majority of CAP-UFO Contact Experiencers also received communication from CAP-UFO-related Non-Human Intelligence and one of the most important elements of this communication dealt with Spirituality and the need for humanity to become more loving and caring not only for each other but also for planet Earth. In the section titled “**Commonalities of the Contact Modalities**” I will discuss the information received from CAP-UFO-related Non-Human Intelligence relating to the need for humans to become more spiritual and more loving. Several chapters from our book “*Beyond UFOs*” discussed this topic. (Hernandez, Klimo and Schild, 2018)

Both the NDE and the CAP-UFO Contact Phenomenon have taught their respective experiencers that humanity needs to learn how to LOVE each other. All of the major NDE academic researchers have clearly stated that this is the most important message NDE experiencers are given before they are returned to our physical reality. I also articulated that the FREE Foundation CAP-UFO Contact Experiencer Research Study also reached the same conclusion. How can we as humans learn to love each other? This message is similar to what is commonly described as the “Golden Rule”. This Rule is a principle of treating other fellow humans as you would like to be treated. As Anthony Flew has stated, “*various expressions of this fundamental moral rule are to be found in the tenets of most religions and creeds through the ages, testifying to its universal applicability.*” (Flew, 1979)

How does one begin to love one another? Is it by economic, political, and social exploitation? It is by promoting extreme income inequality where a tiny percentage of humanity controls the wealth and capital of all of humanity. Is love promoted by supporting an economic system where income is not evenly distributed and where everyone cannot equally share the riches of society or where a privileged few enjoy the fruits of production? Do you promote love by having a political system ruled by ruthless dictators or a political system that is controlled to maintain the status quo of the ruling wealthy elites of society? Or can love be established by

promoting a political system that is not based upon your income status or your dictatorial status? Does one promote love by having the majority of humanity living with no basic health insurance or basic health care while the wealthy or powerful have all of their health care needs met? Does one promote love by ensuring that everyone on this planet has adequate housing and shelter to suit their basic human needs while the rich and ruling elites have huge splendid palaces and multiple homes throughout the world?

Over the history of humanity, many societies have engaged in wars whose purpose was to conquer lands, conquer the wealth of their residents, and control them politically, economically, and socially. There also have been countless rebellions that have been initiated against economic, political, and social repression. History has also demonstrated that all forms of economic, political, social, and cultural inequalities result in cultural and ethnic divisions, which in turn leads to rebellion. All of these inequalities resulted in endless wars and organized death brigades. A continuation of this pattern will eventually lead to death for humanity given the ability and propensity for human self-destruction.

IV. What is Consciousness?

“It all seems real, but as it is constantly changing, it is not Real. Due to this Maya mentality (the illusion that the world is Real), people do not look beyond the veil of illusion to Me, the unchanging consciousness, the Absolute Reality beyond all the worldly; they do not see beyond to Me, the very basis of it all... This curtain of illusion (Maya) is hard to see through, Arjuna. Only those who love and depend completely on Divinity are eventually able to see through it. Those who are unable to see beyond the veil cannot, in effect, discriminate between Real and not-Real. Oblivious to the Reality of their own higher nature (the True Self Within), they sink to their lower nature and do evil deeds, committing acts that turn them away from Divinity. It all seems real, but as it is constantly changing, it is not Real.”
— *The Bhagavad Gita*

If I am arguing that "Consciousness is Primary" I must first address the question of what is consciousness. This very simple question has resulted in no clear answers-- to be quite frank, everyone is clueless as to what is consciousness-- all we have are theories and speculations from the diverse fields of academia, theologians, metaphysicians, spiritual and mystic practitioners, and from Experiencers of the Contact Modalities. This question is probably the most baffling question posed to mankind. Webster's New Third International Dictionary characterizes consciousness as follows:

...awareness or perception of an inward psychological or spiritual fact; intuitively perceived knowledge of something in one's inner self... a state characterized by sensation, emotion, volition, or thought: mind in the broadest possible sense...[and] as distinguished from the physical. (Websters, 2002)

a. The Mind-Body Problem

For many, the response to the question of what is consciousness seems to have a simple response-- Consciousness begins and ends with our Brain. But for many, including all of the writers in this 4-volume book, this response is completely inaccurate. Western science has had a historical problem with the study of consciousness because the concept is highly subjective which does not lend itself well to traditional scientific kinds of experiments and understanding. You simply cannot put "consciousness" into a test tube and conduct thousands of repetitive experiments to confirm your hypothesis of consciousness. Thus, how does one scientifically study consciousness? Because of this challenge, the field of philosophy, specifically the subfield of "Philosophy of the Mind", has historically tried to tackle the subjective, inner, and nonphysical aspects of studying consciousness.

Most major universities have many philosophy courses which focus on what has been termed the "Philosophy of Mind", which is a subset of philosophy that studies the nature and ontology of the mind and its relationship to the body. One prevailing world view of what is consciousness seems to be one of Dualism-- where there is a belief in an inner, subjective,

nonmaterial reality and then there is an external, objective reality, and the two are seen as very different from each other. This is what is commonly called the "Mind-Body Problem" of Consciousness which was proposed by Rene Descartes in 1641 where he argued that the mind, or consciousness, and our physical brain are separate. Thus, a dualist would oppose any theory that identifies consciousness as beginning and ending with the brain. Descartes and other dualists claim that the mental phenomena are non-physical. (Chalmers, 1996)

As previously discussed, the Mind-Body Problem of Consciousness was first formally addressed by Rene Descartes and become known as Cartesian Dualism. Descartes held that the mind was distinct from matter but he also held that the mind can influence matter-- the non-material mind and the material body/brain, while being ontologically distinct substances, casually interact.

Philosopher David Chalmers was the first to develop his thesis now known as the "Hard Problem of Consciousness". In Chalmers's own words, the hard problem is:

. . .even when we have explained the performance of all the cognitive and behavioral functions in the vicinity of experience—perceptual discrimination, categorization, internal access, verbal report—there may still remain a further unanswered question: Why is the performance of these functions accompanied by experience? (Chalmers, 1996)

For Chalmers, the problem of consciousness is composed of two separate problems. One is the "Easy" problem of what is consciousness which includes the research that has been developed in neuroscience, which is how the sensory system works, how the brain's neural data influences behavior, how such data is processed in the brain, how the brain influences thoughts and emotions. In contrast, the hard problem is "how" and "why" those brain sensory systems are accompanied by experience. In addition, why an individual is experiencing a particular experience instead of another experience? The problem is how and why we have "qualia" which includes the perceived sensations of pain, taste of food, and perception of the color of a sky, in contrast to instances where we focus on beliefs of the experience rather than what it is directly like to be experiencing. (Chalmers, 1996)

b. Neuroscience and Consciousness

The field of Neuroscience is filled with numerous academic professors who have argued that the materialist physicalist approach of mainstream neuroscience has not and cannot explain the position that Consciousness begins and ends with the brain. What follows is a series of statements from prominent neuroscientists and medical doctors who have debunked the materialist approach to Neuroscience. I begin with a quote from medical doctor Larry Dossey, whose article "*One Mind*", appears later in this book. Dr. Dossey states as follows:

The materialistic concept of consciousness that currently is widely accepted prohibits One-Mind phenomena. Materialism asserts that consciousness is somehow produced by the brain and is confined to the brain, the body, and the present. This view of consciousness has become so hegemonic that it is almost heretical in some circles to question it. However, this view of consciousness suffers from two severe defects: the sheer poverty of evidence that brains produce consciousness and the enormous human costs of a world that is sanitized of a spiritual outlook, which the materialist dogma forbids. No human has ever seen a brain or anything else produce consciousness, and there is no accepted theory as to how this could happen. (Dossey, 2022)

The weakness of the brain-makes-consciousness dogma has become obvious to an increasing number of top-tier neuroscientists, as the following comments demonstrate. In a genuine test of your patience, I now include several examples from neuroscientist Ph.D. academics on this topic. I wish to emphasize that these comments are not rare, isolated opinions and that the materialist view of consciousness is empirically bankrupt!

Sir John Eccles (Nobel Prize in Physiology and Medicine, 1963)



“I maintain that the human mystery is incredibly demeaned by scientific reductionism, with its claim in promissory materialism to account eventually for all of the spiritual world in terms of patterns of neuronal activity. This belief must be classed as a superstition. ... We have to recognize that we are spiritual beings with souls existing in a spiritual world as well as material beings with bodies and brains existing in a material world.”

~JOHN ECCLES

azquotes.com

There have been, however, many bold scientists who started their careers as materialists but then over time, their research forced them to change their worldview. One of these was Noble Prize winner, Sir John C. Eccles, who in 1963 won the Nobel Prize in Physiology and Medicine. Eccles stated:

Promissory materialism is a superstition without a rational foundation. It is simply a religious belief held by dogmatic materialists... who confuse their religion with their science. It has all the features of a messianic prophecy... (Eccles,1984)

I maintain that the human mystery is incredibly demeaned by scientific reductionism, with its claim to account for all of the spiritual world in terms of patterns of neuronal activity. This belief must be classed as a superstition... We have to recognize that we are spiritual beings with souls existing in a spiritual

world as well as material beings with bodies and brains existing in a material world. (Eccles, 1991)

Roger W. Sperry (1981 Nobel Prize in Physiology and Medicine)

Those centermost processes of the brain with which consciousness is presumably associated are simply not understood. They are so far beyond our comprehension at present that no one I know of has been able even to imagine their nature. (Sperry, 1995)

Steven A. Pinker (Professor of Psychology at Harvard University)

Question: How might consciousness arise from something physical, such as the brain? Dr. Pinker, stated:

Beats the heck out of me. I have some prejudices, but no idea of how to begin to look for a defensible answer. And neither does anyone else. (Pinker, 1997)

Donald D. Hoffman (Professor of Cognitive Neuroscience at University of California, Irvine:

The scientific study of consciousness is in the embarrassing position of having no scientific theory of consciousness. (Hoffman, 2008)

Stuart A. Kauffman (Emeritus Professor of Biochemistry at the University of Pennsylvania and previously at the University of Chicago)

Nobody has the faintest idea what consciousness is.... I don't have any idea. Nor does anybody else, including the philosophers of mind. (Kauffmann, 2008)

William H. Calvin, (Professor of Neurophysiology, University of Washington)

Consciousness, in any of its varied connotations, certainly isn't located down in the basement of chemistry or the subbasement of physics.... [These] consciousness physicists use mathematical concepts to dazzle rather than enlighten.... Such theorists usually avoid the word 'spirit' and say something about quantum fields.... All that the consciousness physicists have accomplished is the replacement of one mystery with another. (Calvin, 1996)

Sir John Maddox (Editor for 22 years of the prestigious journal *Nature*)

What consciousness consists of ... is ... a puzzle. Despite the marvelous successes of neuroscience in the past century... we seem as far from understanding cognitive process as we were a century ago. (Maddox, 1999)

Wilder Penfield (Canadian Medical Hall of Fame and Neurosurgeon)

Another pioneering researcher in Neuroscience, Dr. Wilder Penfield, has been credited with a lifetime of innovations in Neuroscience. He was the founder of the world-famous

Neurological Institute, including a pioneer in surgery for epilepsy, and he was an inductee into the Canadian Medical Hall of Fame. He started his career as a materialist but by the end of his career, he was convinced that there is a part of the mind that is not from the brain. He had several lines of reasoning that convinced him that the brain does not create the mind. In his book, *The Mystery of the Mind*, Penfield stated the following:

But to expect the highest brain-mechanism or any set of reflexes, however complicated, to carry out what the mind does, and thus perform all the functions of the mind, is quite absurd.... And yet the mind seems to act independently of the brain in the same sense that a programmer acts independently of his computer, however much he may depend upon the action of that computer for certain purposes. (Penfield, 1975)

Taken either way, the nature of the mind presents the fundamental problem, perhaps the most difficult and most important of all problems. For myself, after a professional lifetime spent in trying to discover how the brain accounts for mind, it comes as a surprise now to discover, during this final examination of the evidence, that the dualist hypothesis seems the more reasonable of the two possible explanations. (Penfield, 1975)

It is an observation relevant to any inquiry into the nature of man's being, and in conformity with the proposition that the mind has a separate existence. It might even be taken as an argument for the feasibility and the possibility of immortality! (Penfield, 1975)

c. Quantum Physics and Consciousness

The previous section contained numerous quotes from prominent Neuroscientists, many were Nobel Prize winners in Medicine and Physiology, who proclaimed that Neuroscience does not have a clue as to the nature of “what is consciousness”. On the other extreme, you have many of the pioneers of Quantum Physics who also do not know the source of consciousness but proclaim that “Consciousness is Primary”. Towards the end of this article, I will provide my hypothesis addressing the question of “what is the source of consciousness”.

First of all, I am not a physicist and do not pretend to be. Most of my education in this section has come from conversing with the late Dr. Edgar Mitchell, who received his Ph.D. in Aeronautical Engineering from MIT, and Dr. Rudy Schild, an Emeritus Professor of Astrophysics at the Harvard-Smithsonian Center for Astrophysics, and with conversations with the many Ph.D. academics of both the FREE Foundation and the CCRI Institute and my personal research.

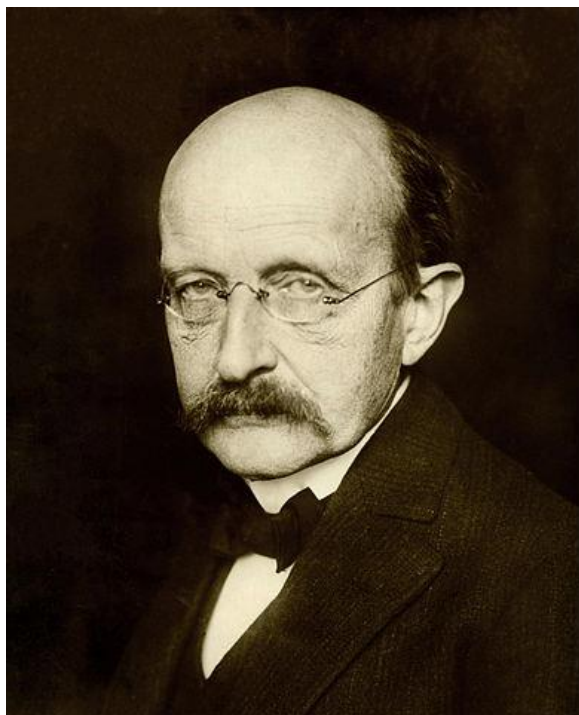
This brief section will discuss the development of quantum mechanics in the early 20th century and during this time many physicists began to talk about the topic of consciousness, even the topic that consciousness is primary. To understand this development, we need to discuss what is quantum mechanics, how it developed, and to document that many of its early pioneers turned to ancient Vedic literature to further their study of quantum mechanics principles, and how contemporary research based on quantum mechanics principles are pointing us in the direction that maybe, just maybe, physics is finally steering us in the direction that consciousness is indeed primary.

The pioneers of what is now called quantum mechanics, also known as quantum physics, **discovered that the physical world that we live in is not reality itself but a projection onto our consciousness.** This was not a completely new theory but one that was introduced in the ancient Indian Vedanta texts, specifically in the Upanishads, which are ancient Indian texts that present a form of Idealism, which also argues that **“Consciousness is Primary and that our physical world is a manifestation of consciousness and not our physical reality”**. In the Upanishads, many of these early quantum theorists, many of who were Nobel Prize winners in physics, found corollaries to their theories, and a philosophical foundation to buttress their implications of quantum mechanics. I am not implying that the Upanishads explain quantum mechanics but the more interesting question is "Why did these early pioneers in quantum mechanics become interested in the writings of an ancient text that was written many thousands of years ago?" Later in this article I will further explore the topic of Consciousness and the Vedanta literature. Let's explore what some of the pioneers of quantum mechanics had to say about the Vedanta literature.

Max Plank (Nobel Prize in Physics, 1918)

As a non-physicist, what struck me was that so many of the founders of quantum physics were also deeply interested in the topic of consciousness and why many of them publicly stated that "consciousness is primary". One of the founders of quantum mechanics, Max Plank won the Nobel Prize in Physics in 1918, stated as follows: (Plank, 1931)

" I regard consciousness as fundamental. I regard matter as derivative from consciousness. We cannot get behind consciousness. Everything that we talk about, everything that we regard as existing, postulates consciousness."



“ I regard consciousness as fundamental. I regard matter as derivative from consciousness. We cannot get behind consciousness. ”

~ Max Planck

QuotesCosmos

Many other pioneers of quantum mechanics, in addition to Max Plank, were also interested in the topic of consciousness and made very similar statements. Many also had a deep interest in the ancient Vedanta philosophies, namely the Upanishads. Several Nobel Prize winners in Physics such as Erwin Schrödinger, Werner Heisenberg, and Niels Bohr shared a deep interest in Vedanta philosophy. Why were these geniuses interested in these ancient esoteric writings that were written thousands of years ago? Why is quantum mechanics perceived as relating to the concept that Consciousness is Primary? What quotes or comments are available so our readers can understand the relationship between Quantum Mechanics, the ancient Vedic teachings, and the fundamental aspects of consciousness?

Niels Bohr (Nobel Prize in Physics, 1922)

Niels Bohr, one of the founders of quantum mechanics stated:

I go to the Upanishad to ask questions. (Prothero, 2010)

Werner Heisenberg (Nobel Prize in Physics, 1932)

Many other physicists were also heavily influenced by ancient Vedanta texts. Werner Heisenberg, Nobel Prize in Physics in 1932 was one of them. Heisenberg is one of the pioneers in quantum mechanics and is known for his "uncertainty principle", a principle at the cornerstone of quantum mechanics. Werner Heisenberg, one of the founders of Quantum Mechanics, stated:

We can admittedly find nothing in physics or chemistry that has even a remote bearing on consciousness.... [Q]uite apart from the laws of physics and chemistry, as laid down in quantum theory, we must also consider laws of quite a different kind. (Heisenberg, 1971)

It is well known that Heisenberg admired Vedanta literature and saw many parallels between it and quantum mechanics. He even detailed a conversation he had with Rabindranath Tagore, an intellectual, philosopher, and Nobel Prize winner in Literature from Bengal, India. In a conversation he had with Tagore about Indian philosophy, Heisenberg is quoted as follows: "**some of the ideas that seemed so crazy suddenly made much more sense.**" (Capra, 1989) Physicist Fritz Capra had several conversations with Heisenberg in the later years of his life and Capra stated as follows:

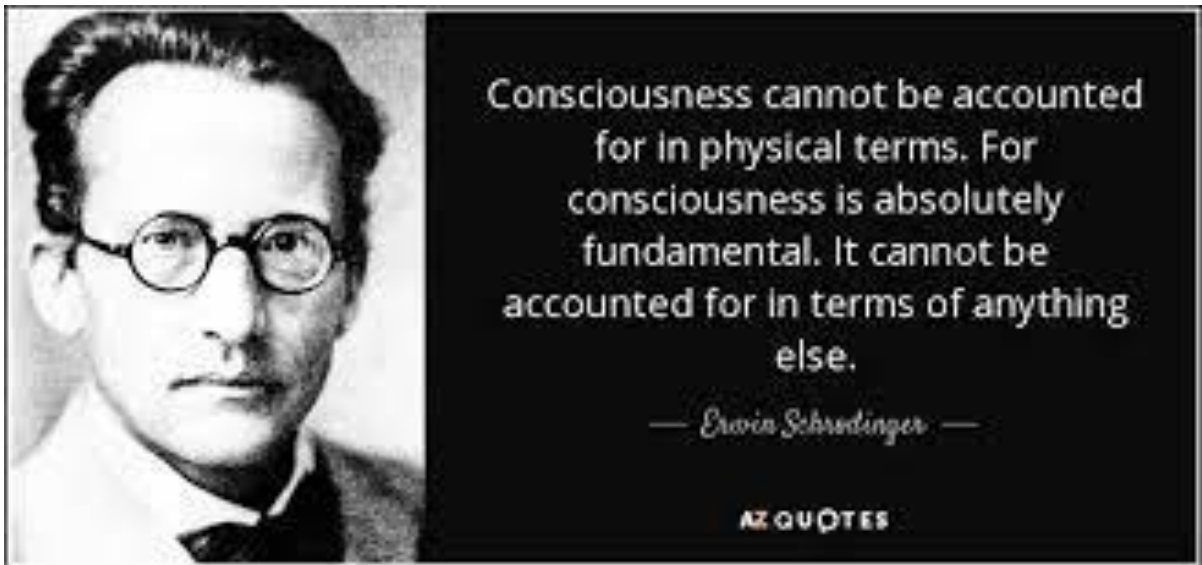
I had several discussions with Heisenberg. I lived in England then [circa 1972], and I visited him several times in Munich and showed him the whole manuscript chapter by chapter. He was very interested and very open, and he told me something that I think is not known publicly because he never published it. He said that he was well aware of these parallels. While he was working on quantum theory, he went to India to lecture and was a guest of Tagore. He talked a lot with Tagore about Indian philosophy. Heisenberg told me that these talks had helped him a lot with his work in physics, because they showed him that all these new ideas in quantum physics were in fact not all that crazy. He realized there was, in fact, a whole culture that subscribed to very similar ideas. Heisenberg said

that this was a great help for him. Niels Bohr had a similar experience when he went to China. (Capra 1982)

Erwin Schrödinger, Nobel Prize in Physics, 1933

Erwin Schrödinger won the Nobel Prize in Physics in 1933 and is considered one of the greatest physicists known to humanity. Schrödinger demonstrated a lifelong interest in Vedanta philosophy in numerous of his writings. Schrödinger once stated:

There is obviously only one alternative, namely the unification of minds, or consciousness... The overall number of minds is just one... in truth, there is only one mind... Although I think that life may be the result of an accident, I do not think that of consciousness. Consciousness cannot be accounted for in physical terms. For consciousness is absolutely fundamental. It cannot be accounted for in terms of anything else. (Moore, 1989).



We can reconcile these quotes on the topic that consciousness is fundamental once we learn of Schrödinger's interest via his many quotes on Vedanta literature and the Upanishads. The Upanishads are Sanskrit texts from ancient India that are believed to originate from 9000 BC and are believed to be the oldest scriptures of Hinduism. While the Vedas prescribe rituals to appease deities, the Upanishads are concerned with the nature of reality, mind, and the self. Schrödinger was first exposed to Indian philosophy around 1918, through the writings of the German philosopher Arthur Schopenhauer who was also a student of the Upanishads.

The Upanishads describe the relationship between the Brahman and the Atman. The Atman is the individual's inner self, the conscious self, and the soul. In contrast, the Brahman is the ultimate singular reality or the universal self. In the Upanishads, the central tenet which reflects this relationship is "*tat tvam as*", which means the Atman and the Brahman are identical. There is only one universal self, and we are all one within it. Schrödinger is quoted repeating a similar concept:

This life of ours which you are living is not merely a piece of this entire existence, but in a certain sense the whole; only this whole is not constituted that it can be surveyed in one single glance. This, as we know, is what the Brahmins (wise men or priestly cast in the Vedic tradition) express in that sacred, mystic formula which is yet really so single and so clear; tat tvamasi, this is you... I am in the east and the west, I am above and below, I am this entire world... the Brahman forms everything that is living or non-living ... the wise man knows that all beings are identical with his self, and his self is the self of all beings. (Schrödinger, 1961)

In his 1944 book, Schrödinger posed a question which I am paraphrasing as follows: If the world is created by our observation, shouldn't there be many worlds, one for each conscious mind? How come your world and my world are the same, or at least appear this way? If some act happens in my reality, does it also happen in your world as well? What causes all these worlds, all of these seemingly separate realities to synchronize with each other? Schrödinger's answer again came by understanding the Upanishads.

There is obviously only one alternative... namely the unification of minds or consciousnesses. Their multiplicity is only apparent, in truth there is only one mind. This is the doctrine of the Upanishads. (Schrödinger, 2012).

According to the Upanishads, Brahman, or the ultimate singular reality or the universal self, alone exists. Everything we see around us in our physical reality is Maya, an illusion. Specifically, the Chandogya Upanishad says, “*All this is Brahman. Everything comes from Brahman, everything goes back to Brahman, and everything is sustained by Brahman.*” Once again, Schrödinger paraphrased this same concept by stating:

... there is only one thing and that what seems to be a plurality is merely a series of different aspects of this one thing, produced by a deception (the Indian word “Maya”); the same illusion is produced in a gallery of mirrors, and in the same way Gaurisankar and Mt Everest turned out to be the same peak seen from different valleys. (Schrödinger, 2012).

We can ask the question why are these concepts expressed in the Upanishads of interest to Schrödinger? A clear response is that Quantum physics holds that reality exists as waves and that wave-particle duality arises only due to our observation. Because we cannot perceive the true wave nature of reality, because this is Maya, an illusion, our observation reduces it to the incomplete reality we see. This reduction is what we know as the “collapse of the wave function” which is one of the major tenets in Quantum Mechanics. This concept will be explained later in this chapter.

Schrödinger viewed how the Upanishads describe how reality arises out of consciousness and that consciousness cannot be found inside our bodies, as the function of a physical brain. For Schrödinger, there is no "hard problem of consciousness". While most physicists adhere to a materialist view, that consciousness is a byproduct of our brain, Schrödinger held the idealist view that consciousness exists by itself, and that the physical world depends on it. For Schrödinger, as

reflective in the Upanishads, there is no objective reality that exists independently of the observer. On this issue, Schrödinger stated:

it must be said that to Western thought this doctrine has little appeal, it is unpalatable, it is dubbed fantastic, unscientific. Well, so it is because our science – Greek science – is based on objectivation, whereby it has cut itself off from an adequate understanding of the subject of cognizance, of the mind. (Schrödinger, 1961)

There is no kind of framework within which we can find consciousness in the plural; this is simply something we construct because the temporal plurality of individuals, it is a false construction--- The only solution to this conflict insofar as any is available to us at all lies in the ancient wisdom of the Upanishad. (Schrödinger, 1961)

Schrödinger was so stimulated by the Upanishads that the epitaph on his tombstone reads,

... So all Being is a one and only Being; And that it continues to be when someone dies; [this] tells you, that he did not cease to be. (Schrödinger, 1961)

In conclusion, Schrödinger's worldview can be summarized as follows:

Most of my ideas and theories are heavily influenced by Vedanta (Schrödinger, 1961)

Sir James Jeans (One of the Pioneers of Modern Physics)

Even though he did not win a Nobel Prize in physics, Sir James Jeans is undoubtedly one of the world's most well-known and recognized physicists. Jeans also held very similar views to Schrödinger. In Jean's book, *The Mysterious Universe*, Jeans states as follows:

*The stream of knowledge is heading towards a non-mechanical reality; **the Universe begins to look more like a great thought than like a great machine.** Mind no longer appears to be an accidental intruder into the realm of matter... we ought rather hail it as the creator and governor of the realm of matter. (Jeans, 1930)*

In an interview published in *The Observer* (London), when Jeans was asked the question "Do you believe that life on this planet is the result of some sort of accident, or do you believe that it is a part of some great scheme?", Jeans replied:

***I incline to the idealistic theory that consciousness is fundamental, and that the material universe is derivative from consciousness, not consciousness from the material universe...** In general, the universe seems to me to be nearer to a great thought than to a great machine. **It may well be, it seems to me, that each individual consciousness ought to be compared to a brain-cell in a universal mind...** What remains is in any case very different from the full-blooded matter and the forbidding materialism of the Victorian scientist. His objective and material universe is proved to consist of little more than constructs of our own minds. To this extent, then, modern physics has moved in the*

direction of philosophic idealism. Mind and matter, if not proved to be of similar nature, are at least found to be ingredients of one single system. There is no longer room for the kind of dualism which has haunted philosophy since the days of Descartes. (Jeans, 1943)

*When we view ourselves in space and time, our consciousnesses are obviously the separate individuals of a particle-picture, but when we pass beyond space and time, they may perhaps form ingredients of a single continuous stream of life. As it is **with light and electricity, so it may be with life; the phenomena may be individuals carrying on separate existences in space and time, while in the deeper reality beyond space and time we may be all members of one body.** (Jeans, 1943)*

Sir Arthur Eddington (One of the Pioneers of Modern Physics)

Sir Arthur Eddington, similar to Sir James Jeans, has won almost all accolades except for a Noble Prize in physics. Eddington is known for many physics breakthroughs but is well known as the scientist who explained Einstein's theory of general relativity to English-speaking audiences all over the world. He was also the first scientist to prove the theory of relativity by filming and explaining how the solar eclipse of May 29, 1919, supported Einstein's theory of relativity. Besides his work in astronomy, Eddington was one of the major physicists of his time and one of the best-known mathematicians and a philosopher of science.

Eddington wrote in his book *The Nature of the Physical World* that "The stuff of the world is mind-stuff." He states as follows:

*The mind-stuff of the world is, of course, something more general than our individual conscious minds ... The mind-stuff is not spread in space and time; these are part of the cyclic scheme ultimately derived out of it ... It is necessary to keep reminding ourselves that all knowledge of our environment from which the world of physics is constructed, has entered in the form of messages transmitted along the nerves to the seat of consciousness ... Consciousness is not sharply defined, but fades into subconsciousness; and beyond that we must postulate something indefinite but yet continuous with our mental nature ... It is difficult for the matter-of-fact physicist to accept the view that the substratum of everything is of mental character. **But no one can deny that mind is the first and most direct thing in our experience, and all else is remote inference.** (Eddington, 2015)*

Eugene Wigner, Nobel Prize in Physics 1963

Eugene Wigner was yet another German theoretical physicist who was recruited to Princeton University where he was accompanied by other German physics Nobel prize winners, including Albert Einstein. Wigner has been quoted as follows:

It was not possible to formulate the laws of [quantum theory] in a fully consistent way without reference to consciousness. (Wigner, 1970)

We have at present not even the vaguest idea how to connect the physio-chemical processes with the state of mind. (Wigner, 1969)

David Bohm, one of the world's most renowned theoretical physicists

Theoretical physicist David Bohm was a friend and colleague of Albert Einstein and taught physics with Einstein at Princeton University. Dr. Bohm was later banned from teaching in the US because of the anti-socialist policies of McCarthyism during the early 1950s and he was banned from teaching in the US and had to settle in the UK to teach. Nevertheless, Bohm is one of the most quoted theoretical physicists of the 20th century. Dr. Bohm also agreed with the early quantum mechanics pioneer's views on what is consciousness. Bohm stated:

If we don't establish these absolute boundaries between minds, then it's possible they could...unite as one mind.... Deep down the consciousness of mankind is one. This is a virtual certainty... and if we don't see this it's because we are blinding ourselves to it. (Weber, 1986)

The notion of a separate organism is clearly an abstraction, as is also its boundary. Underlying all this is unbroken wholeness even though our civilization has developed in such a way as to strongly emphasize the separation into parts. (Bohm & Hiley, 1995)

Charles H. Townes, Nobel Prize in physics 1964

“There seems to be no justification for the dogmatic position taken by some that the remarkable phenomenon of individual human personality can be expressed completely in terms of the known laws governing the behavior of atoms and molecules.” (Townes, 1999)

It is important to note that while many of the early quantum mechanics pioneers were mystics, individuals who focused on the search for insight or hidden truths of reality, and the search for a universal intelligence behind Consciousness. Their theories were not meant to define what is GOD or what is MIND. Thus, one can conclude that the field of Quantum Mechanics does not equal Mysticism-- at least not yet. One of the world's most brilliant minds, the philosopher William James (1842-1910) stated that "*in mystic states, we both become one with the Absolute and we become aware of our oneness.*" (Harless, 2007)

A mystic will search for insights into the ultimate or hidden truths and the resulting human transformation supported by various practices and experiences. While all of the previously mentioned physicists present a mystical worldview in many of their beliefs, their physics theories do not prove their mystical worldview and that was not their intention. Nevertheless, as the proverbial saying goes "*Do not throw out the baby with the bathwater*", i.e., all of these geniuses understood that during their time, their physics could not explain the relationship between

mysticism and quantum physics but they clearly understood that physics and spirituality were necessary for a more complete and fuller understanding of the integrative nature of our reality. This is the conclusion many of them reached by studying quantum mechanics which then lead them to question the nature of consciousness and our Greater Reality.

It is important to note that many of the physicists, as well as the neuroscientists that were previously discussed, proposed the hypothesis that consciousness is primary. As was previously discussed, this statement means that our perceived physical reality and Mind, the consciousness-based aspect of our reality, and even the foundations of quantum mechanics, have their foundation, its roots, in consciousness, and not in our material reality. If they would have lived during the last 30 years, these physicists and neuroscientists-- individuals who were searching for mystical answers outside of our materialist physicalist science-- would have read about the NDE academic literature and the CAP-UFO academic research data as described in our book "*Beyond UFOs*". Upon reading this new literature, which speaks about the relationship between Consciousness, the Contact Modalities, the Afterlife, and the Mind of God, they might have had better information to merge the science of quantum mechanics and neuroscience with the science of Consciousness and the Contact Modalities.

V. Is Consciousness Primary? A Brief History of Idealism

It seems that the further we go back in human history, the less we are constrained by the materialist, physicalist, and dualist world views that describe the nature of our reality and consciousness. The further back we go in human history the more we discover that early human cultures and philosophical worldviews held that our physical external reality was inseparable from their views of their inner Mind world. The mind, the spirit world, or the afterlife, were seen as one phenomenon where there was no separation from the physical reality. There was no separation between our external physical reality and our consciousness-based internal reality because they were both derived from one source, a Universal Mind. This position in philosophy is called "Idealism". Idealism is a form of monism that holds that consciousness, and not matter, is fundamental, and that consciousness is the source for all of reality.

The belief that consciousness, or the ability to be aware of and to be able to perceive the relationship between oneself and one's environment, is fundamental to reality, is an ancient philosophical idea. It can be found in the writings of Hinduism, Buddhism, Taoism and in the western philosophy of ancient Egypt, ancient Greece, ancient Rome, western philosophy, and even in the worldviews of many of our pioneer quantum physicists and neuroscientists. The thesis that consciousness is primary in our reality is a metaphysical position that has been articulated by scholars and sages throughout history which changed from a metaphysical argument to a quantum physics argument via the research and writings of the inventors of quantum physics in the early twentieth century. Today, many academics in numerous fields, such as those in theoretical physics, astrophysics, neuroscientists, mathematicians, biologists, medical doctors, philosophers, psychologists, and medical doctors, including many psychiatrists, hold the hypothesis that "**Consciousness is Primary and that our physical world is a manifestation of consciousness and not our physical reality**". This approach holds that our physical reality is an illusion and that we are living in a Greater Reality. Let's begin this discussion with the ancient shamanic traditions.

a. The Shamanic Tradition

So how do we begin to discuss the term "consciousness is primary"? To begin this explanation, we must present a very brief historical evolution of this term. I will not present a detailed analysis, instead, the following will be a brief highlight of some of the major schools of thought developed in various cultures and periods relating to this concept. Let me first start with the Shamanistic traditions, traditions with little to no recorded written language. Shamanism is a religious practice where the practitioner holds the belief that he/she is interacting with the spirit world through what is now called "altered states of consciousness", for example, via a trance-like state of consciousness. Almost all ancient and current indigenous cultures around the world, from Eskimos to North American and South American native cultures, to the indigenous cultures in Europe, Asia, and Africa, all of these groups shared many commonalities of Shamanism. The practitioners believe that an unseen spiritual world can be accessed and worked with by the shaman, who is a figure in the community who is using consciousness in non-ordinary ways, including through forms of magic, usually for healing. In an altered state of consciousness, the shaman moves from the earthly realm into a transcendental or spiritual realm, a higher-

dimensional realm, which is perceived as the true realm of reality. The shaman travels out of the body into nonphysical realms to gain information otherwise unavailable, where he contacts spirit beings, a higher intelligence, where he heals members of the community and obtains visions for his tribe or clan. As you will be articulated later in this paper, “Shamanic Travels” can be associated as a form of Astral Travel within the modern OBE tradition. To induce this altered state of consciousness, the shaman uses drumming, ethnobotanical psychedelic drugs, isolation, food or sleep deprivation, deep breathing, and other means. Dr. Jeffrey Mishlove, in his book, *The Roots of Consciousness*, alludes to the shaman's ability to move into these higher realms of reality and states:

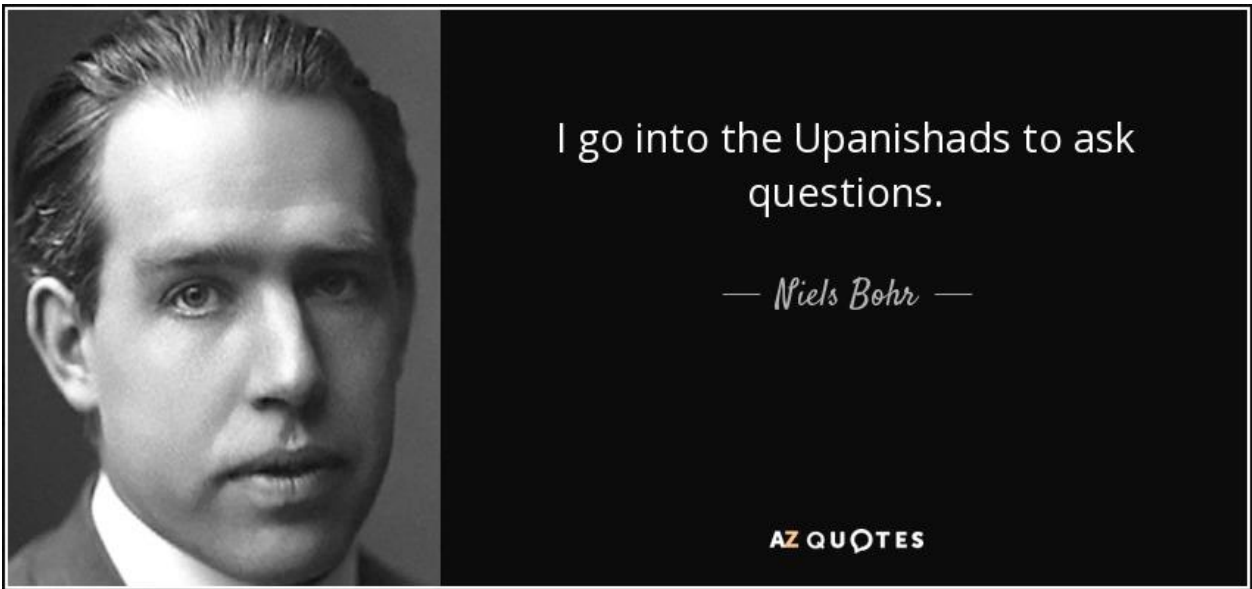
Certain shamanistic conceptions suggest that our past thoughts and our minds have never left our body, for the simple fact that they have always been outside our body and our brain. They do not need to emerge from inside, because they have never been inside. The shamanic initiation makes the trainee simply aware that the mind and consciousness are outside and above, and they have always been so. The initiation practices reawaken a corresponding state of consciousness, that gives the living awareness of this vision. [and] that brain and body evolved out of consciousness.²⁷

The key here is that the shaman views our physical reality as an illusion. The shaman believes that there is a higher plane of existence where she/he can connect with divine spiritual beings, within the Universal Mind, and that this is our true reality. The shaman understands that the brain and body evolved out of consciousness. Because of this worldview, the shaman has the ability of transcendental journeying, astral projection, and Out of Body Experiences, experiences that were widely known in ancient Egypt, India, and Tibet. The shamanic traditions reflect the worldview that Consciousness is Fundamental. In essence, the shaman is an Idealist.

b. The Vedanta/Upanishads Tradition

As previously stated, the Upanishads are Sanskrit texts from ancient India that are believed to originate from 9000 BC and are believed to be the oldest scriptures of Hinduism. The Upanishads are also referred to as Vedanta or the Vedas. There are 108 Upanishads and the first dozen are the oldest and many hold these older texts to be the most important. The Upanishads were translated in the early 19th century and influenced a major German philosopher, Arthur Schopenhauer, who died in 1860. Schopenhauer's work, in turn, influenced the next generation of German intellectuals, including Friedrich Nietzsche, physicists Max Plank, Erwin Schrödinger, Niels Bohr, Albert Einstein, and psychoanalysts Sigmund Freud and Carl Jung, among so many others.

²⁷ Mishlove, J. (1997). *The Roots of Consciousness: The Classic Encyclopedia of Consciousness Studies*. De Capo Press.



Niels Bohr (Nobel Prize in Physics, 1922) and one of the founders of quantum physics

The school of thought of the ancient scriptures called the Vedas, now more commonly called the "Vedic tradition", first introduced the philosophical school of thought which discussed the concepts of universal consciousness, the One Mind. The Upanishads form the foundation of the core of Hindu spiritual philosophy. The Upanishads are commonly referred to as Vedanta, or Advaita Vedanta, and I will use these terms intermittently.

The Vedic non-dualistic system, specifically Advaita Vedanta, gives us a monistic view of the individual, the universe, and the nature of consciousness. The Vedic literature presents two fundamental types of conscious beings. One is the individualized consciousness, which we perceive as ourselves, and the other is a superconscious being, called Paramatman. in the western traditions commonly referred to as GOD. The concepts of Brahman (ultimate reality) and Ātman (soul, self) are central ideas in all of the Upanishads. This supreme intelligence can be expressed as a Universal Mind which is seen as an overseer of the material and non-physical energy of our Greater Reality. This energy, which emanates from the supreme being, is utilized to create a world of illusion, or Maya-- our perceived temporary physical reality. The human being is viewed as a reflection of fundamental Consciousness because the individual is seen as a subset of the Universal Mind, of universal consciousness. Our individuated consciousness, our human soul (Ātman), is part, or a sub-set, of the Universal Mind of God (Brahman).

Thus, the Upanishads state that “Ātman is Brahman” -- Ātman, the soul or breath of life, is also Brahman, the ultimate reality that pervades the entire universe. Thus, the terms “All is One” and “We are part of GOD” has its roots in the Upanishads. Upon reading the articles in our Near-Death Experience Theoretical volume or by reading the NDE experiences in our Experiencer volumes of our book, A Greater Reality, there are numerous stories from the Near-Death Experience literature that describe when we, the individuated human consciousness in the form of our physical body (Ātman) die, all of our life experiences as the individuated human consciousness, is uploaded and stored as “information” in the Universal Mind of God (Brahman).

One way of thinking about this concept is the term “Akashic Records” -- a term which is now understood to be a vast universal information storage device.²⁸ What remains is a soul, without a physical body and without any life memories of the past physical life on Earth.

The chapter by Dr. Melinda Greer, a retired medical doctor, in the section “*Example of an Experiencer of the Contact Modalities*”, elaborates on this concept via her personal NDE. The Reincarnation literature, to be discussed at the end of this chapter, then describes how the individuated human consciousness, our human soul, then gets physically reborn into a new body. Nevertheless, only a small fraction of humanity remembers our past lives, our previous reincarnation, usually at a young age, because some of us are able to tap into the stored information from the Universal Mind-- which I refer to as the Mind of GOD.

In Vedanta tradition, the Paramatman, or the Universal Mind, creates an underlying reality called *Brahman*, which creates the illusion for our limited conscious self to operate in a physical reality, with physical bodies. According to the Vedic traditions and the Upanishads, our conscious self operates in a nondeterministic environment where the conscious self can manifest free will. This thesis is clearly evident when one researches the Life Review of Near-Death Experiencers-- these individuals clearly had “Free Will” to enable them to make decisions in our physical bodies.

The Vedanta tradition encompasses three sets of works which include the Upanishads, the *Brahma Sūtras*, and the *Bhagavad Gītā* which encompasses three basic principles: 1) “Brahman is Reality”; 2) “The world is an illusion” and, 3) “The individual self is nothing but Brahman”. (Kuiken, 2006) Thus, there is only one greater reality, which can be described as a Universal Mind, and our physical reality is encompassed within this greater reality. Secondly, our perceived physical reality is a temporary physical illusion or Maya. Finally, we, as individuated units of consciousness, perceive ourselves as separate human beings, but this is a false perception. We are not separate but in fact, we are part of Brahman, or a subset of the Universal Mind, part of this supreme being. Adi Śankarā states:

“The Ātman is one, absolute, indivisible. It is pure consciousness. To imagine many forms within it is like imagining palaces in the air. Therefore, know that you are the Atman, ever-blissful, one without a second.”

The *Aparokshānubhuti* (Self-Realization) of Adi Śankarā states in sūtra 45 states:

“There exists no other material cause of this phenomenal universe except Brahman. Hence this whole universe is but Brahman and nothing else”. (Prabhavānanda and Isherwood, 1975)

²⁸ The article in our Theoretical section from Dr. Edgar Mitchell, titled “*The Quantum Hologram and the Nature of Consciousness*”, discusses how our individuated human consciousness can tap into this information storage device, which he terms “The Quantum Hologram”, and retrieve “stored” information—information about the past, present, and future. This is a process similar to how the late Edgar Cayce was able to retrieve information to cure thousands of clients, as discussed in *The Akashic Records: Blueprint for Your Soul*. (Cayce, 2020)

In summary, the Vedanta's lesson is that the Ātman (the individualized self), our individuated unit of consciousness, is identical to Brahman (the supreme being, the Universal Mind). Thus, we are one within the Mind of God, the supreme being. In other words, our material reality is an illusion, and there exists a Universal Mind that we are a subset of, hence the term "Consciousness is Primary". I argue that this ancient Vedic tradition has provided the most detailed and elaborated discussion of human consciousness that enables us to understand our relationship to a larger context where consciousness is presented as more central than material existence to the nature, composition, and processes comprising all of reality.

For this reason, the majority of the pioneers of quantum physics avidly read the Upanishads for insights into the nature of "What is Consciousness". Furthermore, I will argue later in this chapter that the Vedanta tradition is the philosophical tradition that best explains the relationship between consciousness and the Contact Modalities. I am comfortable in declaring that in my opinion, the Vedic tradition was the ascended point in human history concerning our study and understanding of the nature of consciousness.

c. The Buddhist Tradition

Buddhism shares many commonalities with the Vedanta Tradition of Hinduism. For many centuries, Buddhism has been the primary spiritual tradition for most of Asia. The foundations of Buddhism were developed in India and share much of the school of thought as Vedanta Hinduism. Similar to Vedanta, Buddhism also terms reality "Dharma" and thus considers our reality an illusion and that consciousness is primary. Let's explore some of the similarities and differences between Vedanta and Buddhist philosophy.

Unlike Vedanta, Buddhist teachings come directly from the life and retold stories of Gautama Buddha, or "the Buddha" ("the Awakened One"), who lived c. 5th to 4th century BCE. Unlike Vedanta, the teachings of Buddhism constitute a method of how humanity can overcome their condition of suffering by developing an awareness of reality, which they call mindfulness. Thus, Buddhism seeks to correct the disparity between our actual state of reality and how individuals view their reality. This clarification, this illumination, is essential to promoting mental health and well-being according to the Buddha's teaching. (Werner, 1989)

Similar to the Vedanta philosophy, Buddhism views our reality as an illusion, as unreal, where our perceptions of reality mislead us to believe that we are separate from consciousness and from what we are made of. For a Buddhist, reality can be described as the manifestation of karma, being awakened to our past lives, and promoting the right path of rebirth. The Theravada school of Buddhism school teaches that there is no universal personal God. The world as we know it does not have its origin in a primordial being such as Brahman or the Abrahamic God. Nevertheless, what we see is only the transitory factors of existence. In the Buddhist scripture, the Sutta-Nipata, the Buddha is said to have said:

The world exists because of causal actions, all things are produced by causal actions and all beings are governed and bound by causal actions. They are fixed like the rolling wheel of a cart, fixed by the pin of its axle shaft. (Norbu, 1992)

d. The Egyptian Tradition

One can also argue that the ancient Egyptians also held a view that consciousness is primary. The ancient Egyptian view of consciousness can be traced as far back as 5000 BC where we learn about their obsession with death and the afterlife, which is central to the Egyptian Book of the Dead. Similar to the Shamanistic and Vedic traditions, ancient Egyptians were more concerned with the inner or transcendental realm of consciousness and spirit than their concern with their physical reality. For the early Egyptians, *du*, or breath, was the vital principle, which at death separated from the body and became *ba* or spirit. They also believed in the *ka*, which can be viewed as an etheric subtle-energy version of the physical body.

The ancient Egyptian viewed the afterlife as similar to life on earth, where the spirit retains the status and qualities that had been attributed to the physical body. Egyptians were interested in various mechanisms to induce the spirit to leave the body, communicating with the dead, and engaging in a process called *incubation*, which meant seeking information by way of dreams, or utilizing altered states of consciousness, to have experiences and gain knowledge involving information processing specific to, and available only utilizing, certain states of consciousness--inducing altered states of consciousness via self-induced OBEs, NDEs, channeling, lucid dreams, astral travels, and even hallucinogenic journeys. (Pinch, 2002) This is similar to the shaman's alteration of consciousness to connect with experiential realms only accessible through such an altered state.

e. The Greek and Roman Tradition

The ancient Greeks also continued with the earlier traditions of altered states of Consciousness. The *Delphic Oracle* involved someone in an altered state of consciousness who entered a kind of psychic or mediumistic state and who provided visions of the future and other sources of non-local information. Many well-known personalities in ancient Greece explored the topic of the spirit world and consciousness via the shamanic traditions of altered states of consciousness. Pythagoras, who was born around 580 BC, worked to keep a foot in both the physical and spiritual world-- the world of science and math and the world of the mystical/transcendental path toward purification of the spirit and eventual union with Spiritual Sources. Jeffrey Mishlove states of Pythagoras: "was something like a shaman, who in ecstasy made contact with worlds beyond." (Mishlove, 1997)

Plato, the main student of Socrates held many of the beliefs previously held by the Indian Vedic traditions. He taught that each of us has a divine soul that survives physical death and reincarnates as it continues to perfect itself. He conceptualized consciousness as a property of such a soul-- a property that is different from the physical body associated with it. For Plato, our material reality was an illusion, similar to the Vedic concept of *Maya*. In his famous Allegory of the Cave, in Plato's work the *Republic*, Plato uses Socrates to illustrate a group of people who are

living chained to a wall of a cave all of their lives facing a blank wall. These individuals watch shadows projected onto the wall from a fire behind them. Socrates describes these shadows as the reality of these prisoners because they do not see the underlying reality. These shadows are not representations of the real world. Plato argues that we are preoccupied only with the shadow level which is within a greater reality and that this greater reality is responsible for the secondary shadow world it generates. Plato believed that we, as conscious beings, should focus on the primary greater reality and not the derivative physical shadow domain. (Mishlove, 1997) Again, these concepts are similar to the Vedic concepts and follow the mindset that Consciousness is primary and not our material reality.

During the Roman era, the writings of the Egyptian Plotinus (205-270) combined the worldview of both ancient Egypt and those of Platonic idealism. Plotinus's interest lay with the mind and spirit and not with the physical body, our material senses, and our physical reality. Similar to Plato, he wrote about the transcendental and the ideal, and that man's principal goal was to transcend his own body and move within, and have direct experience and knowledge of this non-physical realm. For Plotinus, as well as many ancient Egyptians, the best way to get knowledge about our greater reality is by transcending one's own bodily and sensory constraints and interacting with altered states of consciousness which promote a mystical union with Source, the Mind of GOD. As was previously illustrated, inducing altered states of consciousness has a long history in Egyptian philosophy and practice. (Mishlove, 1997)

f. The Shift to Cartesian Dualism

René Descartes, who was born in 1596, is known for his expression, *I think, therefore I am*. Descartes argued that when we experience our awareness, we are in the presence of our conscious awareness. At the same time, Descartes saw another internally consistent realm of which we are aware besides the workings of our minds, and this is the realm of the external, objective, reality as known through our 5 senses. Via this statement, we clearly understand what is commonly called the mind-body dualism, where there are two fundamentally different kinds of substance or reality-- the inner/objectively real/mental and the external/objectively real/physical-- now known as *Cartesian dualism*. How do these two completely different kinds of substance or reality interact with each other to constitute the world as we know it?

This introduction of the *mind-body problem* is still being addressed by consciousness scholars today. Descartes characterized the mind portion, of his mind-body dualism, as an "*unextended substance*", that cannot be measured. Since Descartes's theory of Cartesian dualism, the study of human consciousness and the mind aspect of what is consciousness has regressed to the point where most philosophers now endorse physical monism, or the argument that the mind, as articulated by Idealism, does not exist, but only our physical reality. This physicalist mindset has permeated most of modern science and the fields of neuroscience, psychology, and psychiatry. One must go back to the works of the ancient Vedic and Buddhist traditions and to the Greek philosophy of Socrates, Plato, Plotinus, and others, to find consciousness being debated and analyzed where one begins to understand the fundamental properties of our greater reality-- where we begin to realize that consciousness is indeed primary.

g. Monism and Critiques of Physical Monism

A competing school of thought in the Mind-Body Problem to Dualism is Monism. Monists do not view a fundamental separation between the Mind and Body because they believe that consciousness, self-awareness, and the brain are the same thing. Monism has two extreme wings and various subset theories in between. (Schaffer, 2010) One extreme is the view held by western science, Physical Monism, which holds that the only substance to our reality is our physical reality. This position is held by the majority of physical sciences, especially the field of Neuroscience, in explaining what is believed to be consciousness. This physicalist approach views that consciousness begins and ends with our physical brain. When we die, our brain dies, and thus our human consciousness dies.

The other extreme wing of Physical Monism can be termed Idealism, which states that the only substance to our reality is only Mind-- our non-physical reality. Idealism argues that everything is non-physical, or mental. Thus, consciousness is the fundamental feature of our reality. Idealism does not allow physicality into their worldview because everything is mental, or Mind. Thus, what we think is physical is constructed by the Greater Reality which is mental. Hence, what we perceive via our 5 senses (touch, taste, hearing, smell, and sight) are not there as physical properties but are mental properties. I support Idealism, in particular, a sub-set of Idealism called Dual Aspect Monism. I provide an additional “twist” to the discussion of Dual Aspect Monism which I will detail later in this chapter.

A subset of Monism is called **Dual Aspect Monism**, which should not be confused with Descartes's mind-body dualism. In my opinion, this philosophical thesis, with my personal addition, provides the best explanation for the dilemma of the physical/psyche aspects of the paranormal Contact Modalities-- a topic that has puzzled the majority of researchers in this field. Monism can be viewed as a trilogy, having 3 branches: Physicalist Monism, Idealist Monism, and the third domain, Dual Aspect Monism, which incorporates both approaches, the physical and the mental. Where I differ from the traditional Dual Aspect Monist Approaches is that I apply Dual Aspect Monism only when the individuated unit of consciousness is born into our physical reality. The Idealist approach applies to all reality once our human consciousness is “outside” our physical reality. Nevertheless, since the entire physical reality is encompassed by our Greater Reality, in essence, the Dual Aspect Monist approach is actually a purely Idealist approach. Let me provide a clarification.

The Dual Aspect Monism thesis argues that once human consciousness reincarnates into a physical human body, the mental and physical aspects of human consciousness are inseparable, yet at the same time, they are mutually irreducible to the One Universal Mind of GOD, but yet distinct in the human physical form. This theory provides a model to explain the consciousness-based aspects of our reality but also the physical-based aspects of our physical reality. It can help you to understand seeing your aunt Sallie in your bedroom the day after she died. Aunt Sallie appears very physical to you as if she was alive, but you know that she is physically dead. While your aunt rejoined the Mind of GOD upon her death, when her consciousness returns to our Earthly physical plane, aunt Sallie’s consciousness splits into two components-- the psyche aspect that remains in the non-Earthly plane of the Universal Mind, and the physical aspect, that

physically appears to you in the Earthly plane. Dual Aspect Monism can provide a model of why the CAP/UFO Contact Experiencers have seen thousands of very different “physical” forms of CAP/UFO-related Non-Human Intelligence where the overwhelming majority are “seen” for less than one minute. It can provide a model of why CAP/UFO contact Experiencers are seeing tens of thousands of different objects in the Sky, most of them seen as diverse light configurations. While many are seen as physical, they might be “holographic projections” – they appear as physical objects but they are not. This theory can explain why the CAP/UFO Experiencer is seeing tens of thousands of different “physical beings” -- these perceived physical beings are not coming from tens of thousands of physical planets and visiting us, usually for less than 1 minute. Instead, these tens of thousands of diverse physical beings might be holographic projections from an external consciousness-based reality. This theory can provide a model of why, when you are having an Out of Body experience or an Astral Travel experience, everything seems very physical to you but yet you know you are not on planet Earth but in some other non-Earthly realm. In summary, this philosophical model, in my opinion, is the best model to explain the paranormal experiences via the Contact Modalities that so many of us are experiencing. Let me provide some further explanations.

This model can provide an explanation of a “paranormal” experience witnessed by my friend Rodrigo Fuenzalida, an academic and a professional in Santiago Chile, who is one of the most well-known Ufologists in Latin America. While on a Skype call with a friend, Rodrigo had the spirit of a deceased friend intervene in this Skype call. He then had a lengthy communication with this deceased female friend who recently died. The perceived spirit of this deceased person spoke with him for more than an hour and he had an extensive conversation with her. He knew that she had died, that he was hearing her voice, yet they engaged in a lengthy and active communication of details of her life. The most important message that this spirit was trying to convey was for Rodrigo to tell her father not to worry about her and that she was well. Dual Aspect Monism can be used to explain that when this spirit wanted to intervene in our Earthly plane, her consciousness was split into her remaining psyche component, and a physical component, her voice, to communicate with Rodrigo.²⁹

Finally, the Dual Aspect Monist model of our reality can provide an explanation of the Near-Death Experience where you are physically experiencing sensory information (seeing deceased relatives, seeing gardens, trees, buildings, seeing light and energy beings, and seeing even many types of human-looking beings) yet your heart is not beating, there might be no brain activity, and you might have been pronounced clinically dead. Yet, even though you might be “clinically dead”, you are also having a very “real” and “physical experience”. Let me provide further details and also define what is Dual Aspect Monism.

The writer of our Prologue, Dr. Jeffrey Kripal, is the J. Newton Rayzor Chair in Philosophy and Religious Thought at Rice University. Rice University is one of the most prestigious universities in the United States. Dr. Kripal also considers himself an adherent of the Dual Aspect Monist approach to the question of “What is Consciousness” and as an explanation

²⁹ I hope to have my translated video interview of Rodrigo Fuenzalida on my website, AGreaterReality.Com, by October 1, 2022.

for the Contact Modalities. Dr. Kripal uses the “filter thesis” of noted theorist William James who argued that the body and the brain do not produce consciousness but the brain actually works to keep it out. James proposed the “Filter Theory of Consciousness”, a theory that argues that the brain filters out consciousness itself.³⁰ The following is an explanation for individuals who have never had any experience via the Contact Modalities, or any PSI experience. The “filter thesis” argues that the brain is like a concrete wall, it prevents you from having these experiences. For others who have had NDEs, UFO Contact Experiences, Astral Travel Experiences, etc., because of their experiences, your brain becomes more porous and information from our Greater Reality filters into our individuated human consciousness. For these “special” individuals, they are able to tap into the information stored in the Universal Mind of GOD and we are able to experience the diverse Contact Modalities. The article in Volume One of our book, A Greater Reality, written by Dr. Edgar Mitchell, explains the details of this mechanism.

Professor Kripal defines Dual Aspect Monism as follows:

Dual Aspect Monism basically says that when you and I are talking, there’s an inside relating to an outside. I experience myself as essentially as these two oneness. There is something “inside” this body-brain relating to all these objects “out here” in three-dimensional space. You’re on my internal screen, as it were. But, fundamentally, deep down, there is absolutely no distinction between my own subjectivity and this material world. They are ontologically monistic. It’s all one world. What actually splits this fundamental unity into two is this body/brain. I’m the splitter. You’re the splitter. The body and the brain are what splits the world into a mental and a material dimension, but deep down that world is both mental and material at the same time, or, if you prefer, it’s neither. However, if you want to talk about it, it’s not matter as traditionally conceived, but neither is it mind as traditionally conceived.³¹

Another way to think about how we receive consciousness information is to view that we do not operate like a computer but more like an antenna. We are not generating consciousness information instead, we are receiving, reducing, and translating it into a kind of physical experience that we believe is very physical but is not real. Dr. Jeffrey Kripal alternatively defines Dual Aspect Monism as follows in an interview he had with Consciousness scholar Dr. Jeffrey Mishlove, where he stated that Dual Aspect Monism:

“... is essentially, a system that says reality itself is neither mental nor material. It participates in both of these. When it comes down to a human being (when we break off from Super Reality), like you and me, and comes into our experience, it splits off into a material dimension and a mental dimension, but those dimensions are the same thing that

³⁰ For a detailed explanation of William James’s “Filter Theory”, please read this article by Dr. Larry Dossey. Dossey, L. (2012). *The Brain as Filter: On Removing the Stuffing from the Keyhole*. EXPLORE, The Journal of Science and Healing 8(6):317-322, December 2012. DOI:10.1016/j.explore.2012.08.006

³¹ Interview with Dr. Jeffrey Kripal. <https://www.essentiafoundation.org/the-flip-and-the-flipped-leaving-materialism-behind-an-interview-with-jeffrey-j-kripal/reading/>

*is being split off. So, it is ontologically one but it is epistemologically two. That helps me to explain paranormal experiences because paranormal experiences always have this physical dimension in the environment that corresponds almost perfectly to some mental state. So, for me, if they have split off from the common Super Reality, that is exactly what you would expect to see”.*³²

Thus, while these paranormal experiences, experiences via the Contact Modalities, appear very real to us, very physical to us, these experiences are also psyche, conscious-based experiences. This was the dilemma that puzzled Dr. J. Allen Hynek and Dr. Jacques Vallee, two of the pioneers of Ufology. They were never able to comprehend the dual aspect nature of these consciousness-based experiences which the theory of Dual Aspect Monism can explain. It is for these reasons you see your deceased aunt Sallie, in full physical form, wearing her favorite dress, yet you know she was buried a few days ago. The dual aspect nature or reality can also explain the tens of thousands of different types of “UFO Crafts” and tens of thousands of physical beings seen by CAP/UFO Contact Experiencers-- experiences that mainly last a few minutes at most and are both physical and consciousness-based. Dual Aspect Monism can explain all of the Contact Modalities-- experiences that are both physical and mental. Why? **Because all of the Contact Modalities are conscious-based phenomena.**

As you can tell by now, many of our authors describe our “Greater Reality” in different ways but yet we all reach the same conclusion that **“Consciousness is Fundamental and that our physical world is a manifestation of consciousness and not our physical reality.”** It is important to be reminded that the Dual Aspect Monist approach is actually an Idealist approach because it argues that at all times, in our Greater Reality, what Dr. Kripal calls “the Super Reality”, and in our physical reality, all reality is Mind. Consciousness is ontologically “One” but when it splits into our physical reality, it splits into two, and thus, it is epistemologically two. Dual Aspect Monism argues that the world is ONE, the One Mind of Consciousness, and it is neither mental nor material. It is both objective and subjective at the same time. Its strength is in describing our physical reality. I argue that once we are born, or reincarnate into our physical reality, we change from a purely conscious-based entity, into a physical being that has dual aspects of Mind and Body. We leave a world of the pure Mind, of pure consciousness, into a reality that is now split into two aspects, one physical and one mental. Once born, we now perceive our 5 cognitive physical senses and also begin to experience time, space, and causality-- concepts that we perceive to exist in our physical reality. Nevertheless, this “physical reality” is not “real”. Thus, Dual Aspect Monism argues that once we are born into our physical reality, our reality is epistemologically two, a mental and a material dimension, but it is ontologically one. Because it is one, it is categorized as a Monism.³³ Thus, it can be categorized as a form of Idealism.

³² Interview of Dr. Jeffrey Kripal by Dr. Jeffrey Mishlove in his YouTube program titled “New Thinking Allowed”.
<https://www.youtube.com/watch?v=orHqj6Jbgc&t=332s>

³³ For additional research on the varied approaches to Dual Aspect Monism, I recommend that you read the following: Atmanspacher, H. and D. Rickles. (2022). *Dual Aspect Monism and the Deep Structure of Meaning*. Routledge.

I am an adherent of Idealism-- that our physical world is a manifestation of consciousness and not our physical reality. This does not contradict Dual Aspect Monism because I argue that Dual Aspect Monism applies only when human consciousness resides in our physical reality. Once we return to “Source”, what Dr. Kripal calls the “Super Reality”, the location where our human consciousness is created, we are no longer experiencing a dual aspect reality but one where the Idealist Monist approach would be more suitable. In the next section titled “*Commonalities of the Contact Modalities*”, I articulate this hypothesis in detail.

As I argue throughout this chapter we are living inside a Spiritual and Virtual Greater Reality which I call the Universal Mind of GOD. This thesis can be described in many different ways. The authors of our book describe our Greater Reality as a Quantum Hologram, others describe it as a Virtual Reality, and others call it Cosmic Consciousness. Dr. Kripal even uses the Dual Aspect Monist approach to explain the “paranormal”. Either way, it does not matter how you slice the bread because all of these approaches boil down to the thesis that **Consciousness is Primary and that our physical world is a manifestation of consciousness and not our physical reality.**

Today, many scientists, especially those in the field of Neuroscience who start as materialists, as physical monists, argue that the only reality is external, objective, and physical-- that everything is physical and nothing is over and above the physical. This is the position that is taught in the field of Cognitive Neuroscience. This view holds that all things related to consciousness, the spirit and mind, are secondary transient issues that are entirely dependent upon the physical existence of living brains that gives rise to and sustain them. For the physicalist, which is the majority of scientists, including the field of Neuroscience, consciousness begins and ends with the living brain. When the living brain dies, all consciousness ceases to exist.

This materialist approach, including all attempts to define consciousness, has been unsuccessful. The many previous quotes cited by Nobel Prize winners and academic scholars in Neuroscience have confirmed that there is no such thing as a neuroscience approach to consciousness because no such approach exists-- it is an oxymoron. No neuroscientist, in good faith, can unequivocally describe how the human brain might create consciousness. Yet the field of Neuroscience has repeatedly proclaimed that the concept of the brain creates consciousness as a fact. I can boldly repeat skeptic James Randi's offer of \$10,000 to any Neuroscientist that can prove to me that only the Brain, and nothing but the Brain, causes human consciousness and that when the Brain dies, all human consciousness ceases to exist. Not one neuroscientist has a clue how the brain creates consciousness yet the mantra of a physicalist is that the brain causes consciousness and there is no need for further evidence to establish this well-known fact-- a fact that just does not exist. For additional readings on this topic, I suggest the following books cited in this footnote.³⁴

³⁴ For further readings critiquing the physical monist approach to consciousness, I recommend the following books: "*Mystery of the Mind: Critical Study of Consciousness and the Human Brain*", by one of the pioneers of neurosurgery, Wilder Penfield. "*Brain Wars: The Scientific Battle over the Existence of the Mind and the Proof that will change the way we live our lives*", by Dr. Mario Beauregard, Professor of neuroscience at the University of Arizona. Finally, I also recommend "*Irreducible Mind: Toward a Psychology of the 21st Century*", "*Beyond Physicalism: Toward Reconciliation of Science and Spirituality*" and "*Consciousness Unbound: Liberating Mind from the Tyranny of Materialism*", all edited by Dr. Edward Kelly and others. All are detailed in the Reference section of this article.

VI. Commonalities of the Contact Modalities

If one argues that all of the Contact Modalities are interrelated and need to be researched as one phenomenon under the umbrella of consciousness, how are they interrelated? What are the commonalities that they share? What are their differences? This section of my article will attempt to present just a brief introduction to some of the numerous commonalities. I am leaving out many other commonalities due to the extensiveness of this particular issue. Obviously, a lengthy dissertation of these common factors is not allowed in this short introductory paper. Nevertheless, the following is a discussion of some of the most common features.

a. Commonality # 1: Manipulation of Spacetime

The most important commonality of the Contact Modalities is that they all appear to “manipulate spacetime”. The term “spacetime” was coined by physicist Albert Einstein as part of his theory of relativity. Before Einstein’s theory, the universe was viewed via three-dimensional geometry that was independent of time. Einstein argued that time cannot be separated from the three dimensions of space, known via the Cartesian coordinate system as x, y, and z, and he argued that we must now add t, or time, into his equation. Thus, according to Einstein, spacetime is four-dimensional. As I will show later in this paper, with Chart #2 and #3, I argue that materialist cognitive neuroscience views the question of “What is Consciousness” mainly through the filters of our 5 physical senses and our physical Cartesian coordinate of reality, which I have labeled in these two charts. For a materialist, there is no such thing as a manipulation of spacetime-- their notion of consciousness and our reality can only be experienced via our 5 senses within a 4D reality involving human interaction via our 5 physical senses and Time. Nevertheless, when one looks at “Experiencers” of the Contact Modalities, I hold that a manipulation of spacetime is the most important component of the Contact Modalities.

How can one define the term a “manipulation of spacetime” -- a term that has been rarely used? My hypothesis is that a manipulation of spacetime involves the ability to manipulate our 4D physical reality via our human consciousness interacting with our multidimensional reality, via the Quantum Hologram, our Greater Reality. This manipulation might involve “time manipulation” involving the slowing down, reversing, or stopping of time. It might also involve “4D space manipulation” which might involve the “travel” of your human consciousness into other dimensions or other realities.³⁵ As demonstrated in Charts #2 and #3, which will be presented later in this paper, I argue that we are living in a multidimensional spiritual and virtual reality, a reality that Dr. Edgar Mitchell termed the “Quantum Hologram”, and that human consciousness can travel within this “Greater Reality”. Human consciousness can travel “outside”

³⁵ The term “Human Consciousness” can be viewed as the human soul, the individuated non-corporeal substance that remains came with us when we are born, remains with us in our physical body, and returns to the Universal Mind of God after we die. It is this individuated non-corporeal substance that travels up the Astral Realms via an OBE or Astral Journey or via an NDE. Once we die, we rejoin the Universal Mind of God. While the memories of our lives as humans are stored in the Information Storage Mechanism of God, commonly called the Akashic Records, it is Human Consciousness, the Human Soul, stripped of its human memories, that rejoins GOD to possibly reincarnate for another human physical journey.

of our 4D physical reality. Thus, with this travel of human consciousness outside of our 4D physical reality, we (our individuated human consciousness) can travel “outside” of space and time, thus, producing a “manipulation of space-time.” Not only can human consciousness travel within this “Greater Reality”, but the consciousness of a vast array of Non-Human Intelligence can also travel within this Greater Reality. Both forms of consciousness, human and Non-Human Intelligence, can travel in both directions, to and from our 4D physical reality, within the hierarchy of our Astral Dimensions, our multi-dimensional reality, which I have labeled Astral Planes or Astral Realms. It is important to note that what I am presenting is obviously a theoretical model which is speculative because no one can begin to understand what is consciousness and the nature of our reality. My theoretical model of consciousness, however, can begin to move forward the discussion of the interrelationship between Consciousness and the Contact Modalities.

Thus, the manipulation of spacetime might involve the ability to travel in time-- back in time, forward to the future, or even the ability to stop time. The manipulation of spacetime also involves individuated units of consciousness, both human consciousness and the consciousness of various forms of Non-Human Intelligence, to move within “space” into other multidimensional realities.

I argue that we are interacting within a Spiritual and Virtual Reality that is comprised of multidimensional realities that can be perceived as a hierarchy of Astral Planes, or different dimensions. No one has the definitive answer as to the specifics of our multidimensional Greater Reality but one way of visualizing this image is via a Matryoshka doll, or Russian doll, which is a set of wooden dolls of decreasing size which is placed one inside another.

Chart #1: Matryoshka dolls simulate the hierarchy of our Greater Reality



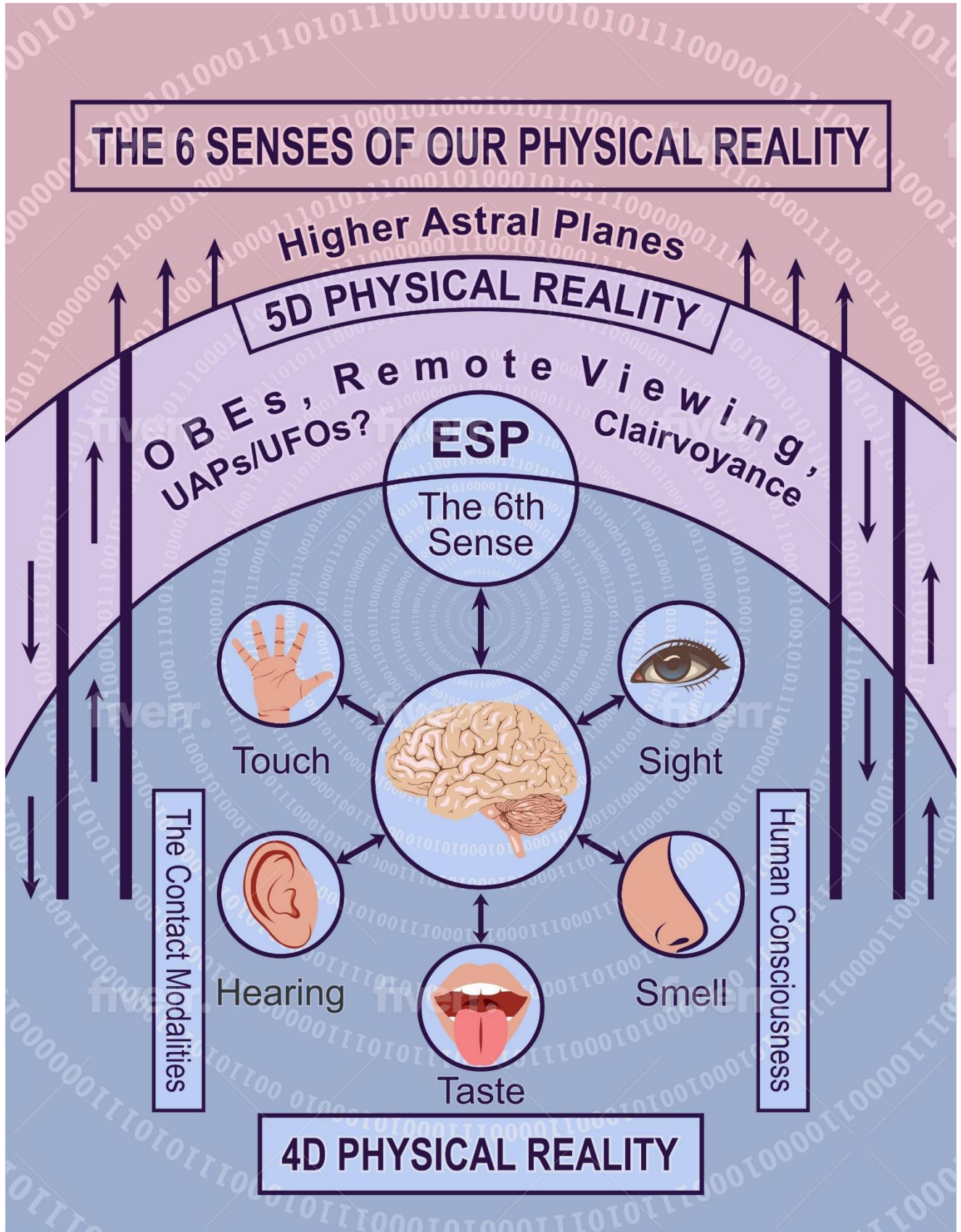
In my model describing the nature of our Greater Reality (which I have labeled “A Spiritual Virtual Reality Model of Consciousness”), the very smallest Russian doll is our 4D physical reality-- our perceived reality via our materialist 5 cognitive senses of Touch, Hearing, Taste, Smell and Sight and Time. (See Chart #2 for more details) The second smallest doll is our 5D physical reality, which can be briefly defined as your human consciousness leaving your 4D reality and entering a 5D Physical Reality where your human consciousness is interacting with your physical reality via an OBE experience, via Remote Viewing, or other forms of Clairvoyance. (See Chart #2) Everything between these two smallest Russian dolls and the largest Russian dolls can be viewed as the Higher Astral Realms of our multidimensional reality. Everything outside of the largest Russian doll is the Universal Mind of God, the Universal Consciousness, because “everything is ONE, everything is consciousness”, everything (both physical and non-physical) is inside this Universal Mind of God. Thus, all of “reality” is “inside” the Universal Mind of God. Charts #2 and #3 are detailed in the following section titled “*Commonality #2: Travel of Human Non-Human Consciousness*”. These two charts provide a visual conceptualization of my speculative model of human consciousness and the Contact Modalities.

b. Commonality # 2: Travel of Human and NHI Consciousness

All of the Contact Modalities involve a manipulation of spacetime where human consciousness is brought to another multidimensional reality or where the consciousness of Non-Human Intelligence is brought from another multidimensional reality into our perceived 4D physical reality where this intelligence reacts with us. This paper argues that various forms of Non-Human Intelligence also have a form of consciousness, very similar to Human Consciousness and also originating from the Mind of GOD since everything, all forms of consciousness, begin and end with the Mind of GOD. I hypothesize that the majority of the Non-Human Intelligence that humans are interacting with are non-corporeal forms of consciousness that materialize into physical form when they appear in our 4D reality. As was explained in the section on Dual Aspect Monism, once this consciousness manifests into our physical reality, it split from pure consciousness and manifests itself in both a physical and a psyche form. A classic example is you seeing your deceased aunt Sallie in her favorite dress in your living room. You perceived her in a physical form but you also know that you buried her 2 days ago, your aunt Sallie is clearly physically dead. Even though she begins to telepathically communicate with you and appears very physical, you know that this perceived intelligence is a deceased human. Is this perceived being your deceased aunt Sallie or a Holographic projection from another reality?

Thus, there are two paths, or rivers, one for human consciousness and the other for the Consciousness of Non-Human Intelligence. Human consciousness can travel up the hierarchy of the Astral Planes from our 4D Physical Reality and it can also travel down this same path from the higher Astral Realms. The same pattern occurs in the reverse for the Non-Human Intelligence associated with the Contact Modalities. The Non-Human Intelligence can travel down from the higher Astral Planes to our 4D Physical Reality, where they interact with us, and they can also travel up the Astral Planes to the location, or source, where they originate from. (See Chart #3)

Chart #2: The 6 Senses of our 4D Physical Reality



As previously suggested, the item that is “moving” within “spacetime” is not our physical bodies, but our much more complex non-physical form, our human consciousness. You might assign a different name to this non-physical form, i.e., the soul, the astral body, etc., but my preferred term is individuated human consciousness. Charts #2 and #3, presents a model of a manipulation of spacetime involving both human consciousness and the Non-Human Intelligence involved in the Contact Modalities. It also presents a model of how both forms of consciousness travel within our Greater Reality. Let me first begin with what I am calling our 4D reality and 5D reality as illustrated in Chart #2.

Chart #2 illustrates our 4D and 5D reality. The 4D reality is comprised of our 5 senses as defined by materialist cognitive neuroscience and the concept of Time, as detailed by Albert Einstein. For a materialist, consciousness begins and ends with the 5 senses orchestrated by our Human Brain. Chart #2 also includes a 6th Sense, which I have labeled ESP (extrasensory perception). In my frequent chats with the late Dr. Edgar Mitchell, he always reminded me that ESP is our 6th Sense. Dr. Mitchell founded the Institute of Noetic Sciences in Petaluma, California, which is now known as the most important academic research institute that studies ESP. ESP can be defined as the ability to receive information not gained via the 5 senses, but through our “mind”, our human consciousness.

I believe that the most expansive and most important book ever written on the PSI phenomenon, (which includes the 3 areas of PSI, which are 1) extrasensory perception (ESP), 2) psychokinesis (PK) and 4) the survival phenomena (θ)), is Dr. Mitchell’s 708-page book titled “*Psychic Exploration: A Challenge for Sciences*”, which was published in 1974, three years after he returned from his journey to the moon as a member of Apollo 14. In this book, Edgar defines ESP as follows:

“ESP is a psychic event in which information is transmitted through channels outside the known sensory channels, either in waking consciousness, trance, or dreams. It is mostly mental in character, showing few physical signs of having occurred, and even those are usually of a very subtle character... ESP includes these specific forms of PSI: telepathy, clairvoyance, clairaudience, precognition (which is more or less synonymous with premonition, prophecy, and visions), retrocognition, psychometry, radiesthesia, and psychic diagnosis.” (Mitchell and White, eds, 1974)

I have placed a circle in Chart #2 for ESP, which is encompassed between two dimensions, our perceived 4D Reality, and our 5D Reality. I am defining 5D Reality as a dimensional realm above our 4D Reality. 5D Reality is a dimensional realm where your consciousness leaves the 4D physical reality into a separate and distinct reality but your consciousness is still interacting with the 4D physical reality. OBEs, Remote Viewing, and other experiences involving Clairvoyance occur in this 5D realm, a realm that is both physical and non-physical. Let me clarify further.

For those special and blessed individuals who have had an experience via an Out of Body Experience (OBE), a Remote Viewing Experience, or some other form of clairvoyance, they realize that their human consciousness is outside of your 4D Physical Reality but you (as an individuated conscious intelligence) are still interacting with the 4D Reality but your human consciousness is not in your physical body.³⁶ I have coined this astral realm the 5D Reality. The 4D and 5D realms are illustrated in Chart #2. In the 5D astral realm, you are still sensing your 4D Reality via your senses because you are seeing your physical body underneath you, you are seeing physical objects such as your bed, your house, your neighborhood, streets, rivers, homes, etc. You are also able to hear physical noises, and in some cases, you are even able to smell odors but “you”, your human consciousness, is not in your physical body. Instead, you are in a non-physical body, which I have termed “human consciousness”, which is interacting with your 4D physical reality.

In the case of an OBE, you might see your body underneath you and your consciousness might float around your room, your house, your neighborhood, and almost anywhere in your physical reality. In this OBE state, your thoughts are vivid, awake, aware, and normal like you are having a conversation in your physical body in your 4D reality. The OBE research literature also suggests that “you”, your individuated consciousness, can direct your consciousness to “travel” to other physical locations in your 4D plane where you can view the physicality of the physical plane. For individuals that have had an experience with what is commonly called Remote Viewing, the human consciousness of these individuals can travel to another physical location and “see” a physical person, a physical location, or a physical event through means other than the 5 human physical senses-- you are “seeing” though your consciousness outside of your 5 physical senses. I hypothesize that an OBE in our 4D physical plane is actually very similar to what has been coined “Remote Viewing”. I encourage everyone to read the 3 articles included in this book under the category of “Out of Body Experiences, Remote Viewing, and Consciousness”. One of these articles was written by one of the early pioneers of Remote Viewing, Stephan A. Schwartz, who in my opinion, is the world’s leading academic authority on Remote Viewing. Stephan’s article is titled “*Through Time and Space: The Evidence for Remote Viewing*”.

You can also travel to non-physical realms higher than the 5D Astral Plane. When the OBE experiencer “pops” out from the 5D Physical plane and travels up the Astral Planes, then this phenomenon changes to what is commonly called “Astral Travelling”. An Astral Travel Experience occurs above the 5D Physical Reality Astral Plane. Your experiences in Astral Traveling are not in the 5D reality, where you are interacting with your 4D physical reality, but in other higher multidimensional realities which do not conform to our 4D reality.

It should be noted that many Near Death Experiences (NDEs) begin in this 5D realm. Once the person dies or is close to death, your consciousness leaves your physical body and, in many cases, you are floating on top of your dead body in this 5D realm. The NDE literature has presented thousands of these experiences. For example, if you died in a body of water, you see

³⁶ The term clairvoyance is defined as the ability to receive information about a physical object, a physical person, a physical location, or a physical event through means other than the 5 human physical senses. The person who receives said information is referred to as a clairvoyant.

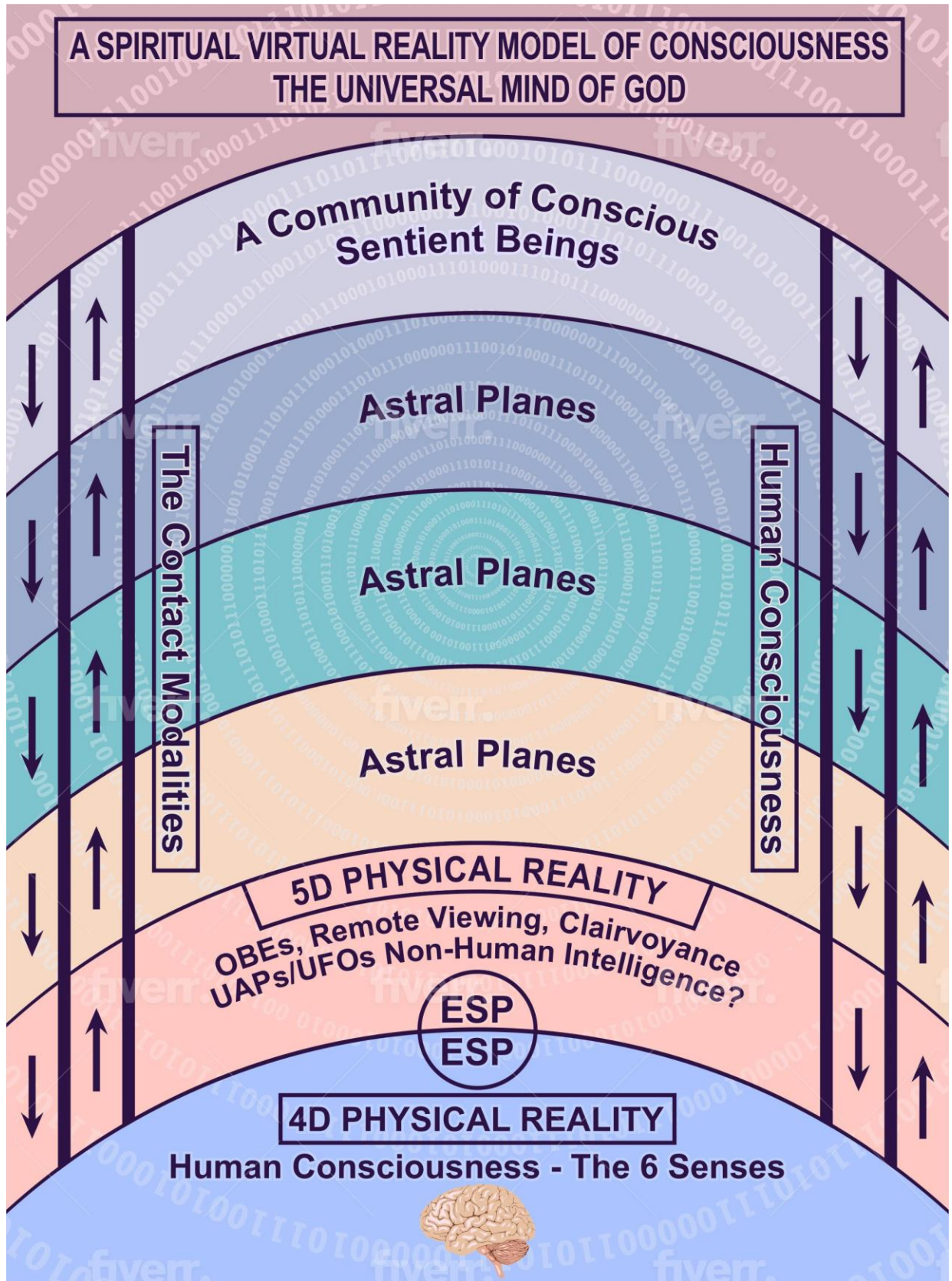
your dead body floating in a river, lake or ocean. If you died in an operating room, you see your dead body surrounded by physicians and nurses in the operating room. If you died in an automobile accident, you see yourself floating on top of your wrecked car and see your mangled body underneath. In all of these cases, you feel no pain. It is only when your consciousness returns to your body that you experience the actual pain from the drowning, the operation, or the auto accident. Volumes 3 and 4 in our book present stories of numerous NDE experiencers where they describe similar experiences of their consciousness leaving their 4D reality and their physical body and observing their dead body underneath them while in a 5D reality.

Chart #3 provides an illustration of astral realms higher than the 4D and 5D realms. No one has an accurate number of these realms-- all we have are speculative theories. Based upon the research testimonies from experiencers of the Contact Modalities, we understand that there are many diverse realms or Astral Planes, that they are interacting with. For all we know, it can be an almost infinite number of these higher astral realms. My definition for these higher astral planes is the term a “multidimensional reality” that is not in a 4D or 5D realm. Your human consciousness is not interacting within a perceived physical reality like you are in a 4D or 5D physical reality.

I have argued that human consciousness is being brought to higher dimensions or Astral Planes, via the Contact Modalities, where it is interacting with tens of thousands of diverse forms of Non-Human Intelligence in these other dimensions. This occurs via Near Death Experiences, Out of Body Experiences, Remote Viewing, Mystical Meditation, Hallucinogenic Journeys, Astral Travel, CAP-UFO-related contact experiences, Lucid Dreams, and many other ways. All of these experiences involve a manipulation of spacetime and contact with perceived diverse forms of Non-Human Intelligence.

Chart #3 illustrates the two separate flows of consciousness-- one is human consciousness, which appears on the right side of the chart and the left side of the chart depicts the flow of the consciousness of the Non-Human Intelligence associated with the diverse Contact Modalities. The left side of Chart #3 describes the flow of the consciousness of Non-Human Intelligence and how the diversity of these conscious intelligence arrives in our human 4D reality and interacts with physical human beings in our 4D reality. The right side of Chart #3, the flow of human consciousness, depicts arrows pointing up and arrows pointing down. When you are born, the flow of human consciousness travels down from the Mind of GOD to the 4D Reality. The arrows show how human consciousness can leave up from our 4D reality and travel up to the 5D reality where we have OBE, Remote Viewing, or Clairvoyance experiences. When an individual is having an Astral Travel experience, the human consciousness travels even further up the Astral Planes above the 5D reality where they are in other multidimensional realities that do not have a 4D physical plane. These higher Astral Planes appear physical but they typically do not appear like you are having them in physical reality like Earth. When you have an NDE, your consciousness travels all the way up the Astral realms to its highest realm, the Mind of God, where you are told to return. The arrows pointing up signify the flow of human consciousness from the 4D reality, up the hierarchy of Astral Planes, to the very top, the Universal Mind of God.

**Chart #3: A Spiritual Virtual Reality Model of Consciousness
The Universal Mind of GOD**



1. Human Consciousness Travel via a Near Death Experience

When an individual is having a Near-Death Experience, human consciousness starts at the 4D physical plane and keeps going up this flow of human consciousness past the 5D plane where OBEs and Remote Viewing take place, goes past the higher Astral Planes of our multi-dimensional reality, and travels to the highest and last plane of our Greater Reality, to the last plane I am calling the Mind of God. This experience involves joining to the Ultimate Consciousness Intelligence, the Creator and Programmer of our Spiritual Virtual Reality. There are literally thousands of academic publications that have described the complexities of the NDE phenomena. I would recommend the numerous books published by Dr. Raymond Moody, the Father of the NDE research phenomena. In addition, there are numerous academics and medical doctors who have researched the phenomenon of NDEs. One of the early pioneers is Dr. Bruce Greyson, an MD psychiatrist and professor at the University of Virginia School of Medicine, who has written two articles that appear in our book. Yet another NDE pioneer researcher is Dr. Kenneth Ring, a retired professor of Psychology at the University of Connecticut. These were the three early pioneers of the NDE phenomenon and founders of the International Association of Near-Death Studies. (Alexander, E. 2012, 2017) (Long, J. 2011, 2016) (Greyson, J. 2009, 2021) (Moody, R. 1975) (Ring, K. 1984, 1992)

When the NDE experiencer is informed that he has to return, usually by a being they identified as GOD, their human consciousness then travels down the hierarchy of the Astral Planes, through the 5D reality, and finally to the 4D physical reality. This is depicted by the arrows on the right side of Chart # 3 where the arrows are pointing downward. This is the flow of human consciousness returning to the 4D physical reality. In many cases, before the NDE experiencer enters his/her body, his or her consciousness temporarily stops at the 5D Reality where they float directly above their body for a few seconds or minutes, before their human consciousness returns back to their 4D physical body. Many of the chapters written by NDE experiencers in Volumes 3 and 4 of our books, in particular the case of Dr. Melinda Greer, discuss this feature. In her second NDE, before her return to her body from her encounter with GOD, she was told that she could not remain and her consciousness was transported to the 5D Reality, where she floated directly above her body for a few seconds, looking at it in puzzlement, until she recognized her body, and she then forcefully entered her body. This is an example of human consciousness's return down this flow from the highest Astral Plane, the plane of the Universal Mind of GOD, to our earthly 4D physical reality.

So far, we have discussed the travel flows of Human Consciousness. This same flow pattern also applies to various forms of Non-Human Intelligence. As Chart #3 illustrates, the flow of consciousness, but this time the Consciousness of Non-Human intelligence, can travel down the Astral Planes to our 4D reality where they interact with us, and later travel up the Astral Realms to their origin. This concept is depicted on the left side of Chart #3. Needless to say, everyone is clueless as to the source of these diverse forms of Non-Human Intelligence but I speculate that they originate directly from the Mind of GOD.

2. Human Consciousness Travel via an OBE or Astral Travel

The clearest example of these higher astral realms is the phenomenon of what is commonly called “Astral Travel” which is commonly referred to as an Out of Body Experience. Unfortunately, there are not many academic-based articles that have documented the complex details of the Astral Travel phenomenon but I am fortunate that we have two articles in our book, one by Marilyn Hughes which describes many of her personal Astral Travel experiences, and a second article by Julia Sellers, that provides a literature review of the OBE and Astral Travel phenomenon and where she highlights a case study of a personal friend. The terms Astral Travel and Out of Body experiences are, in my opinion, interchangeable and similar terms, where your human consciousness leaves your physical body and travels to other non-physical realms. The only difference is that Astral Travel is usually associated with your human consciousness traveling outside of the 5D reality whereas the OBE describes your consciousness interacting with your 4D physical plane while your consciousness is inside the 5D astral realm. Nevertheless, the term OBE is now commonly referred to as both the OBE and Astral Travel Phenomenon. I remain a purist and clearly understand that both of these experiences are very different because they occur in two separate astral realms.

There have been many non-academic books that have detailed the phenomenon of the Out of Body Experience and Astral Traveling. Physicist Tom Campbell, who wrote an article for our book titled “*An Information-Based Theory of Consciousness and the Contact Modalities*”, and author of the important 700-page book, *My Big Toe*, details his personal OBE and Astral Travel experiences in these higher Astral Planes where he discusses the many lessons he learned while traveling to other multidimensional realities. Tom was the principal scientific investigator since the inception of the Monroe Institute, which was the first institute dedicated to scientific research of both the OBE and Astral Travel phenomenon. It was at the Monroe Institute where Tom began to control and induce his OBE and Astral Travel experiences.³⁷ He then began to conduct repeatable physics experiments while he was in these multidimensional realities. From his more than 40 years of controlled and repeatable physics experiments, Tom developed his extremely detailed and complex theory that we are living in both a multidimensional and spiritual virtual reality, as detailed in his book, “*My Big Toe*”, which does not contradict my “Spiritual Virtual Reality Model of Consciousness” presented in this article. (Campbell, 2003)

Other important books on OBEs and Astral Travels, in addition to the books written by Tom Campbell and Marilyn Hughes, that describe the experiences of selected individuals are books by the following individuals. Luis Minero was the Administrative Director of the International Association of Consciousness (IAC) and has published various articles in IAC’s Journal, the *Journal of Conscientiology*. I also had the privilege of lecturing at IAC’s Second Annual Conference on Conscientiology, which was held in Miami, Florida on 2017 and I

³⁷ Tom Campbell received a B.S. in Physics as well as an M.S. in Physics. He started but did not finish a PhD in experimental nuclear physics with a thesis on low-energy nuclear collisions. He worked as a systems analyst with U.S. Army technical intelligence for a decade before moving into the research and development of technology supporting defensive missile systems. Subsequently, he spent the better part of 30 years working within the U.S. missile defense community as a contractor to the Department of Defense.

published an academic article in their peer-reviewed *Journal of Conscientiology*. Mr. Minero's book is titled "*Demystifying the Out-of-Body Experience: A Practical Manual for Exploration and Personal Evolution*". (Minero, 2012) A second well-known practitioner of OBEs and Astral Travels is Jurgen Ziewe who published an important book titled "*Multidimensional Man: A Voyage of Discovery into the Heart of Creation*". In his book, Jurgen details experiences in different dimensions-- a lower dimension, the earth-like dimensions, the intermediate dimensions, and the higher dimensions which he describes as "heavenly worlds". Mr. Ziewe details hundreds of his OBE and Astral Travel journeys to other dimensions over a period of more than 40 years. He states that "*these dimensions lie at the very heart of our existence, whether we realize it or not.*" (Ziewe, 2008) Finally, let us not forget the individual that made the term OBE known around the world, Mr. Robert Monroe. Mr. Monroe's 3 important books are as follows: *Journeys Out of the Body*, published in 1971; *Far Journeys*, published in 1985; and *Ultimate Journeys*, published in 1994. These three books detail hundreds of journeys by Mr. Monroe into diverse multidimensional realms.

Almost everyone that has ever had an OBE or an Astral Travel experience no longer fears death and understands that human consciousness survives our physical death. Dr. Charles Tart, in his article titled "*Out of Body Experiences*", stated that

The effect of an OBE in a person is almost always a conviction of survival after death, and this is probably the origin of the concept of a soul, a central doctrine in most religions."
(Chart, 1974)

In fact, most of the historical religious traditions that have a base in idealism-- the Vedic, Buddhism, Taoist, Ancient Egypt, Greek, and Roman traditions-- all have documented in their literature examples of OBEs and Astral Travel experiences where human consciousness has traveled to other multidimensional realities.

3. Human Consciousness Travel via CAP-UFO Contact

Yet another Contact Modality that provides examples of human consciousness traveling to other realities is the phenomenon of contact with CAP-UFO-related Non-Human Intelligence. Chapters One and Two of my book "*Beyond UFOs: The Science of Consciousness and Contact with Non-Human Intelligence*" provides numerous examples where CAP-UFO Contact Experiencers were brought by CAP-UFO related Non-Human Intelligence to other multidimensional realities. (Hernandez, Klimo & Schild, 2018)

It is important to note that 50% of the respondents to the Edgar Mitchell FREE CAP-UFO Experiencer Research Study responded "Yes" to the question "**Have you had contact with Non-Human Intelligence in a Matrix-like Reality?**" 50% responded "YES"

We also asked the question: "**Was your consciousness separated from your body at the time of the contact experience?**" 66% responded "YES"

Finally, we asked the question “**Have you ever had an Out of Body Experience?**” 80% responded “YES”

Chapter Two of our book “Beyond UFOs”, which was over 200 pages in length, written by retired professor Dr. Jon Klimo, is an analysis of the qualitative responses to our 3rd survey which included 70 qualitative open-ended questions. This chapter contained hundreds of examples from CAP-UFO Contact Experiencers that were brought by CAP-UFO related Non-Human Intelligence to multidimensional realities. (Hernandez, Klimo & Schild, 2018) Finally, Volumes 3 and 4 of our book “A Greater Reality” also contain numerous detailed experiences from individuals that had CCAP-UFO-related contact experiences and were also brought to other multidimensional realities.

In the “Personal Journey” section of this article, I detailed my personal involuntary Astral Travel experience while I was driving my car in the middle of a traffic jam where I was brought to a multidimensional reality and was shown the relationship between the Contact Modalities and Consciousness. Like many other CAP-UFO Contact Experiencers, this experience was not self-induced, similar to the experiences of Tom Campbell, Marilyn Hughes, and many other OBE practitioners and mystical mediators such as Yogis who have induced OBEs. Instead, this experience was initiated by some form of Non-Human Intelligence that began to interact with me in 2012, beginning in March of 2012 at the age of 55, when an Energy Being appeared to my wife and I in our living room and miraculously healed our paralyzed dog that we were going to euthanize later that afternoon. Several months after this initial experience, I, as well as my wife, began to “call down” many large CAP-UFOs. For my wife, these CAP-UFO objects were her “Angels” and she called them down by praying. For me, I tried to repeat what my wife was doing, without the prayer, and within 15 minutes these very large CAP-UFOs would appear.³⁸ Like so many other CAP-UFO Contact Experiencers, NDE, and OBE experiencers, an initial “paranormal “experience via the Contact Modalities initiates additional “paranormal” experiences. Like other CAP-UFO Contact Experiencers, these multidimensional experiences began after I “requested to see a CAP-UFO.” Many of the experiencer chapters in Volumes 3 and 4 of this book document similar CAP-UFO-related experiences where the individual was brought to other multidimensional realities, many of them can be associated as CAP-UFO related because the majority of these individuals have had numerous paranormal experiences, which also include seeing CAP-UFOs.

In a later section of this document, I will make a brief argument that many of the CAP-UFO Contact Experiences, where the experiencer had an “abduction” and where they believed they were brought to a “Physical Spaceship”, are not physical phenomena where their physical body was brought to a UFO spaceship. Instead, I argue that the abduction phenomena is a consciousness-based phenomenon where the individual’s human consciousness was brought to another reality and not the physical CAP-UFO “craft”. An extensive argument for this hypothesis

³⁸ This phenomenon of “calling down” UAPs has been termed Human Initiated Contact Experiences, or HICE, by my good friend and medical doctor, Dr. Joseph Burkes, who has been “calling down” UAPs since 1992. Joseph also wrote a chapter in our book, in the UFO/UAP section, titled “*Report from the Contact Underground: Human Initiated Contact, the Consciousness Connection and the Virtual Experience*”.

would require another book because the arguments and examples would be quite extensive. Thus, this topic will have to be delayed for future publication. A separate article published in our book by a retired medical doctor, Dr. Joseph Burkes, who is also a long-time CAP-UFO Contact Experiencer, begins to discuss this thesis, the thesis that we are living in a virtual reality and that what we perceive as CAP-UFO-related Non-Human Intelligence, might be consciousness-based holographic projections. Joseph's article is titled "*Report from the Contact Underground: Human Initiated Contact, the Consciousness Connection, and the Virtual Experience*". I also share Joseph's thesis and I will expand on this hypothesis in the following two sections of this article.

c. Commonality # 3: Contact with a perceived Non-Human Intelligence

One interesting similarity and commonality is that all of the Contact Modalities involve contact with a perceived Non-Human Intelligence. The literature on NDEs, OBEs, CAP-UFOs, Ghosts/Spirits, and even Entheogenic research involves some type of contact with a perceived Non-Human Intelligence, either a physical being or a perceived telepathic communication from a non-physical intelligence.

1. NDEs & Non-Human Intelligence

The overwhelming majority of the types of Non-Human Intelligence seen via a Near-Death Experience can be categorized as the following types: 1. Human Looking Beings; 2. Energy Beings; and 3. Perceived beings described as Spirits or Angels. The scenarios, and terrains, that are described by NDE Experiencers are so diverse that they match the descriptions of terrains in the Astral Travel Descriptions. The perceived human-looking beings also have variety. Some are described as normal humans, but the majority, especially those perceived as being family members, are viewed as being in their early 30 years of age. These are not all of the cases but the majority of the cases. Some of the beings are described as angelic, some are described as having wings of a typical drawing of an angel. Very few see a being described as evil or demonic. Many others describe GOD as an Energy Being. Some describe seeing Jesus, but there have been thousands of different descriptions of Jesus. Some have seen Jesus with a very short beard while some describe him with a long beard. Some describe him with white skin and blue eyes while other describe him with a dark middle eastern tan and dark eyes. Some have seen him as a very large being, sometimes 15 to 20 feet tall while others have described him as normal height. The same differences also apply to the various types of human-looking beings that other NDE experiences have seen.³⁹

Jesus is not the only type of religious figure seen. Some have seen rabbis-- one NDE experiencer, in particular, saw 3 rabbis. Some have seen a human being that they believed to be Buddha while others have claimed to see Muhammed. Many others have seen a divine being with Asian-looking features while others have seen a Divine being with African features. NDE

³⁹ See the various NDE related books cited in the Reference section by medical Dr. Raymond Moody, Dr. Bruce Greyson, Dr. Jeffrey Long and Psychologist Dr. Kenneth Ring.

Experiencers have described literally thousands of different types of human-looking beings, including “divine beings”.

There is also a great variety of descriptions of the being identified as GOD. Many identify GOD as a male human being, again in a diversity of forms, skin color, height, facial features, wardrobe, etc. After reading numerous NDE books and watching thousands of NDE videos on YouTube, I argue that the most typical description of GOD can be described as an “Energy Being”. Again, the description varies. Some describe this Energy Being as very large while some describe it as a small Orb. Some describe this Energy Being as having immense lights of different colors while others describe it as almost blinding white light. The descriptions are almost as varied as the description of Jesus and the other religious figures seen during an NDE.

2. OBEs, Astral Travel & Non-Human Intelligence

The extensive literature previously discussed via the NDE provides a vast cornucopia of diverse types of beings and intelligence as the human imagination can conjure up. The same phenomena occur with Astral Travel and OBE Experiencers. Just think of all of the science fiction movies you have ever seen, roll them into one, and you have only the beginnings of what OBE and Astral Travelers have experienced. Individuals have interacted with a diversity of fairies, giants, demons, saints, and angels, with thousands of different types of small animals and thousands of different forms of large animals, etc. They have encountered every type of description known to mankind of describing a human being. Again, some of these beings are very small and some are extremely large, even the size of a large sky. The terrains and colors are also as diverse as your imagination.

I could keep typing but you get the point-- if you can conjure it up, it can appear to you via an OBE and Astral Travel. This is the magic of these experiences because these are individuated experiences specifically tailored to your specific human consciousness. Thus, if you want to see your dead mother, all you have to do is think of her and she appears. If you have been acting inappropriately, such as physically abusing someone, the Mind of God will throw out a scenario where you are abused by perceived demons. Marilyn Hughes has written numerous books describing hundreds of these types of experiences with thousands of different types of Non-Human Intelligence. Many of these experiences are very similar to both NDE as well as CAP-UFO contact experiences. I will detail these features later in this chapter. (See the various OBE and Astral Travel-related books cited in the Reference section by Robert Monroe, Tom Campbell, Marilyn Hughes, Luis Minero, Julia Sellers, and Jurgen Ziewe)

3. CAP-UFO-related Non-Human Intelligence

I consider Dr. J. Allen Hynek to be the Father of Ufology. Hynek was a longtime professor of Astrophysics at Northwestern University. Instead of astrophysics, Dr. Hynek is universally known as the most important scientist in Ufology from the 1950s, 1960s, and 1970s. He was contracted by the US Airforce for 3 major research studies on UFOs, all with the objective to debunk CAP-UFOs. The Airforce did not want the public to gain knowledge about CAP-UFOs and Hynek was the perfect skeptic to accomplish this task. Hynek was associated with Project

Sign (1947 – 1949, Project Grudge (1949-1951, and finally with Project Blue Book, his longest venture, which lasted from 1952 to 1969). While he originally started off as a skeptic, after many years, he began to understand that CAP-UFOs are very real physical objects but he nevertheless remained a materialist who initially embraced the ET hypothesis, that the CAP-UFO intelligence were physical beings from a physical planet. Towards the end of his life, however, Hynek reached an alternative conclusion.

In the last few years of his life, Hynek began to speculate that the CAP-UFO phenomenon was both physical and psychic and that the phenomenon might be a consciousness-based interdimensional phenomenon.⁴⁰ In Curtis Fuller's book titled "*Proceedings of the First International UFO Congress*", he quotes Dr. Hynek as follows:

... in addition to the observations of materialization and dematerialization, he cited the "poltergeist" phenomenon experienced by some people after a close encounter; the photographs of UFOs, sometimes in only one frame, and not seen by witnesses; the changing of form in front of witnesses; the puzzling question of telepathic communications... the sudden stillness in the presence of the craft; levitation of cars or people; and the development by some of psychic abilities after an encounter. "Do we have two aspects of one phenomenon or two different sets of phenomena?" Hynek stated that "I hold it entirely possible", he said, "that a technology exists, which encompasses both the physical and the psychic, the material and the mental... I hypothesize an 'M&M' technology encompassing the mental and material realms. The psychic realms, so mysterious to us today, may be an ordinary part of an advanced technology." Fuller, C. (1980).

Note that Hynek was not specifically referring to an advanced technology from a physical alien being from a physical planet. Towards the end of his life, he was publicly discussing the consciousness-based aspects of this "advanced technology". From the above-referenced quote of Dr. Hynek, the Father of Ufology, one can easily apply the Virtual Reality Hypothesis to the phenomenon of Ufology. What Hynek was missing was the spiritual aspect of the phenomenon which would make it the Spiritual Virtual Reality Hypothesis. Hynek, unfortunately, was not privy to the extensive academic research data we have today from the field of Near-Death Experience research or the UFO data from the Dr. Edgar Mitchell FREE UFO Experiencer Research Study, which details the spiritual connection to CAP-UFO Contact.

Dr. Jacques Vallee is in my opinion, the Father of Modern Ufology. He basically took over the mantle held by Dr. Hynek after his passing. As of this writing, in August of 2022, Dr. Vallee is still alive. Dr. Vallee has written over a dozen books on the topic of Ufology since the mid-1960s. He initially was a Research Astronomer and later received his Ph.D. in Industrial Engineering and Computer Sciences. He was also one of the many academics that developed the internet and became a very successful venture capitalist with his close ties to the entrepreneurs of

⁴⁰ Video is embedded in the Website: AGreaterReality.Com

Silicon Valley in northern California. He also was a close friend and colleague of Dr. J. Allen Hynek since they first met at Northwestern University where Dr. Vallee received his Ph.D.

During that same time period that Dr. Hynek was changing his views on CAP-UFOs, during the late 1960s and early 1970s, Dr. Vallee also began to speculate that the intelligence behind the CAP-UFOs might also be a consciousness-based phenomenon. In Vallee's many books, he speculates that the CAP-UFO phenomenon might be a multidimensional phenomenon and that CAP-UFOs are not a physical ET craft from a physical planet, but they might be a multidimensional intelligence from another reality-- a multidimensional reality very similar to what I have presented in this chapter. Vallee states:

*My personal contention is that the [UFO] phenomenon is the result of an intelligence, that is technologically directed by an intelligence, and that this intelligence is capable of **manipulating space and time** in ways that we don't understand... The essential conclusion I'm tending to is that the origin of the phenomenon of the intelligence is **not necessarily extraterrestrial**... I think we are dealing with something that is **both technological and psychic**, and seems to be able to **manipulate other dimensions**. This is neither wishful thinking nor personal speculation on my part. It's a conclusion that comes from interviewing critical witnesses, and then listening to what they have to say.⁴¹*

Dr. Vallee is stating a CAP-UFO model that mirrors both the model previously stated by Dr. Hynek and what I am presenting in my book-- a model that the CAP-UFO phenomenon is a multidimensional consciousness-based phenomenon. The difference in my argument is that I am presenting the CAP-UFO phenomenon as a phenomenon integrated with all of the other Contact Modalities under the rubric of Consciousness, our multidimensional Greater Reality, and that I incorporate a spiritual component with a Universal Mind of GOD. In other words, all of the Contact Modalities, including CAP-UFOs, need to be researched and viewed as one integrated phenomenon under Consciousness. Needless to say, Dr. Vallee was ostracized by mainstream Ufology who still hung to their nuts and bolt materialist approach. Even though he was the most well-known and respected Ufologist, and one of the few Ph.D. trained scientists in the field, Dr. Vallee chose to ostracize himself from the many Ufology conferences circulating around the world and the field of Ufology. Ufology today still remains a field with almost zero academic research, where Ph.D. academics will not associate with Ufology organizations, and where the field of Ufology has still not embraced the theories of Dr. Hynek and Dr. Vallee, the two pillars of Ufology. Once again, how ironic!

As a fellow "heretic among heretics", I also agree with Vallee's opposition to the popular materialist Ufology approach that embraces the ET hypothesis. I also argue that we are dealing with a phenomenon that is both physical and psychic and that indeed, "*the UFO phenomenon is the result of an intelligence, that is technologically directed by an intelligence, and that this*

⁴¹ Dr. Jacques Vallee, Ufology research pioneer and consciousness scholar. (YouTube video titled "Thinking Allowed – Implications of the UFO Phenomena"), interviewed by Dr. Jeffrey Mishlove, dated 2003)

intelligence is capable of manipulating space and time”.⁴² Where I differ from Dr. Vallee is that I argue that the intelligence behind the CAP-UFO is the intelligence behind all of our Greater Reality, including the Near Death Experience, and that is what I term the “Universal Mind of God”. In addition, both Hynek and Vallee fail to argue the spiritual aspects of the CAP-UFO phenomenon. They both understood that the CAP-UFO Contact experiencer changes in many ways but they failed to take into account the Contact Modalities research, especially the NDE contact research and the data from the 5-year Dr. Edgar Mitchell FREE UFO Experiencer Research Study (FREE), which supports and extends Dr. Vallee’s thesis. Thus, I strongly suggest that Dr. Vallee read Chapters One and Two from our book “*Beyond UFOs*”, which was the world’s first and only comprehensive, multi-language, statistical, academic research study on CAP-UFO Contact Experiencers and that he also become familiar with the extensive academic literature on NDEs. I will continue with this important argument later in my chapter.

While the CAP-UFO internet and Facebooks sites are littered with hundreds of different sites, the majority perceive the main type of CAP-UFO-related Non-Human Intelligence as what is commonly termed the “Short Grey” (a 3-4-foot-tall physical being with a huge head, large wraparound eyes, a tiny nose and ears, slender long arms and legs). Nothing can be further from the truth. The FREE research findings from the more than 4,300 UFO Contact Experiencers from over 100 countries who took our 3 FREE research study surveys (2 quantitative surveys and 1 qualitative survey) revealed tens of thousands of different types of perceived physical and non-physical forms of Non-Human Intelligence. (Hernandez, Klimo & Schild, 2018) This vast diversity is comparable to the diversity of Non-Human Intelligence seen in OBE and Astral Travel experiences. But unlike the OBE and Astral Travel experiences, these tens of thousands of beings actually appeared in our 4D Physical Reality-- you physically saw them in your 4D Earthly plane.

The most common type of being discovered in our surveys was not the Short Greys but the category of “Other”. The Short Greys was actually ranked 4th on our list of 12 types of physical beings. Even though we provided 12 different types of what we thought were the most common types of physical Non-Human Intelligence beings seen by the UFO Contact Experiencer, more than 60% said it was not one of these 12 types of beings but instead it was another type, “Other”. We had an open box to write out a detailed description and it rivaled the type of beings described in OBE and Astral Travel experiences. Individuals were seeing tens of thousands of different types of beings. The CAP-UFO experiencer literature is literally filled with descriptions of thousands of diverse physical beings. Some beings looked like large cats with legs. Some looked like large owls with legs. You name the type of animal and CAP-UFO contact Experiencers were having telepathic communications with that being.

I will provide an important example. Dr. Kary Mullis won the 1993 Noble Prize in Chemistry and later he publicly admitted in his autobiography, titled *Dancing Naked in the Mind Field*, that he made his scientific breakthrough on the polymerase chain reaction or PCR, after receiving the secrets to PCR from a glowing raccoon that telepathically spoke to him. The glowing green raccoon appeared while he was on a late-night walk in the woods of his property.

⁴² Ibid.

The glowing green raccoon addressed him as “doctor” and then telepathically communicated to him what became his Noble Prize-winning PCR technology, which is now considered the workhorse of modern molecular biology. (Mullis, 2000)

There was also a very famous case of a being who appeared to have wings-- the “Mothman” being which appeared to more than 100 individuals, in several towns in West Virginia during the late 1960s. Ufologist John Keel wrote a book titled *The Mothman Prophecies: A True Story*. (Keel, 2013) This book became a bestseller and a large-budget movie was made from this book starring Richard Gere and Alan Bates. Below is a graphic drawing of the Mothman being.



John Keel eventually reached similar conclusions to J. Allen Hynek and Jacque Vallee and Keel stated:

*I abandoned the extraterrestrial hypothesis in 1967 when my own field investigations disclosed an astonishing overlap between psychic phenomena and UFOs... The objects and apparitions do not necessarily originate on another planet and may not even exist as permanent constructions of matter. **It is more likely that we see what we want to see and interpret such visions according to our contemporary beliefs.***

Dr. Jacques Vallee’s classic book, *Passport to Magonia*, first published in 1969, became a highly controversial book because it completely broke with the theories of materialist Ufology. One of Vallee’s major accomplishments in this classic book is that he thoroughly documented hundreds of events in human history that detailed contact with gods, angels, demons, fairies, dwarfs, giants, monsters, and numerous other types of physical beings. Vallee argues that these

experiences were very similar to the modern CAP-UFO descriptions. He then speculated that all of these experiences appear to be manifestations deriving from a common origin-- a consciousness-based psyche origin. It was in this book that he first speculated that the CAP-UFO phenomenon demonstrated both a physical and a psyche, consciousness-based component. It was with the publication of this book that Vallee became a heretic among heretics. (Vallee, 1999) I am happy to also be a “heretic among heretics”.

The Dr. Edgar Mitchell FREE UFO Experiencer Research Study described thousands of different types of physical beings, just like the stories described by Dr. Vallee in his book *Passport to Magonia*. Some were described as fairies, some as little people, some as 15 foot tall looking humans, some were human beings that were 2 foot tall, some were described as angels, and some as demons. One experiencer even described a Non-Human Intelligence that appeared as a large 4-foot-wide brown mucus (a booger) that was floating on the corner of their living that telepathically communicated with them. Even with these sub-categories, there were enormous diversities of each “species” -- some were transparent, and some came in a diverse array of facial features, clothing, and even skin colors. I will be here until eternity describing the diversity of CAP-UFO-related Non-Human Intelligence physical beings seen by CAP-UFO Contactees. (Hernandez, Klimo & Schild, 2018)

Albert S. Rosales, also a Cuban American from Miami, Florida, and a fellow Contact Experiencer, has written more than 17 different books, each of them describing case studies with hundreds of descriptions of “Humanoids”. Just type his name on Amazon and all of his 17 books appear. His books are only about human contact experiences with diverse humanoids. Imagine if he were to describe all the different categories of non-Humanoids seen by UFO Contactees?⁴³ Albert would literally have hundreds of books instead of 17. Are all of these physical beings coming to visit us, mostly for less than one minute, from hundreds of thousands of different physical planets? Or, are these physical beings not coming from hundreds of thousands of different physical planets but instead are they a product consciousness, our Greater Reality? I argue that it is the latter.

After the category of “Other Type”, where 60% of the FREE survey respondents selected this category, the second most common type was the “Energy Being” -- this type was seen by 56% of our survey participants. The third most common type was the “Human Looking” type of being-- 52% of the survey participants saw physical beings of this category. Similar to the NDE and Astral Travel contact experience, CAP-UFO contact Experiencers also had a diverse description for the human-looking being. Some described the human-looking being as very tall, up to 15-20 feet tall, while others described this human-looking being as small, 2-3 feet tall, less than one meter. On this topic, my wife recently informed me that she used to play with little human people when she was between the ages of 3 to 10 years of age-- she said they were not “fairies” but described them as very mall humans. I have heard many similar stories of CAP-UFO Contact Experiencers playing with “little people” when they were young. All stated that these experiences were very physical and very real. Some human-looking beings were described with

⁴³ The various books on UFO related Humanoid books written by Albert S. Rosales can be viewed at his Amazon page: <https://www.amazon.com/s?k=albert+s.+rosales&i=stripbooks>

hundreds of diverse physical characteristics-- some were described as Asian looking, some had African features, and some were described as Caucasian. Some were described with large muscles, some as very slender, and even some were described as having large bellies. They also had different colored eyes and hair colors. There were also hundreds of different examples of the clothing they wore-- the most common were Greek or Roman tunics or white or brown monks' robes. In other words, the human being was described with hundreds of diverse features and hundreds of diverse clothing. (Hernandez, Klimo & Schild, 2018)

The Small Greys was actually the fourth most common type of physical being. The Short Grey was described in our survey findings as between 3-4 feet tall, having a large head, large oval wrap-around eyes, a small slit for a nose and ears, no hair, long very slender arms with very long fingers, and long slender legs. Again, there were hundreds of descriptions for the Small Greys regarding their color, height, and even their clothing. The fifth most common type of being seen was the Ghost or Spirit type. (Hernandez, Klimo & Schild, 2018)

The FREE surveys revealed thousands of different types of categories of beings that were seen by CAP-UFO Contact Experiencers. Some of the examples are as follows: Reptilian beings, Insectoid beings, Robotic beings, small animal types, and large animal types, some looked like different types of birds, many were described with feline cat features, while others looked like different types of Big Foot (Sasquatch) Beings, etc. Then there are hundreds of descriptions of many diverse types of floating orbs in different colors and shapes that telepathically communicated with humans. In summary, these Experiencers described tens of thousands, perhaps over one hundred thousand, different types of physical forms of Non-Human Intelligence physical beings, and these beings had thousands of different appearances and clothing. Once again, did these tens of thousands of physical beings come from tens of thousands of physical planets? Or, do they appear as physical beings to us, similar to when we see our deceased relative two days after they are buried in the ground, very physical and very alive, yet we know that they are dead. Is this deceased relative "real" and "physical"? Might what we are seeing actually be holographic projections from a multidimensional reality, similar to seeing Aunt Sallie two days after she was buried? I argue the latter. I will argue this latter thesis in this paper.

I argue that the materialist approach to Ufology has contributed very little since Kenneth Arnold described seeing a "Flying Saucer" in 1947. What has this materialist approach actually contributed to our knowledge about CAP-UFOs? My answer is **ALMOST NOTHING!** We know that CAP-UFOs exist. We have seen supposed pictures and videos of CAP-UFOs, none of them up close. We know that they move very fast and that they have materialized on radar and then quickly dematerialized from the radar screen. We know that they change their appearance right in front of your eyes. We know that while a large group of individuals is looking up, only a select few are "allowed" to see the CAP-UFO. Allegedly, Ufologists have recovered metal from crashed physical UFOs but there is not one shred of documented evidence to support this statement. If you really want to understand the CAP-UFO phenomenon, you need to understand the CAP-UFO Contact Experiencer and not rely on a materialist Ufologist who clings to his collection of long-distanced UFO videos and photos. The approach of the older Dr. Hynek, Dr. Vallee, and the FREE Foundation research team was to focus on the Experiencer, the witness to

the CAP-UFO phenomenon. It was this approach that led them to hypothesize the consciousness-based and not the materialist approach, to Ufology.

Unfortunately, only a few of the major materialist Ufologists have even bothered to read the data findings from our 5-year FREE academic research study on CAP-UFO Contact-- data that totally contradicts the more than 80-year history of materialist Ufology. For this reason, the field of Ufology is clueless about the complex nature of this phenomenon and will remain clueless for the foreseeable future. How ironic that one of the very few academic research studies on the CAP-UFO contact phenomenon has been totally ignored and criticized by many of these well-known materialist Ufologists as “not scientific” when in fact the FREE Foundation had over 10 Ph.D. academics and scientists-- we had 3 Ph.D. physicists and several other Ph.D. scientists in the FREE Foundation. Yet how many materialist Ufology researchers are academics scientists? Almost none! I can count them with one hand.

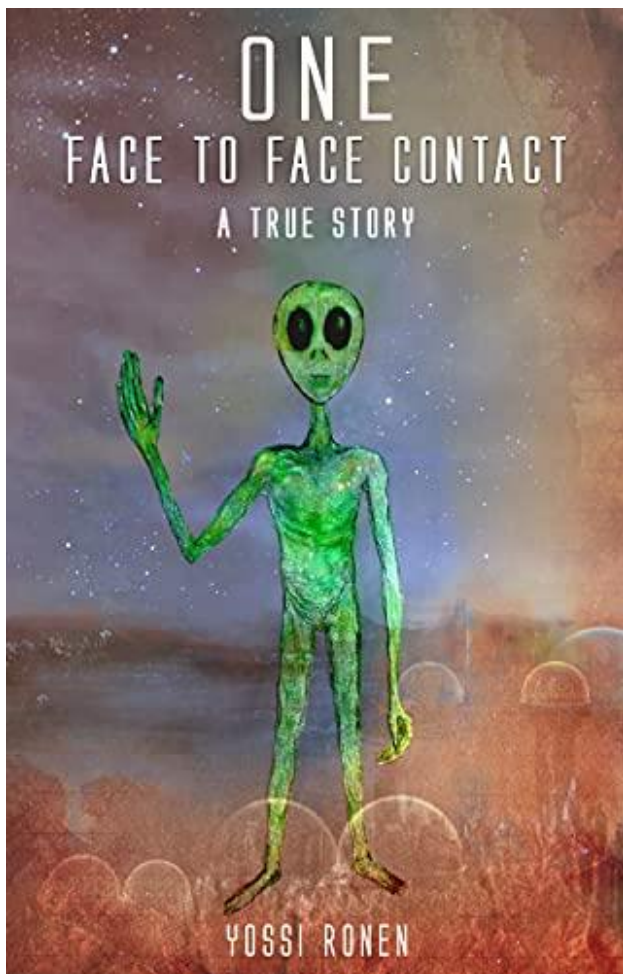
The materialist within Ufology have avoided stories from Experiencers that have had contact with Non-Human Intelligence because materialism can explain a CAP-UFO from another planet, they can take videos or pictures of a CAP-UFO. They cannot explain the tens of thousands of different types of CAP-UFO-related physical beings. They cannot explain the various paranormal experiences associated with CAP-UFO contact. They cannot explain, as both Dr. J. Allen Hynek and Dr. Jacques Vallee have shown, that CAP-UFOs have the ability to “manipulate spacetime”. It is only recently, that many Experiencers are becoming aware that there are thousands perhaps millions of individuals around the world that are having similar experiences. A few of the materialists within Ufology are slowly accepting the CAP-UFO Experiencer contact phenomenon but very few are accepting the consciousness-based explanation of the phenomenon. At best, they are arguing that the tens of thousands of different physical beings are coming from tens of thousands of different physical planets. To the “New Age Crowd”, these physical beings are coming from every constellation known to humanity-- they are coming from the Pleiadeans, Sirius, Arcturus, Andromeda, Orion, etc., and many even argue that they come from planets in our solar system. Are there really tens of thousands of different physical beings, arriving from tens of thousands of different planets, interacting with selected individuals, usually for less than a few minutes? Or is the explanation more complicated than this simplistic argument? In the following sections of this article, I will begin to provide my response to this question.

One important item to note is that for the NDE experiencer, all of the extensive NDE literature describe 3 of the top 4 types of “beings” seen by the UFO contact experiencers. NDE experiencers have seen and interacted with Human-Looking Beings, Energy Beings, and even with perceived Ghosts/Spirit types of beings. The only exception are the thousands of different “physical humanoid beings” seen in the CAP-UFO contact phenomenon, which are rarely seen by NDE experiencers. Is it a coincidence? I argue that this is not a coincidence because both the NDE, the OBE, and the CAP-UFO-related Non-Human Intelligence are derived from the same consciousness-based source.

The observation of the Short Greys is seen not only by CAP-UFO Contact Experiencers but also by some NDE and Astral Travel Experiencers. Let me provide a few examples regarding the Short Greys. Ufology believes that the Small Grey is the predominant type of being seen by

CAP-UFO contact experiencers. I have demonstrated with real data that this assumption is not correct. In our 5-year Dr. Edgar Mitchell FREE UFO Experiencer Research Study, the Small Greys did not even make the top 4 categories. (Hernandez, Klimo & Schild, 2018) The Short Greys are not only seen via CAP-UFO-related contact experiencers, but by a small minority of NDE as well as many OBE and Astral Travel experiencers. Can one argue that the visualizations of the Short Greys, via NDEs and OBEs, might also be explained as a consciousness-based experience? They might appear as physical beings in our 3D reality, but just like a perceived Ghost, they might originate from another dimension, another Astral Realm.

Let me provide some examples for this argument. Many OBE experiencers have had encounters while out of their bodies with beings perceived to be Small or Tall Greys. Marilyn Hughes has described these experiences in detail in many of her books where she is describing hundreds of her Astral Travel experiences. She wrote an article in our book titled *OBEs, Astral Travel & Remote Viewing: An Introduction*. In this article, she describes seeing thousands of different types of beings including the Short and Tall Greys.⁴⁴



Yossi Ronen, an experiencer from Israel, wrote a chapter for Volume 3 of our book, titled: *The ONE Dimension*, that details his major contact experience with a group of Short Greys which occurred while his consciousness was out of his body-- he interacted with various Short Greys while he was having an Out of Body Experience. Yossi's first paranormal experience was this OBE experience. He saw these beings underneath him while his human consciousness was floating above his body and his room. He saw not just one, but various Short Greys in his room while his consciousness was floating near the ceiling of his room. Suddenly, while in this OBE state, he began to telepathically interact with various Short Greys. Yossi states in his article:

"...when I knew that I was about to return to my body, I was laughing along with them (the Small Greys). There was wholehearted exuberance, combined with understanding, acceptance, and love for one another. I also vaguely recall that we laughed together for some particular reason. We had all shared something meaningful, loving, and pleasant. Perhaps we were laughing at some

confusion that I was experiencing as the result of some human limitation... When I woke up, I was

⁴⁴ For more details of OBE and Astral Travel experiences with the Short Greys, please visit the website of Marilyn Hughes located at: <https://outofbodytravel.org/>

lying in bed, still smiling, recalling the dream (his first OBE experience) that I just had. I wondered, "So, I dream about little green men?"

When Yossi woke up, he was startled that his OBE interaction with the Short Greys was actually very real and in fact, these beings were inside his bedroom, in his 4D physical reality.

Yossi's description of this wondrous experience is extremely important and should be read and absorbed by everyone. One powerful passage of Yossi's article states as follows:

Although the expression on their faces did not change, all that the visitors were thinking, or sensing, flowed telepathically into me. My self-awareness expanded to include them as well. Their thoughts did not consist of definite words. Rather, they existed within a vast mental landscape that was a multifaceted flowing space. This expanse of thought contained a totality of experience that was enormously huge. And they were experiencing a kind of peace that I was not familiar with. There was no sense of superiority, as one might expect given their formidable mental powers. The visitors' collective consciousness was like an open book to me. I felt them completely. They were pleasant, lucid, and still. I noticed how their thoughts and emotions were harmoniously unified, not separated. I experienced their love and acceptance of me... I felt they loved themselves and accepted themselves at face value, without any judgment, good or bad. And this was the same way that they treated their own kind, every human being, and everything that was around them. This feeling of complete acceptance reminded me of something from my distant past, so distant that I even forgot how much I longed for it. It was pure childlike innocence.

It is important to note that Yossi's descriptions of the emotions and the telepathic communications he received from these Short Greys parallel the types of emotions and communications received by NDE contact experiencers while they are in the NDE realm. I now ask the question: Why were these two types of diverse contact experiences (Yossi's and the NDE's experience) so similar? In a phone conversation, Yossi informed me that these Short Grey Beings informed him that they can change their appearances at will but while they are on our Earthly physical plane, they prefer this particular physical body (Short Grey body) to interact with us. Because of all of these reasons, can these Short Greys be considered "Modern Angels", the human-looking angelic beings that humans and Experiencers of the Contact Modalities have seen and interacted with for ages? Similar to "Angelic Miracles" described throughout much of human literature, our FREE Experiencer Research Study documented that 50% of the survey respondents also had a "Miraculous Medical Healing". Is this a mere coincidence?



There are many other examples where Small Greys appear in an OBE state and even in Near Death Experiences. One of these individuals was an elderly man I met in Miami named Ezequiel Hernandez. After our meeting, I wrote a short paper about his experiences which will appear in our “A Greater Reality” website, **AGreaterReality.Com**. Ezequiel had a history of heart problems and

he has had 3 NDEs. His last NDE occurred on the operating table while he was receiving a replacement heart. During this procedure, his consciousness was brought to another reality. During his NDE, he appeared to be inside a very large CAP-UFO “craft”, which was circular and had many windows where he saw our universe outside the windows. He knew what “heaven” was because he had two previous NDEs experiences where he was brought to “heaven” but this time he was in a seemingly different location-- he was onboard a perceived “spaceship”. During his NDE, he met many individuals, physical human beings that he had not known previously, who greeted him (“Look, it’s Ezequiel” and “Welcome Ezequiel”). These greetings by many strangers are eerily similar to hundreds of NDE stories where many complete strangers greet the NDE experiencer in a perceived “heaven”. These greetings seemed to match many other NDE experiences. Previous to this NDE event, Ezequiel saw a Small Grey in Miami, Florida, that jumped in front of his car while he was at a stop light. The small being looked at him and then the being ran quickly and jumped over a fence. This was the only other time that Ezequiel has seen a Small Grey being. What was the relationship between Ezequiel’s three NDEs, his experience inside a perceived spaceship during his last NDE, and his direct contact experience with a Small Grey? Again, one can surmise the connection between the NDE and the Small Grey and the CAP-UFO contact experience.

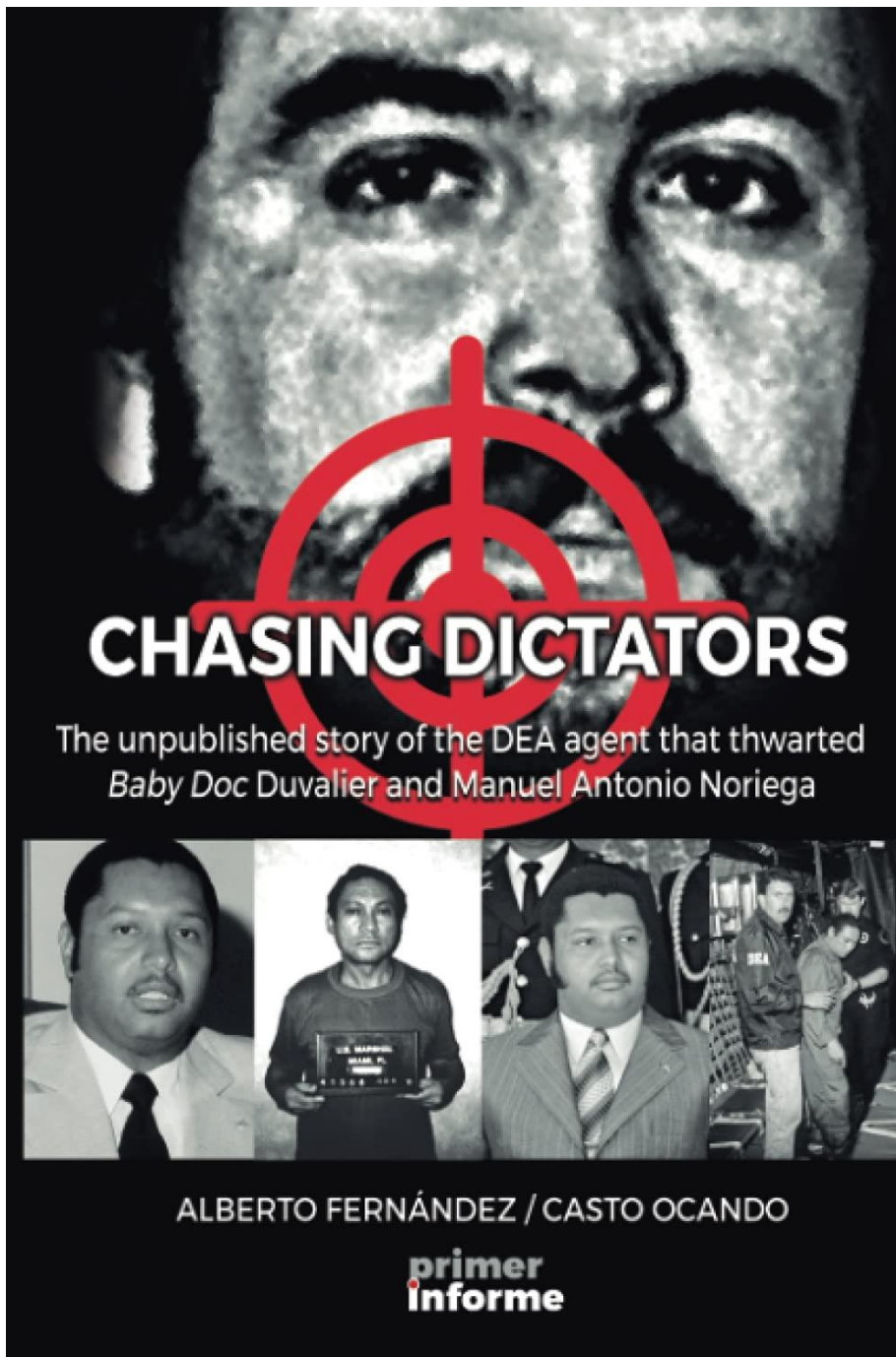
We also have an article in Volume 4 of our book by an experiencer, Sharlene Howard, who details that during her NDE, she was first brought to “heaven” where she had an extensive NDE experience very similar to other NDE stories. She was later informed that “Sharlene, it is not your time, you need to go back”. Suddenly, her consciousness left this heavenly realm and her consciousness then appeared floating on the ceiling of a perceived CAP-UFO circular craft very similar to the one Ezequiel described. She saw several large humanoid beings sitting, seemingly asleep, on chairs in this perceived spaceship. The physical beings were described as 6-8 feet tall, and they looked like a humanoid with bug features. They were sitting motionless, almost in a state of sleep, on seats in this craft. Suddenly, one of these beings woke up and sensed her presence and it began looking in her direction. Sharlene was startled and frightened and she then heard a “voice” that instructed her that she should not be there and that she needed to leave. She was frightened and her consciousness returned to her physical body where she woke up.

Yet another experiencer who had a joint OBE experience associated with a Small Grey physical being was Ms. Gina Paschall. She discusses an experience that occurred when she was 16 years old. While sleeping, Gina woke up and found a Short Grey being staring right at her.

“I immediately shot up out of my physical body. I then flew out of my body, through the roof, very rapidly, and there was some type of spaceship on top of the roof with other beings that looked just like him (Small Grey). This scared me and I immediately went back into my body. Later in my life, I then encountered other types of beings who brought me via an OBE to other multidimensional realities. This OBE experience involved many different types of humanoid beings. These beings telepathically taught me about the importance of love and spirituality. I have been brought via OBEs many times by different humanoid beings to different realms where I have been taught many things.”⁴⁵

All of these examples, and so many more that I have not provided, involving the Short and Tall Greys interacting not only via the UFO contact phenomenon but also associated with the NDE, OBE, Astral Travel, and even with Remote Viewing, leads to the following question: What is a Short Grey, commonly described in the UFO contact experience, doing in an NDE?; what is this Grey Being doing accompanying you during an Astral Travel Experience? Is this a “physical being” from a physical planet or is this intelligence derived from a conscious-based phenomenon?

⁴⁵ YouTube interview located at this site: <https://www.youtube.com/watch?v=RvdZHwMn2l4>



One of my best friends is Alberto Fernandez who is a retired US federal DEA (Drug Enforcement Agency) agent who was stationed in the Caribbean in the late 1970s and 1980s and he also worked closely with the CIA to combat drug trafficking during the height of the cocaine drug trade between the Caribbean and South Florida. Alberto recently published a book titled “*Chasing Dictators: The unpublished story of the DEA agent that thwarted Baby Doc Duvalier and Manuel Antonio Noriega*”. (Fernandez and Ocando, 2021) What humanity does not know is that Alberto is one of the world’s major Contact Experiencers of the Contact Modalities-- he has experienced almost every one of them. I made many video recordings of the experiences of Alberto, his wife, Dr. Rebeca Fernandez, a Ph.D. Psychologist, and also the experiences of their adult daughter, also a Ph.D. Psychologist and even his bother.⁴⁶ What follows is just

an example of his many experiences.

⁴⁶ Alberto’s interview can be viewed at the CCRI website: <https://agreaterreality.com/>



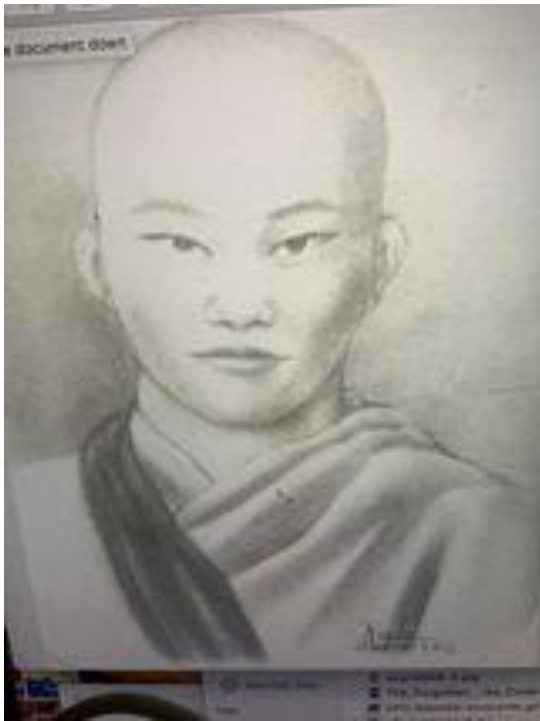
Alberto has seen a physical Jesus Christ appear to him various times even though he never went to church, and he was never a Catholic. The first event relating to Christ was when he was a little boy in rural Cuba. It was pitch dark outside and he saw an object that was at a distance-- it looked like a flaming red orb. As it got closer it appeared like a heart that was transparent and was beating. The heart floated and came right up to him. It then entered his body and Alberto felt a vibration throughout his body. It was only a few years later when he entered the home of a Catholic family, that he noticed a picture of Jesus Christ who had a flaming enlarged red heart painted outside the body of Christ. Latin American Catholics call this “El Sagrado Corazon de Jesus”, which translates to the Sacred Heart of Jesus.

Alberto also had a Near Death Experience as a teenager. It can also be described as a “Angelic” Being saving his life from drowning. You decide what term to use. I have heard and read many similar experiences; how some physical intelligence carries your body to shore so you avoid being drowned. In each case, these experiences can be viewed as you are saved from death by some type of “divine source”. Alberto and his friends were jumping from a small bridge into a river, a bridge that was right next to the ocean shore in Havana, Cuba. In one of his jumps to the river, a strong current caught him and brought him away from the shore. He was trying to swim against the current but he quickly became tired. He began to sink into the ocean and once he touched the bottom, he immediately thought of his deceased mother and called for GOD. Suddenly, he felt a large hand carry him from the bottom and pushed him into the air. Once he was in the air, he became unconscious. What he remembered next is being thrown to the ground with a loud thump. He was thrown all the way across a 6-lane road that ran parallel to the “Malecon”, the road that ran parallel to the sea wall of Havana. He was soaking wet. He then did not care what had happened to him and ran back to the bridge to find his friends. I certainly understand this reaction because I acted in a similar way when I saw the Energy Being in my living room. I waved my hand at it, and said to myself that “this was BS”, I ignored what I was seeing or that my wife disappeared in front of me, and I proceeded to go upstairs to go to sleep. Now I realize this Non-Human Intelligence can control your conscious thoughts and I believe this is what happened to Alberto.



Alberto has a history of seeing numerous large and up-close CAP-UFOs. Many were also seen by his wife and his daughter. He has had a history of having numerous diverse paranormal experiences and contact with different types of Non-Human Intelligence (NHI). He has been brought numerous times to other multidimensional realities, all while he was awake and not while he was asleep. In addition, Human Looking Beings, who Alberto calls "Masters", appeared to him in their physical form, appearing as real-life humans, in our 4D physical reality, usually while he was sitting on his living room couch watching TV or before he was asleep in his bed. He has never had these experiences while he was asleep-- only while he was fully awake. These beings appeared to him in many forms such as Asian, Caucasian, and a being with African-looking features. One time he saw a being described as a Pleiadean, a 7-9 foot tall being, who had blonde hair, blue eyes, and was dressed in blue skintight

clothing. When Alberto opened the front door to his house, a Pleiadean being (featured in the above drawing) appeared to him inside the doorway, and then he dematerialized right in front of him. This being did not attempt to communicate with Alberto. Just like many other contact experiences, the experience lasted for only a few seconds. This is the typical pattern of many CAP-UFO contact experiencers, the sighting of the physical being only lasts a few seconds to a few minutes.

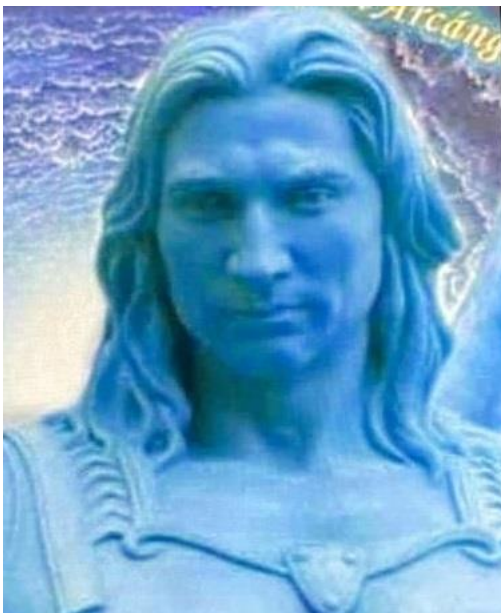


Alberto also saw an Asian-looking being that was wearing a brown monk's robe. He had just woken up and when he opened his eyes, he saw an Asian-looking man with a brown monk's robe right next to his bed. The man then telepathically told him **"Go back to sleep, I am working on your subconsciousness."** The picture that appears on the left is very similar to the physical being Alberto saw. Alberto then was put to sleep by this being.

Many times, these human-looking beings would take him out of his body to other multidimensional realities. All of these experiences started while Alberto was awake and not asleep. These were not typical OBEs that occur while one is asleep but these experiences occurred while he was fully awake. This has occurred numerous times since the late 1980s and these experiences are still occurring to him. I will now provide a few examples.

A diverse array of human-looking Non-Human Intelligence brought Alberto to other multi-dimensional realities and taught him many lessons, including the following: the death process; the afterlife; receiving tours and information about the spirit world; he was brought and shown different dimensions, and the uniqueness of these dimensions; he was given downloads and shown a scrolling holographic projection of advanced physics that looked like a very large holographic Apple tablet. Another member of FREE's research committee, Ralph Steiner, who was a child prodigy in math and physics, had the same exact experience in the late 1960s (no, no drugs were involved). Alberto was watching TV in his living room when he saw a large transparent holographic Apple tablet appear right in front of him which began to scroll down physics and math equations. Unlike Alberto, Ralph understood the equations and took out a pad, and began writing them down. He described them as if Einstein was seeing Maxwell's field equations for the first time and Einstein made a left turn in theoretical physics. He described that the equations were Einstein turning to the right-- a radical way of seeing physics. After approximately 15 minutes, Alberto simply walked away because he did not know physics and it was boring. During this experience, his wife was next to him but she could not see the holographic screen. She repeatedly told him "Ask why it was here, what is the purpose of this". Alberto did not receive a response. Our book, *Beyond UFOs*, has an entire chapter, written by Dr. Jon Klimo and Susan Manewich, that described the hundreds of CAP-UFO Contact Experiencers who received science and physics downloads. Thus, this type of experience is not unusual.

Another time Alberto saw a tall and muscular being, Caucasian looking, that had long hair, who appeared to be wearing some form of Greek or Roman tunic. He later called me and told me that he was on his couch reading something and then suddenly a being appeared to him. He told me "***Guess what? Today I saw Arc Angel Michael***". I responded; how did you know it was Arch Angel Michael? He said it looked like him from the drawings I have seen of him and that was what I am calling him. He was surrounded by many other Arch Angels.



Alberto informed me of another experience. He also informed me that he heard a voice that telepathically told him "***Alberto, you have been thinking about death lately and I want to show you that you should not fear death.*** He looked around and did not see anyone. Then, his consciousness was taken out of his physical body and he was transported very quickly through a tunnel. This Non-Human Intelligence gave him an NDE and brought him to "heaven"! After a tour of heaven, Alberto was returned to his living room couch. Like the majority of the hundreds of survey respondents to the FREE survey, Alberto also stated that almost all of the human-looking beings wore either monk's robes, usually white or brown colored, or a white Greek or Roman tunic.

Alberto has also had various other spontaneous OBEs, while fully awake, where he was brought to many dimensions where he was shown his many past lives and that a part of our human consciousness is also simultaneously living as a separate consciousness in other realities. When brought to these realities he immediately knew that the family he was shown was his family. He recognized where he lived, the history of his life, and the lives of others, and he knew all of his family members in this alternate reality. In many of his Astral Travel journeys, he was given lessons about spirituality and the importance of love. Alberto also gave numerous examples of his ability to heal others and his ability to see Energy Auras around humans.



Most of Alberto's experiences with Non-Human Intelligence started while he was either in his living room couch reading a document or while he was wide awake in his bed. This is where the human-looking intelligence would appear to Alberto. In one case, Alberto was on his couch watching TV and he suddenly saw a very physical heavy set Asian looking man, dressed in an Ancient Chinese wardrobe, who communicated with him telepathically. This Asian looking being told Alberto his name and that he was a famous warlord for many years in a region of China from approximately 600 BC. This being then told Alberto that he was his adopted son in a past life. He then told Alberto his name and Alberto's name in this past life. This Chinese man then told Alberto that they were in many battles together and that Alberto had 23 kills in his past life. This Asian-looking man told Alberto how to spell his name and the Warlord's name. This being told

Alberto that if he did not believe him, he needed to go to a good library to look him up in the Ancient Chinese section of the library. He told Alberto that if it was a good book, he would find both of their names in the book. He then disappeared in front of Alberto.

Several days later a large sword appeared in Alberto's home which was also seen by his wife who then proceeded to take various Polaroid pictures of the sword. For the youngsters that do not know what is a Polaroid camera, these were cameras that took pictures that developed right in front of your eyes. You cannot manipulate or manufacture the image on a Polaroid picture. By the way, the sword had 23 notches for the 23 kills in Alberto's past lives. Alberto was not sure what was the origin of this sword-- from what country or from what time period it was from because the sword disappeared the next day. Alberto then went to the University of Miami library and he went to the Ancient Chinese collection and he looked up the name of the ancient Chinese warlord, and the name he had in this past life. He was successful and read about this man and his own personal experiences in this past life which matched what this being that looked like an Asian warlord told him. The following day, the sword disappeared. This is just one example of the numerous experiences where a human-looking being appeared to Alberto in his 3D Physical Reality and either brought him to a multidimensional reality or taught him lessons-- in the case of this Chinese warlord, it was a lesson on reincarnation-- that reincarnation was very real. Similar

to other experiencers, these human looking beings appeared in many different shapes, different ethnic features, and different wardrobes.



Polaroid photos of the apport sword taken by Alberto's wife, Dr. Rebeca Fernandez. As previously stated, Alberto's wife is a Ph.D. psychologist with her own psychology practice for more than 40 years and their daughter is also a practicing Ph.D. psychologist. All 3 have seen CAP-UFOs and all 3 have had "paranormal" experiences—most were joint experiences

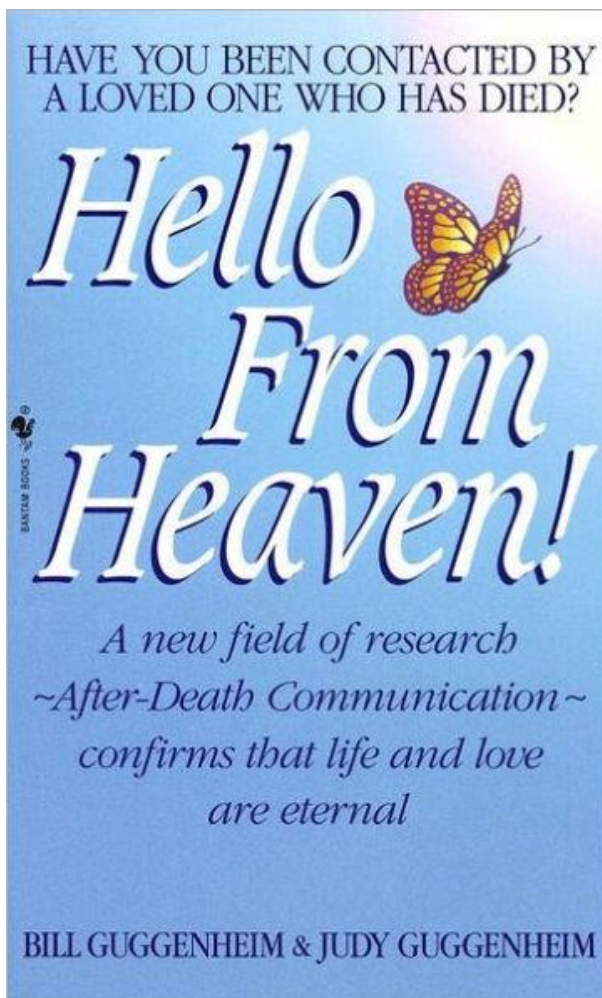


Alberto has had many experiences of missing time and he and his wife also showed me an entire large enclosed shelf that contained almost a hundred different apports—physical items that would mysteriously appear and disappear in his house. He has received many objects which include jade statues, swords used in his past lives, crystals, rocks, chain medallions, finger rings (all to his exact size), and hundreds of other objects that that would drop in front of him and his wife in their home. He and his wife have seen a countless number of CAP-UFOs and Alberto has seen in his home hundreds of different types of human-looking beings.



Many of Alberto's experiences were also witnessed by his wife and some with his daughter. As I mentioned previously, Alberto's wife and his daughter are both practicing Ph.D. Psychologists. Alberto's wife, Rebeca, mentioned to me that over many years Alberto would vibrate while sleeping and that numerous times he was levitating at least 3-4 inches off of the bed. I asked her how did you know. Her response was that each time she would move her hand under his levitated body he was not touching the bed but instead his physical body would be floating. Alberto's daughter also told me that she has also seen several CAP-UFOs, each time with both of her parents.

4. Ghosts Forms of Non-Human Intelligence



Many books have been written on what is commonly called after-death communications, usually deceased relatives informing their family members that they are "fine". "After-death communications," or "ADCs", occur when someone is contacted *spontaneously* and *directly* by a deceased family member or friend, without the help of any medium. Many of these experiences involve the spirit of the deceased relative appearing to them, either in a spirit form or as an actual physical human form, even though their physical body is dead. There are many books written on the topic of after-death communications but I highly recommend the book: "*Hello from Heaven: A New Field of Research. After-Death Communication Confirms That Life and Love Are Eternal*", by Bill and Judy Guggenheim. (Guggenheim, 1997) Guggenheim's book details hundreds of stories from individuals who have seen a deceased family friend, or a stranger, who appeared to them as a real physical human being or in a translucent form commonly described as a ghost.

Dr. Sharon Hewitt Rawlett, a Ph.D. in Philosophy from New York University, wrote a paper for our book, in our section titled “**Near Death Experiences and Survival of Human Consciousness**”, where she discusses numerous topics associated with the survival of consciousness, including an extensive discussion on after-death communications. Her paper is titled “*Best Evidence for the Survival of Human Consciousness.*” Volumes 3 and 4 of our book, *A Greater Reality*, have numerous experiences of individuals that have also seen deceased humans, commonly called ghosts or spirits.

5. Entheogenic Experiences with Non-Human Intelligence

Most of the academic research on entheogenic research,⁴⁷ and the thousands of internet accounts on the internet, Facebook, and other media, contain thousands of testimonies of individuals who used entheogens such as DMT (the active hallucinogenic drug contained in Ayahuasca), Psilocybin (the active hallucinogenic drug in what is commonly called “magic mushrooms”), LSD, Mescaline, and others. These types of “psychedelic experiences” have been historically described in ancient literature and used by most cultures known to mankind. Hemp, more commonly called Marijuana, in all its various forms, was known in ancient China, India, Europe, in the Americas as well as in ancient Greek and Roman traditions. Psychedelic mushrooms were also used by ancient Europeans and Meso-American native cultures. Two of the still-unidentified psychedelic drugs of history are the soma of the Rig Vedas and the nepenthe of Homer's *Odyssey*. Thus, the use of entheogens has been used by ancient cultures all over the world since the dawn of mankind.

The importance of this section of my book is not to present a historical account of entheogens but to instruct those who are not familiar with psychedelics, that the use of entheogens, also known as “psychedelic drugs”, produce outcomes similar to NDE, OBE, Astral Travels, and even CAP-UFO Contact Experiences. The individual's human consciousness is brought outside of spacetime, into other multidimensional realities, and the majority of the time, these individuals have contact and communication with the thousands of diverse entities encountered in NDE, OBE, Astral Travels, and CAP-UFO Contact Experiences. This is yet another reason why I argue that the Contact Modalities need to be viewed and researched as one integrated phenomenon under consciousness.

Writings on the use of Psychedelics have been known to modern Western audiences via the writings of Terrence McKenna and his brother Dennis McKenna, who received a Ph.D. in Botanical Sciences and specialized in Ethnopharmacology.⁴⁸ Both brothers mainly lectured over a 20-year period on the benefits of Psilocybin, the ingredient of “Magic Mushrooms”. While the use of DMT, the ingredient in Ayahuasca was known for hundreds of years via the use of Amazonian indigenous tribes, the use of Ayahuasca has exploded over the last 30 years via the

⁴⁷ Per the Merriam-Webster dictionary, the term “entheogen” is “a psychoactive, hallucinogenic substance or preparation (such as psilocybin or ayahuasca) especially when derived from plants or fungi and used in religious, spiritual, or ritualistic contexts”.

⁴⁸ Dennis McKenna's memoir, *The Brotherhood of the Screaming Abyss*, detailing his and his brother Terence's life and journeys together, was published in 2012.

publicity of numerous authors, TV personalities, and radio hosts.⁴⁹ The use of LSD was first synthesized by Swiss chemist Albert Hofmann in 1938 but it was not widely known until its publicity by Harvard clinical psychologist, Dr. Timothy Leary, in the early 1960s. LSD eventually became the drug of choice by many middle-class college students during the 1960s and 1970s.

Our book contains two academic articles, one written by Dr. Roland Griffiths, a professor at the John Hopkins School of Medicine, and the other by Dr. Christopher Timmerman, a Post-Doctoral Research Fellow, at the Imperial College London, Division of Brain Sciences, at the Centre for Psychedelic Research. Both articles describe that over half of the research participants who were administered DMT or Psilocybin had experiences where they were interacting with a variety of Non-Human Intelligence which closely matches contact experiences with Non-Human Intelligence described by experiences of the other Contact Modalities. Dr. Timmerman even titled his paper “*DMT Models the Near-Death Experience*”. Dr. Griffiths’s paper is titled “*Survey of subjective "God encounter experiences": Comparisons among naturally occurring experiences and those occasioned by the classic psychedelics psilocybin, LSD, ayahuasca, or DMT*”. These two academics are clearly stating that these psychedelics are producing effects similar to Near Death Experiences where individuals are having the classic NDE experiences including meeting and conversing with the being associated as GOD in the NDE experience.

What many individuals who have never tried a psychedelic drug or who have never read about these experiences do not know is that during these psychedelic experiences, a large percentage of these individuals are having experiences with a diverse range of Non-Human Intelligence. Most of these beings are even “seen” in a physical form even if you have your eyes closed. Why, because your human consciousness is taken to other multidimensional realities, and not your physical body, just like the other Contact Modalities. The closest Contact Modality that I can compare an Entheogenic experience to would be an Astral Travel Experience, an experience to a dimension higher than the 5D Reality. Just like an Astral Travel experience, you are interacting in a terrain that is not on planet Earth. You are also encountering thousands of types of beings, similar to the beings of UFO Contact Experiencers and Astral Travel Experiencers. You name the type of being and a Psychedelic Experiencer has probably seen and communicated with it, similar to the Experiencers of the other Contact Modalities.

I have a friend, a doctoral student in Chemistry, who was seeing very large 8-foot-tall Insectoid being. These beings, usually one at a time, would physically appear and would tell him how he needed to change his life. This might be considered unusual to some but over 423 individuals that took our FREE survey, admitted seeing a similar Mantid Insectoid being. My friend used his chemistry background and he learned how to synthesize DMT, the active ingredient in Ayahuasca, and began to experiment with DMT. During his DMT experiences, he began to see the same Insectoid being but this time he saw him while he was using DMT, in particular,

⁴⁹ Ayahuasca experiences have been detailed in the book by Wade Davis (*One River*), by the English novelist Martin Goodman in *I Was Carlos Castaneda*, by Chilean novelist Isabel Allende, writer Kira Salak, author Jeremy Narby (*The Cosmic Serpent*), author Jay Griffiths (*Wild: An Elemental Journey*), American novelist Steven Peck, and radio personalities Robin Quivers and Joe Rogan and even athletes like Mike Tyson and TV guru Tony Robbins



while ingesting Ayahuasca. Giles has written a short description of his experiences for Volume 3 of our book. This is how Giles described his experience with this Insectoid being:

After these two experiences, there was a period of 6-10 days where I experienced total peace with an understanding of things I now struggle to recall. It was a state of mind like I understood everything but at the same time wasn't sure what it was I understood. I felt a connectedness to everything around me. I really struggled socially for a while as it was almost like I could feel people's emotions and negativity. These sensations eventually faded and left me very confused and concerned about my mental health.

Once again, the experience of being “downloaded” with universal wisdom is typical of not only the NDE Experiencer but also the UFO and Astral Travel Experiencer. Might there be a relationship between this Insectoid Mantid being and the afterlife? Needless to say, my friend was extremely frightened because this being looked like an 8-foot-tall human ant with humanoid features. By the way, this friend has also “called down” numerous CAP-UFOs and these CAP-UFOs were also seen by numerous of his friends. Thus, was this DMT experience CAP-UFO related, or did the DMT allow the Insectoid Being to appear to him via the being’s consciousness form? There are literally thousands of similar stories of telepathic communications with varied forms of Non-Human Intelligence with the use of entheogenic drugs-- some are human-looking while others appear as thousands of different-looking beings or creatures. Volume 3 and 4 of our book, *A Greater Reality*, provides many accounts of experiencers who have used psychedelics and detail their varied experiences with Non-Human Intelligence.

By now you should clearly understand that all of the Contact Modality experiences, while different, are very similar. For this reason, I argue that all of the Contact Modalities are consciousness-based experiences and that they need to be studied as ONE phenomenon. But what lies as the source of this diverse array of contact experiences with thousands of different perceived Non-Human Intelligence? I argue that the answer is Consciousness itself-- the Universal Mind of GOD. Everything begins and ends with GOD, the Universal Consciousness. We can now address the question, why is this happening-- Why is this diversity of Non-Human Intelligence interacting with us? This is a more complicated question that we might never resolve until we physically die and when we meet our maker. The tens of thousands of Experiencers with Non-Human Intelligence involving the Contact Modalities are not able to point out exactly where these beings originate from. What they all discuss is that this intelligence is a consciousness-based phenomenon and not a physical-based phenomenon.

d. Commonality # 4: Telepathic Communications in One's Native Language

Yet another commonality of all of the Contact Modalities is that Contact with Non-Human Intelligence occurs in one's native language and that the communication is "telepathic", which is mind-to-mind communication without using vocal cords and moving your mouth.⁵⁰

It does not matter what is the individual's primary language, the communication is in their native language. Telepathic communication occurs in the Near-Death Phenomenon, in the Out of Body and Astral Travel Phenomenon, in Ghost/Spirit Communication, in Entheogenic contact experiences, and even in the CAP-UFO Contact Phenomenon. This commonality is important to understand that all of these experiences are a consciousness-based phenomenon involving consciousness.

1. CAP-UFO Contact Communications

Let us first explore CAP-UFO-related contact with Non-Human Intelligence. Out of all of the thousands of individuals that responded to the Dr. Edgar Mitchell FREE Experiencer Research Study surveys that had CAP-UFO-related contact, 78% of our Phase 2 survey participants have received "some type of telepathic or thought transference, or direct knowing from Non-Human Intelligence (NHI)". The other 22% CAP-UFO-related Non-Human Intelligence but there was no communication. Many also had telepathic communications with a Non-Human Intelligence who was not physically present. We asked the question 'Did you have an encounter with an NHI being but the NHI being was not physically present?' A very large number of individuals (N=1,235, or 70.4%) of those who answered the question agreed they had communications with a Non-Human Intelligence, but this intelligence was not physically present. We also asked various other questions regarding non-physical contact and communications with NHI. The vast majority, or 46%, have had more than 10 of these types of telepathic contact experiences. 12% have had between 5-10 of these non-physical contact experiences and 20% had between 3-5 of these types of telepathic contact experiences. The following are the categories of this telepathic communication:

- 66% stated that the communication was personally relevant information.
- 52% of these dealt with spiritual or religious messages.
- 51% described the information received as philosophical or metaphysical.
- 46% stated that it was some other type of communication.
- 34% stated that the information was scientific or technological in nature.
- 34% stated that the telepathic communication dealt with global or social-political issues.
- 53.4% of the respondents, stated that there was a vision, a video, or a picture associated with telepathic communication. (Hernandez, Klimo & Schild, 2018)

⁵⁰ Dictionary.com, the world's leading online dictionary, defines "telepathy" as: "communication between minds by some means other than sensory perception."

It is important to note that of those that stated that they had communication with a CAP-UFO-related Non-Human Intelligence, 100% stated that the communication was telepathic mind-to-mind communication. Of these, almost all stated that the communication was in their native language. We also conducted our surveys in other major languages, such as Spanish, German, and Slovak. In all of these three languages, once again, the communication was telepathic and the language was in their native language. For an English-speaking person, the communication was in English. For a Spanish-speaking person, the communication was in Spanish, etc. For several individuals that are bilingual, communication is in the predominant or preferred language. (Hernandez, Klimo & Schild, 2018) All of the other CAP-UFO-related experimenter books that I have read stated that communication between the CAP-UFO intelligence and the individual was telepathic and also in their native language. (Hernandez, Davis, Scalpone, Schild, 2018), (Hernandez, Klimo & Schild, 2018) (Rodwell, 2010, 2016) (Raynes, 2004, 2009, 2019) (Vallee, 1960, 1988, 1991)

Dr. Jacques Vallee, in my opinion, is the most important Ufologist alive. Dr. Vallee has been researching CAP-UFO contact cases since the mid-1960s. His research revealed that he investigated a case in France and that the communication from the Non-Human Intelligence was in French. When the case involves a Contactee from Latin America, the communication was in Spanish. Vallee also discovered that when the contact occurred in an English-speaking language, the communication was in English. Dr. Jacques Vallee has investigated many CAP-UFO-related contact cases both in France, Latin America, the US, and in many other English-speaking countries and his many published books reflect this fact of telepathic communication in one's native language. (Vallee, 1969, 1988, 1991)

2. Near Death Contact Communications

The NDE Research Community has published hundreds of books. (Alexander, 2021, 2017) (Greyson, 2009, 2021) (Long, 2011, 2016) (Ring, 1994, 1992) (Moody, 1975) There are also several hundred books that have been published by NDE Experiencers. In addition, the Internet and YouTube also feature thousands of video testimonies by NDE experiencers. All of these NDE experiencers, no matter what is their native language, they all received telepathic communication in their native languages. There are many YouTube NDE websites that interview NDE experiencers in their native languages with English subtitles and all involve telepathic communications in one's native language.⁵¹

3. OBE & Astral Travel Communications

There are not as many books on OBEs and Astral Travel as books on the NDE phenomenon but once again, all of the literature by researchers of OBEs and Astral Travel and books written by its experiencers, also comment that all communication is in their native language

⁵¹ For a resource on various NDE websites and literature, I encourage everyone to review the site of Dr. Jeffrey Long which is located at: <https://www.nderf.org/>

and telepathic. See the two articles in our book published by Julia Sellers, Preston Dennett, and Marilyn Hughes who provide numerous experiences that their contact with Non-Human Intelligence OBEs and Astral Travel was always telepathic and in their native language. Both confirm telepathic communication in one's native language. Also, read the books written by OBE and Astral Travel Experiencers (Campbell, 2003) (Dennett, 2004). (Minero, 2012) (Monroe, 1971, 1985, 1994) (Tart, 1974), (Ziewe, 2008) Campbell, Dennett, and Monroe understand English and received their telepathic communication in the English language. Minero is bilingual but Spanish is his dominant language and he received his telepathic communication in the Spanish language. Ziewe speaks German and all of the various contact experiences with a diversity of Non-Human Intelligence, including deceased relatives, were in the German language. Once again, all of these communications were telepathic and in their native language.

4. After Death & Spirit Communications

There are not many reputable books on post-death communications with the deceased but the few books that have been written on this topic suggest that once again, the communication is telepathic and that the communication is in one's native language. The 50-year research of Paul Eno suggests this fact. (Eno, 2019). Dr. Jon Klimo, one of the co-editors of this book, wrote a book on the Channeling phenomenon in 1998 and all of the channelers received their information from Non-Human Intelligence in their native languages, including a few Spanish language channels. (Klimo, 1987) Dr. Gary Schwartz was a professor of Psychology at the universities of Harvard, Yale, and Arizona State University and he has written several books on Mediumship and communicating with the deceased. All of the mediums that he used in his research were described as receiving communications from the deceased telepathically and in their native language. (Schwartz, 2003, 2007, 2017). Finally, Bill Guggenheim meticulously researched 476-page book, titled "*Hello from Heaven*", provides hundreds of accounts of post-death communications from deceased individuals, most being either friends or relatives of the person receiving these messages. Out of all of the passages from this important book, the overwhelming majority of communications were in one's native language and they were also telepathic communications. (Guggenheim, 1997).

The materialist Ufologist would argue that the ETs are physical beings from a physical planet and that they have a special machine technology that can help them translate every language of the world. Well, what happens to a ghost or a spirit that appears in our bedroom? Does this ghost also have a special machine technology that helps them translate and communicate in the Contactee's native language? How about the OBE and Astral Travel Experiencer? Does the Non-Human Intelligence they are interacting with also have some type of "magic machine technology" that helps with these translations while they are having an Astral Travel experience? There have been many cases where the deceased person did not speak English but yet appeared and spoke telepathically to a Grandchild only in English. Did this ghost, who when alive did not speak English, automatically learned how to speak a different language-- the language of the grandchild? For those that have had NDE experiences, these individuals are telepathically conversing not only with deceased family members but with a vast array of angelic beings in their native language. Are these perceived deceased family members and angelic beings also wearing a secret "magic machine technology" to assist them in their translations". It does not

matter if the Contact Modalities Experiencer was from Latin America, Africa, Asia, Europe, North America, etc.-- all communication is telepathically and in their native language. By now you should have a better foundation to arrive at the conclusion that a materialist “secret machine physical translation technology” does not exist-- this type of Apple iPhone wrist phone has not yet been developed. Why, because the technology is consciousness itself, the Universal Mind of GOD.

e. Commonality # 5: Human Initiated Contact and Holographic Projections

All of the Contact Modalities also have in common that humans are able to “call down” Non-Human Intelligence or else initiate a specific Contact Modality. The way this is happening is via human consciousness-- your mind is interacting with the Universal Mind of God, which then hears your request, and responds and reciprocates your request. I will argue that in addition to this call to initiate contact or an experience, what humans are seeing in their 4D physical reality in response to this request are “Holographic Projections” from the Universal Mind. Let me take you through a series of examples of the Contact Modalities.

1. CAP-UFO Contact, HICE & Holographic Projections

My dear friend medical doctor Joseph Burkes has been “calling down CAP-UFOs since 1992. He called this process of telepathically calling down a perceived CAP-UFO “Human Initiated Contact Events”, or HICE. This is exactly what I did in late August of 2012, except I did not know that one can actually call down a CAP-UFO. What I did was follow the example of my wife, who was calling down CAP-UFOS. She calls them her “Angels” and they appeared to her while she was praying outside wanting to see the “Angels” that had medically healed our dog, Nena, in our living room on March 4, 2012. She does not want to talk about these experiences but as far as I know her experiences of calling down a CAP-UFO occurred only in the year 2012. On July 8, 2012, our now miraculously healed dog, Nena, woke up my wife at 3:30 am. When my wife went with her outside so Nena can go to the bathroom, she saw a very large CAP-UFO very close to her. She described it as the size of the Goodyear Blimp, having no wings, and silver color. Many years later, at the ranch of fellow Florida attorney, Mike Marburg, I called down a similar craft seen by Mike and two of his friends. Two months later, when my wife went to Mexico to stay 30 days with her family, she began to pray outside and a large CAP-UFO would appear to her each time. Twice these CAP-UFOs were witnessed by her family and other friends. For my wife, these CAP-UFOs are her “Angels” because when she was praying for a miracle for our paralyzed dog, she was praying to the La Virgen del Guadalupe, the Virgin Mary of Mexico. Thus, for my wife, she sees CAP-UFOs as messengers of GOD. I agree with her but I view them from a non-religious perspective.

My wife and daughter arrived from Mexico on August 17th but she did not tell me of her adventures calling down CAP-UFOs. It was only later that week after she found out that I had “called down” a CAP-UFO, that she told me of her experiences in Mexico. Several days later, on a very cloudy night, I was waiting for a friend to give me some of his legal papers so I can review them. He said he was close by and would be at my home in minutes. It was 9:30 at night, a hot and muggy night in Miami, and I decided to wait for him outside.

I was waiting for my friend outside my home and after 15 minutes of waiting outside, he had not arrived. It was at that point that I remembered a video of a man named “Prophet Yahweh” who had “called down” a tiny CAP-UFO object in daylight-- he had many YouTube videos calling down small CAP-UFOs in the daylight. The one I remembered involved a video from an NBC camera crew with a professional camera. It was approximately 9:30 at night and I was about 5 meters from my home. I thought to myself, I want to try to call down a CAP-UFO just like Prophet Yahweh and try to call down the CAP-UFO that my wife had been calling down. I was not very sincere about it but I wanted something to do while I was waiting for my friend-- I never really believed that the CAP-UFO would appear. With my conscious telepathic thought, I then tried to call down the large multi-colored CAP-UFO craft my wife saw on July 8th to appear in front of me just like it did for her. Approximately every 2-3 minutes I turned around 360 degrees to see if I saw anything. I did this for about 15 minutes. I then thought to myself the following: “I need to stop this because I am going crazy trying to call down a CAP-UFO”. Immediately, after I had this thought, I saw this huge object right on top of my neighbor’s house and back yard extending approximately 600-900 meters back and about 100-200 meters in height. The object was the size of a small football stadium. The bottom of this object was less than 5 feet from the roof of my neighbor’s house. The object was only 30 feet away from me.

The object was not a solid object. It was made up of hundreds of very long oblong streaks of white thin lights. There were hundreds of them that moved around 3 large objects that were all connected to each other. They appeared to form the shell or outside portion of the object. It appeared like a skeleton around this tall and long object. Inside the object was swirling white energy moving around. I recall the portion that was nearest to me was partially covered by the palm trees in front of my neighbor’s house-- that is how low to the ground this object was. The bottom of this object was literally about 5 feet from the rooftop of my next-door neighbor’s house.

I asked a friend of mine, who was a graphic artist, to draw what I saw but his drawing was not correct because the object was much larger than what he drew. I actually saw two distinct objects and not one. He drew the combination of both objects I saw. Let me explain. First, the drawing was not accurate because I should have been much further back when I took that picture that served as the foundation for his graphic drawing. I could not further back because there was a large tree that obstructed my view. Thus, the actual object was about 3 times the size of the drawing but he only had this smaller space on the picture to draw the object and he had to squeeze the drawing into the size of the picture taken.

Secondly, the graphic artist should have drawn TWO completely different objects. What you see is the drawing of both objects as one picture. Let me explain the details. In the following section, I will explain how I reached the conclusion that this was a holographic projection and that the intelligence behind the CAP-UFO can actually upload memories from your Mind, your conscious thoughts, process the information, and then reload it into your conscious memories. Let me explain the details of what happened.

While watching this object, I heard a telepathic voice, which was my daughter's voice, that stated: **"Daddy, next time you see a UFO please let me know. You and mommy have seen a UFO and I want to see one too"**. The voice sounded like my daughter was right inside my head. Note that I had never had a telepathic communication and it appears like someone is talking right next to you. You do not hear it but your "mind" hears it. In hindsight, it was not an actual voice but a telepathic message. This was the first time that this had happened and I interpreted it as a voice.

I then took a few steps toward my house and I started yelling for my daughter to come outside. My daughter had just turned 10 years old 2 weeks before. In hindsight, how can a responsible father call a 10-year-old to see this large object outside your house? It was not logical but this is exactly what I did. After yelling outside her bedroom, she opened the window and I told her to hurry and come outside-- I had just seen a UFO. She quickly ran outside where she asked me **"what is that Daddy"**? I told her that I did not know but I believe it was a UFO in "hiding", it did not want to be caught by radar. She just looked at the object in amazement.



After about 10-15 minutes of observing this object, my friend, Luis, who was 48 years old, his wife, who was 52 years old, and their daughter who was 17 years old, drove up to my house. Both Luis and his wife were college educated in their native countries. Luis is a conservative Catholic who was raised in Mexico. He goes to Catholic Mass every Sunday and participates in

various ministries. His wife is from Colombia and is also a college graduate. Both worked as professionals and they each own their own businesses. Both never believed in CAP-UFO or anything associated with the paranormal. Both he and his wife were shocked and constantly asked me “what is that?”. I told them in Spanish “You know very well what this is”. For the next 10 minutes, each tried to come up with an explanation of what they were seeing but they clearly could not come up with one that adequately explained this phenomenon. They both doubted whether this was indeed a CAP-UFO and discussed the following possibilities: circus lights; lights bouncing up from the car headlights from the street behind us; atmospheric conditions; lightning; and that it must be some type of large light “anomaly”.

I did not tell them that I was the one that had “called down” this object because that would have caused even more confusion for them. After 10 minutes of them trying to “explain” this object, I started laughing out loud because their explanations became more outrageous and sillier. I still do not know why I did what followed. It was as if I had “talked” to this intelligence all of my life. **I then told this intelligence telepathically: “My friends don’t believe you, you better come up with some better bullshit than this.”**

Immediately, the entire object completely disappeared and what replaced it was something totally different. The old object was replaced by a new object. What now appeared were hundreds of large light objects, like large orbs the size of a large Volkswagen car, that appeared inside the location of the disappeared original object. These large orb-like objects then began to rapidly turn themselves on and off, on and off, on and off, like the strobe lights in the back of a bicycle at night. This occurred instantaneously after I had thought “you better come up with some better bullshit than this”. These were not stars in the sky appearing at a distance. Instead, these very large orbs were located at a close distance just above my friend’s home. These large orb objects were on top of my neighbor’s house”, the total size was alike a small football stadium. I could have thrown a rock at one of these orbs and hit it. These orb-like objects were quite large—like 10X the size of Venus as seen on the ground. The thousands of oblong steaks of light were miraculously replaced by approximately one hundred huge white-colored orbs quickly flickering on and off. It was surreal. The star orbs then would take turns and grow in size, like 10X bigger and they would return to their normal size. They would take turns, one at a time, increasing in size and returning to their normal size.

Because my friends were doubting what they were seeing, and because **I telepathically thought to myself “they don’t believe you, they don’t believe you”**, the UFO intelligence, the Mind of GOD, wanted to put on a show for us to demonstrate to us that in fact what we were watching was not man-made. It indeed was surreal. We were not scared but instead we started yelling— “look at that, look over there” -- pointing to the star-like orbs bursting all over the different parts of what was now a completely different object. It was clearly putting on a show for us and no one was frightened.

After watching this light show of blinking large orbs, going on and off all over the place in the area where we saw the previous object, my friends said they had things to take care of and they drove off. Looking back at it I did not even question them leaving. Here they were in the middle of an “event of a lifetime” and in the middle of this they decided to leave and I did not

even question this. This was not rational but I know why they left at that time-- they were there so I can have witnesses to this experience. Having only a 10-year-old child is a fleeting moment that can be easily dismissed by others. But having two additional adult friends and their 17-year-old daughter is a memorable event that cannot be easily dismissed because there were 5 witnesses.

About 15 minutes after they left, I felt that hundreds of mosquitoes were attacking my arms and legs. I had been wearing shorts and a white T-shirt. I told my daughter that it was time to go inside because these mosquitoes were killing me. My wife was waiting at the front door and she appeared to be in a trance. I then began to tell her what had happened and she said "Oh, how nice" almost in a sleep-like state. My daughter then told me "**Daddy, there were no mosquitoes outside.**" After she told me this, I "woke up" from my hypnotic state. I realized that I was in a semi-hypnotic trance but I was now wide awake. I ran down the stairs to get my professional camera and camcorder. But to no avail. When I got outside, the object was gone. All of us had cell phones but not one person took a video or photo of these two separate objects less than 10 meters away from us. Not even the 17-year-old who carried her cell phone in her hand.

Now let me analyze this experience from the knowledge that I now have after spending 5 years collecting data from thousands of CAP-UFO contact experiencers from over 125 countries and interviewing hundreds of CAP-UFO contact experiencers.

a). Use of Cameras and Videos

During this first CAP-UFO contact experience which took place on August of 2012, I was fully cognizant and "awake" for almost everything except the realization that we were actually looking and interacting with a CAP-UFO object. We all had cell phones and yet no one even bothered to take a picture, especially my friend's 17-year-old teenager who always had her cell phone glued to her hands. I also did not notify my neighbor to inform them what was above their house. They were aware of us looking at them because they had turned the light on in their living room and they saw us staring at the roof of their home. I also did not tell them what was happening. This was not logical. It was only after my daughter told me that there were no mosquitoes outside, that was when I "woke up" from this hypnotic trance and realized that I was under some type of altered state of consciousness where I was not fully aware of my cognitive thinking. I could not understand why I had walked away from a scenario that should have been the front-page story of Time Magazine and every media outlet around the world for the next 20 years if I had captured it on video. I quickly got my camera and camcorder and ran outside but the huge CAP-UFO object was gone.

Several months before this event, after my wife saw the huge multi-colored CAP-UFO outside our house, I had purchased a large telescope, a night vision CCTV camera with adapters to attach this camera to the telescope, an old used SONY camcorder with the old night vision technology and a digital camera with high powered zoom for night shots. I said to myself "the next time my wife or I see these objects we will be prepared to capture them on video and on camera so no one will doubt us". We know what we saw and they were very real. "Next time we are going to prove it."

The irony was that while we were watching this huge object it never even entered my mind to go inside the house and get these newly purchased items and take a video or a picture. About one minute after I entered my house with my daughter, I woke up from my trance and ran out with my digital camera and my SONY video cameras but the CAP-UFO had disappeared. I now believe that via these imagined mosquitos, I was “instructed” by this Non-Human Intelligence to go inside and not to take any videos or pictures.

I have learned that ALL HICE CAP-UFO contact experiencers have never been able to take good up close quality videos or pictures of CAP-UFOs, even when it is up close and you have either a camcorder or cellphone. In the previously referenced experience at the home of attorney Michael Murburg, he had right next to him a huge professional video camera, which could have taken an up-close video of a small ant on the large silver-shaped oblong object we saw that was approximately 100 meters on top of us. If he wanted to zoom in on the object, he could have captured a tiny ant walking on this silver object. Yet when the CAP-UFO appeared up close to us he did not take the video. He had plenty of time to do this because this object approached us at a very slow speed and was very low to the ground. We were seeing this object for at least 2-3 minutes before it was close enough to appear right on top of us. When we saw it, one of Mike’s two friends said “*Look, it got no wings*”. I and the others also had cell phones but no one bothered to capture a video or take a picture of this object. Thus, the intelligence behind the CAP-UFO has the ability to read your thoughts and influence your thoughts and not allow any up-close pictures. That is why we do not have any up-close videos or pictures. I had two prime opportunities, all with many friends, but the intelligence would not allow it.

b) Telepathic Request to see a CAP-UFO (HICE)

My good friend, medical doctor Joseph Burkes wrote a chapter for Volume 2 of our book, *A Greater Reality*. His article is titled “*Report from the Contact Underground: Human Initiated Contact, the Consciousness Connection and the Virtual Experience Model*”. In his article, he developed the term HICE, Human Initiated Contact Events, for the procedure of contacting a CAP-UFO telepathically.⁵² There are literally hundreds of groups all around the world that are telepathically “calling down” CAP-UFOs. Facebook is littered with numerous HICE groups (also called CE-5 Groups) located in many different geographic locations. Joseph’s article provides a history of how this phenomenon spread all around the world after the wide publicity received by a group in Lima, Peru named Grupo Rahma which began to call down CAPs-UFOs since 1974. The work of Grupo Rahma has spread all around the world and continue to this day. Their telepathic protocols then began to spread all around the world.

I have tried to call down a CAP-UFO 5 times and 4 times I was successful in calling down a large and up-close CAP-UFO object. I no longer see the need for doing this. All of these objects have appeared within 15-20 minutes after I commenced to call down the CAP-UFO. The

⁵² Quote from Dr. Joseph Burkes: “I coined the term “contact underground” to designate those groups that are staging what I call Human Initiated Contact Events (HICE) a.k.a. Close Encounters of the Fifth Kind (CE-5s). In Latin American, the “underground” is represented by Grupo Rama, a contactee network established in Peru in 1974.² They are now known as Rahma. In mostly English-speaking countries, the “CE-5ers.” carry out the work of the “contact underground” as well.”

last time I called down a CAP-UFO was at the rural home of attorney, and Princeton grad, Michael Murburg, who lives in Dade City, Florida, where a large physical silver-colored cylinder craft appeared to a group of 4 that remained outside after nearly 20 individuals went home at 12 am. I rented a van and brought a group of 10 individuals from Miami to Mike's place. Approximately half of my friends had seen CAP-UFOs. My friends Alberto and Rosita, members of Grupo Rahma in Peru, had seen dozens of CAP-UFOs. Another friend, Jatta, had also called down dozens of CAP-UFOs in Miami. I was a witness to several of these objects that he had called down. It was February in North Florida and it was freezing cold. I and a few of my friends I brought up from Miami called it quits at 12 am. We just could not take the freezing cold. We went inside and many went to sleep. I was still up. Mike was outside freezing his butt off with two of his friends still trying to call down a CAP-UFO.

15 minutes after I got inside, at approximately 12:15 am, I got an intuition to "Go Outside". I thought to myself, "hell no, it is too freaking cold to go outside". I then got another thought "Go Outside!". I then put on my coat, pulled a heavy Mexican poncho that Mike had on his living room sofa, and pulled it on top of my coat. I went outside and I began to look northeast and I looked at a very specific location in the sky. Every time I called down a CAP-UFO, I always focus on one specific location. Mike and his friends were looking in a Southernly direction. Within 15 minutes, a low-flying large light appeared. I thought it was a helicopter because it was a very bright light, it was close to the ground, and it was moving very slowly. I then told the other 3 who were facing south to look north-- this was where the action was. All this time I still thought it was a helicopter. We all witnessed this large light slowly coming at us. I still thought it was a helicopter. Then when the large light was almost on top of us, it turned West almost on top of us and we all clearly saw it. It was twice the size of a school bus, elongated, silver in color, and was approximately 100 feet (30 meters) on top of us. One of Mike's friends yelled out, "Look it's got no wings". It also did not make any sound at all, except for a very low humming noise. This was the only time that I saw a physical CAP-UFO. Michael had a huge Video camera on a tripod but he never bothered to try to record it. This was the last time I tried to call down a craft. I just do not see the need for doing this. My attitude now is "been there and done that, what's next". These were not very stimulating experiences but a HICE event is a good way for socializing with other CAP-UFO Contact Experiencers. In summary, the process of "calling down" CAP-UFOs begins with telepathic communications.

c). Ability to Upload & Download Human Consciousness Information

For 6 months after I had my first encounter with that Energy Being in my living on March 4, 2012, I would always ask myself "Why did I behave that way?" "Why did I not care that my wife disappeared right in front of me?" "Why did I wave my hand at the Energy Being and totally dismissed its importance? I did not have any answers until my next major experience which occurred in August of 2012.

After this experience outside of my house in August of 2012, I finally had my answer. First of all, I realized that the CAP-UFO Non-Human Intelligence had the ability to scan my conscious thoughts after I first requested to see them and they actually appeared within 15 minutes of me "calling them down". If these are physical "Aliens" from a physical planet, then

they must be traveling faster than the speed of light to arrive in 15 minutes. Also, I made the call to see them. They listened and responded. How does this work? Later I will explain exactly how this works.

Secondly, the CAP-UFO Non-Human Intelligence was able to upload the memories of my conversations with my daughter from my consciousness. They then uploaded these conversations, they (this intelligence) reformatted them into a new sentence structure, and finally, this new conversation from my daughter was then uploaded to my consciousness. Let me provide an example. Even though neither I nor my wife ever spoke to our daughter about CAP-UFOs and our experiences, and even though I had never before seen a CAP-UFO, I clearly heard my daughter's voice in my mind (a telepathic communication) saying **“Daddy, next time you see a UFO please let me know. You and mommy have seen a UFO and I want to see one too”**. The voice sounded like my daughter was right next to me telling me these things. This intelligence operates like a computer storage device. It has the ability to tap your human consciousness (your own Akashi Records), it uploads your memory information (my daughter's previous conversations with me), it then reprograms and reformats this information (my daughter's statement, “Daddy, next time you see a UFO...”), and then “downloads” the reprogramed information back to your human consciousness as if your daughter actually told you this statement. It operates like an information storage and retrieval device, like a hard drive; this is exactly what Dr. Edgar Mitchell references in his article in our book, *A Greater Reality*, Volume 1, titled *The Quantum Hologram & the Nature of Consciousness*.

d) All Sensory Information are Holographic Projections

The CAP-UFO Non-Human Intelligence put the thought in my human consciousness that I was being attacked by hundreds of mosquitos. I did not see one mosquito but in my mind, they were all over me. When my daughter told me that there were no mosquitos outside, I then woke up from an altered state of consciousness and realized that I was in a trance and that the mosquitos never existed. Again, this was a consciousness-based telepathic thought process that can influence all of your 5 senses-- what you are seeing, what you are hearing, what you are feeling, what you are tasting, and what you are smelling. It can literally control all of your perception of your physical reality-- In my case, my perception was I was attacked by hundreds of mosquitos. In addition, when I told the CAP-UFO intelligence in August of 2012, “You better come up with some better bullshit than this because my friends do not believe you”, the object that we were watching completely disappeared. The holographic projection that we were seeing completely disappeared and was replaced by a totally different object. The image was withdrawn from its projection device and a new one replaced it. The holographic projection that was placed into your Consciousness was replaced by another one-- one that could not be explained by my friends. I realized later, and to this day, that what I was physically seeing did not exist-- It was actually a holographic projection from a consciousness-based intelligence. How can we begin to understand this process of “holographic projections”? Let me begin to provide an explanation.

One of the most important concepts I learned that evening in August 2012 was that these up-close contact experiences, especially visual experiences of CAP-UFOs and even perceived physical Non-Human Intelligence, are actually holographic projections. We see these physical

beings and these CAP-UFOs physically. The CAP-UFOs might even appear on radars, but as I presented earlier in this chapter, our 5 senses and our cognitive neuroscience perception of our reality, is not the best view of our reality.

Let me first start with a quote from the Father of Modern Ufology, Dr. Jacque Vallee, who for more than 50 years has been researching the topic of Ufology and CAP-UFO Contactees. He is considered the most respected and consistent researcher in the field of Ufology. In his book “*Passport to Magonia*”, Dr. Vallee stated:

*“If it were possible to make **three-dimensional holograms** with mass, and to project them through time I would say this is what the farmer saw... Are we dealing... with a parallel universe, where there are human races living, and where we may go at our expense, never to return to the present?... **From that mysterious universe, have objects that can materialize and “dematerialize” at will been projected? Are UFO’s “windows” rather than “objects”?**” (Vallee, J. 1969)*

If the Father of Modern Ufology also hypothesizes that CAP-UFOs and even the physical beings we are interacting with are holographic projections from a multidimensional reality, then my hypothesis does not sound too outrageous. In Vallee’s many books, he speculates that the CAP-UFO phenomenon is a multidimensional phenomenon and that the CAP-UFOs are not a physical ET craft from a physical planet, but they might be a multidimensional intelligence from another reality-- a reality very similar to what I have presented in this chapter. Vallee states:

*“My personal contention is that the phenomenon is the result of **an intelligence, that is technologically directed by an intelligence**, and that this intelligence is capable of **manipulating space** and time in ways that we don't understand... The essential conclusion I'm tending to is that **the origin of the phenomenon of the intelligence is not necessarily extraterrestrial**. ... I think we are dealing with something that is both technological and psychic, and seems to be able to manipulate other dimensions. This is neither wishful thinking nor personal speculation on my part. It's a conclusion that comes from interviewing critical witnesses, and then listening to what they have to say.”⁵³*

These past two quotes from the Father of Modern Ufology are the antithesis of materialist Ufology. That is why Dr. Vallee is considered a “Heretic Among Heretics”. I am proud to declare myself a member of this club, LOL.

Thus, my hypothesis is that the CAP-UFO phenomena, in particular, the perceived CAP-UFO objects and the CAP-UFO related physical beings, are actually holographic projections, induced by a consciousness-based intelligence, just like the other Contact Modalities. One can also argue that telepathic communications, just like the telepathic communications I received about the mosquitos (the voice of my daughter) and how I informed this intelligence to change its physical appearance was also an example of consciousness-based telepathic communication. To

⁵³ Dr. Jacques Vallee, Ufology research pioneer and consciousness scholar. (YouTube video titled “Thinking Allowed – Implications of the UFO Phenomena”), interviewed by Dr. Jeffrey Mishlove, dated 2003)

remind everyone, the deletion of the old object I was deleted AFTER I telepathically told this CAP-UFO Intelligence the following: “**My friends don’t believe you, you better come up with some better bullshit than this**”. Immediately, this visual graphic display, this holographic projection, was immediately recalled and a brand-new image was projected. This was a clear case of a holographic projection by this perceived CAP-UFO intelligence.

Where I differ from Dr. Vallee is that I place an emphasis that our reality is both a Spiritual and Virtual Reality and that the intelligence behind the CAP-UFO phenomenon is an intelligence, just like the vast diversity of Non-Human Intelligence witnessed by CAP-UFO, OBE, Astral Travel and NDE Experiencers, which originates and is derived via human consciousness interacting with the Universal Mind of GOD. My hypothesis incorporates the literature and academic research on Consciousness Studies, NDEs, OBEs, Astral Travel, Remote Viewing, and Afterlife Research, while Vallee primarily makes his domain the field of Ufology. His mindset is conceptually within the CAP-UFO literature while my mindset is centered on the relationship between Consciousness and all of the Contact Modalities-- a much more expanded focus. He understands that the phenomenon involves the paranormal and multidimensional experiences but what he was lacking was the comparative approach of applying modern Consciousness research together with academic research on the unified Contact Modalities.

Dr. Mitchell also had very strong arguments about the nature of the CAP-UFO phenomenon and holographic projections. Edgar argues that the Quantum Hologram is nature’s built-in information storage and retrieval mechanism where humans can retrieve information from Zero Point Energy Fields (commonly known as the Akashic Records). His article in our book on the Quantum Hologram discusses how the Universal Mind can learn, self-correct, and evolve as a self-organizing interconnected holistic system. Edgar has stated in this paper that “***there is no reason that it should not also apply to extraterrestrial consciousness as well.***” The CAP-UFO intelligence has tapped into our consciousness, just like we tap into the Quantum Hologram, to retrieve all aspects of our reality and all aspects of our historical conscious thoughts that are stored in the Quantum Hologram (Akashic Records). We also have this ability via ESP, especially precognitive information. Since our reality is an information storage device, the projected information can also be downloaded and uploaded. This is how holographic projections work, as an information storage device that instantaneously interacts with our human consciousness. I highly encourage everyone read Edgar’s “Magna Opus” article in Volume 1 of our book, ***A Greater Reality***. In my opinion, Edgar’s article is the most important article in our entire book. (Mitchell, 2022)

2. OBE & Astral Travel Initiated Contact Experiences

Robert Monroe and his writings were the first to publicize on a worldwide basis the phenomena of OBEs and Astral Travels. An equally important message was that anyone can initiate this phenomenon. Together with physicist Tom Campbell, Robert Monroe developed what became to be known as the Hemi-Sync Program. To be brief, what they discovered is that playing binary beats to specific frequencies in each ear can induce altered states of consciousness which can induce to an Out of Body Experience. The Monroe Institute has classes that teach you how to induce OBE and Astral Travel experiences by you playing different types of previously

recorded binary beats that you play before you go to sleep. Upon reading Tom Campbell's publication in our book, titled "*A New perspective: An information-based theory of Consciousness in which the "hard problems" of Consciousness and Modern Physics are solved*", I learned that individuals that already have the ability to induce OBEs are greatly assisted by using the Hemi-Sync methodology. Hemi-Sync can be viewed as a stimulant to induce OBEs by those that already are proficient in having OBEs.

Most of the OBE books written by Experiencers of OBEs, however, state that they did not use any external devices such as binary beats but that OBE occurred naturally. Many of these individuals, learned over time how to self-induce an OBE by thinking of the OBE experience and by relaxing and holotropic deep breathing exercises. Various articles in our book, articles by Julia Sellers, Marilyn Hughes, Tom Campbell, Preston Dennett, Lynn Miller, and others, discuss their preparation for inducing OBEs and Astral Traveling. Tom Campbell even teaches classes on how to induce OBEs.⁵⁴ As previously stated, all of the major OBE and Astral Travel Experiencers have initiated many of their OBE and Astral Travel Experiences.

3. Remote Viewing Initiated Contact Experiences

The skills of clairvoyance and Remote Reviewing also come naturally to many individuals, especially Experiencers of the Contact Modalities. Physicists Russell Targ and Harold Puthoff, researchers at the Stanford Research Institute (SRI), are generally credited with coining the term "remote viewing" to distinguish it from the closely related concept of clairvoyance. Targ and Puthoff initially worked with individuals, such as Ingo Swan and Uri Geller, individuals who were already gifted with clairvoyance skills. These two were the initial testers and Swan began to make suggestions to what eventually became known as Coordinate Remote Viewing. Dr. Edgar Mitchell told me that he was the one that brought Uri Geller to SRI because one of his connections in US Military Intelligence told him that Israel was using someone that can visualize various "targets" that were enemies of Israel. Edgar told me many stories about his time with Uri Geller, especially how he received several "apports" of objects he had lost several years ago which appeared in his coat pocket while he was walking next to Geller, not once, but twice. Uri Geller later made millions finding oil wells for the Mexican government and for many other clients.

SRI eventually conducted many Remote Viewing demonstrations, several times in front of military intelligence, where military intelligence and the CIA later contracted out with Targ and Puthoff to teach several specialized military units how to remote view. This project lasted many years. (Targ, 2012) Many of these students, after they left the US military, began teaching Remote Viewing classes-- individuals such as Ed Dames, Joseph McMoneagle, Paul Smith, and many others. Other non-military individuals learned how to do Remote Viewing and they in turn also began to teach classes on Remote Viewing. As of this writing, there are thousands of individuals that have taken Remote Viewing classes and the internet is filled with numerous Remote Viewing websites and articles on the success of Remote Viewing.

⁵⁴ <http://www.tomcampbell.info/>

Yet another type of Remote Viewing, a non-coordinate form, was developed by Stephan A. Schwartz in the late 1960s, before the SRI Remote Viewing work was started. Our book contains a very lengthy and detailed article by Stephan A. Schwartz on the history of Remote Viewing which discusses the many experiments conducted by several universities and research laboratories and also the many success stories of Remote Viewing. I encourage everyone to read his article titled: “*Through Time and Space: The Evidence for Remote Viewing*”. The extensive literature on Remote Viewing, as detailed in Stephan A. Schwartz’s article demonstrates that almost anyone can learn how to do Remote Viewing. Thus, the literature on OBEs and Remote Viewing leads one to conclude that Remote Viewing is much more easily taught than teaching someone how to initiate an OBE or an Astral Travel experience. To learn more about Remote Viewing, I encourage everyone to read the article by Stephan A. Schwartz and to review the extensive articles in his website: <https://stephanaschwartz.com/>

4. Channeling & Mediumship Initiated Contact Experiences

The phenomenon of Channeling and Mediumship is yet another way that humans can initiate contact with Non-Human Intelligence. My dear friend, and co-editor of my previous book, “*Beyond UFOs*”, and our current book, “*A Greater Reality*”, is Dr. Jon Klimo, who wrote a 500-page academic book in 1987 titled “*Channeling: Investigations on Receiving Information from Paranormal Sources*”. In my opinion, Jon’s book is the best book one can read about “what is Channeling”. According to Jon, Channeling or Mediumship is not as simple as one would think. Channeling is synonymous with the term Mediumship but is slightly different. Mediumship is usually associated with communicating with the deceased or a deceased relative. Channeling is a bit more expansive and is usually associated with communicating with higher forms or higher realms of Non-Human Intelligence. In both forms, the consciousness of the Non-Human Intelligence communicates through the medium or the channeler and this information is then communicated to an interested human, usually a family member or friend, or even a researcher.

The practice of mediumship, of trying to communicate with deceased “spirits”, reached its height in the late 1800s when there was a large movement in the US and Europe where individuals used Séance tables and Ouija boards to communicate with the dead, with “spirits”. The phenomenon has been used in ancient cultures, including Shamanism, Voodoo, and other African and indigenous cultures where individuals, usually the shaman, the voodoo priestess, the medicine man or woman, etc., would enter into a trance and communicate with the dead, religious elders, with the angelic realm, or other forms of Non-Human Intelligence. Jon states that channeling involves “the communication of information to or through a physically embodied human being from a source... on some other level or dimension of reality other than the physical as we know it.” (Klimo, 1987)

Dr. Klimo’s book details the history and experiences of various channelers, such as Moses, Solomon, Muhammed, Merlin, Nostradamus, Swedenborg, and Edgar Cayce. He also discusses numerous well-known recent channelers and their work, such as the “Ra” books channeled by Carla Rueckert, the various channeled books featuring Jane Roberts, etc. Jon discussed the types

of individuals who serve as channelers, their personality traits, the sources of their information, the various kinds of information that are channeled, and the different types of varieties of channeling such as automatic writing, clairvoyance, and even clairaudience techniques. What I learned from frequent conversations with Jon is that many individuals who began to serve as channelers or mediums began these experiences after they had a major experience via a Contact Modality-- many began after having a Near Death Experience, after a major OBE or Astral Travel Experience, or after a close contact experience with a Non-Human Intelligence. Many also began to channel after hearing a voice talk to them while they were trying to meditate. Later they continued to meditate and later continued to receive messages from this Non-Human Intelligence. (Klimo, 1987)

Others, such as my friend Ruth Ann Friend, one of the authors in the Experiencer section in Volume 3 and 4 of our book, began to engage in automatic writing and began to do mediumship after the passing of her son David. Ruth Ann had an NDE as a teenager which triggered numerous experiences via the Contact Modalities. It was after the passing of her son David, that Ruth Ann began to communicate at will with her son and can ask him any question and receive an immediate response.⁵⁵ Yet another close friend, Francisco Valentin, who also wrote two articles for our Experiencer sections in Volume 3 and 4 of our book, *A Greater Reality*, had an NDE. Years later, Francisco had an experience with an Angelic Being in his own house. After this experience, he began to engage in automatic writing and he now has thousands of pages of information received from the “Angelic Realm”, on the nature of our reality derived from his automatic writing, just like Ruth Ann Friend. Various chapters from the Experiencers in Volumes 3 and 4 of our book have engaged in mediumship and channeling after a major experience via the Contact Modalities. After reviewing Dr. Klimo’s book, it appears that not anyone, but many major experiencers of the Contact Modalities do engage in mediumship or channeling. It seems that you are either born with it or a major Contact Modality experience triggers this ability.

5. Entheogenic Initiated Contact Experiences

Most of the literature on Entheogenic experiences can be divided into two components-- one is the extensive academic literature on entheogens that has been circulating in academic realms since the early 1960s. The other is the newer academic research studies, recently authorized by many countries around the world, that are formally studying entheogenic research. This new research has provided research data for treating various illnesses associated with depression and chemical dependency. The other component of hallucinogenic testimonies is the hundreds of internet websites, Facebook sites, and YouTube sites that feature testimonies of individuals that have used entheogenic drugs such as DMT, psilocybin, LSD, Mescaline, etc. Needless to say, anyone can have these types of experiences as long as they have access to these drugs which are still illegal in most western European countries, Canada, and in the US. As previously stated, a large percentage of the individuals that have taken these hallucinogens have had a diverse array of contact experiences with various forms of Non-Human Intelligence. The

⁵⁵ Later in this chapter I will detail an experience with Ruth Ann where in a 3-minute timeframe she was able to communicate with her deceased son and told me information about my wife, my daughter, and my father that I had never told her. This experience, done in a 3 minute session, totally blew me away.

two academic research articles in our book compare these experiences to Near Death Experiences.

6. Mystical Meditation Initiated Contact Experiences

Let me first define the term “mystical meditation” before I begin to discuss this Contact Modality. As I have already described, humans can induce altered states of Consciousness and have contact with Non-Human Intelligence via various forms of the Contact Modalities. One of these is called “mystical meditation”, which is inducing an altered state of consciousness while one meditates, prays, or a calling to communicate with a Higher Form of Intelligence. The various literature in the ancient Vedic tradition, the literature in the Buddhist tradition, the literature of Greek and Roman history, Christian medieval meditative practices, the anthropological studies of most Native American cultures and other indigenous cultures also reveal the practice of inducing altered states of consciousness, via a form of meditation or intense prayer, where the practitioner begins to communicate with a Higher Form of Intelligence.

The Yogic tradition is just one of many historical cultural, philosophical and religious traditions that practice a form of meditation or intense prayer which induces an altered state of consciousness that results in communication with a Higher Form of Intelligence. The following is just a very short discussion of other practitioners. The various Oracles of Delphi were well known in ancient Greece to engage in deep meditation, inducing an altered state of consciousness where they received information from a Higher Form of Intelligence and predicted the future, and guided various individuals in their decisions. (Mishlove, 1997)

The ancient tradition of Indian Yoga, in particular, the “Yoga Sutras of Pantanjali”, provides the most detailed description of the use of meditation to contact Higher Forms of Intelligence. Written more than 2,000 years ago, this classic work in Yoga details “how to attain direct experience” via the application of Hindu understanding of mind and consciousness. I highly encourage everyone that is interested in beginning to undertake Yoga Meditation to learn the proper way and for the proper reasons, to absorb and digest this classic book. (Bryant, 2009) The Yoga Sutras is best known for its reference to the eight elements of practice culminating in a “Samadhi Experience” -- an experience where all senses are withdrawn (also called the “monkey brain”) which allows for direct contact with Source, our Universal Mind. There is a lot of technical Hindu and Yogic terms involved but this was a very simplistic form of the practice. (Mishlove, 1997)

The Catholic tradition has hundreds of examples of a Catholic priest who via deep prayer connects with GOD and receives information from a Higher Form of Intelligence. Meister Eckhart was a German Catholic theologian, philosopher, and one of the early mystics in Catholicism. He was ordered to be burned at the stake for his writings but died in 1328 before the flame was lit. St. Francis of Assisi, as well as Anthony of Padua, were Middle Age theologians who received much of their teachings from intense prayers. It is well documented that after Padre Pio engaged in intense prayer, his physical body was transformed by the appearance of stigmata. One of our co-editors, Dr. Michael Grosso, wrote a book on Saint Joseph of Cupertino, who after intense praying, would miraculously levitate many times in front of witnesses. He would also have ecstatic visions of GOD, Christ, and the angelic realms. (Grosso, 2015) Almost all of the other

religious traditions, such as Hinduism, Buddhism, Islam and Sufism, Judaism, and all diverse shamanic practitioners around the world share similar stories and experiences-- with intense meditation, prayer, and intent. All of these traditions have informed humanity that an altered state of consciousness can induce, and in many cases can result, in contact with Higher Forms of Intelligence, i.e., Non-Human Intelligence.

Many non-religious individuals, and non-yoga practitioners, would have contact with Higher Forms of Intelligence after beginning to meditate. One important case is Dr. Eben Alexander, the ex-Professor of Neurosurgery at the Harvard School of Medicine who had an NDE. After his NDE he learned how to meditate. Dr. Alexander states in his book “*Living in a Mindful Universe*”, the following:

“Other means of connecting with the finer aspects of consciousness are techniques that reduce, as much as possible, the steady stream of sensory information that ties us down to the Supreme Illusion. Various forms of sensory deprivation result in fascinating alterations in perceptual awareness. By reducing the visual, auditory, and tactile stimuli that bombard us every waking minute, we are able to connect more with that Collective Mind.” (Alexander, 2017)

Thus, if Dr. Eben Alexander, an ex-atheist and materialist, can learn how to meditate and connect with the “Collective Mind”, then almost anyone can accomplish this task.

Let me provide a clear example of how meditation can lead to contact with Non-Human Intelligence. We have various Ph.D. academic professors whose articles appear in our book, who first became interested in the topic of Consciousness and the paranormal Contact Modalities after they heard a voice-- a separate consciousness, who began talking to them. Let me provide an example of one particular professor, who will remain anonymous. This man and his wife had been trying to have a child for many years. They had gone to many fertility specialists and tried all treatments including many IVF treatments but they were not successful in having a child. A friend of his, who began attending a Yoga meditation class, invited him to join him to see if he would like it. The professor was not interested but he told his friend that since he was not doing anything that Saturday morning, he would accompany his friend. He knelt down in a lotus position and began to do deep breathing exercises per instructions from the Yoga teacher. After a while, he became extremely relaxed. He then heard a voice in his mind which stated. “***Don’t worry about your wife becoming pregnant. Within 2 weeks she will tell you that she is pregnant. Later you will find out that it will be a girl. Later you will give her the name of (XYZ – the name of the girl).***” The professor was shocked, he thought he was having a psychotic episode, that he was going crazy, and ran out of the Yoga place. Within 2 weeks, his wife told him she was pregnant. Later, they did an ultrasound which revealed it was a baby girl. Later the wife told him “I have been thinking of a name for our girl... what do you think of the name XYZ, which was the name of what this voice told him. He later lost his fear and went back to the Yoga studio. He then heard the voice again speaking to him telepathically, but this time, he was not afraid. Now many years have passed and he has constant 2-way telepathic communications with this non-physical being who has taught him about the nature of our reality, consciousness, our afterlife, and who serves as a guide for this professor. You thought you have heard enough “crazy

stories” in this paper but this one is very special because it came from an academic Ph.D. Professor that has written a chapter for our book. Actually, three of these academic professors who heard a voice speaking to them have written chapters for our book. Is this a coincidence?

f. Commonality # 6: After Effects Trigger Paranormal Experiences

1. The NDE Experience

The NDE research community has fully documented the fact that after the individual has a Near Death Experience, the individual begins to have many so-called “paranormal” experiences which include the following: 1) an increase in Precognition; 2) the individual begins to have many poltergeist activity in their home; 3) they begin to experience many OBEs; 4) they begin to see and interact with many deceased spirits; 5) they begin to see many Orbs; 6) many individuals would see energy auras around the body of other individuals; 7) many obtained healing qualities and large percentage became reiki healers, many have their own reiki healing practices. In essence, they begin to experience all of the Contact Modalities and all of the PSI phenomena that I previously discussed. These are the same exact after-effects for CAP-UFO Contact Experiencers. If one is interested in learning the details, I recommend that you read the following NDE literature previously referenced that detail hundreds of paranormal after effects after an NDE. (Alexander, E. 2012, 2017) (Long, J. 2011, 2016) (Greyson, J. 2009, 2021) (Moody, R. 1975) (Ring, K. 1984, 1992)

Dr. Melinda Greer after her second NDE began to see deceased beings at the hospital where she worked as a Pediatric Hospitalist medical doctor. Shortly after her NDE, she saw a man, who appeared very physical, that was in a hospital gown. He looked very sickly, pale and barefoot. She then looked at him and told him “Sir, you do not belong here. You do not look well and you need to return to your room. Where is your room?” The man then ran right through the closed elevator doors and disappeared. This spirit was also witnessed by other nurses. She has seen many dead people in her hospital after her NDE. She has also had a history of having paranormal experiences after her first NDE which occurred when she was 7 years old. She also began seeing various CAP-UFOs, had 3 Bigfoot experiences, and other paranormal experiences. You can read Dr. Greer’s story in Vol 1 of this book.

Dr. Yvonne Kasten, also a medical doctor, wrote in 2019 a book titled “*Touched by the Light: Exploring Spiritually Transformative Experiences*”, which was based on her 5 NDE experiences which began in 2017. After her 2017 NDE, she began to have various paranormal experiences, such as having OBEs, seeing deceased people, and even seeing CAP-UFOs, just like Dr. Melinda Greer. Dr. Kasten has stated:

“Looking back, I can see that my Near-Death Experience accelerated my own spiritual journey. Psychic experiences and a number of phenomena associated with other types of Spiritually Transformative Experiences are now part of my daily life.” (Kasten, 2019)

Numerous other researchers have detailed the aftereffects after having an NDE experience. (Alexander, E. 2012, 2017) (Long, J. 2011, 2016) (Greyson, J. 2009, 2021) (Moody, R. 1975) (Ring, K. 1984, 1992)

2. The CAP-UFO Experience

The after-effects of a CAP-UFO Contact Experience have been frequently documented and are a well-established fact. Nearly every CAP-UFO contact book that has ever been published mentions these aftereffects. What follows is just a short summary of these after-effect phenomena. The CAP-UFO research community, in particular, the historic 5-year academic research study has documented many of these after effects. One of the most common was an increase in psychic abilities, which was documented by 58% of the more than 4,300 survey participants. Similar to the NDE experiencer, the CAP-UFO contact experiencer also began to have many “paranormal” experiences which included the following:

- an increase in Precognition;
- the individual begins to have many poltergeist activities in their home;
- they begin to experience many OBEs;
- they begin to see and interact with many deceased spirits;
- they begin to see many Orbs;
- many individuals would see energy auras around the body of other individuals;
- many obtained healing qualities and a large percentage became reiki healers, many have their own reiki healing practices.

In essence, they begin to experience all of the Contact Modalities and all of the PSI phenomena that I previously discussed. If one is interested in learning the details, I recommend that you read the following CAP-UFO literature previously referenced that detail hundreds of paranormal after effects after a CAP-UFO Contact. (Hernandez, Davis, Scalpone, Schild, 2018), (Hernandez, Klimo & Schild, 2018) (Rodwell, 2010, 2016) (Raynes, 2004, 2009, 2019) (Vallee, 1960, 1988, 1991). What follows is just a brief description of some of these after-effect experiences.

Dr. Jacques Vallee has written numerous books about the UFO Contact Experience. In his book “Dimensions”, Vallee provides a short description of the psychic after effects from UFO Contact where he states:

During the 1970s, the report of paranormal events in connection with close encounters with UFOs seems to have become the rule rather than the exception, and most investigators have found it very difficult to deal with this aspect of the cases... Still other psychic events are the distortions of time and space reported by witnesses and the apparent violations of physical laws... close observers often report something akin to a trip into a parallel time stream. These observations constitute collectively what I call the “psychic component” of the UFO Phenomenon. (Vallee, 1988)

In his same book, “*Dimensions*”, Dr. Vallee thoroughly investigated the case of a French medical doctor, who he names “Dr. X”. Dr. Vallee states some of his after-effects after he saw a UFO craft outside his house. Vallee states:

“Friends of the family... have noted a change in the mental attitudes of the doctor and his wife: they seem to have acquired an almost mystical acceptance of the events of life and death... finally, there is the matter of the paranormal phenomena that now take place around them... Coincidences of a telepathic nature are frequently reported, and the doctor has allegedly, on at least one occasion, experienced levitation without being able to control it. Clocks and electrical circuits have been affected, apparently without cause. (Vallee, 1988).

The case of Dr. X is very similar to the case of an ex-DEA federal agent, my friend Alberto Fernandez. Both had levitation experiences, both affected the use of electrical devices, both acquired telepathic psychic abilities, and both had mystical experiences which caused them to be highly spiritual. The numerous case studies that we present in Volumes 3 and 4 of our book contain hundreds of additional examples similar to Dr. X and DEA agent Fernandez, which describe hundreds of CAP-UFO after-effects. The phenomenon is very real and Ufology needs to pay attention to this highly neglected after effect upon CAP-UFO contact. Once again, many books describing CAP-UFO contact experiences also detail additional after-effect experiences.

Unfortunately, as far as I know, outside of the Dr. Edgar Mitchell FREE UFO Experiencer Research Study on CAP-UFO Contact Experiencers, there have not been any major research study that has detailed the after-effects (paranormal, PSI, etc.) from OBE and Astral Travelers, and from Entheogenic Experiencers. There are testimonies from the various books written by the experiencers of these phenomena but no significant academic research study on this topic. Volume 3 and 4 do contain many chapters written by OBE, Astral Travelers, and Hallucinogenic experiences that discuss these after-effects.

g. Commonality # 7: Medical Healings

The literature on both the NDE and CAP-UFO Contact Phenomenon is littered with hundreds of case studies of miraculous medical healings resulting from both an NDE Experience and a UFO Contact Experience. The OBE and Astral Travel literature, Experiencers of perceived deceased spirits, and experiencers of Hallucinogenic journeys, to the best of my knowledge, does not have the vast detailed medical healing descriptions as provided by NDEs and CAP-UFO contact experiences, even though there are a few OBE and Astral Travel books that discuss medical healings. Thus, additional research on the specific topic of miraculous medical healings must be conducted regarding the phenomenon of OBE, Astral Traveling, contact with the deceased and Hallucinogenic experiencers.

1. NDE-related Medical Healings

The NDE literature is filled with hundreds of case studies of NDE experiencers that have been miraculously healed during their NDE. Once again, I will only present a summary of some of these experiences but if one wants to learn more about these experiences, I highly recommend that you read the works cited in the reference section of this chapter by authors Dr. Bruce Greyson, Dr. Jeffrey Long, Dr. Raymond Moody, Dr. Kenneth Ring, and others. (Alexander, E. 2012, 2017) (Long, J. 2011, 2016) (Greyson, J. 2009, 2021) (Moody, R. 1975) (Ring, K. 1984, 1992)

Probably the most publicized case of a miraculous medical healing associated with a Near Death Experience is the case of Anita Moorjani, who had her NDE in 2006. Ms. Moorjani's NDE experience was detailed in her book *"Dying to Be Me: My Journey from Cancer, to Near Death, to True Healing"*. (Moorjani, 2015) She describes being diagnosed with lymphoma, a form of deadly cancer, which over the next 4 years spread to her entire body. In 2006 she was hospitalized and her doctor informed her and her family that it was "too late" to save her life-- her organs had shut down, her cancer had metastasized throughout her body, and she entered into a coma. Her doctor stated to her husband:

"Your wife's heart may still be beating," she told Danny [her husband], "but she's not really there. It's too late to save her. Her organs have already shut down. Her tumors have grown to the size of lemons throughout her lymphatic system, from the base of her skull to below her abdomen. Her brain is filled with fluid, as are her lungs. And as you can see, her skin has developed lesions that are weeping with toxins. She won't even make it through the night." (Moorjani, 2015)

Anita then had a typical Near-Death Experience, where her consciousness left her body and she entered another multidimensional realm where she was embraced by immense unconditional love. In this heavenly realm, she met her father who had died 10 years earlier. She also met her best friend, Soni, who had died 3 years earlier from cancer. She then had telepathic communications with her father and Soni. Initially, Anita did not want to return to her body but after receiving information from the Universal Mind of God, that she needed to be true to herself and not the wishes of others, she agreed to return to her physical plane. She was told that if she chose to remain in heaven, that *"everything was exactly as it should be in the grand tapestry of life"*. If she chose to return to her body, she was informed that she would have a quick and total healing. (Moorjani, 2015) Anita states:

I discovered that since I'd realized who I really was and understood the magnificence of my true self, if I chose to go back to life, my body would heal rapidly—not in months or weeks, but in days! if I chose to go back to my body, I knew that the doctors wouldn't be able to find a trace of cancer. (Moorjani, 2015)

Anita came out of her coma 30 hours later. Upon her return, she told her family and her doctors that she did not need any further cancer treatments because she was already healed and not to give her any drugs. Her doctors told her that they will not give her any additional cancer treatments because the cancer was all over her body and that she only had a few hours or days to live. Within a few days, her cancer had shrunk by 70%. Within two weeks, she was cancer-free and released from her hospital. This was without any cancer treatments after she woke up from her coma. In essence, Anita Moojani had a miraculous medical healing that was stimulated by the Universal Mind of God during her Near-Death Experience! Materialist science cannot explain her healing but understanding Consciousness and the Mind of GOD is able to solve this riddle.

A second well-known case of a miraculous medical healing was the case of Dr. Eben Alexander, a professor of neurosurgery at the Harvard School of Medicine for more than 15 years. Eben's NDE experience was documented in two of his books, "*Proof of Heaven: A Neurosurgeon's Journey into the Afterlife*" (Alexander, 2012) and his latest book, "*Living in a Mindful Universe: A Neurosurgeon's Journey into the Heart of Consciousness*", co-written with Karen Newell. (Alexander, 2017)

Eben's NDE occurred in 2008. I will not detail the expansive details of Dr. Alexander's NDE experience but instead, I will focus on his miraculous medical healing. Dr. Alexander was brought to the emergency room unconscious and was diagnosed with a rare form of bacterial infection of his brain. The doctors informed Eben's family that he would have a 2% chance of survival and even if he survives, he would be a vegetable, with minimal cognitive abilities. He had no neural brain activity which revealed no brain function at all. In layman's terms, his bacterial infection had turned his brain to mush. His family was ready to pull him off life support. Then he slowly began to wake up from his coma and within a few weeks, he was released from the hospital. He not only lived but all of his memories and cognitive abilities fully returned when he initially had no chance of recovering his mental abilities. Eben had a miraculous medical healing, which one can argue, was triggered by the Universal Mind of GOD during his Near-Death Experience.

In Dr. Alexander's book, "*Living in a Mindful Universe: A Neurosurgeon's Journey into the Heart of Consciousness*", Eben states: "As to the miraculous nature of my own recovery, an independent objective medical review, headed by Dr. Bruce Greyson, (Professor at the University of Virginia School of Medicine), noted the following":

Three physicians not associated with Lynchburg General Hospital completed an independent review of the complete medical record of Dr. Alexander's hospitalization, and spoke with the hospital's two consulting neurologists to gather additional information. The records indicate that Dr. Alexander was brought to the emergency department unresponsive, with evidence of a bacterial infection, and he was assessed to have moderate brain injury, which rapidly progressed to severe brain injury over the next few hours. Brain scans showed that the membranes covering the brain as well as the grooves in his cerebral cortex were swollen with pus-filled liquid, compressing the cortical tissue. Laboratory examination showed evidence of a bacterial infection in his cerebrospinal fluid, due to an organism that very rarely causes meningitis in adults and, when it does, is

almost always fatal or resulting in permanent neurological deficits. Nevertheless, after a profound near-death experience, Dr. Alexander eventually awoke from his coma and within a few months had made what his surprised neurologists called a “complete and remarkable recovery” from an illness they agreed might well have been fatal, without any residual neurological deficit.” (Alexander, 2012)

There are many YouTube NDE testimonies where NDE Experiencers speak of their own miraculous medical healings, just as profound to those of Anita Moorjani and Dr. Eben Alexander. What follows are just a few of hundreds of examples of YouTube testimonies on NDE medical healings.

1. Rosemary Ringer had been diagnosed with stage 2 cervical cancer when, after a routine medical procedure, she ended up bleeding to "temporary death," during which she had an intense Near-Death Experience... Assured by angels during her sojourn in the afterlife, Rosemary had a complete remission of cancer and rapidly healed from her medical trauma. She also had a healing from the grief of her husband's earlier suicide.

<https://www.youtube.com/watch?v=0OjYtaWv2HA>

2. Miracle Cure after Near-Death-Experience. When Sabine Kalbus was a teenager, a brain tumor was diagnosed in her brain. Before her brain surgery, she was in her hospital room and an angel, appearing as a “Light Being”, appeared to her, told her that she was cured and she did not need an operation. She told her MD of her experience and she requested to be retested. Her MRI revealed no brain tumors and she was not operated. To this day, she still sees light beings.

<https://www.youtube.com/watch?v=kTSAolN01cQ>

3. Miracle From Heaven - The True Story Of Annabel Beam: Meeting Jesus, Her Angel & Miraculous Healing. Hear the incredible real-life true story of Annabel Beam with this first-hand interview as she explains her near-death experience; how she went to heaven where she met #Jesus and her guardian angel only to come back to life as we know it to find her health unbelievably yet miraculously healed of both of her rare life-threatening digestive disorders: pseudo-obstruction motility disorder and antral hypomotility disorder.

<https://www.youtube.com/watch?v=nTwu2dM3r2o>

4. Her Cancer Was Healed During Her Near-Death Experience - Rosemary Thornton. During her NDE experience, she encountered angels. Rose was diagnosed with a life-threatening illness. After a “routine” medical procedure, Rose bled to death. During her NDE experience in heaven, she was told that if she agreed to return to earth, she’d be restored to wholeness. Subsequently, when she was returned to her body, medical tests affirmed that her disease disappeared.

https://www.youtube.com/watch?v=28QEzLK_qV8

2. CAP-UFO related Medical Healings

"One of the most interesting findings that emerged from this work was the many medical healings and attempts to heal on the part of the visitors... In about one-half of the cases I've been involved in, there have been healings due to operations and/or treatments. Sometimes the cures are permanent. At other times the conditions recur."

Edith Fiore from her book "Encounters: A Psychologist Reveals Case Studies of Abductions by Extraterrestrials". (Fiore, 1997)

... many UFO Contact Experiencers *"have experienced or witnessed healing conditions ranging from minor wounds to pneumonia, childhood leukemia, and even in one case reported to me first-hand, the overcoming of muscular atrophy in a leg related to poliomyelitis."*

Dr. John Mack, Professor of Psychiatry, Harvard School of Medicine from his book "Passport to the Cosmos: Human Transformation and Alien Encounters". (Mack, 1999)

I have already detailed my very first "paranormal" experience which was the miraculous medical healing of our Jack Russel Terrier by an Energy Being which occurred in our living room on March 4, 2012.

The CAP-UFO literature is filled with thousands of specific case studies of individuals that have been healed by CAP-UFO intelligence. Numerous UFO researchers have demonstrated this fact. Preston Dennett has authored two books on this topic. His first book, published in 1996, was titled "*UFO Healings: True Accounts of People Healed by Extraterrestrials*". This book was followed by a 540-page second book published in 2019 titled "*The Healing Power of UFOs: 300 True Accounts of People Healed by Extraterrestrials*". (Dennett, 1996, 2019).

The survey data from the Dr. Edgar Mitchell FREE UFO Experiencer Research Study revealed that 50% of the more than 4,300 survey respondents stated that they had a medical healing on either themselves or another family member from CAP-UFO related Non-Human Intelligence. Medical doctor Dr. Joseph Burkes and Preston Dennett jointly wrote Chapter Six in our book, "*Beyond UFOs*", which was a detailed analysis of 10 individual case studies from the thousands who stated that they had a CAP-UFO-related medical healing in our FREE survey. (Hernandez, Klimo & Schild, 2018)

Let me provide just a summary of one of the many examples of miraculous medical healings described in Chapter Six of our book. Like Dr. Joseph Burkes, this particular Experiencer was also an Emergency Room medical doctor, who wished to remain anonymous. This medical doctor is a personal friend and I have known him for many years. He is one of the major contact experiencers that I have ever met, certainly one of the top 5 Experiencers of the Contact Modalities, yet I am the only one who knows who he is. Since he is still a young man, and a practicing Emergency Room physician, he fears that he might lose his medical license should this information be released publicly with his real name. Let me refer to him as Dr. Z. Dr. Z's aunt informed me that he was skipped 4 grades before the 8th grade before his parents intervened. He was doing advanced calculus and physics at the age of 8. He also learned how to meditate at the

age of 8 years and during his initial meditative experience, he had a major OBE experience. He then continued to meditate and each time his consciousness would travel outside of his body. At a very early age and he began to have daily OBEs and Astral Travel Experiences while meditating. He soon mastered the ability to initiate Astral Travel experiences at will. He soon began a life-long journey of initiating contact with diverse non-physical Higher Forms of Intelligence which last to this date. He graduated high school at the top of his class. At the age of 14 he began college and graduated at the top of his college class at the age of 16. He was then told by the Non-Corporeal Beings that he interacts with that he was too young to attend medical school and that he needed to wait two years. He took advantage of these two years to live in an OBE state for most of the day, only returning to do human physical necessities such as eating, going to the bathroom, and showering and grooming himself. While living with his elderly grandmother for those two years, he travelled to different dimensions, learning spiritual lessons, and learning about all of his “past lives” and the mission for his current life which involved advanced science and physics. He started medical school at the age of 18 and graduated at the top of his class at one of the major research medical schools in the US. Needless to say, this man is extremely bright and gifted. He has had a history of experiences via the Contact Modalities, including OBEs, Astral Traveling, seeing hundreds of beings, mainly while was undertaking Astral Traveling. The following is a summarized account of his miraculous medical healing from Chapter Six from our book “*Beyond UFOs*”. (Hernandez, Klimo & Schild, 2018)

Case Study # 1: “Anonymous Physician.” Hemorrhagic Shock Following Dental Surgery. (Interview by Joseph Burkes MD). Dr. Burkes stated that “I have thoroughly vetted this witness who in fact is a practicing physician in his mid-thirties.” The MD underwent extraction of his lower wisdom teeth. He then began to bleed profusely and a jet of blood squirted into his mouth with each beat of his heart. He suspected an artery had been severed. His room was filled by mounds of blood-soaked gauze and no matter how hard he pressed down on the extraction site; the bleeding continued. He became light-headed and he knew he was going into shock and soon passed out on his bed. The next thing he remembered was that he was enveloped by a beam of intense white light and was floating in space that was not in his apartment. He then appeared in a circular room, about twenty feet across, and was made of some kind of metal. Dr. Burkes states that:

He looked down and to his surprise the floor was transparent and he could see Earth and many stars. What he recalled didn't feel like it was a dream. In this strange environment he caught a glimpse of a non-human being that he identified as looking like the Small Grey alien stereotype. It was short, perhaps four feet tall, with large wrap-around dark eyes. It appeared to be wearing some kind of large garment that altered its appearance. Instead of the typically thin body build associated with this alleged alien phenotype, the grey non-human being looked somewhat stout. Several seconds after seeing this strange creature he reported that the scene vanished and he found himself back on his blood-soaked bed. The apartment was a mess, but to his surprise, he felt perfectly fine. The bleeding had completely stopped and he was able to rise without the lightheadedness that he had experienced before passing out. In the mirror, he could see that the pallor in his face was gone. The color of his complexion was totally normal. This young physician denied

experiencing a powerful thirst that is associated with blood loss. He soon realized that he had been completely healed from this potentially dangerous condition.

In his book “Dimensions”, Dr. Jacque Vallee also provides a short description of a medical healing from the French medical doctor he was investigating. Vallee states,

He awoke his wife and told her what happened. At that point it was she who observed, with considerable amazement, that the swelling and pain in his leg had completely disappeared. In the days that followed, he became aware that all the after-effects of a wound he had received during the Algerian war had also dissipated. (Vallee, 1988)

h. Commonality # 8: Visions of the Future and of the Past

1. Near-Death Experiences

The Near-Death Experience research has presented hundreds of examples of NDE Experiencers who have received visions of future events and past events. The past events are the most common because of the thousands of individuals who have had a “Life Review”, a “showing” to the NDE Experiencer of their major life events, often seen via a panoramic view, usually initiated by a being identified by the experiencer as GOD. Almost every book written by an NDE researcher such as those by Dr. Bruce Greyson, Dr. Kenneth Ring, Dr. Jeffrey Long, Dr. Pim Van Lommel, Dr. Raymond Moody, etc., all discuss at length stories of NDE experiencers that have had a Life Review. (Alexander, E. 2012, 2017) (Long, J. 2011, 2016) (Greyson, J. 2009, 2021) (Moody, R. 1975) (Ring, K. 1984, 1992) What is not as common is that many NDE experiencers are also shown visions of future events. I will briefly present an example of a “Life Review” told to me by my own father, now deceased. I will then present future events told to NDE Experiencers.

My own father had an NDE during a quadruple heart bypass surgery when he was in his late 60s. During his NDE he also had a major life review that according to his own words, “lasted 20 to 30 years”. He told me that he relived major parts of his life and relived these experiences simultaneously inside of his body reliving the event and also inside of the body of the other person he had affected. He told me that he felt the emotions and thinking of both himself and the other person he had impacted simultaneously. Just like many other NDE experiencers, he told me that GOD did not judge him but that he judged himself and that he was embarrassed by the many decisions he had made in his life. This was balanced out by the many good deeds and judgments he had made in his life. I would encourage everyone to read Dr. Bruce Greyson’s Chapter 3, titled “Life Review”, from his book *After: A Doctor Explores What Near-Death Experiences Reveal about Life and Beyond*. This chapter contains more than 30 pages of examples of Life Review stories he has researched over his 45 years of NDE research. (Greyson, 2021)

In addition to receiving spiritual messages and the need for humanity to learn to love each other, both the NDE and the UFO Contact Experiencer have received warnings from NHI regarding potential ecological disasters, including the possibility of nuclear war.

Dr. Kenneth Ring has published numerous important books on the NDE Experience. In 1984 Dr. Ring published a book titled *“Heading Toward Omega: In Search of the Meaning of the Near-Death Experience”*. (Ring, 1984) In this book, Dr. Ring presents the finding that numerous NDE Experiencers were receiving **“*Prophetic Visions relating to future events that have a global rather a personal focus... and they are highly consistent from person to person*”**. Dr. Ring stated that these prophetic visions were given to the NDE Experiencer during their NDE, **“*often in association with an encounter with guides or a being of light.*”**⁵⁶ Similar to many UFO Contact Experiencers in our FREE research study, Dr. Ring also states that many of the NDE Experiencers were also told that **“*they would not be able to recall much of this information but would be given access to some of it when and if it was needed*”**. (Ring, 1984) Regarding the ecological and nuclear war warnings received by NDE Experiencers, Dr. Ring stated as follows:

“The individuals report that ... there will be an increasing incidence of earthquakes, volcanic activity, and generally massive geophysical changes. There will be resultant disturbances in weather patterns and food supplies. This world economic system will collapse, and the possibility of nuclear war or accident is very great (respondents are not agreed on whether a nuclear catastrophe will occur). All of these events are transitional rather an ultimate, however, and they will be followed by a new era in human history marked by human brotherhood, universal love, and world peace. Though many will die, the earth will live.” (Ring, 1984)

Many NDE Experiencers also receive information of future events in their personal future. Again, this example has been documented in numerous NDE research books and NDE experiencer books written by NDE experiencers. One important case study was that of another medical doctor, Dr. Mary Neal, an orthopedic spine surgeon, who was told during her NDE that her son would die before he was 18 years old. Previous to Mary’s NDE, her then four-year-old son told her that he will die before he reaches 18 years old. Dr. Neal states *“The way he said it hit me like a ton of bricks. I knew it to be true. I don’t know how I knew. It was as clear in my mind today as it was then... He said that was part of the plan. I never forgot that.”* Later, in 1999, Dr. Neal was kayaking the white-water rapids in the very rural area of Los Rios region in southern Chile. As described in her book *To Heaven and Back*, Mary describes that she was flipped overboard and remained under the river currents for more than 30 minutes, and drowned. (Neal, 2012) She initially floated out of her body and saw her body underneath her. Dr. Neal’s consciousness then went to another non-earthly realm where she met various “angels” and a being she identified as “God”. She was then informed that her son would die before the age of 18, just like her son had previously told her. As Dr. Neal states in her book:

Ultimately my son was killed and even that was an example of God’s perfect timing because even though I knew one of the mandates was to share my story with others... I didn’t want to do it so for ten years. I came up with all kinds of reasons why I couldn’t do it and didn’t need to do it but then one day I was thrown out of bed and God said: ‘Now is

⁵⁶ By the way, human looking NHI guides and beings of light were the top two types of NHI that were mentioned by UFO Contact Experiencers in Chapter One of my book *“Beyond UFOs”*, published by the Dr. Edgar Mitchell FREE Foundation, which is also included in the book *“A Greater Reality”* book series. (Hernandez, Klimo and Schild, 2018)

the time you're going to do this'. And I did it. I finished the final manuscript only a few hours before my son was killed and I look at that as an incredible gift and a wonderful example of God's timing. (Neal, 2012)

Needless to say, YouTube contains hundreds of testimonies of NDE Experiencers who have been told during their NDEs of future events, either pertaining to them or to our planet or other individuals. The following links provide just some of these testimonies of NDE Experiencers being told of future events.

<https://www.youtube.com/watch?v=ZdSneXxQ6v8>
<https://www.youtube.com/watch?v=1Y7byTgqRx4>
<https://www.youtube.com/watch?v=eXwFmD414XA>
<https://www.youtube.com/watch?v=W6Kxrs0VTj8>
<https://www.youtube.com/watch?v=cKh3K0GDGr4>
<https://www.youtube.com/watch?v=UtdTqjJoOhU>
https://www.youtube.com/watch?v=bmpUF_riOuU
https://www.youtube.com/watch?v=UIp20jp_Lbo

2. UFO Contact Experiences

The CAP-UFO Contact Experiences in the FREE Experiencer Research Study also received similar information about future events. Chapter 11 from our book *Beyond UFOs*, titled “*Chapter 11: Ecological and Human Behavioral Messages Received from UAP Related Non-Human Intelligence: Analysis of the FREE Research Data*”, stated the same information, almost verbatim as the NDE testimony about future ecological catastrophes for planet earth. Chapter 11 contained almost 30 pages of messages received from CAP-UFO Non-Human Intelligence regarding ecological warnings and the possibility of nuclear destruction of humanity. Our FREE surveys asked 70 open-ended questions, one particular question dealt with information about future ecological events received from CAP-UFO-related Non-Human Intelligence which was the following:

Question # Q117: *Did you receive any information affecting our Planet's Future or Past (e.g., a planetary extinction or a major catastrophe), and/or information on any earthly global, social-political, or related EVENT that has taken place or will take place in the future? If applicable, how was this information communicated to you. In addition, why do you have this belief?*
(Hernandez, Klimo and Schild, 2018)

Hundreds of statements were received and the following were just examples of what UFO Non-Human Intelligence told the human experiencer:

- “I saw the end of the world. The sun was raining down fireballs on Earth, and the land was barren, fire everywhere, and people were running with nowhere to go...”

- “I was shown a hologram or picture in the air of a nuclear explosion from an Earth leader and set of every known natural disaster as a result. It spread over the whole planet... space ships swooped in and took as many humans as possible... until another planet was ready.”
- The being showed me “the end of the world, with fireballs and burned-out cities, countries, with widespread devastations, and then, humans with deformities. He presented a dire picture for humanity. With so much devastation revealed for our future, it indicates or suggests that we never grew up or were able to stop warring and hating and killing, as well as continuing to ruin our environment.” (Hernandez, Klimo and Schild, 2018)

Most of the cases involving ecological messages were telepathically transmitted by a Non-Human Intelligence. Numerous types of beings (Energy Being, Human Looking, Small and Tall Grey, Mantid Being) transmitted this information to the human contact experiencer. In addition, many Contactees also received this information while they were in an alternate reality. As I stated earlier in this paper, approximately 50% of the CAP-UFO-related contact experiencer stated that they were brought to another multidimensional reality, which we called a “Matrix” type of reality.

We asked numerous questions about this experience and one question was, “**While in this ‘Matrix-like’ type of reality, did scenes from the future come to you?**” The result was that 10% stated that scenes from their future were shown to them. We also asked the question, “**While in this ‘Matrix-like’ type of reality, did scenes from the Earth’s future come to you?**” Over 30% were shown scenes of our planet’s future. Many of the specific information received were previously discussed in other parts of this paper. (Hernandez, Klimo and Schild, 2018)

3. Mediumship

Mediumship is the practice of mediating communication between the spirit of the dead and living human beings. Practitioners, or the intermediaries that mediate this communication, are known as "mediums" or "spirit mediums", individuals who report experiencing communication with the deceased and who regularly, reliably, and on-demand report the specific resulting messages to the living. There is an enormous amount of literature on the topic of mediumship but I encourage everyone to read the works of Dr. Jon Klimo (Klimo, 1987), Dr. Gary Schwartz (Schwartz, G., 2003, 2007, 2017, 2020) and Dr. Julie Beischel (Beischel, 2014, 2015). Dr. Gary Schwartz is the Director of the Laboratory for Advances in Consciousness & Health at the University of Arizona. His research and his many books published over the last 25 years have been on the topic of mediumship. Dr. Julie Beischel is the Director of Research at the Windbridge Research Center. For over 15 years, Dr. Beischel has conducted scientific research on studying mediums. The combined research of Dr. Jon Klimo, Dr. Gary Schwartz, and Dr. Julie Beischel not only have numerous communications from perceived spirits communicating to family members, but also hundreds of information discussing verified past and future events.

4. Precognitive Experiences

Finally, there is the example of Precognitive experiences from both NDE and CAP-UFO Contact Experiencers. The book by NDE Experiencer Elizabeth Krohn, titled “*Changed in a Flash*”, she provides numerous examples of precognitive events. (Krohn, 2018) Many of the NDE academic research also demonstrate that NDE experiencers return with precognitive abilities. Chapter Two of our book “*Beyond UFOs*” details numerous examples of CAP-UFO Contact Experiencers that have detailed their precognitive events. My wife, for example, had numerous precognitive experiences for at least two years after seeing the Energy Being in our living room and after calling down numerous CAP-UFOs. One experience involved an experience where she refused to go on a long trip in our car because the car engine was going to explode even though our car was only 3 years old. After 2 weeks of harassing me, and my hotel and conference tickets were already prepaid, I was forced to bring my car to my mechanic and he told me “*You are luck Rey. If you had gone on that long car trip your engine would have exploded because many of the belts were loose and broken and your engine might have been destroyed*”. This was just one of many examples of her precognition during this time period. Our book “*Beyond UFOs*” was also able to determine that Precognitive Abilities were a very common trait after the individual has had a UFO Contact Experience. (Hernandez, Klimo and Schild, 2018)

5. OBEs, Astral Travel & Remote Viewing

These examples, just like the NDE and UFO Contact Experience, lead one to the hypothesis that time is not linear. The NDE experience is the classic case for supporting the hypothesis that “time” might not even exist. Our consciousness is literally “outside” spacetime--our human consciousness can go forward in time and back in time because time is not linear. As Chart # 3 illustrates, human consciousness can travel from our 4D physical reality to other higher multidimensional realms outside of spacetime. For example, many remote viewers discuss bringing their consciousness back to specific time periods and are able to observe various details of these specific time periods. Other literature on remote viewing also discusses how human consciousness can also travel to the future and literally “see” and describe the future. Stephan A. Schwartz, in his many writings and in his monthly “Schwartz Report” postings contains numerous articles on this topic.⁵⁷ (Schwartz, S, 2020, 2022)

Thus, the commonality of receiving information about our future and our past is just another example that all of the Contact Modalities need to be researched as ONE integrated phenomenon. By now the readers of this chapter should be able to understand that we are dealing with the same phenomenon involving different Contact Modalities. Our Greater Reality serves as an information storage and retrieval mechanism where humans can retrieve information about the past and future (Akashic Records) and how this mechanism of retrieving past and future stored information can allow the Universal Mind to learn, self-correct, and evolve as a self-organizing interconnected holistic system.

⁵⁷ <http://www.schwarzreport.org/>

i. Commonality # 9: Total Personality and Worldview Transformation

1. NDE Information

Dr. Kenneth Ring was one of the academic pioneer researchers on the NDE phenomenon. Since the late 1970s, shortly after the publication of Dr. Raymond Moody's 1975 book, *Life After Life*, Dr. Ring began to investigate and publish academic articles and books on the NDE phenomenon. His first book was titled "*Life At Death: A Scientific Investigation of the Near-Death Experience*", which was published in 1980. This pioneer research study involved 102 NDE Experiencers. (Ring, 1980) He subsequently published many other books, including *Heading Toward Omega* (Ring, 1984) and *The Omega Project* (Ring, 1992). Both of these books were focused on the near-death experience and how they change people's lives. Dr. Ring stated on his website: ⁵⁸

*After going through an NDE, people reported a loss of fear of death as well as a greater appreciation of life. They also reported stronger feelings of self-acceptance and a greater concern and sense of caring for other people. They had less interest in material things for their own sake. Many tended to become more spiritual - though not necessarily more involved in organized religion.*⁵⁹

*Almost all subjects who experienced an NDE found their lives transformed and a change in their attitudes and values, and in their inclination to love and to help others. Dr. Ring was convinced that these were absolutely authentic experiences and noted that since returning, many of them had occasion to think about 'what might have been.' And their subsequent lives were powerful testimony to our common ability to live more deeply, more appreciatively, more lovingly, and more spiritually.*⁶⁰

In Dr. Ring's book "*The Omega Project: Near-Death Experiences, UFO Encounters, and Mind at Large*" (Ring, 1992), Dr. Ring administered a lengthy survey questionnaire comprised of 360 questions to 85 NDE Contact Experiencers and 85 CAP-UFO Contact Experiencers. Over 100 of these questions in his "Life Change Inventory", "Psychophysical Changes Inventory" "Psychological Inventory" and "Ecological Inventory" questions dealt with how did both of these groups, the NDE and UFO contact groups, change after their respective experiences. **What he concluded was that both groups changed in the same exact way. All the changes were for the positive.** They became a different human being with completely new outlooks on life and worldviews.

⁵⁸ See Dr. Ring's website: <http://www.kenring.org/>

⁵⁹ Ibid.

⁶⁰ Ibid.

2. UFO Information

Another major finding of the Dr. Edgar Mitchell FREE UFO Experiencer Research Study was not only that the majority of CAP-UFO related contact experiencers with Non-Human Intelligence have been extremely positive, equally as important was the overwhelming evidence that these “Experiencers” underwent a profound and positive transformation. I had a series of conversations with Dr. Kenneth Ring regarding his research study and his book, *The Omega Project: Near-Death Experiences, UFO Encounters and Mind At Large*, and I asked if he could give the FREE Research Committee permission to utilize approximately 70 questions from his survey. (Ring, 1992). Our intention was to ask the same inventory lifestyle change questions he asked but instead of administering it to 85 UFO Abductees, we wanted to administer these questions to possibly thousands of CAP-UFO contact experiencers from all over the world, in multiple languages, who had these experiences. We received more than 4,300 survey responses from CAP-UFO contact experiencers from over 125 countries to our English language survey. Our Spanish language survey had over 1,200 survey responses. Interestingly, our findings were not only similar, but matched exactly the survey responses received by Ring’s historic study. Our data supported his conclusion that contact experiences with NHI “tend to initiate some profound alterations in one’s personal values and belief system” and that these experiences, in the long-term, were positive experiences. (Ring, 1992). Let’s explore some of these profound alterations of one’s personal belief system and values as documented in our book, *Beyond UFOs*.

Table 1 illustrates responses to the concept as follows: “*An interest in your UFO related contact experiences may or may not bring about certain changes in an individual's life. We would like to know in what ways, if any, your interest in UFO related contact experiences affected your life. In responding to the following items all you need to do is check the appropriate alternative, according to the instructions given below. Each statement should be understood as beginning with the phrase, “Since I first became interested in my UFO contact experience ...”*”

TABLE 1

LIFE STYLE INVENTORY CHANGE

“Since I first became interested in my UFO contact experience ...”

Question	Strongly Increased	Increased Somewhat	Had Not Changed	Decreased Somewhat	Strongly Decreased
INCREASED					
My desire to help others has	51.36%	23.86%	23.22%	1.22%	0.35%
My compassion for others has	54.71%	24.77%	18.55%	1.51%	0.47%
My appreciation of the "Ordinary Things of Life" has	52.09%	22.39%	18.97%	3.83%	2.73%

My sensitivity to the suffering of others has	53.33%	24.93%	19.01%	1.97%	0.75%
My concern with spiritual matters has	59.77%	22.84%	14.80%	1.39%	1.10%
My desire to achieve a higher consciousness has	67.63%	19.14%	12.70%	0.29%	0.23%
My appreciation of nature has	64.07%	20.08%	15.73%	0.12%	0.00%
My Spiritual feelings have	59.76%	22.77%	15.43%	1.16%	0.87%
My concern with the welfare of the planet Earth has	62.27%	22.62%	14.24%	0.35%	0.52%
My understanding of "What is Life all about" has	54.04%	28.31%	14.13%	2.17%	1.35%
My personal sense of "Purpose in Life" has	46.78%	30.91%	18.09%	2.46%	1.76%
My concern with Ecological matters has	49.56%	30.11%	19.28%	0.70%	0.35%
My conviction that there is life after death has	55.74%	13.11%	29.86%	0.76%	0.53%
My acceptance of others has	33.37%	36.58%	23.45%	4.03%	2.57%
DECREASED					
My concern with the material things of life has	2.15%	3.54%	26.96%	32.07%	35.27%
My interest in organized religion has	3.25%	5.64%	27.19%	12.03%	51.89%
My competitive tendencies have	1.86%	4.25%	34.77%	24.75%	34.36%
My fear of death has	1.46%	2.34%	23.95%	22.61%	49.65%
My desire to become a well-known person, to become famous, has	1.94%	6.17%	41.98%	12.17%	37.74%
My interest in achieving material success, becoming wealthy, has	1.93%	5.73%	32.32%	24.20%	35.83%

The multiple questions posed in Table 1 provide results of our assessment of changes in the personal values of the survey respondent. The survey instrument questions measured whether and to what degree they felt they had changed after their extraordinary encounters.

The following psychological and personal values increased significantly: concern with spiritual matters, desire to help others, compassion for others, ability to love others, concern with the welfare of the planet, conviction that there is life after death, tolerance of others; insight to the problems of others and other factors.

The following profiles decreased significantly: concern with material things in life, interest in organized religion, fear of death, desire to become well known, and other factors.

Based on such reported psycho-spiritual outcomes and major changes of the Contact Experiencer, the question remains as to what specific characteristic of the contact experience serves to actually trigger an increase in one's appreciation of life, become a more loving person, concern for the welfare of others and the planet, and a decreased concern with material goods and fear of death. These outcomes beg us to ask the following questions which as of now cannot be answered:

- What is the nature of the reality of these experiences?
- Can it be that there are actually Non-Human Intelligence who are orchestrating the strange encounters whose effects we have been considering here?
- What is the intelligence that is the governing force behind the CAP-UFO-related contact experience with Non-Human Intelligence which is resulting in a positive transformation of the Contact Experiencer?
- Could the Contact Experiencer with Non-Human Intelligence, contact via CAP-UFOs, NDEs, via OBEs, Astral Travelling, via Remote Viewing, via Channeling, contact with perceived ghosts/spirits, via Entheogenic Journeys, and via the other Contact Modalities, actually be controlled by the same power or intelligence for all of these Experiencers even though the phenomenology seems to be radically different?
- Finally, can we associate the apparent "lessons" being taught to these experiencers, and the profound positive personal changes of the experiencer, as a response to the growing social ills of modern society-- social ills that might potentially involve humanity's self-destruction?

j. Commonality # 10: Spiritual Awakening & GOD

After one has a Near Death Experience you certainly understand that you are an eternal spiritual being living a temporary physical reality-- a physical reality that is encompassed within a Greater Virtual and Spiritual Reality orchestrated by the Universal Mind of God (Consciousness). This spiritual transformation is found not only in the NDE Experiencer, but in all of the Experiencers of all of the Contact Modalities. The same spiritual conversion happens with UFO Contact Experiencers, with OBE and Astral Travel Experiencers, with Entheogenic Experiencers, and with all Experiencers that have the vast array of Post Death Communications. You are simply not the same spiritually after any of these experiences. You realize that your reality is merely

“MAYA”, an illusion, and that underneath this illusion is a Greater Spiritual Reality. Dr. Yvonne Kason has termed these experiences “Spiritually Transformative Experiences.” (Kason, 2019) The following section, once again, only presents a summary of a very complex topic that can literally fill up thousands of pages with documentation and testimony. Let us first begin with the NDE phenomenon.

1. NDEs

All of the NDE researchers mention that spiritual messages and spiritual transformation are one of the major components of the NDE phenomenon. (Alexander, E. 2012, 2017) (Long, J. 2011, 2016) (Greyson, J. 2009, 2021) (Moody, R. 1975) (Ring, K. 1984, 1992) One of the pioneers of NDE research, Dr. Kenneth Ring, stated the following regarding the spiritual awakening resulting from the NDE phenomena by stating:

When we come to examine the core of full NDEs we find an absolute and undeniable spiritual radiance... The NDE is essentially a spiritual experience that serves as a catalyst for spiritual awakening and development. Moreover, the spiritual development that unfolds following an NDE tends to take a particular form. Finally, as a by-product of this spiritual development, NDErs tend to manifest a variety of psychic abilities afterward that are an inherent part of their transformation. (Ring, 1984)

In addition to the spiritual transformation resulting from the NDE experience, a very high percentage of those that have a Near Death Experience have reported having had an experience with an intelligence that they call “GOD”. One of the co-editors of our book, *A Greater Reality*, is one of the world’s leading NDE researchers, Dr. Jeffrey Long. Jeffrey has written two important books on NDEs based on the thousands of NDE experiencers who have participated in his extensive surveys on NDES which is available on his website, nderf.org, which began in 1998.

Dr. Long’s NDE survey has several quantitative and qualitative questions on the NDE experiencer encounters with an intelligence perceived to be “GOD”. First, Jeffrey stated that he can not recall any description in NDEs of GOD using power to “harm” any fellow being. The reason is that “in NDEs, GOD is typically described as profoundly loving”. Dr. Long’s latest book is basically an entire book dedicated to the topic of “GOD” encounters during the NDE and he titled his book “*God and the Afterlife: The Groundbreaking New Evidence for God and Near-Death Experience*”. (Long, 2016) Jeffrey’s book contains numerous testimonies describing GOD and the information received from GOD. He termed his research “The God Study”. The following is just a very short summary of these descriptions.

Dr. Long realized that over 40% of NDE experiencers became aware of GOD or a supreme being during their NDE. Jeffrey’s study contained thousands of NDE experiencers. He stated that more than 40% reported a tunnel, encountered deceased loved ones, or had a Life Review, characteristics usually associated with an NDE commonality. Jeffrey states “This new information tells us one element of NDEs happens more often than any of these other NDE elements: *awareness of the existence of GOD*”. (Long, 2016)

In his 2016 book, *God and the Afterlife*, Dr. Jeffrey Long states that many of the experiences with GOD involved the sense of being fully embraced with LOVE where they sensed that everything is interconnected and that GOD loves each and every one of us and all of GOD's creation. One important concept discussed in Dr. Long's book is the concept of the "Oneness with GOD" where we, as human consciousness merge with GOD and that we are actually part of GOD. Some of his quotes from several experiencers are noteworthy:

*"I became aware that I am the light also... Each soul is part of the whole or God".
"There was no separation felt". "We are all brothers and sisters under the skin, and we all exist under the hood of one GOD." "I was one with GOD or the Collective Soul... It was perfect love". "I was aware of a oneness, a connection with GOD and all the other souls, but also individuality".*

In my previously discussed section titled "Contact with a perceived Non-Human Intelligence", I describe the types of beings seen in an NDE, and in this section, I stated that while many describe GOD as a human-looking being, the vast majority of NDE researchers describe "GOD" as a light being. (Long, J. 2011, 2016) (Greyson, J. 2009, 2021) (Moody, R. 1975) (Ring, K. 1984, 1992) This description of what GOD looked like was very diverse but the description usually emphasized that GOD was a "pure form of energy". (Long 2016) In the following section titled "Commonality # 11: The Importance of Love", I will present information that the concept of "LOVE" is the most important information relayed by GOD to the NDE experiencer. Thus, in the vast majority of the NDE cases, the concept of LOVE is usually associated with a being identified as GOD.

2. CAP-UFOs

My book, *"Beyond UFOs"* had a chapter discussing the spiritual transformation of the CAP-UFO Contact Experiencer which was written by Reverend Michael Carter and attorney Michael Murburg. (Hernandez, Klimo & Schild, 2018) Reverend Carter wrote an updated version of his article which is now published in our book, **A Greater Reality**. The data from the FREE UFO Experiencer Research Study reveals, just like the NDE experience, that the concepts of spirituality and GOD were very important themes that were conveyed by the various forms of Non-Human Intelligence as a result of CAP-UFO-related contact.

Dr. Jon Klimo, wrote Chapter Two in our book *Beyond UFOs*. Chapter Two was an analysis of the **qualitative open-ended survey responses**. Several of the open-ended questions asked the CAP-UFO contact experiencer to discuss if they received a spiritual message or a spiritual transformation from their experience. Our survey defined the term "Spirituality" and stated that "Spiritual is a term associated with a transcendental experiential reality not confined to physicality, but transcends the physical, and which has as its essence the "inner" qualities of divinity, wisdom, compassion, and love." (Hernandez, Klimo & Schild, 2018)

What follows are short excerpts from Chapter Two from *Beyond UFOs* that discusses the spiritual transformation of the CAP-UFO contact experiencer.

Edited-down verbatim and paraphrased cases compromising this category:

- "Belief in spirituality, material wealth not important. Nature and all life is sacred."
- "I have become very spiritual and file new divine purpose in my life: to do my part in saving our species and our home world."
- "I am a cosmic spiritual being on a primitive developing planet [earth]. All life is sacred... Fully conscious in a spiritual state of nonlocal outreach filled with love and cosmic appreciation."
- "I now know who I truly am I am an eternal being of light having an amazing experience in a human skin suit and when the time comes, I will shed this meat bag and go back home."
- "Very spiritual, but not religious at all. Believes in the creative God for all."
- "I have been on a spiritual path ever since the incidents."
- "The only thing that happened to me spiritually was that I gained a higher appreciation for a universal God. If anything, my belief in a higher power was increased, not decreased"
- "I feel more spiritual. These experiences help me to expand my consciousness."
- "I have had a spiritual awakening from these experiences"
- "Highly positive experiences relating to my spiritual growth and evolution, have contributed to acceptance of spiritual dimensions of life and the ongoing nature of consciousness beyond my current incarnation."
- "The contact reinforced my personal beliefs and higher spiritual matters reincarnation."
- "My interactions and experiences with Non-Human Intelligence has opened up my mind both spiritually and to the possibility of life out in the universe."

The following is a table from Chapter One from *Beyond UFOs*, which was an analysis of the two **quantitative surveys** from the FREE UFO Experiencer Research Study. The following table focused on various spiritual messages and messages received relating to GOD. (Hernandez, Klimo & Schild, 2018)

TABLE 2

Spiritual Messages and GOD

	YES	NO
Did the ETs give you a message of Love or of Oneness to you?	54%	46%
Did the ETs provide you with a spiritual message to you?	53%	47%
Did the ETs give you any message about God or a Creator?	31%	69%
Was any of this ET communication concerning life after physical death (Heaven or a perceived Spirit World)?	28%	72%
Did the ETs give you any message of Reincarnation?	26%	74%
Do you believe that you have interacted with ETs in your Past Life?	26%	74%
Did the ETs give you any information about the death process, about life after death, or the spirit world?	19%	81%

TABLE 3**Spiritual Messages and GOD**

	Agree	Disagree	No Opinion
No matter what your religious belief is, there is Life After Death	81%	2%	17%
We are already in or at least on the verge of a New Age and that the ETs have a role in this.	79%	3%	18%
I believe that the changes I've undergone since becoming interested in UFO experiences are part of an evolutionary unfolding of humanity.	78%	5%	17%
Evolutionary forces are already at work which will transform humanity at large into a more self-aware, spiritually sensitive species and that the ETs have a role in this.	74%	7%	19%
My thinking became more "Holistic."	74%	9%	17%
We are now living through a time of greatly accelerated spiritual evolution.	73%	8%	19%
Evolutionary forces are already at work which will transform humanity at large into a more self-aware, spiritually sensitive species.	72%	7%	21%
I believe that my UFO experiences occurred so as to awaken me to the existence of larger cosmic forces which are affecting our lives and that the ETs have a role in this.	72%	7%	21%
In my opinion, the widespread occurrence of UFO experiences is part of a larger plan to promote the evolution of Consciousness as a species-wide scale.	71%	6%	23%
I believe that my UFO experiences were "arranged" or "designed" by a higher intelligence and that the ETs have a role in this.	69%	6%	25%
I became more sensitive to "other realities, other dimensions."	69%	12%	19%
I believe that there are powerful cosmic forces operative today that are working to "spiritualize" the planet.	67%	8%	25%
I believe that I am a more spiritual person now than I was before my interest in UFO experiences.	66%	18%	16%
I felt I had flashes of cosmic consciousness at times.	63%	18%	19%
Telepathic or other forms of psychic awareness between me and others increased.	62%	18%	20%

I believe that there is a higher power guiding my life and that the ETs have a role in this.	62%	12%	26%
I became more psychic than I was before.	58%	18%	24%
I seemed to become aware of multiple, overlapping realities at the same time."	56%	17%	27%
My mind became tremendously expanded compared to how it functioned before.	56%	18%	26%
I became able to channel information from other dimensions.	28%	39%	33%

3. OBE, Astral Travel & Remote Viewing

Again, there are no large scale comprehensive statistical research studies comparing OBE, Astral Travel, and Remote Viewers on the topic of “Spirituality and GOD”. The overwhelming majority of the OBE and Astral Traveler articles contained in our book, in both the theoretical volumes (articles by Tom Campbell, Julia Sellers, Marilyn Hughes, Stephan A. Schwartz) and the many articles in our experiencer volumes, including the various cited books on experiencers of OBEs and Astral Travelling in this chapter (Minero, 2012) (Dennett, 2004) (Ziewe, 2008), all discuss spiritual communications and messages they perceive to be from GOD. I would encourage the reader to review the many OBE and Astral Travelling articles in this book to review the specifics of these spiritual messages.

4. Entheogenic Experiences

Our book, *A Greater Reality*, contains two academic articles on the topic of entheogenic research, specifically how the use of psilocybin, lysergic acid diethylamide (LSD), ayahuasca, and *N*-dimethyltryptamine (DMT) experiencers have spiritual experiences and even encounters with a Higher Form of Intelligence that many individuals associate with as GOD. One article was written by Dr. Roland Griffiths, Ph.D., a Professor in the Departments of Psychiatry and Neurosciences at the Johns Hopkins University School of Medicine, and founding Director of the Johns Hopkins Center on Psychedelic and Consciousness Research. The second article in our book on this topic was written by Dr. Christopher Timmermann, a Ph.D. in Neuroscience, and a Post-Doctoral Research Fellow at the Imperial College London, Division of Brain Sciences, at the Centre for Psychedelic Research.

I am not going to provide a detailed analysis of the article by Dr. Griffiths, titled “*Survey of subjective "God encounter experiences": Comparisons among naturally occurring experiences and those occasioned by the classic psychedelics psilocybin, LSD, ayahuasca, or DMT*” because our readers can go directly to the article. Instead, I am providing the abstract from the actual article. Dr. Griffiths states:

Naturally occurring and psychedelic drug–occasioned experiences interpreted as personal encounters with God are well described but have not been systematically compared. In this study, five groups of individuals participated in an online survey with detailed questions characterizing the subjective phenomena, interpretation, and persisting changes attributed to their single most memorable God encounter experience (n = 809 Non-Drug, 1184 psilocybin, 1251 lysergic acid diethylamide (LSD), 435 ayahuasca, and 606 N,N-dimethyltryptamine (DMT)). Analyses of differences in experiences were adjusted statistically for demographic differences between groups. The Non-Drug Group was most likely to choose "God" as the best descriptor of that which was encountered while the psychedelic groups were most likely to choose "Ultimate Reality." Although there were some other differences between non-drug and the combined psychedelic group, as well as between the four psychedelic groups, the similarities among these groups were most striking. Most participants reported vivid memories of the encounter experience, which frequently involved communication with something having the attributes of being conscious, benevolent, intelligent, sacred, eternal, and all-knowing. The encounter experience fulfilled a priori criteria for being a complete mystical experience in approximately half of the participants. More than two-thirds of those who identified as atheist before the experience no longer identified as atheist afterwards. These experiences were rated as among the most personally meaningful and spiritually significant lifetime experiences, with moderate to strong persisting positive changes in life satisfaction, purpose, and meaning attributed to these experiences. Among the four groups of psychedelic users, the psilocybin and LSD groups were most similar and the ayahuasca group tended to have the highest rates of endorsing positive features and enduring consequences of the experience. Future exploration of predisposing factors and phenomenological and neural correlates of such experiences may provide new insights into religious and spiritual beliefs that have been integral to shaping human culture since time immemorial.

I am also not going to provide a detailed analysis of the article by Dr. Timmermann, titled “DMT Models the Near-Death Experience” because our readers can go directly to the article. Instead, I am providing the abstract from the actual article. Dr. Timmermann states:

Near-death experiences (NDEs) are complex subjective experiences, which have been previously associated with the psychedelic experience and more specifically with the experience induced by the potent serotonergic, N, N-Dimethyltryptamine (DMT). Potential similarities between both subjective states have been noted previously, including the subjective feeling of transcending one’s body and entering an alternative realm, perceiving and communicating with sentient entities and themes related to death and dying. In this within-subjects placebo-controlled study we aimed to test the similarities between the DMT state and NDEs, by administering DMT and placebo to 13 healthy participants, who then completed a validated and widely used measure of NDEs. Results revealed significant increases in phenomenological features associated with the NDE, following DMT administration compared to placebo. Also, we found significant relationships between the NDE scores and DMT-induced ego-dissolution and mystical-type experiences, as well as a significant association between NDE scores and baseline trait ‘absorption’ and delusional

ideation measured at baseline. Furthermore, we found a significant overlap in nearly all of the NDE phenomenological features when comparing DMT-induced NDEs with a matched group of 'actual' NDE experiencers. These results reveal a striking similarity between these states that warrants further investigation.

k. Commonality # 11: The importance of LOVE

1. NDE

All of the major NDE researchers, in particular, Dr. Raymond Moody, Dr. Bruce Greyson, Dr. Kenneth Ring, and Dr. Jeffrey Long, among others, all discuss the importance of the immense feeling of “LOVE” the NDE experiencer feels once they enter the NDE “heavenly realm”. It is probably one of the most lasting emotional memories they have of the NDE.

In his most recent book, titled “*After: A Doctor Explores What Near-Death Experiences Reveal about Life and Beyond*”, Dr. Bruce Greyson stated:

*It may have been presented to each of us in different ways, but the same message comes out loud and clear. We all know what it is, and though it can be said in a thousand ways, there is only one word that says it all: **Love. And the message is this: “Just as I have loved you, you also must love one another. This is the irrevocable Truth”.** And in fact, I found the most impressive after effects were not the changes in attitudes, but the dramatic changes in lifestyles that often follows NDEs. (Greyson, 2021)*

In addition to feeling immense love during their NDE, all of these researchers state that a very large percentage of individuals that return from an NDE were told during their NDE that “LOVE” is the most important concept to apply upon their return to our physical realm. These individuals are told that “we need to learn how to love one another”. What religion we are, how much money we have, how important we are, etc., are *not* important goals in life. Instead, the most important objective in life is that “we need to learn to love another”.

I interviewed Dr. Raymond Moody in 2021 for my documentary, titled “*A Greater Reality: One Man’s Journey of Discovery*”. During the interview, Dr. Moody informed me the same message as Dr. Greyson-- that the most important message NDE experiencers received during the NDE is that the NDE experiencer “must learn how to love.” Dr. Moody also told me that “a day does not go by where I don’t feel like strangling someone”. What he meant by this statement is not that every day he wants to physically assault someone but that the concept of “LOVE” is the most important concept NDE experiencers are told by NDE-related Non-Human Intelligence. In addition, while the concept of learning to love someone might appear a simple task, in fact, it is probably one of the most difficult concepts for humanity to master.

2. UFO

In my opinion, Dr. Kenneth Ring's most important book is "*The Omega Project: Near-Death Experiences, UFO Encounters, and Mind at Large*" published in 1992. (Ring, 1992). Yet very few know about this seminal book. Our book "*A Greater Reality*", is actually a continuation of the pioneering work established by Dr. Ring in this book. One of my co-editors, Dr. Michael Grosso, is quoted extensively by Dr. Ring in this book. *The Omega Project* was a statistical research study that compared Near Death Experiencers with CAP-UFO Contact Experiencers. Dr. Ring administered the same survey instrument to 85 NDE Experiencers and 85 UFO Contact Experiencers. One of the areas that he explored was how these individuals changed after their NDE and after their CAP-UFO contact experience. What Dr. Ring found was that both groups made a profound personality and world view change for the positive. Both groups changed in exactly the same way as if they had one common experience. (Ring, 1992) ***One of the major findings from our book "Beyond UFOs" also matched the finding of Dr. Ring-- that the UFO experiencer group also became much more loving and compassionate towards their fellow human beings, just like the CAP-UFO and NDE experiencers in Dr. Ring's Study.*** Was this a coincidence or is this finding much more profound?

Chapter Two from the book *Beyond UFOs*, written by a retired professor of psychology Dr. Jon Klimo, documented hundreds of cases where CAP-UFO Contact Experiencers received information from Non-Human Intelligence that humanity needs to become more spiritual and more loving. Instead of the NDE Experience, where NDE experiencers are interacting with a being identified as GOD or a higher form of intelligence that some identify as angelic, many UFO contact experiencers also interacted with Higher Forms of Intelligence that present the same or similar messages to NDE experiencers. (Hernandez, Klimo, Schilds, 2018)

The resulting information can be categorized as messages of "cosmic consciousness", a term introduced in 1901 by Canadian psychiatrist Richard Maurice Bucke, who introduced the term "cosmic consciousness" defined as

a higher form of consciousness than that possessed by ordinary man... This consciousness shows the cosmos to consist not of dead matter governed by unconscious, rigid, and unintending law; it shows it on the contrary as entirely spiritual and entirely alive; it shows that death is an absurdity, that everyone and everything has eternal life: it shows that the universe is God and that God is the universe, and that no evil ever has or ever will enter into it. (Bucke, 1901)

Individuals who reported CAP-UFO-related contact with Non-Human Intelligence have in the process undergone some kind of unavoidable destabilizing consciousness-altering or consciousness-raising event that leaves them thereafter changed. Due to the anomalous nature of these experiences, the CAP-UFO contact experiencer seems to have been irrevocably moved beyond their earlier normative baseline state of consciousness. We found that these CAP-UFO contact experiencers were experientially transformed into entering what Bucke called "a higher form of consciousness than that possessed by ordinary man," which he called *cosmic consciousness*. This is appropriate since the encounter experience and related excursions into a

more inclusive paranormal or spiritual lived experience seems to usher the experiencer into what has often been referred to as the larger reality of a *cosmic neighborhood* that includes but far transcends our own local physically based earthly neighborhood and our human existence within it. As Dr. Klimo stated:

It could be argued that our fellow human beings who have in this Phase 3 report borne witness to their anomalous interactions with... nonhuman intelligent beings have been offered what UFO/ET researcher John Mack calls, in his final book, "A Passport to the Cosmos". (Hernandez, Klimo & Schild, 2018)

The following are just a few of the examples contained in Chapter Two of the book *Beyond UFOs* where UFO related Non-Human Intelligence conveyed to the experiencer the concept of "cosmic intelligence" and where they felt love being extended to them by one or more of these Higher Forms of Intelligence with whom they were in contact.

- "I love them and trust them to do no harm to any living thing... I only feel love and concern from them and I am never afraid, only awed."
- "I feel like I am loved."
- "I was humbled by the love and respect they showed me".
- "Love and compassion for all life... Love oneness and unity. An entity who is beyond reproach but is the balance of all life and things (God?)...."
- "I have no fear of death because I have a belief in spirituality-- material wealth is not important. Nature and all life is sacred, happier, more open-minded, a belief of oneness of all things."
- "Positive and mind bending.... The 12 days together with this being were the most incredible days of my life. I consider myself blessed to have had the experience. I would like to have it again. Furthermore, I developed a deep relationship with 'Tezjbar' over those 12 days, and it continues to this day. He explained that he was my mentor and protector, and would be with me for the rest of my life... I have been an atheist my entire adult life. Within 24 hours of my communion experience, I learned that we are eternal spiritual beings living a physical life, and that we learn through the process of reincarnation (living many lifetimes) until we "graduate" to the next stage of our conscious evolution. I am now very spiritual and practice meditation daily... We made a 'covenant'" during our communion together. We committed ourselves to 'save the planet'... Very positive: I now know that we never die; our bodies die but our consciousness (identity) lives on forever. I have become very spiritual and feel a new divine purpose in my life: to do my part in saving our species and our home world. I have changed my eating habits (I no longer eat red meat) and am much more conscious of the consequences of my actions. I am blessed (as we all are) and marvel at the miracle of life and the universe."
- "I now understand myself to be part of universal consciousness that is linked not only to every being in the universe but also to the entire universe itself."
- "1000% positive." Says he is a "cosmic spiritual being on a primitive, developing planet [Earth]. All life is Sacred. We are all ONE. The ego divides us. Fully conscious in a spiritual state of nonlocal outreach filled with love and cosmic appreciation for their Peace Corps mission on earth."

- “The only thing that happened to me spiritually was that I gained a higher appreciation for a universal God. If anything, my belief in a higher power was increased, not decreased. I am less afraid of death; I feel more comfortable being alone versus socializing. I see more detail in nature.
 - “I had highly positive experiences related to my spiritual growth and evolution, have contributed to acceptance of spiritual dimensions of life and the ongoing nature of consciousness beyond my current incarnation. I understand myself as having been indoctrinated into the mechanistic view of science that has dominated earth in the past few centuries. My contacts with NHIBs challenge this worldview and have been a large part of my evolution toward more holistic models of science. I see this change as very positive. I take much comfort in knowing that the universe is much bigger than just one planet and that there are NHIBs that are growing and evolving in their own way just as I am in mine.
 - “I would say the impact is positive because I am more comfortable with myself and I see the potential for good in society... The contact reinforced my personal beliefs and higher spiritual matters in reincarnation. I do not fear death for I know life continues.”
- (Hernandez, Klimo and Schild, 2018)

3. OBE, Astral Travels, Remote Viewing

Many OBE and Astral Travel Experiencers have also received universal messages about the importance of LOVE and spirituality. As previously stated, unlike the NDE and the FREE CAP-UFO Experiencer Research Study, there does not exist a large statistical research study on the OBE and Astral Travel phenomenon. This is the reason we simply cannot adequately compare the complex questions we are posing in this short article-- the comprehensive statistical data on these types of experiencers simply does not exist. For example, that is no extensive statistical survey that addresses the topic of spirituality and even the topic of “love” experiences by OBE and Astral Travel Experiencers. Even though it does not contain any statistical data, the article in our book authored by Marilyn Hughes, titled “*Out-of-Body Travel, Astral Travel, and Remote Viewing: Definition, Similarities, Differences, Spiritual Potential and Related Hierarchies*”, provides numerous illustrations of the information on LOVE and Spirituality received by Astral Traveler experiencers. I encourage everyone to read and digest her important article.

Nevertheless, I will use the theories of one of the world’s major Astral Travelers, Mr. Tom Campbell to illustrate the importance of LOVE and spirituality for the Astral Travel experiencer. Tom Campbell, a physicist, was a research associate of OBE pioneer, Robert Monroe during the early 1970s when Monroe was beginning his pioneering research on OBE. Since his time with Monroe, Tom has engaged in controlled Astral Travel Experiences for more than 50 years since the early 1970s. Mr. Campbell wrote a short 16-page article for our book, *A Greater Reality*, titled “*An information-based theory of consciousness that explains the “hard problems” of consciousness, fundamental physics, all of the Contact Modalities and Parapsychology as well as deriving the origin and nature of our multidimensional reality*”. This short article is basically an abstract of his 600-page book, titled “*My Big TOE (Theory of Everything)*”. (Campbell, 2003) In both documents, Mr. Campbell argues that the concept of “LOVE” is the most important instrument that the Universal Mind of GOD uses within our Spiritual and Virtual Reality to reduce entropy and thus, to stabilize consciousness itself. It is a very complicated model which

cannot be reduced to a summary of a few sentences but I will try to discuss Mr. Campbell's use of the term "LOVE" in a few short paragraphs.

As I previously stated, almost all of the authors in our Vol 1 and 2 Theoretical Volumes hold the thesis that "Consciousness is Primary" and that we, as humans, are living within a Greater Reality. I previously stated that many of these authors utilize different terminologies (a Quantum Hologram, a Virtual Reality, a Greater Reality, a Spiritual Virtual Reality, a Larger Consciousness System, etc.) but as I stated earlier, it does not matter how you slice the bread, you still arrive at the same conclusion-- that Consciousness is Primary. What I call the "Spiritual Virtual Reality Model of Consciousness: or the "Universal Mind of GOD", Tom Campbell's term is "an evolving Larger Consciousness System (LCS)". I previously argued that all forms of Consciousness, whether they be human consciousness or consciousness of an almost infinite number of Non-Human Intelligence, are all a small part of the Universal Mind of GOD-- "A Larger Consciousness System" -- "We Are All One". As previously stated, this concept is an ancient concept seen in all forms of Idealism. Tom Campbell, in turn, argues the same-- that the Larger Consciousness System (LCS) is made up of evolving "Individuated Units of Consciousness" (IUOC), the separate consciousness of all living things. I also used the term IUOC but I specifically referred in my illustrations in Chart #2 and Chart #3 to individuated units of consciousness that are made up of all forms of human consciousness and the consciousness of all forms of Non-Human Intelligence.

Finally, Tom argues that all IUOC have a purpose of trying to "increase the quality of their consciousness" and that this in turn decreases the entropy of the Larger Consciousness System (LCS).⁶¹ Tom argues that our consciousness system, the LCS, is in a state of continued chaos, just like in a state of entropy. Tom argues that the Universal Mind of GOD has devised a mechanism to try to stabilize this unstable system and the mechanism for this is by reducing entropy. For Mr. Campbell, if we learn how to LOVE, we then reduce hate, ego, disorder, war, exploitation, etc., and thus reduce entropy in our human physical reality.⁶²

I want to extend Tom's theory a bit further, it is actually an extension of his thesis. I argue that since all forms of consciousness, both human and non-human, in our physical and non-physical reality have "Free Will" -- the ability of the individuated consciousness unit to make decisions to either reduce or increase hate, ego, disorder, war, exploitation, among others, we have the ability to reduce these negative items by introducing LOVE into humanity. It is LOVE that reduced entropy in our Greater Reality. Yet, as I described earlier, this is one of the most difficult tasks for humanity to accomplish-- it is almost an impossible task. That is why when we die, our human consciousness then has a Life Review and we are then able to understand if we made the appropriate decision to LOVE under our ability of Free Will. We, in turn, have Free Will, the ability to change our current destructive path and ensure humanity's survival. When one reviews

⁶¹ The term "entropy" is a complicated term but Wiki provides a very brief definition, describing "entropy" as "a scientific concept as well as a measurable physical property that is most commonly associated with a state of disorder, randomness, or uncertainty.

⁶² I encourage everyone to listen to this video interview of Tom Campbell where he discusses the importance of introducing LOVE to his model of consciousness. <https://www.youtube.com/watch?v=mBo3MxY6llo>

the state of humanity's hate for each other, the increase of egotistical needs, the need for the one instead of the needs of the many, the increase of wars and needless deaths resulting from these wars, the continued economic exploitation of humanity, the resulting greed for more power and more individual wealth at the expense of others, humanity will soon have a Life Review, and the decision will be that humanity might need to be reincarnated-- that is death and restart in a new Earthly body for the entirety of humanity. Given that we are still exploitive and efficient barbaric killers, I am not very optimistic for humanity's survival.

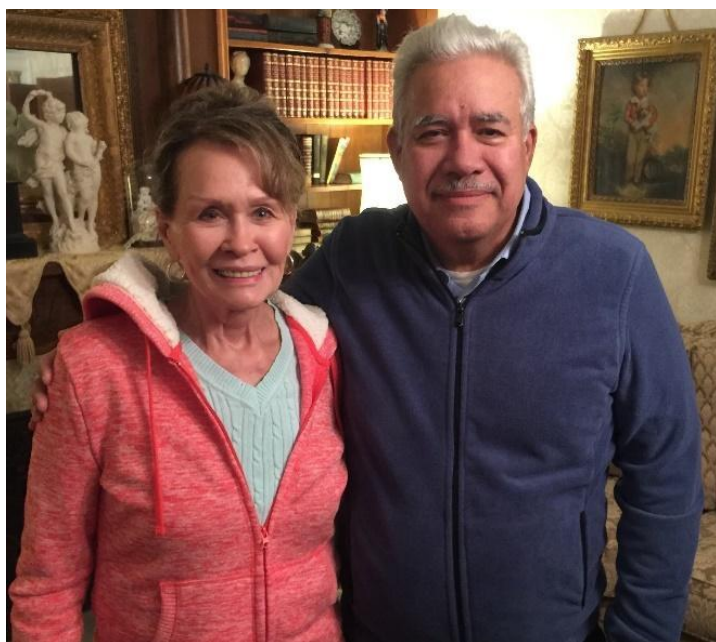
As Tom Campbell states, we reduce entropy by introducing LOVE. This is just one of the most important concepts that Campbell discovered by researching his own OBEs for more than 40 years and also the most important concept for CAP-UFO contact experiencers and NDE experiencers. This is yet another of the many similarities of the Contact Modalities and why we need to approach them as possibly ONE phenomenon involving a manipulation of space-time and consciousness-- we are living a very unique and transformative time period where we are being awakened to this reality. Why? Because we need to evolve if we are to survive as a species.

4. My friend, Ruth Ann Friend: The importance of LOVE

Since this sub-section discusses the importance of the role of "LOVE", as an important component to balance the entropy of our Greater Reality, there is no other person that I know that encompasses this ideal than my friend, Ruth Ann Friend, a beautiful woman that I met several years ago at the Arkansas UFO Conference. In my opinion, Ruth Ann is one of the world's major contact experiencers, yet so few know about the story. Well, humanity needs to know about Ruth Ann and her son, David, because their experiences describe the complex nature of our multidimensional reality. I can boldly say that Ruth Ann has had everyone one of the Contact Modalities-- everyone one of them. I would consider her a modern mystic, a sage, and one who is on equal status with the most famous scholars and followers of the ancient Vedic traditions, the ancient Buddhist traditions, and the ancient Taoist traditions. I do not mean that she is a scholar of each of these traditions, but instead, and more importantly, she embodies these traditions with how she conducts herself and her worldviews. Ruth Ann is the embodiment of LOVE and Consciousness.

I first met Ruth Ann in 2019 when I was giving a lecture at the Arkansas UFO Conference. I immediately recognized and acknowledged her and I had this special attraction to her even though I had various individuals waiting to greet me after my lecture. Only a major contact experiencer would understand what I am about to tell you. Even though I had never met Ruth Ann, I immediately recognized her energetic attraction. I realized that I needed to communicate with her. When I finally got a chance to interact with her, she told me that her deceased son, David, told her to go to this conference and that she will then meet a "special" person who would understand her and her experiences. This "special person" will then tell her story, a story that very few know about, and that he would help her disseminate her thousands of spiritual messages from her "Angels" and other messengers. Her deceased son, David, told her that once she saw me, she would know who I was. When we introduced each other, I was literally blown away from her. First, I detected a strong "energetic field" from her. I know that she had been "touched" and she was indeed a major Contactee". It had been 2-3 years since I had this

feeling and it was during a time period that I would get this knowingness almost at a weekly basis. Now this awareness had returned but it was not “full blast”. I was also struck by her wide range of experiences and how articulate she was in detailing and explaining the consciousness-based aspects of her experiences. She was explaining it to me as if she was a powerful mystic and sage—it was literally mind-blowing. She then began to show me picture after picture and a detailed explanation of each picture and what it signified. There were pictures of various light configurations (CAP-UFOs), various ORBs, various pictures of waving energies on the photos, shadow beings, ghostly pictures, etc., etc. The average person would think she might be fantasizing but as a fellow major experiencer I realize the opposite, she was a wise sage and that I needed to keep in touch with her.



I decided to travel to her home in Centralia, Illinois, with my documentary video crew of Helene and Kevin Layne, and she did not disappoint. She literally blew us away. I encourage everyone to read her article which will appear in Volume 3 of our book titled “*Daily Living with Extraterrestrials*” for her detailed experiences. She has had hundreds of Astral Travel Experiences. She had an NDE at the age of 16 where she was pronounced dead on arrival. Hundreds of times she was brought to other multi-dimensional realities by various forms of Non-Human Intelligence which included Angels, human-looking Masters, Energy Beings, and humanoid-looking beings. She

considers that all of them are derived from the Angelic Realms. She was shown numerous of her past lives.

In addition, she has had physical interaction with various forms of human-looking beings, many humanoid beings, and even various angels, including Archangels, who appeared to her when her son David, who was critically ill and only had a short time to live. His doctors did not express much hope for his survival. The Archangels that interacted with her only came when her son David was gravely ill at the hospital, which occurred many times. When the Archangels would tell Ruth Ann, “For he shall be well”, she knew then that he would be given more time and that he would be healed. During the years these Archangels and on three occasions, the Virgin Mary, appeared to Ruth Ann to let her know she felt her sorrow as she herself did when her son Jesus was on the cross. They would appear in his worst times in the hospital intensive care unit where they would be in a circle around him with the power of love and healing. In a short time, he would begin to get better. He was a miracle in those times and doctors could not understand this. Each time after the Archangels appeared, her son David would recover quickly and walk out of the hospital within a few days.

The Story of David

Based on a true story

This is the true story of a young man reincarnating back to join his mother for their work on earth. He came back choosing to give his life for others to learn from. The covenant they had made was sealed with a promise to the Creator in the beginning of their Creation.



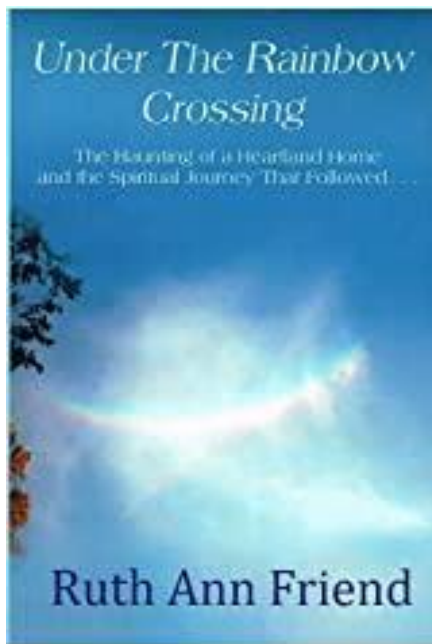
RUTH ANN FRIEND

Author of Under The Rainbow Crossing

Ruth Ann's house was constructed in 1955. Ruth Ann told us of the many deceased people who would physically appear to her since she was a child. They did not appear as transparent ghostly figures but they instead appeared as a normal physical looking human person. Her first vision of a deceased person in her old house was an elderly African-American man with white fluffy hair. He told Ruth Ann his name was Joseph and that he was a run-away slave from nearby Missouri, a slave state. He told her that he was a runaway slave, that her house was part of the "Underground Railroad" that was used to house and transport runaway slaves, usually from the nearby state of Missouri, to southern Illinois, where she lived, and then the slaves would keep on moving north. Joseph had died in her home. She interacted with Joseph and six other spirits for many years. She interacted with Joseph so much that she considered him a friend.

Another deceased person that appeared with her for years was a 7-year-old child named Katy, who also died in her home in the late 1800s. Again, Katy

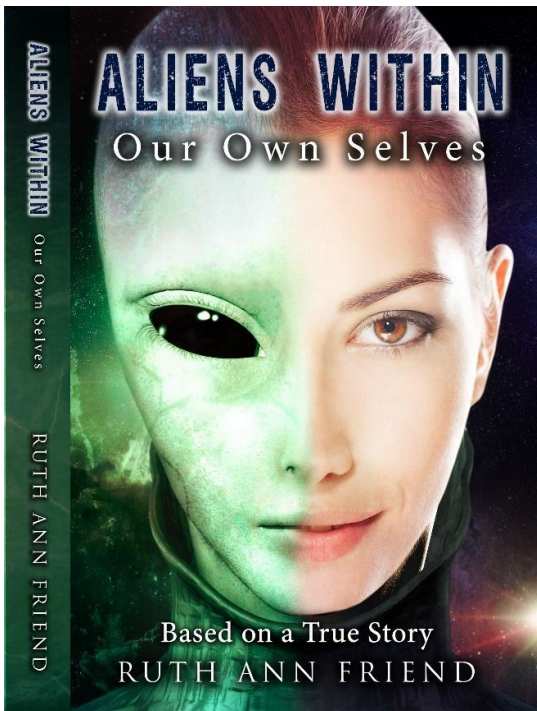
appeared to her as a physical person. Ruth Ann also had numerous conversations with Katy for many years. That little child called her "mother" and Ruth Ann suspected she was her biological mother in a past life. Katy also asked Ruth Ann if she wanted to see where her siblings were buried. Ruth Ann had no idea that she had siblings who had passed. Katy, in her spirit form, was on the passenger side of her car and guided Ruth Ann to an old part of the cemetery where Katy pointed to two very old tiny slate tombstones which had names on them. Katy told her that it was her twin baby brother and a baby sister. Ruth Ann then soon spoke with her surviving aunt and asked her if she had a twin brother and a sister who died. Her aunt told her that her mother had a twin boy and a baby girl who died at childbirth and she could only remember the name of one of these children. It matched one of the names that Ruth Ann saw on the tombstones. There were many other deceased persons that Ruth Ann has interacted with for years. But this is just a sample of her physical sighting and communication with the deceased.



After two days of filming and interviewing Ruth Ann, I just could not accept all of the experiences she told me because she just blew me away with the multitudes and details of her experiences. She was actually living in another multidimensional reality. It literally was too much for me to accept. I have interacted and interviewed hundreds of major contact experiencers, including Dr. Melinda Greer, Whitley Strieber, and my friend Alberto Fernandez, the ex-DEA federal agent. Ruth Ann just literally blew them out of the water because she literally was living in two realities, on a daily basis, for more than 50 years. It was just very difficult for me to accept all of her stories-- there were literally thousands of stories. A wonderful confirmation happened-- it was not planned but orchestrated by the Mind of God to validate Ruth Ann.

It was 10:30 pm and I and the video crew, Kevin and Helene Layne, were packing up and ready to leave Ruth Ann's home. We were all exhausted, especially Ruth Ann. I then told Ruth Ann, "I am so sorry but I forgot that you were going to give me a psychic reading". Ruth Ann responded that it was very late and she was so tired and that her psychic readings are usually done earlier when she is refreshed. I knew that this was my only time to ask her and after a few seconds Ruth Ann happily agreed. She thought I was going to ask about only one person but instead, I asked her about 3 individuals-- my wife, my daughter, and my deceased father and she knew nothing about all three. She was shocked and told me "Rey, I usually read for one individual but you want three individuals?" I told her "Please Ruth, Ann, do it quickly because we just want some tape of you doing a psychic reading." She agreed. I just wanted to capture something for the camera before we left her home. Ruth Ann said, once they make contact, I will give you any information I get from whoever comes in. There isn't time on the other side, but I can see and hear the spirits.

Ruth Ann asked me first, who do you want to know first? Sometimes other spirits want to get a message out too. I told her I want to know about my wife who is still living. Ruth Ann put her hand to her ear as if she was listening to someone then she wrote down every word she heard on a tablet. I later learned that she still communicates with David, her deceased son and they have never stopped communicating together. She paused and looked at me very seriously and said "**Oh my God Rey, your wife almost died a few months ago she was very ill.**" I said yes. She then put her hand to her ear to listen to David again. She told me with her eyes wide open and within a few seconds she started to smile with relief and said "**Don't worry, whatever procedure they did on her was successful and she will never have to worry about that problem again**". I was shocked. My wife was diagnosed with a Brain aneurysm, had brain surgery, and her aneurysm was plugged up. How could Ruth Ann possibly know this?



Ruth Ann then asked me “Who do you want to know about next?” I responded, my daughter. She put her hand to her ear again and responded “**Science, lots of science**”. She then puts her hand to her ear again to receive information from David. She then told me, “**Rey, she will be studying science all of her life-- OMG, how can someone study science all of their life**”. She appeared confused with the information. She then resumed with her hand to her ear and she again started to smile and said “**Rey, ‘she is going to be a ‘HEALER’**” -- **David told me ‘she is going to be a Doctor’!**

How could Ruth Ann know this? My daughter graduated high school with an Associate’s Degree, she was a straight A student, and she was admitted to numerous prestigious colleges and universities. She is currently attending college on a science and mathematics scholarship. My daughter is actually a pre-med student,

is doing extremely well in college, and wants to be a medical doctor. Even though my daughter was about to attend college when we interviewed Ruth Ann, she could not have possibly known this. At this point, it did not hit me. I still thought that Ruth Ann had “good luck”. It was the final psychic reading that totally blew me away and erased any doubts I had about Ruth Ann.

My wife and my daughter’s readings lasted less than 2 minutes total. Ruth Ann then asked me, “**Ok Rey, who is the last person you want me to read**”. Ruth Ann had no idea that my dad had passed away only a few years ago. She also did not know that my father toiled in an embroidery factory, with its large machine noises all day long, 6 days a week, 12 hours per day, where he was paid minimum wage for his 35 years of work in this field. When my father came home, the only thing he wanted was peace and quiet and to take care of his numerous prized canaries. Our living room was filled with almost 100 trophies from his many years of entering his canaries in the New York/New Jersey Canary Associations contests. Ruth Ann then puts her hand to her ear and she then stops and tells me that David also is communicating with my father, and was told that “**you worry too much about him**”. Ruth Ann told me “**Don’t worry about him-- he is fine and he is very proud of you**”. Ruth Ann again puts her hand on her ear and she appears startled and confused. She asked me, “**Rey, David did not tell me anything about your dad but instead he showed me what I will call a video. What I saw was a small built older man opening up one of the small bird cages in the kitchen, and this tiny bird started flying around the living room**”. Ruth Ann then asks me, “**Rey, why was I shown this video? Did your dad raise canaries?** I was in total shock; how can anyone possibly know this personal intimate detail about my father. How could someone, in less than 3 minutes, tell me personal intimate details of my wife, my daughter and even my deceased father. My tongue was hanging on the floor until it hit me-- “**This was a validation of Ruth Ann because I was doubting her!**” **Boy oh Boy, what a validation-- it literally blew my socks off.** Luckily, all of this was videotaped or else no one would believe me.

Now let's get to the topic of LOVE and Ruth Ann Friend. At her home Ruth Ann showed me numerous boxes of handwritten messages she had directly received from her spiritual guides and teachers over many years. Guess what? The majority of these messages deal with the need for humanity to change and that we need to become a more spiritual and loving species-- if not, humanity is heading towards a path of self-extinction. Is this also a "coincidence" or are these messages part of a consistent message from Non-Human Intelligence for the immediate need for humanity to change our self-destructive ways and that only LOVE and compassion is the way to begin this change? Let me end his section by showing you just one of the thousands of messages Ruth Ann has directly received from her "Angels", who she called "The High Council and Extraterrestrial Beings of the Christ Light from the Eight Worlds."

*There is NO silver lining at this time in history. Man overstepped his bounds long ago. We have given man's development hundreds of times to learn and begin change. The hope lies in the people and Star children who have been brave enough to help on this Earth planet! Those who are here are to lead humankind to a higher level; a few are moving towards this direction. Those in power over the planet will not succeed! Listen to Ruth Ann and David, they are of us and brave enough to return once more to help humanity! Signs will come to help open your eyes! Just be aware these signs can open doorways to change for the better. If ignored the planet will be much worse off than ever before! **The answers are so simple, love and compassion to those on Earth.** Everyone will not take heed but many can make a change to rise to a higher consciousness and go into the Light of blessings. **If most raise their consciousness, things will change to a good and loving world. Those with the power over countries will only get worse, but man must not continue to be led like he has NO MIND! This is all we have, set the boundaries; there will be no turning back!***

Ruth Ann wants to inform every one of the following: **"There is one very important thing David and I want to say, never give up hope for a better world and the most important of all is to LOVE one another! Love is the key!"**

I. Questions for Future Research on the Contact Modalities

Based on reported psycho-spiritual outcomes and major changes reported in the academic literature of both the NDE and UFO Contact Experiencer, the question remains as to what specific characteristic of the contact experience serves to trigger an increase in one's appreciation of a spiritual life, allows us to become a more loving person, promotes a concern for the welfare of others and the planet, and stimulates a decreased concern with material goods and fear of death. These outcomes beg us to ask the following questions:

- 1) What is the nature of the reality of these contact experiences via the Contact Modalities?
- 2) Can it be that our reality is filled with countless numbers of Non-Human Intelligence and if so, what is the nature of these diverse forms of intelligence?
- 3) Do we live in a virtual reality and does this virtual reality also have a spiritual component?
- 4) Is there a non-religious GOD, or a Mind of GOD, that is orchestrating human consciousness and the various Contact Modalities we are experiencing, and if so, why?
- 5) How can this GOD-like intelligence be categorized, what is the governing force behind both the NDE and UFO contact experiences and why are the Experiencers of the Contact Modalities having positive spiritually transformational experiences?
- 6) Are the contact experiences with diverse forms of Non-Human Intelligence via the Contact Modalities controlled and orchestrated by the same power or intelligence for all of the Contact Modalities, even though the phenomenology seems to be radically different?
- 7) What can researching the Contact Modalities teach us about who we are as humans? Are we eternal spiritual beings living a temporary physical "life"? Or, do "we" die when our physical bodies die? Is there a continuation of human consciousness? Are we separate from "GOD"? Or, are we "One with GOD"? Are we "One with all forms of Life"? Does Reincarnation exist and if it does, in what forms can we reincarnate? Do we reincarnate only as humans on planet Earth? Can we also reincarnate as other life forms on planet Earth? Or can we reincarnate as other life forms on other planets, or in other realities or dimensions? What is the purpose of reincarnation? What is the purpose of life and living in our physical bodies?
- 8) Are we only one individuated unit of consciousness or can our consciousness be divided into different components? Does part of our consciousness remain behind with the Mind of GOD but another part moves into our physical body? Is the Higher Form of Intelligence that guides us, informs us, warns us, heals us, an angelic being, or might it be our higher self, the part of our human consciousness that remains with GOD? Or is our perceived human consciousness an illusion in our physical plane and there is only one consciousness, the one that remains in the Mind of GOD since there is no separation and all consciousness is interrelated?

9) Why is the concept of LOVE so important to Experiencers of UAP/UFO contact and to NDE Experiencers? Do both groups receive similar messages from the Non-Human Intelligence they interact with? Is there a relationship between the teachings of various religions, shamanic and indigenous cultures, and world philosophies that share the Golden Rule and the same information of love and compassion that Experiencers of the Contact Modalities have received?

10) Finally, can we associate the apparent “lessons” being taught to the Experiencers of the Contact Modalities and the profound positive spiritual transformations that result from these contact experiences, to the growing social ills of modern society? Is the Mind of GOD promoting a slow spiritual transformation of humanity to awaken us to understand that we, as a species, need to change in order to avoid self-extinction?

These are fundamental questions and addressing them will have profound consequences on what we value as a species and how we organize our future society. At this time, this is a highly speculative response since it appears that humanity is on the brink of self-extinction.

VII. Reincarnation: The Recycling of Human Consciousness

a. Introduction

The previous sections of this paper presented a hypothesis that human consciousness survives physical death and that human consciousness can leave our 4D reality and “travel” to other dimensions via the Contact Modalities. I also present the hypothesis that Consciousness is Primary and that all of the Contact Modalities are one integrated phenomenon under consciousness. One area that I have not discussed is the question “What happens to human consciousness after our body physically dies?” The Near-Death Experience literature discusses what happens when individuals temporarily die-- their spirit/soul/human consciousness travels to a “heavenly domain” and they return to life in the same physical body. But what happens when we actually die? There is a lot of information that addresses this question from the research on Mediumship. I will not highlight this “Bardo” state, an intermediary state of consciousness, or transitional state between death and reincarnation, because there have been wonderful essays that describe this Bardo state.⁶³ Nevertheless, I will instead present in this section a discussion of a topic that has received limited publicity in the western world, and that is the topic of reincarnation. This is a vast topic but I will present a brief overview of reincarnation and how this topic fits into my model of a Greater Reality and the Universal Mind of GOD.

Since the dawn of mankind, humanity has embraced the concept of “reincarnation”. The concept of reincarnation is the belief that the human physical body, upon reaching its physical death, returns to Source, the domain where our soul or spirit is created, and your soul/spirit is once again reborn into a new physical body, but with all of the memory of its previous life erased. Only a few, and even then, only very young children, remember glimpses of their previous past life. Nevertheless, the evidence is overwhelming, almost undeniable, that reincarnation is very real, and like the other Contact Modalities, is little understood, mainly because only a few individuals have dedicated their lives researching this phenomenon, a phenomenon that is rarely discussed in western societies.

While modern science and academia, with a few exceptions, have ignored and even refused to explore the concept of reincarnation, most cultures and civilizations before the onslaught of modern science not only accepted the concept of reincarnation but also embraced reincarnation into its cultural and philosophical foundation. For most of human history, reincarnation became part of the cycle of birth, death, and rebirth for many ancient cultures. (Head and Cranston, eds., 1977) I will now present a very brief history of how the concept of reincarnation was embraced throughout human history by reviewing the writings of ancient Indian and Greek traditions. Given limitations on space, I will not discuss how almost all cultures and their philosophical and religious traditions have at one time embraced the concept of reincarnation, including all

⁶³ I highly recommend that everyone try to read the many award-winning essays submitted to the Bigelow Institute for Consciousness award. Many of these essays discuss what research on Mediumship has revealed about the Bardo state, or the state of consciousness after physical death. https://www.bigelowinstitute.org/contest_winners3.php

shamanic traditions, the early Christian Gnostic traditions,⁶⁴ and the Jewish tradition of Kabbalah.⁶⁵

b. Ancient India

Reincarnation is a central belief of most Indian-based religions such as Hinduism, Buddhism, Jainism, and Sikhism. The concept of reincarnation was directly introduced to humanity via the written Sanskrit writings of the Upanishads of the late Vedic period which predates the appearance of the Buddha (c. 1100 – c. 500 BCE). The Indian philosopher, Radhakrishnan, argues that even before the Upanishads, the earlier Rigveda also discuss elements of reincarnation. Radhakrishnan states:

The passage of the soul from the body, its swelling in other forms of existence, its return to human form, the determination of future existence by the principle of Karma are all mentioned. (Radhakrishnan, 2009)

The Upanishads have as a major focus the liberation of the human soul from the cycle of reincarnation. In particular, the Bhagavad Gita presents the various paths to liberation from the cycle of reincarnation which is described as an end to Samsara-- the endless cycle of rebirth and re-death. The Bhagavad Gita has several important sections which describe reincarnation and how to end Samsara and states:

Just as in the body childhood, adulthood, and old age happen to an embodied being. So also he (the embodied being) acquires another body. The wise one is not deluded about this. (2:13) ... As, after casting away worn-out garments, a man later takes new ones. So, after casting away worn-out bodies, the embodied Self encounters other new ones. (2:22) ... When an embodied being transcends, these three qualities which are the source of the body, released from birth, death, old age, and pain, he attains immortality. (14:20)

The ancient texts of Jainism, texts which are post-Vedic writings from the period of the first millennium BCE, provide much commentary on the topics of rebirth and karma. Jainism philosophy holds that the soul (“*jiva*” in Jainism) exists and is eternal, and the soul passes through cycles of transmigration and rebirth. After death, there is reincarnation into a new body. Jainism also holds that depending upon the accumulation of karma, rebirth can occur in a lower or higher bodily form, either in an earthly, heavenly, or hellish realm. This philosophy holds that there is no permanent bodily form and that there is constant death, reincarnation, and rebirth. A soul can avoid this cycle of constant reincarnation by removing and ending karmic accumulations on one’s soul. (Long, 2009)

⁶⁴ For those that want to delve into the history of reincarnation in early Christianity, I highly recommend the book “*Reincarnation: The Missing Link in Christianity*”, by Elizabeth Clare Prophet.

⁶⁵ *Kabbalah*, a sacred school of thought in Jewish mysticism and in Hasidic Judaism, teaches a belief in *gilgul*, transmigration of souls. Since Hasidic Judaism regards the Kabbalah as sacred and authoritative, reincarnation is a sacred belief to Hasidic Jews. In addition, the *Zohar*, published in the 13th century, discusses reincarnation at length. The *Zohar* states that Souls cycle through lives, or incarnations, which are attached to different human bodies over time.

The Buddhist texts also discuss rebirth. The doctrine of “*Samsara*” holds that the nature of reality is one of a “suffering-laden cycle of life, death, rebirth, without beginning nor end.” This concept seems similar to the Jainism approach to reincarnation and karma. Similar to Jainism, Buddhism also holds that the human soul can also be liberated from this endless cycle of existence via “*Nirvana*”, which is the most important concept in Buddhism. The *Tibetan Book of the Dead* introduces the concept of the Bardo, the intermediate state between lives. Thus, for a Buddhist, the ultimate goal is Nirvana, the accumulation of good karma acquiring the necessary traits to achieve a better reincarnation of the next life. (Gethin, 1998)

c. Ancient Greece

Ancient Greece also had a strong tradition of discussing the topic of reincarnation. Several scholars affirm that the well-known Greek intellectual, Pythagoras (c.570c – 495 BCE) was the writer Pherecydes of Syros who wrote about the idea of reincarnation. These scholars have affirmed that reincarnation came from the doctrine of Orphism, a Thracian religion, which brought the teaching from India. (Chambers Guthrie, 1978) While Pythagoras left no direct writings, many of his disciples mentioned Pythagoras’s teachings on reincarnation. Hierocles, a Pythagorean, specifically stated in *Commentary of the Golden Verses of Pythagoras*:

He who expects that after his death he shall put on the body of a beast, and become an animal without reason, because of his vices, or a plant because of his dullness and stupidity; such a man... is infinitely deceived, and absolutely ignorant of the essential form of our soul, which can never change; for being and continuing always man, tis only said to become god or best by virtue or vice, though by its nature it cannot be either the one or the other, but only by its resemblance to the one or the other. (Head and Cranston, eds., 1977)

Without a doubt, the most prominent early Greek writer on the topic of reincarnation is Plato (428 – 348 BCE). In one very well-known work, titled the *Myth of ER*, Plato describes how Socrates, his teacher, tells how Er, the son of Armenius, returned to life on the twelfth day after his death where he recounted the secrets of the other world that he visited during his death. Some of Plato’s other allegories, such as the *Chariot Allegory of the Phaedrus*, in the *Meno*, *Timaeus*, and *Laws*, also describe similar stories of death and the afterlife. In Plato’s famous *The Allegory of the Cave*, in the *Republic*, Plato describes that once the soul is separated from the body, the soul spends an indeterminate amount of time in this otherworldly realm, and then assumes another body. In his work *Timaeus*, Plato discusses how the soul moves from human body to human body and describes how reincarnation is either a reward or a punishment for how the person has lived. Once again, this concept is very similar to the ancient Hindu philosophies of reincarnation. **Finally, in *Phaedo*, Plato writes that Socrates, his teacher, prior to his death, stated “I am confident that there truly is such a thing as living again and that the living spring from the dead.”** (Head and Cranston, eds., 1977)

d. Jewish Kabbalist Tradition

The Jewish mystical tradition of Kabbalism has supported the notion of reincarnation and soul migration. The term “Kabbalah” literally means “reception, tradition, or correspondence”, and is a school of thought in Jewish mysticism. The term reincarnation, the transmigration of the soul after death, was first introduced into Judaism via the Kabbalah during the medieval period. The term “Gilgul Neshamot”, which translates to “cycles of the soul”, does not appear in the classic rabbinic literature and was initially rejected by many traditional medieval Jewish scholars. An article by Rabbi Benjamin Resnick, titled “*What Judaism Says About Reincarnation*”, argues that it was through Hasidic Judaism and its interpretation of Lurianic Kabbala that the concept of reincarnation entered popular Jewish culture.

Rabbi Resnick states that the early Jewish Kabbalists provided their own interpretations of the sacred Jewish texts and used these sacred texts to detail the mystical teachings in what became “Hasidic Judaism”. In Hasidic Judaism, the Zohar became the foundational text of the Kabbalah, which was composed in the late 13th century. However, it was Isaac Luria, a scholar of the Zohar, who is considered the father of the modern Kabbalah who first discussed reincarnation. Rabbi Resnick stated:

Present also in the Jewish mystical tradition is the belief that one’s actions in this life can affect one’s subsequent reincarnations, for good or ill. According to his students, among the wondrous qualities of Rabbi Isaac Luria, a towering 16th-century Kabbalah scholar, was his ability to discern the history of a soul’s reincarnations by peering into the face of another human being. Through this process of discernment, Luria was able to advise his followers about specific spiritual aspects they should focus on in this life.⁶⁶

One of Luria’s followers, Rabbi Hayyim Vital, in his book *Sha’ar HaGilgulim* (“The Gate of Reincarnations”), was one of the most well-known Kabbalists. Rabbi Vital details how the soul migrates from one body to a new body over many generations. Rabbi Resnick states:

According to Vital, souls are reborn specifically to perfect certain aspects of themselves or to complete unfinished tasks. Ideally each subsequent gilgul marks an ascent to a higher rung of spiritual attainment, however progress is not a given. In fact, a sinful life can lead to a diminished form of reincarnation, including reincarnations as animals, plants, or even inanimate objects.⁶⁷

Rabbi Nissan Dovid Dubov, a rabbinic scholar, lecturer, author, and Director of Chabad Lubavitch in Wimbledon, UK, in the publication “Chabad.Org”, has written various articles titled “*The Soul and the AfterLife*”, “*Reincarnation*”, and “*Practical Kaballa*”.⁶⁸ Rabbi Dubov

⁶⁶ Rabbi Benjamin Resnick. “*What Judaism Says About Reincarnation*” in My Jewish Learning. <https://www.myjewishlearning.com/article/reincarnation-the-transmigration-of-a-jewish-idea/>

⁶⁷ Ibid.

⁶⁸ “Reincarnation”, in Chabad.Org. https://www.chabad.org/library/article_cdo/aid/361889/jewish/Reincarnation.htm

discusses that the soul may be reincarnated to complete certain tasks, such as repaying a debt or rectifying a sin. In fact, the concept of reincarnation as rectification for sin is well documented by the Kabbalists. Usually, a soul does not complete all of its mandate from GOD in one incarnation. Rabbi Dubov stated that a famous Kabbalist, Rabbi Arizal, wrote that every soul must be repeatedly reincarnated until it has fulfilled all 613 *Mitzvot* in thought, speech, and action. This became known as the notion of purification through *Gehinom* which describes how the soul is cleaned in order to be elevated to the Garden of Eden. According to Rabbi Dubov, for a Kabbalist, a soul returns to this world to be cleansed in order to be elevated to the Garden of Eden. How is this concept reconciled with the possibility of reincarnation and a return to our world? For Kabbalists, when a soul returns to this world, the part of the soul that did not complete their Torah learning and Mitzvah performance will not reincarnate. What reincarnates are the other parts of the soul that was not affected by the first incarnation.⁶⁹ Thus, according to the Kabbalist, a soul can be divided. According to both Rabbi Resnick and Rabbi Dubov, the Kabbalah discusses not only reincarnation but also the division of the soul in the reincarnation process.

e. Academic Research of Dr. Ian Stevenson & Dr. Jim Tucker

Now that I have presented a very brief historical overview of the concept of reincarnation, I will now present an equally brief overview of modern academic research on reincarnation. This research is mainly centered on the historical works of Dr. Ian Stevenson and his protégé, Dr. Jim Tucker, both professors of Psychiatry at the Division of Perceptual Studies, the University of Virginia.

Dr. Ian Stevenson was the chair of the department of Psychiatry at the University of Virginia School of Medicine who since the late 1950s had an interest in the topic of reincarnation. In 1969, Dr. Stevenson wrote an academic paper on 44 cases of individuals, mostly children, who claimed to remember past lives. Chester Carlson, the inventor of xerography, also had a personal interest in the topic of reincarnation and provided funding for Stevenson to travel to Asia to continue researching reincarnation cases. When Carlson died and left the University of Virginia \$1 million dollars for further research on reincarnation, in 1967 Stevenson resigned his position in the School of Medicine and formed the Division of Perceptual Studies at the University of Virginia, with the purpose of continuing his work on reincarnation. From 1960 to his death in 2007, Stevenson produced an extensive and detailed database of over 2,500 individual cases of young children who had memories of past lives. Of these cases, over 1,700 of these cases were considered “solved cases” -- cases where the identity of the deceased previous person was discovered.

Stevenson’s cases were meticulously detailed, investing hundreds of hours on each case. He personally interviewed the child, the child’s parents, the family of the deceased previous person as well as police and autopsy reports. In many cases, the children were able to identify their names, the name of previous relatives, the city where they lived, their profession, the name

⁶⁹ Ibid.

of their children, their personal habits, such as liking alcohol or a particular food and even how they died. Remember, this information came from very young children, usually between the ages of 3-6 years old. Stevenson would later interview the children and family members years later to scrutinize the consistency of their memories.

Because of this focus on details, many insights were discovered. Stevenson determined that of the 252 cases he studied where the deceased previous person died from a violent death, in 50% of these cases the child remembered how they died and they had a corresponding phobia associated with the death. For example, if the person died via drowning, the young child had a fear of water. If the person died from an auto accident, the young child had a fear of cars. In many cases, once the child saw the surviving wife of the decedent, the child acted as if he was still the husband and acted like he was still in love with his spouse.

Stevenson's 2,200-page two-volume book, published in 1997, titled *Reincarnation and Biology: A Contribution to the Etiology of Birthmarks and Birth Defects*, was a pioneering work. The research from this book documented that the children not only shared memories of the other deceased individuals from their past life, they shared multiple aspects of their behavior, they also shared physical characteristics. Stevenson was able to fully document hundreds of cases where if the decedent died of a stabbing or gunshot wound, the child would be born with a scar or mark in the exact location where the decedent had the injury.

The following is a discussion of one of the many reincarnation cases that Stevenson investigated. The case involved a young Burmese girl named Ma Tin Aung Myo who insisted that in her past life she was a deceased male Japanese soldier who had been a cook. She also stated the following: the Japanese soldier had 5 children, the oldest was a boy; he owned a small shop in Japan; he worked as a cook for the Japanese army and was killed by bullets from a US airplane while the Japanese army was evacuating Burma; and finally, the airplane from which the strafing came had two tails. The young child detested the hot climate of Burma and longed to return to Japan. She refused to wear girl's clothing and insisted on only wearing pants and other male clothing. The young girl insisted that she was a man in a girl's body and would never accept being female. The young girl was born with a birthmark on the exact location where the bullet pierced the groin of the Japanese soldier. The young girl was also extremely scared of any planes that flew over her village. Finally, she insisted on eating raw fish and other Japanese cuisines. After researching this case, Stevenson discovered that the girl's mother met the Japanese cook and that the Japanese soldier had lived only 75 meters from her parent's home when the American plane strafed him to his death. (Stevenson, 1983)

Dr. Bruce Greyson was also a professor of Psychiatry at the Division of Perceptual Studies at the University of Virginia and worked very closely with Dr. Stevenson and later with Dr. Jim Tucker, a fellow professor in the same department. Dr. Greyson together with Dr. Kenneth Ring, were two of the early pioneers in NDE research. The case studies of Dr. Greyson and Dr. Ring also confirmed that many NDE experiencers also received information during their NDEs of their past lives. A recent paper by Dr. Sharon Hewitt Rawlette, titled "Beyond Death: The Best Evidence for the Survival of Human Consciousness", is published in this book. Dr. Hewitt Rawlette's paper details numerous NDE cases where the NDE experiencer learned of their past

life or past lives. (Rawlette, 2021) Our book, *A Greater Reality*, also contains various articles in Vol 3 and 4, which discuss Experiencers who detail memories of a previous past life or memories of the Bardo state (life between lives).

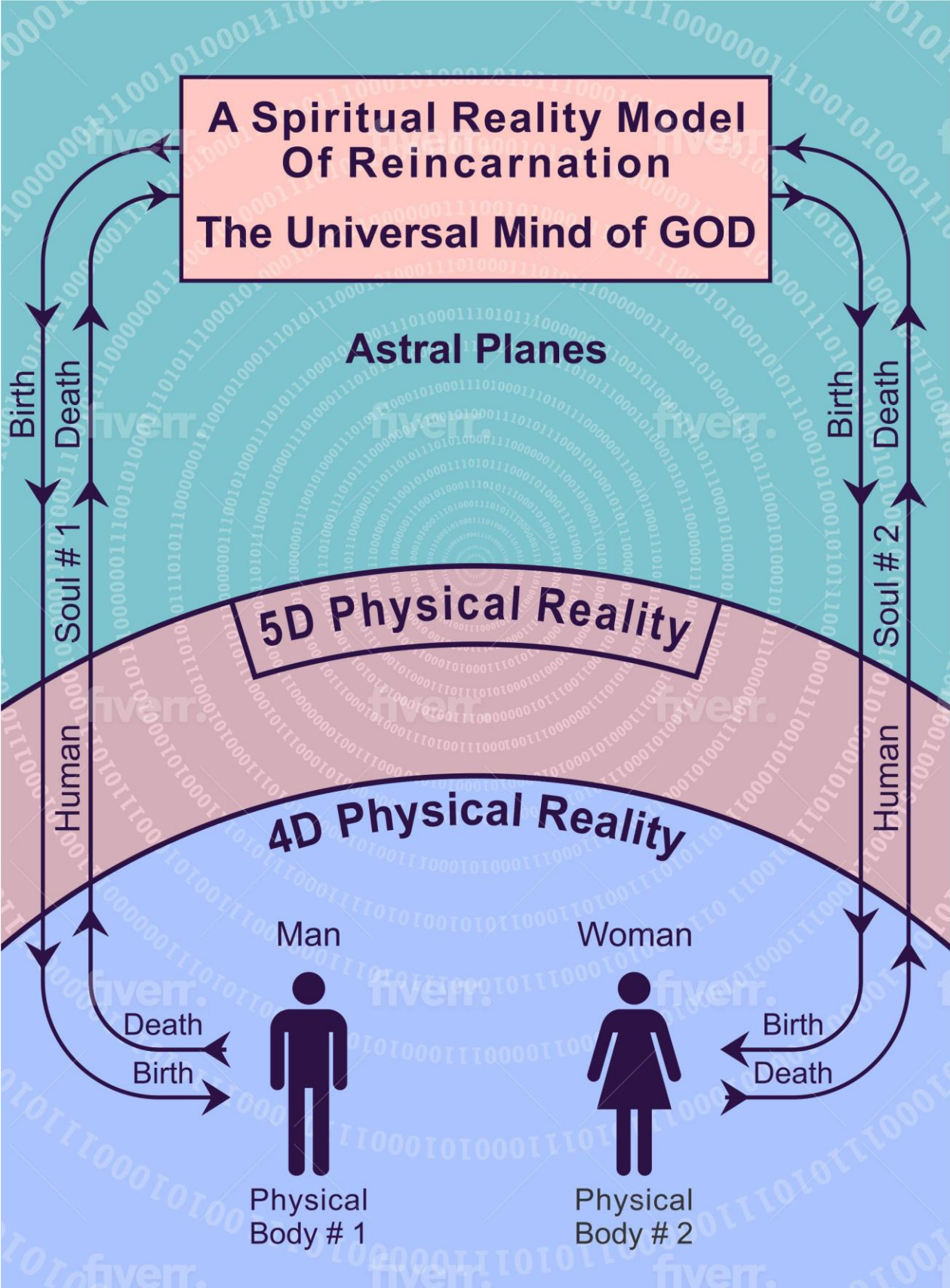
f. A Graphic Model of Reincarnation

The following chart, Chart # 4, provides a simple hypothetical graphic illustration of my Model of Reincarnation. It is titled “A Spiritual Reality Model of Reincarnation”. From what I have termed “The Universal Mind of GOD”, the creator of all humanity and all creation, a human soul is created and migrates down our Greater Reality, through the various Astral Planes, and is born into the Earthly 4-D Physical Reality as a Male (Physical Body # 1). When this body dies, the human soul travels back up through the various Astral Planes back to the “The Universal Mind of GOD”. This process of birth and death is illustrated with the two arrows on the left side of this chart and leads to the Male illustration (Physical Body # 1).

After the human soul arrives at the “The Universal Mind of GOD”, the same human soul, the same human consciousness, is reincarnated, but this time the soul reincarnates as a Female. This is illustrated with the Female illustration (Physical Body # 2) and is shown on the right side of this chart. The arrows going downward to the 4D Physical Reality illustrates the birth of the same human soul but this time into a Female body. When this Female body dies, the human soul migrates back to the “The Universal Mind of GOD” to be reincarnated again into another body.

The important issue to understand is that almost all of the mystical traditions such as Hinduism, Buddhism, Jainism, Taoism, Hasidic Judaism, etc., share the same premise that what reincarnates is the SAME consciousness and that with each reincarnation, your memory, the digital database stored in the Mind of GOD, is erased when you physically enter your new body but the history of your consciousness, the information of all of your previous past lives, still remains and is retrievable when you return to the Mind of GOD. These diverse mystical traditions all have different interpretations as to how many times the soul reincarnates and the reasons for reincarnating, etc. We also do not know whether the soul can reincarnate into other living entities, such as other animals, plants, or even what is commonly called an Extraterrestrial, if this higher form of intelligence even exists. These are all puzzles that remain to be solved.

Chart # 4: A Spiritual Virtual Reality Model of Reincarnation



VIII. Conclusion

When I was a student at Rutgers College in the mid-1970s, I read an influential book by Thomas Kuhn titled *The Structure of Scientific Revolutions*. (Kuhn, 1962) In his book, Kuhn argued how phenomena that are unable to be explained by the dominant scientific paradigm of the time, slowly evolve to eventually accommodate those anomalies. Our scientific knowledge of the phenomena slowly evolves to a point where these “anomalies” can then be explained. Kuhn states that “normal science”

is predicated on the assumption that the scientific community knows what the world is like... and it is dedicated to defending this assumption. However, in doing so, normal science often suppresses fundamental novelties because they are necessarily subversive of its basic commitments" (Kuhn, 1962)

For Kuhn, a scientific revolution takes place when an anomaly confronting the scientific community cannot be explained according to the current paradigm of its normal science and thus can potentially subvert the existing tradition of scientific perspective and practice. A shift comes when a scientific revolution is provoked by finally learning from the anomalous by coming to terms with it on its own terms, not according to the terms of normal science. Examples of this shift is the shift in acceptance of Einstein’s Theory of Relativity and another shift occurred with the slow acceptance of the Theory of Quantum Mechanics. Initially, both of these theories were rejected by mainstream science but over time, mainstream science eventually came to terms with these revolutionary theories, and eventually, both of these theories became “normal science” and accepted by mainstream academia.

As Kuhn points out, when the novelty of the anomalous is no longer ignored or denied under the rubric of current normative science, only then can scientists begin to "see nature in a different way" than had been able to be the case using the lenses of the previous normal science. (Kuhn, 1962) For Kuhn, it is only when scientists take risks and lose the fear of directly confronting the novelty of the anomalous, that humanity can begin to seriously research this novelty and eventually replace this old perspective with a new paradigm with greater explanatory power and utility. According to Kuhn, our scientific understanding of the world and of ourselves continuously grows thanks to what the anomalous has to teach us. Therefore, in Kuhn's view, concepts we present in this book, concepts that are perceived to be “anomalous” to mainstream scientific academia-- 1) that Consciousness is Fundamental and not our 4D Physical Reality, and, 2) that the Contact Modalities need to be researched and understood as one integrated phenomenon under the rubric of Consciousness-- have a crucial role to play in the advancement of our scientific understanding. We hope that our book, *A Greater Reality*, and our future academic research study and future publications of the Consciousness and Contact Research Institute (CCRI), can play a significant role in creating a new “normal science”, a new paradigm, in viewing the nature of our Greater Reality and that humanity, indeed, needs to change for its own survival.

As I have articulated in this chapter, humanity is at a crucial crossroads. We have amazing technology but our spiritual and emotional intelligence has not kept pace with our technological evolution. There are too many of us that are primarily guided by our fear, anger, hate and our cultural, economic, and political divisions. For all of these reasons, we are heading towards a path of eventual self-destruction-- a self-destruction resulting from the ecological destruction of our beloved planet Earth and the self-destruction from the ever-growing tendency to increase and create more effective ways for humanity to destroy itself via nuclear weapons, ecological self-destruction, and an ever-increasing growing income inequality and tendency toward autocracy.

Instead of these tendencies, we need to embrace love, compassion and forgiveness and get rid of our negative emotions so we can survive as a species. The messages of LOVE, compassion and forgiveness, messages given to Experiencers of the Contact Modalities, are messages that are known as the “golden rule” -- the principle of treating others as one wants to be treated. This message of LOVE and the golden rule has been taught to us since the dawn of mankind by all of the major religions, creeds, and mystical traditions such as Buddhism, Christianity, Hinduism, Islam, Judaism, Taoism, and Zoroastrianism, among others.

We have been born at the cusp of an Awakening of Humanity, if and only if, we survive our propensity for self-destruction. What is this awakening? It is the awareness that we are eternal spiritual beings, that we are interacting with the Universal Mind of GOD via many different forms (The Contact Modalities), and that understanding our Greater Reality and the role of Consciousness will be fundamental to our awakening. Most importantly, this change will occur if we implement the information that Near Death Experiencers are told before they are told to return to our physical plane—

"When you return, it is not important what is your religion, it is not important to have material wealth, it is not important for you to be famous... what is important is that you need to learn how to LOVE each other."

Yet, this simple message is the most difficult task for humanity to master-- a task that is essential for its own survival.

**I do not fear death and I await my lengthy Life Review.
May my family forgive me for my inability to learn how to LOVE.**

Reinerio (Rey) Hernandez

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BIO: Reinerio (Rey) Hernandez graduated with honors from Rutgers College, was a Masters Candidate at Cornell University and was a Ph.D. candidate at the University of California at Berkeley where he was the recipient of a National Science Foundation Ph.D. Fellowship. He previously was an Adjunct Professor for six years at the New School for Social Research and at the City University of New York. He is currently an attorney with the US Dept. of Treasury.

Previous to March 2012, Rey had zero interest in the topics of Consciousness or any of the paranormal Contact Modalities. On March 4, 2012, Rey and his wife personally witnessed a miraculous medical healing of their paralyzed dog, who they were going to euthanize that same day, by an Energy Being that appeared in their living room. After seeing large CAP-UFOs randomly appear to them, they later began to call down large CAP-UFOs, some appearing at a distance of fewer than 10 meters. Over the next 3 years, Rey began to have a series of non-stop paranormal experiences. Since then, Rey, and a team of Ph.D. academics and medical doctors, have dedicated their lives to studying the relationship between Consciousness and the Contact Modalities.

Rey is currently the Director of the *Consciousness and Contact Research Institute, or CCRI*, a 501c3 academic research institute comprised of more than 25 Ph.D. academics, medical doctors, and researchers whose mission is to explore a new paradigm that seeks to integrate the findings of consciousness research and the phenomenology of extraordinary experiences, what the CCRI calls the Contact Modalities, a term that he coined in 2013.

Rey was previously one of the 4 co-founders of *The Dr. Edgar Mitchell FREE Foundation*, an academic research foundation comprised of 12 Ph.D. academics and lay researchers, who during a 5-year period, conducted the world's first and only comprehensive academic statistical multi-language research study on CAP-UFO contact experiencers. Much of FREE's research data, based on responses from over 4,300 UFO contact experiencers from over 100 countries, contradicts much of what is circulating in mainstream materialist Ufology. Rey was one of the 3 co-editors of the historic 820-page academic book titled "**BEYOND UFOS: The Science of Consciousness and Contact with Non-Human Intelligence.**" Nevertheless, Ufology has ignored the data findings from this 5-year academic research study because the findings contradict what has been circulating in mainstream materialist Ufology over the last 80 years.

Rey has also published in several peer-reviewed academic journals including the *Journal of Conscientiology* and the *Journal of the Society for Scientific Exploration*. Rey's new project is a 5-volume book, "**A Greater Reality: The New Paradigm of Nonlocal Consciousness, the Paranormal and the Contact Modalities**" and a feature science documentary titled "**A Greater Reality: One Man's Journey of Discovery**".

Rey has published the introduction to *A Greater Reality*, as a separate book, for those that do not want to read the thousands of pages of *A Greater Reality*. This separate book is titled: "**The Mind of GOD: A Spiritual-Virtual Reality Model of Consciousness & the Contact Modalities**".

Rey's email is: **Info@AGreaterReality.Com**
CCRI's website is: **AGreaterReality.Com**

A GREATER REALITY is a 5-volume book series that aims to articulate a new paradigm that seeks to integrate the findings of consciousness research and the phenomenology of extraordinary experiences, what we at the Consciousness and Contact Research Institute (CCRI) call the Contact Modalities. CCRI is an academic research institute committed to an integrative approach to the entire spectrum of psychophysical anomalies. Members include professionals in the fields of Astrophysics, Theoretical Physics, Philosophy, Psychiatry, Psychology, Neuroscience, Sociology, Quantum Biology, Information Sciences, Parapsychology, and Medical Doctors. The five co-editors of the 5-volume book series, *A Greater Reality*, are Harvard Astrophysicist Dr. Rudy Schild, Medical Doctor and noted NDE researcher, Dr. Jeffrey Long, Reinerio (Rey) Hernandez, an attorney and Ph.D. Candidate at UC Berkeley, Dr. Jon Klimo, a retired professor of Psychology and Ph.D. from Brown University, and Dr. Michael Grosso, a retired professor of Philosophy and Ph.D. from Columbia University.

THE CONTACT MODALITIES are all the diverse ways humans are piercing the veil of our multidimensional reality and having contact with perceived Non-Human Intelligence. The evidence for various types of extraordinary experiences suggests that humans may be in contact with higher forms of intelligence. The Contact Modalities are Near Death Experiences (NDEs), Out of Body Experiences (OBEs), Unidentified Aerial Phenomena (UAP/UFOs), Spirit/Ghost Apparitions, Remote Viewing, Hallucinogenic/Psychedelic Experiences, Channeling, Post-Death Communications, Mystical Meditation, Lucid Dreams, Human Initiated Contact Experiences (HICE) and various other forms of altered states of consciousness that allow us to be in contact with transcendent realities.

CONSCIOUSNESS IS FUNDAMENTAL. CCRI argues that mind and consciousness are fundamental and non-local, and that matter, energy, and information are ultimately grounded in one mind and consciousness. We argue that “**Consciousness is Fundamental and that our physical world is a manifestation of consciousness and not our physical reality**” -- the philosophical position that the only thing that exists is consciousness. We hypothesize that all of the Contact Modalities are interrelated via a manipulation of space-time and by definition might be interdimensional in nature.

ONE PHENOMENON. We argue that there is a range of states of consciousness, the Contact Modalities, where we can access both non-physical and physical realms and interact with perceived higher forms of intelligence via our ordinary senses. **For all of these reasons, we assert that the Contact Modalities need to be studied as one phenomenon-- as manifestations of a single greater source of mind and consciousness.**

Volumes 1 & 2 will be our theoretical volumes and will feature articles by Ph.D. academics, medical doctors and researchers who have focused on researching the connection between Consciousness and the Contact Modalities.

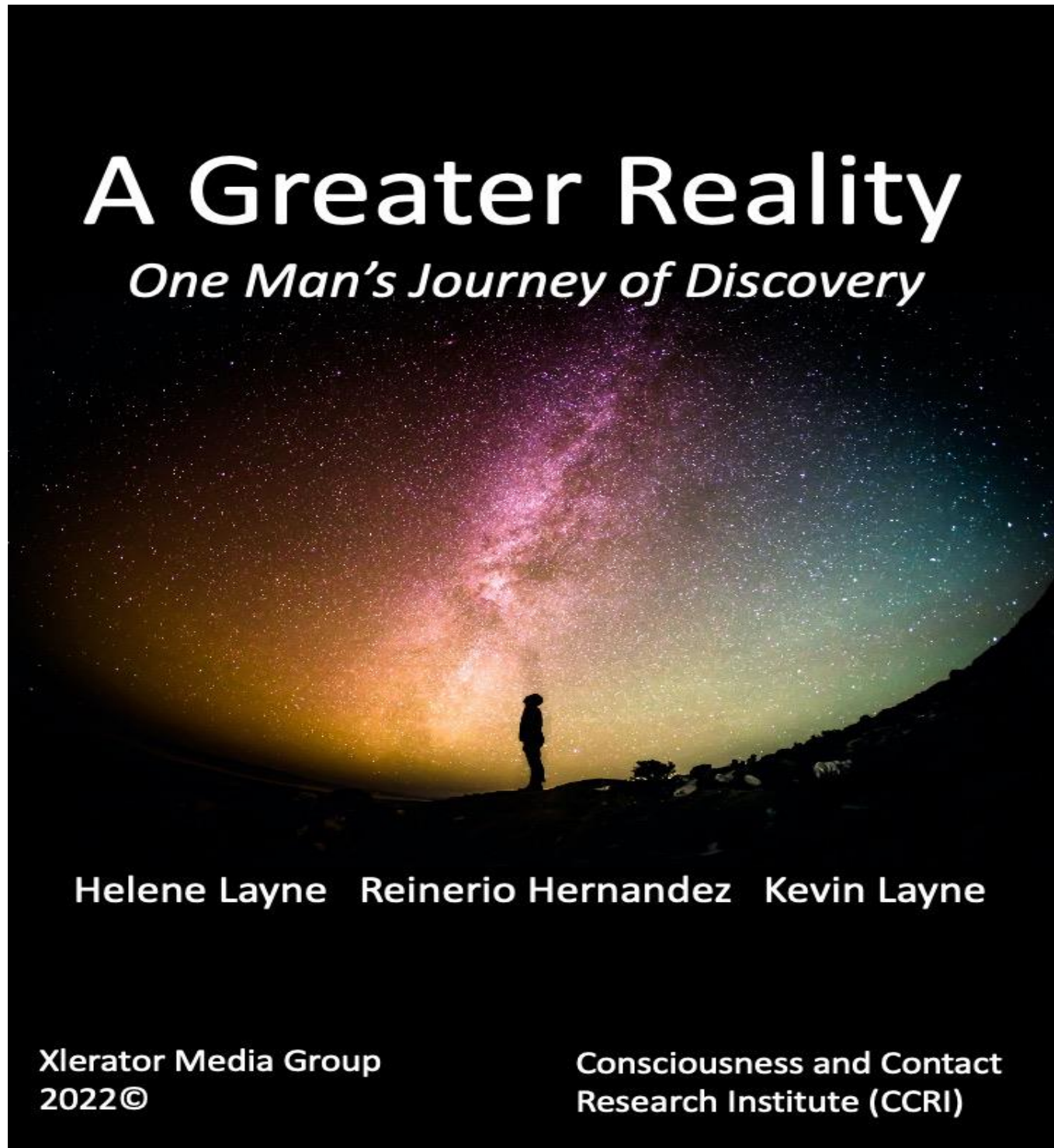
Volumes 3 & 4 will feature articles by individuals who have had many diverse contact experiences with the Greater Reality.

The Introduction to A Greater Reality, titled **THE MIND OF GOD**, will be our 5th book and is useful for those that do not have time to read the 2,500 pages contained in Volumes 1-4 of **A Greater Reality**.

Reinerio (Rey) Hernandez, JD, MCP
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I, Helene Layne and Kevin Layne are the 3 co-producers of a new science-based documentary titled “*A Greater Reality: One Man’s Journey of Discovery*”. We spent 5 years filming over 30 Ph.D. academics, scientists and medical doctors in addition to over 50 Experiencers of the Contact Modalities. Kevin and Helene developed more than 10 Star Trek films for William Shatner so we are in good hands. Our documentary will be a mirror image of our 5-Volume book series, *A Greater Reality*. We expect to release the film by Spring of 2023.



Volumes 1-4 available for purchase at Amazon.com
(Please make sure to give us a 5 Star Rating. Thank You!)

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the Paranormal & the Contact Modalities*

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Editors

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BEYOND UFOs

*The Science of Consciousness
and Contact with
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“Volume 1”*

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**The Dr. Edgar Mitchell Foundation
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